

Assisting schools in identifying the needs of ALL students and families

Introduction

The Community Resource Guide was developed by the Division of Special Education and the Division of Student Support Services to assist schools in identifying the needs of all students and families. Anne Arundel County Public Schools recognizes that student and family issues impact educational progress and performance both at home and in school. These needs frequently exceed the school system's role in education. The revised edition of the Community Resource Guide is now accessible countywide and all categories are available to print. We welcome private and professional members of our community to utilize this resource as all stakeholders are valued.

How to use the guide

Categories and subcategories are identified and color coded under a larger theme according to resource need. Resource/agencies offering a web site can now be accessed directly by clicking the available website link listed under the noted resource.

The "Emergency Resource Support Page" offers quick links to resources for urgent needs such as prescriptions, shelters, cell phones, eviction assistance, and food. Also, links for larger organizations offering multiple types of supports such as "The Purple Book" and "Network of Care" are identified.

All users are invited to print off as many pages of this guide as needed or you may save the entire guide in its PDF format. Please see the Table of Contents to help identify the locations of needed resources.

Note: Helpful *Hotlines and Websites* located on in Appendices A & B.

Critical Needs

Crisis Intervention Emergency Support Food Pantry Abuse

Family Needs

Teen Issues
Disabilities
Social Skills Opportunities
Education
Family and Children

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Anne Arundel County Emergency Resources Directory

www.aacounty.org/CountyExec/Resources/ EmergencyResourceDirectory.com

Contact information includes baby/food pantries, energy assistance, shelters, housing/rental assistance, legal assistance, anger management and conflict resolution services, clothing, ESL classes, Pastoral counseling, health and dental services, transportation, and food vouchers

BGE – The Purple Book

www.bge.com - enter "The Purple Book"

A booklet of Social and Human Service Assistance Programs – MD Pharmacy Assistance Program, Rental Allowance Program, Workers Compensation Program, Budget Billing, Energy Assistance and Weatherization contacts, Department of Social Services contact numbers, Medicaid, Fuel Fund, First Call for Help contact information

Church's and faith based organizations

maryland.hometownlocator.com/features/cultural,class, church,scfips,24003.cfmm

Emergency Shelters & Transitional Housing Programs

www.dhr.state.md.us/transit/pdf/homelist

Housing Choice Voucher Program or

Section 8 Program

Rental assistance program. Assistance is provided to low income families, the elderly, and the disabled. Families are issued a rental voucher and can locate their own housing. The Housing Commission completes and initial and annual inspection. The family pays a percentage of their monthly adjusted income towards rent. The program pays the landlord the balance directly on behalf of the family.

www.hcaac.com/pages/viewpage/housing-choice. html

Anne Arundel Housing Commission

410-222-6200

Provides information on Section 8 and rental allowance in AA county

Anne Arundel County Economic Opportunity Committee

410-626-1900

Provides information on Rental Allowance Programs in the city of Annapolis

Multifamily Housing Community Development Administration

410-514-7436

Provides information on Rental Allowance Programs in Anne Arundel County

Lighthouse Shelter

Emergency shelter (up to 30 days); transitional housing; emergency funds to prevent homelessness Service Area: Annapolis and vicinity

Financial Assistance (i.e., eviction prevention, utility turn-off prevention) – Provided on the first and third Monday of every month from 9:00 am to 11:00 am (depending on the availability of funds)

Eligibility Requirements: An individual is eligible to receive assistance once every six months; must bring gas and electric turn-off notice or eviction notice, summons to court, or warrant of restitution

Bag Lunches – One provided per person or two per family. Distributed Mondays through Fridays from 11am-1pm (not available on the weekends). During the school year, lunches are not provided to children; during the summer, children must be accompanied by an adult to receive a lunch

Pantry – Provides emergency food and other grocery items to people in the community. Health kits, baby food, diapers and other personal care items are available as well. Pantry is available Mondays through Fridays from 9am - 3pm; it is not available on the weekends. One bag given per family every 30 days

Eligibility Requirements: a picture ID and two pieces of mail (no more than 30 days old)

Health Kit Program – The health kit program supports the needy on an as requested basis. Items include a travel or regular sized toothbrush, toothpaste, bar of soap, deodorant, and washcloth. Distributed Mondays through Fridays from 11am-1pm (not available on the weekends). One kit per adult.

P.O. Box 6149, 10 Hudson St., Annapolis, MD 21401 410-349-5056 410-349-5060 (Fax)

www.annapolislighthouse.org/

Partnership for Prescription Assistance

www.pparx.org

1-888-477-2669

This is a network of pharmacy companies and medical organizations that can match people up to more than 475 drug assistance programs and offer drugs at reduced or no charge.

Prescription Discount Program

www.scriptsave.com - log in using Group #586

410-422-4531, mention #586

Available to all Anne Arundel County residents of any age and income.

Prescription Drug Assistance Program

www.needymeds.com

NeedyMeds is a 501(c)(3) nonprofit with the mission of helping people who cannot afford medicine or health care costs. The information at NeedyMeds is available anonymously and free of charge.

Resources for Maryland Families

www.problemsolver.maryland.gov

offers statewide support of Maryland families. Categories include services for Children & Families, Education, Employment, Seniors, and Utilities.

Safelink Wireless Phone

www.safelinkwireless.com/EnrollmentPublic/ home.aspx

1-800-977-3768 (Enrollment and Plan Changes Support)

Government supported program that provides a free cell phone and airtime each month for income-eliaible customers. You are eligible if you receive benefits from one of the following programs

- Electric universal service programs
- Food stamps
- Maryland Energy Assistance Program
- Medical Assistance
- Public Assistance to Adults
- Supplemental Security Income
- Temporary Cash Assistance
- Temporary Disability Assistance Program

Tel-life

www.dhr.state.md.us/fia/tellife.htm

800-525-0145

The Tel-life (Lifeline) program is available to help lowincome Marylanders obtain telephone service. The program helps individuals keep local phone rates affordable.

