

Family Link



"At the end of the day, the most overwhelming key to a child's success is the positive involvement of their parents." – Jane D. Hull

Family Involvement Conference Stress & The Brain Developing Resilient Kids



**EVENT
CANCELED**

We know stress impacts health and shapes the brain's developing architecture. New experiences, transitions, real and perceived danger, academic pressure, and unknowns can all create stress. Yet learning how to handle appropriate stress is a healthy and normal part of development. Kids who haven't had practice handling stress can become anxious and avoid taking risks. Our keynote speaker, author, educator and parent Erin Walsh, will explain the impact of stress on the brain and share practical strategies families can use to develop resilience in children. After the keynote presentation, families will have the opportunity to select from several breakout sessions full of tips to support the emotional well-being of the children in their care.

March 2020

DON'T FORGET

March 10: Schools are closed for students. Parent/Teacher Conferences for elementary, middle and high schools

March 24: Professional Development. Two-hour early dismissal for all students. Schools closed for p.m. Prekindergarten and ECI students.

New Bigger Location!

Discoveries: The Library at the Mall

Near Crate & Barrel at Westfield Annapolis

www.aacpl.net/discoveries



VOLUNTEER OF THE MONTH

February 2020

Earl Gray

Millersville Elementary School

"Through his modeling and positive attitude, Mr. Gray has exhibited what a difference one person can make."



Office of School & Family Partnerships

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www.aacps.org/family

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Parent Connection, Parents' Corner, Global Perspectives,

Nuestra Comunidad (Our Community),

iCharlemos Juntos! (Let's Chat)