

## NOTES FROM THE HEALTH ROOM

**Immunizations:** All students are required by AACPS to be current on their immunizations. If your student is not fully vaccinated, he or she may be excluded from school. Please, if I have reached out to you, contact your pediatrician to make arrangements for vaccinations at your earliest convenience.

**Medication:** If your child requires a medication during the school hours, please contact the health room for appropriate forms. These forms need to be signed by physician. There is also a part on the form for parental permission. Please bring completed forms to health room with student's unopened medications to health room. Do not send medication in with your student in their backpack or lunch box. Medications need to be carried in by an adult. All medication including over the counter medications need a physician's order including Tylenol and Ibuprofen. This is the case from PreK all the way through 12<sup>th</sup> grade!

**Health room visits:** If your child is injured or becomes ill at school you will receive a call from the health room. If your child needs to be sent home, please pick up student within 30 minutes.

**Masks:** All students, staff, and visitors need to wear a mask while at school. Students may remove mask for recess and lunch.

**Covid:** If your child has one of the following symptoms, he/she will need to go home and be tested within 72 hours.

### Covid Symptoms

Fever greater than 100.4, Sore throat, Cough, Vomiting, Diarrhea, Loss of sense of taste or smell

### **Symptoms that are NO Longer considered Covid symptoms**

Body aches, Muscle aches, Runny nose/Nasal congestion

If your child has any of the Covid symptoms he/she will need to be tested within 72 hours of symptoms onset. Once the student's symptoms improve and student has a negative covid test he/she will be able to return to school.

If your child is a close contact with a Covid positive case, he/she will have to quarantine for 10 days. Students may **not** test out of quarantine. We know this is a hardship for many families, and we know in some cases this will be difficult. We are all trying together to keep our students safe and healthy!

Please go to [aacps.org/contact tracing](https://aacps.org/contact-tracing) for additional information. This site is kept up to date with the most current information.

**Have a great school year and stay safe and healthy.**