The Tel-life program can provide savings on hook-up charges and basic monthly telephone bills. People who receive Temporary Cash Assistance (TCA), Public Assistance to Adults (PAA), Food Stamps (FS), Medical Assistance (MA), Temporary Disability Assistance Program (TDAP), Electric Universal Service Program (EUSP), Maryland Energy Assistance Program (MEAP), and Supplemental Security Income (SSI) can apply for this program. The application process takes approximately 30 days.

Customers are not charged to change telephone service to Tel-Life service. The service includes reduced telephone rates, and discounts on line connection and wiring charges. Tel-Life is most helpful to people who generally make fewer than 30 calls per month. Additional billing costs are incurred for customers who make more than 30 calls per month. Tel-Life customers also can get reduced rates on installation charges for 1 outlet and can request that installation fees be divided into 6 monthly payments.

Emergency Assistance to **Adults (EAA)**

Walk-In Services

Emergency Assistance to Adults (EAA) provides assistance to income-eligible adults during times of critical need and crisis. To access services, applicants are required to provide information about expenses and all sources of income and financial support. Applicants must also detail the nature of the crisis, describe all efforts made to address the crisis, and provide documentation of the emergency need. Applicants may be asked to seek other sources of help in addition to the "emergency" grant they may receive. Once eligibility is determined, Emergency Assistance to Adults may provide assistance for the following:

- **Court-Ordered Eviction**
- **Utility Cut-off**
- **Life Sustaining Medications**
- Shelter Referrals
- Referrals for furniture, food, clothing
- Referrals for services to address **Domestic Violence**

Emergency Assistance for Adults (EAA) grants can only be issued once in a twelve (12) month period.

Emergency Assistance to Families with Children (EAFC)

Walk-In Services

Emergency Assistance to Families with Children is a "walk-in" service for families who are experiencing a crisis. It is only available to families with children under the age of 21 who are not applying for any other agency services, such as SNAP (food stamps), Medical Assistance, or Temporary Cash Assistance. Services case workers work with the applicant to help resolve the immediate crisis and assist with plans to avoid future crisis situations. Adult heads-ofhousehold must detail the nature of the crisis. describe all efforts made to address the crisis, and provide documentation of the emergency need. Upon determination of eligibility, the following assistance may be provided:

- Court-Ordered Eviction
- **Utility Cut-off**
- **Shelter Referrals**
- Referrals for furniture, food, and clothing
- Referrals for services to address Domestic **Violence**
- **Burial Assistance** (restricted eligibility)
- Advocacy

State policy requires that Emergency Assistance to Families with Children (EAFC) grants can only be provided once every two (2) years.

Services to



Families with Children (SFC-Intake)

Services to Families with Children (SFC-I) is a voluntary service for families requesting assistance to prevent a breakdown in functioning. A case worker will work with the household to complete a comprehensive family assessment within 30 days. The case worker, along with the family, will develop a plan to help with the family's needs, as well as make referrals to appropriate community resources. Should the family need additional assistance beyond 30 days, a referral will be made to the Department's In-Home Family Services program for further intervention.

State policy requires that Services to Families with Children (SFC-I) be made available to families without regard to income.

Offices

Anne Arundel County Department of Social Services has two offices to serve you. To make application or learn more about our programs, please contact:

Annapolis Office

80 West Street Annapolis, MD 21401 410-269-4745

Glen Burnie Office

7500 Ritchie Highway **Multi-Purpose Courts Building** Glen Burnie, MD 21061 410-421-8410

What is Systems of Care?

Anne Arundel County Systems of Care is a multi-tiered approach to providing individualized information and support to connect children, youth and their families to appropriate resources in the community.

The Components

- infoAnneArundel Website
- Information & Referral Phone Line
- Family Navigation & Community Resource Initiative Care Team (CRICT)

Objectives

- 1. To provide a single point of entry to link families to appropriate agencies and community-based supports
- 2. To identify service gaps using resource and referral information and an outcomes performance tracking system

Systems of Care Partners

- Anne Arundel County Partnership for Children, Youth &
- **Anne Arundel County Public Schools**
- Anne Arundel County Government Office of the County Executive
- Anne Arundel County Health Department
- Anne Arundel County Department of Recreation & Parks
- Anne Arundel County Department of Social Services
- Anne Arundel County Mental Health Agency
- Department of Juvenile Services
- University of Maryland School of Medicine, Department of
- Anne Arundel County Court Appointed Special Advocates (CASA)
- Anne Arundel Community College
- Housing Authority of the City of Annapolis
- Maryland Choices, LLC
- Chesapeake Center for Youth Development

The Systems of Care partners thank all the community partners who have committed their time, expertise and resources to this initiative. From individuals acting as parent advocates to local community organizations lending their support, the Anne Arundel County Systems of Care is only a success because of the overwhelming support of the community.

Anne Arundel County Systems of Care

1 Harry S Truman Parkway, Ste. 103 Annapolis, MD 21401

Phone: 1-800-485-0041 Fax: 410-222-7674

Anne Arundel County Systems of Care

Serving Children, Youth and Families in Anne Arundel County

Find Resources Gain Knowledge Make Connections

A collaboration between Anne Arundel County Public Schools and the Anne Arundel County Partnership for Children, Youth & Families

Mamie J. Perkins, Interim Superintendent of Schools Pamela M. Brown., Ph.D., Executive Director (AACPCYF)







Anne Arundel County Systems of Care Connecting People to Resources in Anne Arundel County, Maryland

Three Ways to Find Help: Search, Call or Connect

SEARCH



www.infoannearundel.org

infoAnneArundel is an up-to-date, userfriendly website containing an inventory of local services. Its primary objectives are:

- to link residents with needed resources and services:
- support Community Needs Assessments by analyzing the types and distribution of resources to better quantify gaps in services and plan for resource allocation

Multiple Ways to Find Services

- ◆ Browse by target population, location, organization or type of service
- ★ Keyword search
- Resource guides

Tools and Features

- Map service locations
- Narrow results through filters
- Search tips and online tutorial

Become a Member

- ♦ Include your programs for free
- Questions? Call 1-800-485-0041 or email: admin@infoannearundel.org

CALL

1-800-485-0041

Monday - Friday, 8:30am - 5:00pm

The Information Resource and Referral Phone Line provides one-to-one support and assistance over the telephone.

