

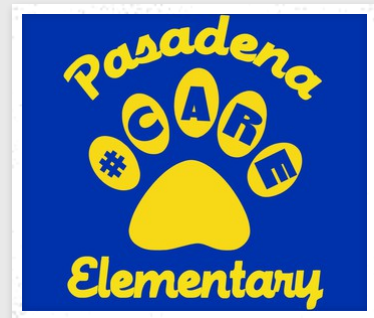
THE PEN

PANTHER ELEMENTARY NEWS - APRIL 2020

PRINCIPAL'S MESSAGE

Dear Panther Families,

Thanks for your patience and support while AACPS shifted to eLearning. Many of us have never experienced a world-wide pandemic such as this, and we are changing and adapting our daily living for this new "normal." Staff participated in professional development sessions and are eager to connect.



Special thanks to the families and staff members who assisted in helping our community to stay connected. Virtual spirit week, #LightItUpBlue for Autism Awareness, and contributions for daily announcements are examples of the ways we show we are better together. Beginning April 6, Google Classroom will be the eLearning platform where lessons and activities will be housed as we begin the fourth quarter of the school year. During this week your child may complete posted activities to start engaging in eLearning. Teachers will connect with students through Google Classroom and/or Google Meet. Please visit the [AACPS website](#) to remain updated with AACPS eLearning information. The eLearning experiences are designed to be flexible so feel free to structure your student's learning experiences around your family's unique needs and schedules. Although online, this is not school as usual. This is a great way to keep your child engaged and learning for a few hours each day. The AACPS school calendar indicated Spring Break is planned from April 9 -13. The eLearning activities resume on April 14, and teachers will begin grading assignments posted. Be sure to look for assignments for all content areas, Cultural Arts, Chorus, Band, and Strings.

With eLearning opportunities in mind, please take time to review communication and virtual interaction protocols in accordance with AACPS Policies and Regulations. Students may have opportunities to interact with peers through discussions and collaboration in Google Classroom and Google Meet, and there are student expectations and responsibilities for technology including showing respect for self, others, property, and learning.

During this time away from school, it is our hope for you and your family to remain safe and healthy. Please reach out if you need assistance.

Sincerely,

Jennifer Quirino, Principal

jquirino@aacps.org

COMMUNITY RESOURCES

The Partnership for Children Youth and Families-

<http://aacounty.org/Partnership>

Real-time updates to their Resources Guide and COVID-19 Bulletin.

Systems of Care- 1-800-485-0041

Families can contact the number to receive navigation support with available resources.

Anne Arundel County Mental Health Agency

<http://www.aamentalhealth.org/>

Crisis Warmline is still up and running at 410-768-5522.

Food Pantries

Pasadena SDA Lifestyle 10 Seaborne Drive Pasadena 443 668 3979 Monday 11-1 pm

Winning Souls 2322 Mountain Rd. Pasadena 301-237-4854 2nd & 4th Saturday 10am-1pm

ACAN 429 Asbury Drive Severna Park 410 647 7667 Mon./Tues./Weds. 10-2pm

My Brothers Pantry 301 College Parkway Arnold 410-757-5190 3rd Saturday 9-11am

Arundel Christian Church 710 Aquahart RD Glen Burnie 410-760-3007 Tues 10-12:30

Harundale Presbyterian 1020 Eastway Rd Glen Burnie 410-766-4338 Tuesdays 12:30-1:30 pm

Life of Victory 7491 B&A Blvd Glen Burnie 443-989-8174 Tues/Thurs 9-12 & 6-8 Sun. 11-1

Rock Steward 7566 East Howard Rd Glen Burnie 410-761-9272 4th Tuesday 12pm-2pm

Baby Pantries and Clothing Banks

Hope for All 122 Roesler RD Glen Burnie 410-766-0372 Tues/Wed/Thurs 9:30-3:00

Life of Victory 7491 B&A Blvd Glen Burnie 443-989-8174 Tues/Thur 9-11 & 6-8 Sun.11:30-12

TALKING TO YOUR CHILDREN ABOUT COVID-19

https://www.aacps.org/cms/lib/MD02215556/Centricity/Domain/1498/TalkingtoChildrenaboutCOVID-19_ENGLISH.pdf

Your child may be having a difficult time coping with all of the changes in their life. Below are some of the behaviors you may have noticed along with suggestions how parents can respond to help ease their child's worries.

PRESCHOOL

Reactions: Fear of being alone, bad dreams, speech difficulties, loss of bladder/bowel control, constipation, bed-wetting, change in appetite, increased temper tantrums, whining, or clinging

behaviors

How you can help: Patience and tolerance, Provide reassurance (verbal and physical), Encourage expression through play, reenactment and story-telling, Allow short-term changes in sleep arrangements, Plan calming and comforting activities before bedtime, Maintain regular family routines, Avoid media exposure.

SCHOOL-AGE (ages 6-12)

Reactions: Irritability, whining, aggressive behavior, clinging, Nightmares, Sleep/appetite disturbance, Physical symptoms (headaches, stomachaches), Withdrawal from peers, Competition for parents' attention, Forgetfulness about chores and new information learned from online schooling

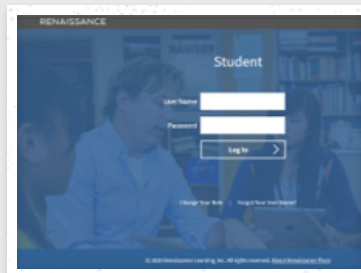
How you can help: Patience, tolerance, and reassurance, Play sessions and staying in touch with friends through telephone and Internet, Regular exercise and stretching, Engage in educational activities, Participate in structured household chores, Set gentle but firm limits, Discuss the current outbreak and encourage questions - Include what is being done in the family and community, Encourage expression of feelings through play and conversation, Maintain family routines, Limit media exposure, Address any stigma or discrimination occurring and clarify misinformation.

The National Child Traumatic Stress Network www.NCTSN.org



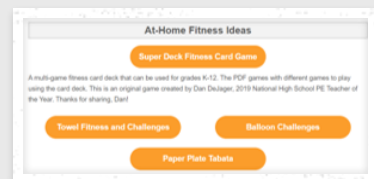
FIRST IN MATH

www.firstinmath.com



ACCELERATED READER

<https://hosted60.renlearn.com/30143/>



AT HOME FITNESS IDEAS

<https://www.shapeamerica.org/covid19-resources.aspx>

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