Information and referral specialists are available to help callers find local resources with regard to:

- Mental Health Services/Counseling
- Food/Housing/Utilities
- Advocacy
- Child Care
- Substance Abuse
- Support Groups
- Disabilities
- Crisis/Emergency Services
- Mentoring/Tutoring
- Parent Training
- ◆ Insurance Coverage
- ♦ Medical/Dental/Vision
- Legal Services
- Recreation and Parks
- Faith-Based Services
- ♦ Benefits Eligibility Screening

CONNECT

to Family Navigation &/or the **Community Resource Initiative** Care Team (CRICT)

Families partner with navigators and/or CRICT members to develop Individualized Action Plans. The goals include family empowerment and increased self-sufficiency.

To access Navigation Services:

Contact the Information and Referral Phone Line specialists at 1-800-485-0041.

To access CRICT:

Call 1-800-485-0041 once the family has agreed to participate, to schedule a meeting, and discuss the required background information and consent forms.

At the CRICT Meeting, the Team develops an Individualized Action Plan in partnership with the family.

After the meeting, the family and Systems of Care (SOC) staff, with support from the CRICT members, implement the Action Plan. SOC staff will follow-up with the family and other involved parties to monitor outcomes and ensure program effectiveness.

FREE, CONFIDENTIAL & AVAILABLE TO ALL ANNE ARUNDEL COUNTY RESIDENTS





Homeless Resources

City Of Annapolis

410-280-6950 410-263-8330 800-510-0050 410-222-1220 410-974-2201 Maryland Volunteer Lawyers Service Human Relations Commission Anne Arundel Bar Association Office Of the Public Defender Legal Assistance Legal Aid Bureau

English Second Language

Center of Help

410-295-3434

Sexual Assault Crisis Line Domestic Violence AAMC YWCA

410-222-6800 443-481-1285 410-222-7273 410-222-6800

> MD Domestic Violence Hotline Domestic Violence Hotline

800-MDHELPS

Outreach

410-263-2874 410-768-0123 410-768-5522 We Care and Friends People Encouraging People Crisis Response System (Warmline)

Homeless Resource Day March 16, 2013 8:30 AM—4:00 PM Glen Burnie High School

Anne Arundel County

Core Services (Mental Health) Owensville Primary Care People's Community Health Center Healthcare for the Homeless	Stanton Clinic – Annapolis (Outreach) 443-481-3599 Arundel HOH Medical Clinic 410-863-4888 Discount Family Pharmacy 410-787-1110	South Baltimore Station 410-752-4454 Medical Resources AAMC Comm. Health Ctrs-Annapolis 410-990-0050	Sarah's House Sarah's House Helping Up Mission Baltimore Rescue Mission Christ Lutheran Church American Rescue Workers	Shelter Arundel House Of Hope Light House	Government Assistance Department Of Social Services—GB Department Of Social Services—AN Social Security Administration	Emergency Numbers Crisis Response Warmline DSS After-Hours First Call for Help 2-1-1 Service
410-222-7858 410-867-4700 410-467-6040 410-837-5533) 443-481-3599 410-863-4888 410-787-1110	410-752-4454	410-421-8416 410-421-8416 410-675-7500 410-342-2533 410-752-7179 410-539-0816	410-863-4888 410-263-1835	410-421-8539 410-269-4589 866-528-9873	911 410-768-5522 410-421-8400 800-492-0618 211
Lutheran Mission –Annapolis Light House Inc	Clothing/Furniture Salvation Army – Annapolis	Faith-Based Resource/Food Banks SCAN NCEON – Glen Burnie SPAN – Severna Park	Housing/Rental Assistance Annapolis City Housing Authority Housing Comm. of AACo – GB Community Action Agency	On Our Own Samaritan House - Annapolis Damascus House - Baltimore Stepping Stones Recovery House	Drug/Alcohol Treatment Community Treatment (OTF) Hope House – Crownsville Chrysalis House - Crownsville AA Meeting Info	Veterans Help For Homeless Vets Veterans Crisis Line Benefits
410-269-5016 410-263-1835	410-263-4091	\$ 410-867-4700 410-766-1826 410-647-0889	410-267-8000 410-222-6200 410-269-8447	410-224-0116 410-269-5605 410-786-7446 410-837-3600	410-222-7428 410-923-6700 410-974-6829 410-268-5441	877-424-3838 800-273-8255 410-605-7000

Critical Needs

Crisis Intervention

Emergency Supports

Food Pantry

Abuse

Annapolis Youth Services Bureau (AYSB)

The AYSB has 24 hour on call referral services for crisis situations or emergencies. AYSB also provides the following services for youth: counseling (individual, family, and group), crisis intervention, tutoring, substance abuse/mental health assessment and referral, community education, employment assistance (youth), referral and information services. Counseling sessions are generally 4- 12 weeks in length and focus on anger management, self esteem, or issues pertaining to family dysfunction.

Service Area: Anywhere in Anne Arundel County

Address: Stanton Community Center, 92 West Washington Street,

Annapolis, MD 21401

Phone: 410-626-1800; 410-626-1801 (Annapolis);

410-269-8060 (Baltimore) Fax: 410-626-1922 (Fax)

Website: www.aaceoc.com/AYSB.htm

Other Services: Health – Medical; Educational Supports; Mental Health

Anne Arundel County Crisis Response System

Comprehensive on-site and off-site mental health crisis response services and resources. Bilingual services.

Service Area: Anne Arundel County

Address: 7493 Baltimore Annapolis Blvd, Glen Burnie, MD 21061

Phone: 410-768-1440

Website: www.thesantegroup.org/

Other Services: Mental Health; Language Services

Anne Arundel County Mental Health Agency Crisis Response

24-hour crisis assistance, including mobile crisis unit, sexual assault clinic, urgent care clinic.

Service Area: Anne Arundel County

Address: 1 Truman Parkway, Ste 101, Annapolis, MD 21401

Phone: 410-768-5522

Website: www.aamentalhealth.org

Other Services: Mental Health

Arden House (Run by YWCA)

Arden House is the only domestic violence shelter in Anne Arundel County and it runs the county's only domestic violence hotline. Arden House is a 24-hour, 21-bed crisis facility which is open 365 days per year. Families can reside at the shelter for up to 30 days and can then apply for an extension if they meet certain criteria. Arden House also offers counseling and legal assistance to the residents.

Service Area: Greater Anne Arundel County

Address: 1517 Ritchie Highway, Arnold, MD 21012

Phone: 410-222-6800 Fax: 410-626-7312

Website: www.ywca.org

Other Services: Situational Abuse; Emergency Supports; Legal Services

Community Mental Health Service

Individual, marital, and family treatment for active and retired military personnel, and their family members. Military families identified for spouse and child maltreatment to receive crisis intervention evaluation, treatment, and follow-up through coordination with appropriate Department of Social Services for the State of Maryland. Nursing home placement, psychiatric evaluations and information and referral for other community resources.

Address: Building 2478, 5th Street, Fort Meade, MD 20755

Phone: (410) 677-6895

Other Services: Mental Health

House of Ruth

Prevention, intervention, and advocacy of domestic violence. Seeks to protect and provide a safe haven for women and their children and to meet their immediate survival needs; to help battered women and their children escape battering situations permanently; to prevent domestic violence from occurring and to facilitate rapid and effective intervention when it does; and to change society's attitudes so that domestic violence is not tolerated. The phone lines are open 24 hours a day, 7 days a week. All calls are confidential.

Phone: 410-889-RUTH (7884); 410-554-8480 (Linea en Espanol)

Website: www.hruth.org Other Services: Situational Abuse

Maryland Crisis Youth Hotline

Supporting individuals in need of emergency mental health assistance

Address: 6700 Freetown Rd., Columbia, MD 21044

Phone: 800-422-0009

Safe Journey House

Safe Journey is a community based crisis residential program. The purpose of Safe Journey House is to serve as an alternative to hospitalization of individuals experiencing Psychiatric crisis, or to shorten the length of inpatient stays when appropriate. Program services include treatment planning, assessment and stabilization, case management, medication monitoring, group sessions, family intervention, crisis management, suicide prevention and relapse prevention.

Safe Journey accepts clients with Medicaid, Medicare, and uninsured (self pay). They do not accept clients with private insurance.

Address1: 6915 Annapolis, Rd., Hyattsville, MD 20784

Phone1: 301-925-9120 Fax1: 301-925-4328

Address2: 4607 69th Avenue, Hyattsville, MD 20784

Phone2: 301-386-0014 Fax2: 301-386-0018

Website: www.safejourneyhouse.com

Other Services: Mental Health

Sexual Assault Crisis Center

Therapist on call 24-7. Hospital advocacy for victims. Individual and group counseling. First 6 sessions are free.

Address1: 1419 Forest Dr., Suite 100, Annapolis, MD 21401

Address2: 7493 B&A Blvd., Glen Burnie, MD 21061

Phone: 410-222-RAPE

Other Services: Situational Abuse: Mental Health

Sheppard Pratt Health System-Inpatient Psychiatric Units

Inpatient hospitalization of children and adolescents; Supports children and/or adolescents whose psychiatric conditions are so severe that they require the structure and safety of an inpatient hospitalization setting

Child Unit – Rapid assessment and stabilization of children ages 4 to 12 who require the structure and safety of an inpatient setting because of the severity of their condition or for safe medication management

Adolescent Unit – Multidisciplinary assessment, evaluation and treatment, crisis intervention and stabilization primarily for adolescents.

Child and Adolescent Neuropsychiatry – Assessment and treatment of developmentally disabled or neurologically impaired adolescents and children with psychiatric conditions. Towson location only

Adolescent Dual Diagnosis Track – Specialized programming designed to treat adolescent inpatients with co-existing psychiatric and substance abuse problems.

Address1: 6501 N. Charles St., Towson, MD 21204

Phone1: 410-938-3800 **TDD1:** 410-938-3075

Address2: 4100 College Ave., Ellicott City, MD 21041

Phone2: 410-938-3800 **TDD2:** 410-461-8264

Website: www.sheppardpratt.org

Other Services: Mental Health

United Way Community Partnership of Anne Arundel County

Provides basic food, clothing, shelter, family safety, domestic violence, child abuse support and referrals, can speak with trained professionals if in crisis, can assist with school readiness and preparation for entering school for children birth to six years of age.

Address: 6620 Amberton Dr., Elkridge, MD 21075

Phone: 410-379-1319; 866-799-8779; #211 for HELP

Other Services: Situational Abuse; Emergency Supports

Villa Maria Continuum Services (Division of Catholic Charities)

In-patient, in-home and school-based mental health services. Residential treatment programs for students needing restrictive environments, weekend therapeutic respite programs. Child and adolescent crisis unit.

Service area: Anne Arundel and Prince George's Counties

Address1: 320 Cathedral Street, Baltimore, MD 21201

Phone1: 410-538-3388

1118 Light St, Baltimore, MD 21230

Phone2: 410-451-0682

Website: www.catholiccharities-md.org/children/villa-maria-

continuum

Other Services: Educational Supports; Mental Health; Family and Children's Services

YANA (You Are Never Alone), Inc.

Services include trauma counseling; crisis intervention and referrals to substance abuse treatment, education, and employment. They utilize basic resources including food, clothing, hygiene products, shower and telephones. YANA's mission is to reach out in love to prostituted, sexually exploited women and girls.

Address: 901 Hollins Street, Baltimore, MD 21223

Phone: 410-566-7973

Website: www.yanaplace.org

Other Services: Teen Issues; Substance Abuse; Mental Health

YWCA

Individual counseling and referral services to those who have experienced domestic violence, psychological, emotional, physical, and/or sexual abuse in their intimate relationships. Referrals and intakes are offered to those who use, or have been accused of using, abusive behaviors. Sexual assault counseling for children and adolescents ages 6-18; teen parenting program for adolescents ages 14-18. Informational literature and educational programs regarding domestic violence are also available to individuals, community organizations, and businesses.

Career Services: 410-757-5400; 410-974-0084 Counseling Services: 410-757-8300; 410-974-0084

Domestic Violence Program: 410-757-8300; 410-974-0084

Domestic Violence Hotline: 410-222-6800

Education and Recreation Programs: 410-626-7800

Service Area: Anne Arundel County. After school programs for Annapolis Middle, Lindale

Middle and Chesapeake Bay Middle

Address: 1517 Ritchie Hwy, Suite 201, Arnold, MD 21012-2461

Phone: 410-626-7800

Website: www.ywca.org

YWCA Domestic Violence Program — YWCA Building

Information, referrals, support, and emergency shelter provided 24 hrs a day/ 7 days a week

Address: 1517 Ritchie Highway, Suite 101, Arnold, MD 21012

Phone: 410-757-8300; 410-974-0084

Fax: 410-757-0908 Hotline: 410-222-6800

Other Services: Crisis Intervention; Abuse; Family and Children's Services

Adams United Methodist Church

Food pantry, energy assistance

Address: 937 Bayard Road, Lothian, MD 20711

Phone: 410-741-1932

All Hallows Episcopal Church

Food Pantry, energy assistance

Address: 3604 Solomons Island Rd, Edgewater, MD 21037

Phone: 410-798-0808

Website: www.allhallows.ang-md.org

Allegany County Addictions Services

60-day residential treatment program for youngsters, both boys and girls, 13 to 18 years of age who present a primary diagnosis of drug and/or alcohol abuse or dependence. Services include direct counseling (individual, group, family), psychiatric evaluations, AA/NA meetings and discussion groups, extensive drug/alcohol education, and comprehensive after-care planning and referral.

Service Area: Every county in Maryland.

Address: 10102 SE Country Club Road,

Thomas B Finan Center Cottage 4, Cumberland MD 21502

Phone: 301-759-5000 (for referrals and information)

Website: www.alleganyhealthdept.com

Other Services: Substance Abuse

American Red Cross, Central Maryland Chapter

Help with food, water, and short-term shelter. 24-hour disaster relief to victims of natural and man-made disasters (e.g., financial assistance for food, clothing, shelter, emergency medical needs, household furnishings and occupational supplies). Also provides counseling support.

Address: 4800 Mt. Hope Dr., Baltimore, MD 21215

Phone: 410-624-2000 Fax: 410-764-4914

Website: www.redcross-cmd.org

Other Services: Mental Health

American Rescue Workers of Maryland

Shelter for men, offering meals (to shelter residents), counseling, substance abuse rehabilitation (1 year program with 3-4 month sub-programs) and more

Address: 11 W Clement St. Baltimore, MD 21230

Phone: 410-566-3300

Other Services: Substance Abuse; Mental Health

Annapolis Area Ministries -Lighthouse

food pantry, bag lunches, shelter

Address: 206 West Street, Annapolis, MD 21401

Phone: 410-263-1835

Website: www.annapolislighthouse.org

Angel Food Network – Faith Baptist Church

Address: 7378 E. Furnace Branch Road, Glen Burnie, MD 21060

Phone: 410-761-5346

Anne Arundel County Department of Social Services

Short-term shelter, foster care placement, and referrals to homeless shelters

Service Area: Anne Arundel County

Address1: 80 West Street, Annapolis, MD 21401

Phone1: 410-269-4500 Fax: 410-974-8566

Address2: 7500 Ritchie Highway, Glen Burnie, MD 21061-3748

Phone: 410-269-4500

Website: www.dhr.state.md.us/annearundel.htm

Other Services: Abuse

Anne Arundel Community Action Agency (CAA)

MD Energy Assistance Program (MEAP): a one-time benefit to assist county residents with winter home heating bills for electric, natural gas, fuel oil, kerosene, coal, wood, or propane

Fuel Fund: Offers emergency assistance to BGE customers with turn-off notices. Applicants must be able to pay a portion of their bill in order for BGE and CAA to match those funds.

Weatherization Assistance: Weather stripping, caulking, glazing, and home insulation are provided to eligible households for the purpose of prompting energy conservation and cutting down on family heating fuel costs.

Rental Allowance Program (RAP): Offers a monthly subsidy for 6-12 months to income-eligible individuals, families, and homeless persons.

Service Area: Anne Arundel County (however, RAP is for residents of Annapolis only, as the Anne Arundel County Housing Authority administers RAP for other residents of Anne Arundel County) Eligibility Requirements: Each program has its own income guidelines and intake process as well as required documentation.

Address: 251 West Street, Annapolis, MD 21401

Website: www.aaceoc.com

Other Services: Ongoing Basic Necessities

Arden House (Run by YWCA)

Arden House is the only domestic violence shelter in Anne Arundel County and it runs the county's only domestic violence hotline. Arden House is a 24-hour, 21-bed crisis facility which is open 365 days per year. Families can reside at the shelter for up to 30 days and can then apply for an extension if they meet certain criteria. Arden House also offers counseling and legal assistance to the residents.

Service Area: Greater Anne Arundel County

Address: 1517 Ritchie Highway, Arnold, MD 21012

Phone: 410-222-6800 Fax: 410-626-7312

Website: www.ywca.org

Other Services: Abuse; Crisis Intervention; Legal Services

Ark and Dove Presbyterian Church

CAP, supports Habitat for Humanity and Sarah's House-short term emergency assistance for families in crisis

Address: 8424 Piney Orchard Parkway, Odenton, MD 21113

Phone: 410-674-6400

Arnold-Asbury United Methodist Church

Winter Relief Shelter, Supports AA Co. Food Bank, Supports Board of Child Care and SPAN

Address: 78 Church Rd., Arnold, MD 21012

Phone: 410-349-2862

Arundel House of Hope

Seasonal Emergency Temporary Shelter; Hosted at different Anne Arundel County Churches each week from late October through April. Each church provides services, meals, and spiritual guidance to the guests during their week. The Winter Relief Program provides meals, limited case management, and other support services as needed for up to 60 men and women each night.

Address: 6401 Ritchie Highway, Glen Burnie, MD 21061-1608

Phone: 410-863-4888

Safe Haven Supportive Housing Program; WISH (Women in Safe Haven) – The first permanent affordable housing program for single adult homeless women in Anne Arundel County. A single family home in Brooklyn Park will house up to five chronically homeless women and a resident manager.

The Fouse Center – The first and only Transitional Housing program for homeless men in Anne Arundel County. Clients suffer from substance abuse, mental illness, heath issues, and/or unemployment. As a transitional facility, The Fouse Center generally provides shelter and comprehensive services to these clients for a period of six months to one year. Support services include counseling, job preparedness, employment assistance, adult education, health referrals, substance abuse and mental health support, and general community support.

Address2: The Fouse Center, 6401 Ritchie Hwy, Glen Burnie, MD 21061

Phone2: 410-609-1224 Fax2: 410-609-1226

The Homeless Resource and Day Center – Provides services and referrals for the homeless and those at risk of being homeless. Services include telephone, internet, mail, showers, clothing, transportation assistance, housing and shelter referrals, medical and health assistance, and employment assistance.

Address1: Day and Resource Center, 514 N. Crain Highway, Suite K,

Glen Burnie, MD 21061

Phone1: 410-863-4888 Fax1: 410-863-7235

Other Services: Substance Abuse: Mental Health

Asbury Broadneck United Methodist Church Pantry

Food Pantry, homeless shelter in winter for 1 week; 6 week summer camp for grades 1 – 10; Senior Program

Eligibility Requirements: AA Co. resident and picture ID

Address: 657 Broadneck Rd., Annapolis, MD

Phone: 410-757-2995

Website: 2www.gbgm-umc/org/ab/

Asbury Church Assistance Network

Provides families assistance with food (on need to need basis), electric cut-off notices (1 time a year), and evictions (1 time a year). During holidays such as Thanksgiving and Christmas they do give out food baskets. Usually receives referrals from other agencies.

Service Area: AAC residents that live in Glen Burnie, Annapolis, Severna Park, and Pasadena.

Address: 2666 Riva Road, Suite 210, Annapolis, MD 21401

Phone: 410-647-7667

Asbury UMC Mission

Food Pantry, Soup Kitchen, Energy & Eviction Assistance

Address: 87 West St, Annapolis MD 21401

Phone: 410-268-9500

Baldwin Memorial United Methodist Church

Supports Habitat for Humanity, Project Angel Tree, SPAN

Address: 921 Generals Highway, Millersville, MD 21108

Phone: 410-987-4273

Baltimore Dream Center

Food Pantry

Address: 3701 9th Street, Brooklyn Park MD. 21225

Phone: 410-355-6707

Bay Area Community Church

Celebrate Recovery (Monday nights); 12 Step Christian recovery program Mercy Ministries provides financial assistance for emergencies, food

Address: 884 Chesterfield Road, Annapolis, MD 21401

Phone: 410-544-2222

Other Services: Substance Abuse; Mental Health

Bay Ridge Christian Church

Supports Gabriel Network

Address: 1071 Bay Ridge Rd., Annapolis, MD 21403

Phone: 410-263-2992

Brooklyn Church of God

Food Pantry

Address: 3800 9th Street, Brooklyn Park, MD 21225

Phone: 410-355-6188

Website: www.brooklynchurchofgod.com

Brooklyn UMC

Food Pantry M/W/Th 9-noon

Address: 4th and Pontiac, Brooklyn Park, MD 21225

Phone: 410-355-8740

Burwood Gardens

Food Pantry

Address: 6652 Shelly Road, Glen Burnie, MD 21061

Phone: 410-222-6226

Broadneck Baptist Church

Supports many local organizations

Address: 1257 Hilltop Dr, Cape St. Claire, Annapolis, MD 21409

Phone: 410-757-8583

Broadneck Evangelical Presbyterian

Supports many local organizations

Address: 235 Bay Dale Dr. Arnold, MD 21012

Phone: 410-626-8122

Brooklyn Church of God

Bags of food every other Saturday from 10am – noon and every Friday at 5:30 pm. Call for more information.

Address: 3701 9th Street, Brooklyn, MD 21225

Phone: 410-355-6707

Brooklyn Heights United Methodist

Food pantry every Tuesday from 10 - 11:30 am (every other Tuesday during the summer).

Service Area: Anne Arundel County

Address: 110 Townsend Ave, Brooklyn, MD 21225

Phone: 410-789-3688

CCCC- Crofton Christian Caring Council

Crofton Area; Food Available at Rotating Churches call for details

Phone: 410-721-9129

Financial Assistance, BG & E Cut off notices, eviction notices

Contributing Churches:

St. Elizabeth Ann Seton Church (Monday)

Address: 1800 Seton Dr., Crofton, MD 21114

Phone: 410-721-5770

Community United Methodist Church (Tuesday)

Address: 1690 Riedel Rd., Crofton, MD 21114

Phone: 410-721-9129

First Baptist Church of Crofton (Wednesday)

Address: 1690 Crofton Parkway, Crofton, MD 21114

Phone: 410-721-2790

Prince of Peace Presbyterian Church (Thursday)

Address: 1657 Crofton Parkway, Crofton, MD 21114

Phone: 410-721-2313

St. Stephen's Episcopal Church (Friday)

Address: 1110 St. Stephen's Church Rd., Crownsville, MD 21032

Phone: 410-721-2881

St. Paul's Lutheran Church (Other)

Address: P.O. Box 3386, Gambrills, MD 21054

Phone: 410-721-2332

Calvary Chapel Worship Center

Food Pantry /Financial Assistance- Anne Arundel County Residents- Tuesdays 5:30

Address: 8064 New Cut Road, Severn, MD 21144

Phone: 410-969-5100

Website:www.cciwc.org

Cape Saint Claire United Methodist Church

Food Pantry, Supports My Brother's Pantry and Lighthouse Shelter

Address: 855 Chestnut Tree Dr., Annapolis, MD 21409

Phone: 410-757-4896

Catholic Charities – Gabriel Project

Volunteers offer practical and emotional support to women and their children at the time of a crisis pregnancy. They also offer babysitting, counseling, limited health care assistance, housing and adoption, material needs, and transportation. Sponsored by the Pro Life Maryland Education Fund.

Address: PO Box 2116, Bowie, MD 20718

Phone1: 1-800-533-0093 (English) Phone2: 1-800-643-5007 (Spanish)

Other Services: Family and Children's Services; Transportation

Cecil Memorial United Methodist Church

Food Pantry 4th Friday of the month- 9-10AM

Address: 15 Parole St., Annapolis, MD 21401

Phone: 410-266-5651

Cedar Grove United Methodist Church

Food Pantry, Energy assistance

Address: 5965 Deale Churchton Rd., Deale, MD 20751

Phone: 410-867-7417

Centerpoint Counseling / Church

Serving single parents and their kids-Mentoring, Financial Relief, Household Donations

Address: 656-C Admiral Dr., #517, Annapolis, MD 21401

Phone: 410-610-2278

Website: www.centerpointchurch.cc

Other Services: Ongoing Basic Needs

Chesapeake PC Users Group

Supplies used/refurbished computers at very discounted prices. These are computers that may contain cosmetic blemishes to the cases. Computer education classes are also available to the local community; a nominal fee is charged for each course.

Address: 1783 Forest Drive, #285, Annapolis, MD 21401

Phone: 410-923-1550

Website: www.chesapeakepcusersgroup.org

Christ Church West River

Baby Pantry, Supports South County Assistance Network

Address: 220 Owensville Rd., West River, MD 20778

Phone: 410-867-0346

Christ Lutheran Church

Shelter and transitional housing for women and women with children. Also offers Outreach services

Address: 701 S. Charles St., Baltimore, MD 21230

Phone: 410-752-7179

Christ Our Anchor Presbyterian Church

Supports Chores and More, Sarah's House, Habitat for Humanity, My Brother's Pantry, The Lighthouse Shelter

Address: 1281 Green Holly Drive, Annapolis, MD 21409

Phone: 410-974-1713

Christian Assistance Program (CAP)

CAP is a multi-denominational Christian outreach program made up of local churches that come together to help serve. Food/Clothing Assistance

Groceries are given out at Severn United Methodist Church, 1215 Old Camp Meade Rd., Severn, MD (enough to last about 4/5 days). Pantry is open on Tuesdays from 11 AM to 1 PM and Thursdays from 3 PM to 5 PM.

Clothing is also available at the Clothes Closet at Nichols Bethel, 1239 Murray Rd, Odenton, MD on Tuesdays from 11 AM to 1 PM and Thursdays from 2 PM to 4 PM.

CAP clients are eligible for food assistance 1x/month.

Eligibility Requirements: a. Live in Severn, Odenton or Gambrills (Ft. Meade or Jessup also acceptable). Others will be referred to assistance in their own areas.

- b. Present a photo ID with current address. If the photo ID does not have the current address, they will accept mail addressed to the client at the current address.
- c. Provide birth certificates/insurance cards for all household members being claimed.
- d. Provide proof of need. Can be unemployment verification, low income proof (last two bank statements). If neither of those applies, they can submit State Medical Assistance cards, enrollment in the WIC program, an Independence Card or proof that they reside in low income housing.
- e. Initial visit may be by referral from any CAP church, Social Services or Anne Arundel Co. Food Bank.

Phone: 410-674-3162

Website: www.nicholsbethel.org/category/

Other Services: Ongoing Basic Necessities

Christian Workers of Annapolis

Food Pantry

Address: 1340 Fishing Creek Road, Annapolis, MD 21403

Phone: 410-263-8754

Chrysalis House

Inpatient substance abuse treatment; long term residential substance abuse treatment; halfway house for women (can bring children up to 10 years old); group counseling and vocational help

Service Area: Crownsville, MD and surrounding area

Address: 1570 Crownsville Rd., Crownsville, MD 21032

Phone: 410-974-6829 Fax: 410-974-6350

Website: www.chrysalishouses.org/

Other Services: Substance Abuse

Church of the Crucifixion

Food pantry (call first)

Service Area: Glen Burnie

Eligibility Requirements: Must go through a brief screening process

Address: 100 Scott Avenue, Glen Burnie, MD 21060

Phone: 410-768-4880

Church on the Rock

Pastoral Counseling, Food Distribution

Address: 649 Old Mill Rd., Millersville, MD 21108

Phone: 410-987-4714

Claiborne Place

Food pantry

Address: 130 Hearne Road, Annapolis, MD 21401

Phone: 410-266-5730

College Parkway Baptist Church

Assists My Brother's Pantry, SPAN, and Habitat for Humanity

Address: 301 College Parkway, Arnold, MD 21012

Mailing

Address: P.O. Box 859, Arnold, MD 21012

Phone: 410-647-5594

Community Action Agency

Food pantry, utility, housing rental assistance, MEAP-MD energy assistance program, Electric Universal Assistance Program, office of home energy programs; Services provided include eviction/rent assistance, BGE, prescription assistance

ANNAPOLIS YOUTH SERVICES BUREAU OFFERS:

- Comprehensive Counseling
- Crisis Intervention
- Substance Abuse/Mental Health Assessments and Referrals
- Referral and Information Services

ANNAPOLIS

Address: P.O. Box 1951, 251 West Street, Annapolis, MD 21401

Hours: Monday—Friday 8:30-4:30

Phone: 410-626-1900 Fax: 410-267-9143

GLEN BURNIE

Address: 117 Delaware Avenue, Glen Burnie, MD 21061

Hours: Monday—Thursday 8:30-4:30

Phone: 410-760-6125 Fax: 410-760-6439

Community United Methodist Church

Baby Pantry, Contributes to Sarah's House, Light House shelter, CCCC

Address: 1690 Riedel Rd., Crofton, MD 21114

Phone: 410-721-9129

Domestic Violence Center

Confidential emergency and transitional shelter; counseling for victims, children, and abusers; legal representation; outreach and community education; and a pet safe program

Address: 5457 Twin Knolls Rd, Suite 310, Columbia, MD 21045

Phone: 410-997-0304

Hotline: 410-997-2272 (24/7 Helpline)

Fax: 410-997-1397

Other Services: Abuse; Legal Services

Domestic Violence Shelter

client should call hotline for address of shelter

Monday-Thursday 9AM-7PM; Friday 8AM-4PM

Phone: 410-222-6800 Domestic Violence Hotline

410-222-7273 Sexual assault and crisis hotline

Eastport United Methodist Church

Food bank distribution program, winter-relief shelter

Address: 926 Bay Ridge Ave., Annapolis, MD 21403

Phone: 410-263-5490

EJAL Health Service

Methadone maintenance clinic open between 6:00 am and 11:00 am

Address: 550 Crain Hwy, Unit 8. Glen Burnie, MD 21061

Phone: 410-761-3686

Other Services: Substance Abuse

Empowering Believers Church of the Apostolic Faith/Rock Steward Ministry

Food Pantry; Mentoring for boys ages 9-17 and girls ages 18 and under (primarily African American; Wednesdays 6:30 – 8:30 pm); Youth Anti-Tobacco Coalition; Smoke-Free Holy Ground

Eligibility Requirements: Picture ID

Address: 7566 E. Howard Rd., Glen Burnie, MD 21060

Phone: 410-761-9272

Other Services: Educational Supports; Substance Abuse

Emmanuel Baptist Church

CAP, provides to homeless in Baltimore, grief counseling

Address: 1215 Waugh Chapel Rd. (P.O. Box 223), Gambrills, MD 21054

Phone: 410-721-1115

Empowering Believers Church of the Apostolic Faith

Food Pantry, Mentoring

Address: 7566 E. Howard Rd., Glen Burnie, MD 20160

Phone: 410-761-9272

Epiphany Episcopal Church

Food and support for families

Address: 1419 Odenton Rd., Odenton, MD 21113

Phone: 410-674-8819

The Episcopal Church of St. Christopher

Supports many local organizations

Address: 116 Marydel Rd., Linthicum, MD 21090

Phone: 410-859-5633

Evangelical Presbyterian Church of Annapolis

Food pantry; outreach

Service Area: Anne Arundel County

Address: 710 Ridgely Ave, Annapolis, MD 21401

Phone: 410-266-8090

Evangelical Presbyterian Church of Annapolis

Job Club, supports Strong Towers homeless ministry, Habitat for Humanity, Lighthouse Shelter, Gabriel Network, ESL classes, Mercy Committee (serves both church members and non-members with food needs, physical needs, relational needs, spiritual needs)

Address: 710 Ridgley Ave., Annapolis, MD 21401

Phone: 410-266-8090

Other Services: Teen issues

Faith Assembly of God

Financial assistance

Address: 250 W. Bay Front Rd., Lothian, MD 20711

Phone: 410-867-0707

Faith Community Church

Food pantry on Fridays from 9:00 am-11:00 am

Address: Route 648, Lothian, MD 20711

Phone: 410-741-0647

Federal Emergency Management Agency (FEMA)

Provides many different services, including shelters, trailers, and money for motels; help paying for rent after a disaster; help for medical, dental, funeral and transportation costs; free help from an attorney; counseling and mental health services

Phone: 800-621-FEMA (800-621-3362)

Website: www.fema.gov

Other Services: Legal Services; Physical Health; Mental Health

Ferndale United Methodist Church

Food Pantry

Address: 117 Ferndale Rd., Glen Burnie, MD 21061

Phone: 410-761-2880

First Baptist Church

Food "Give Away" on Wednesdays (be there by 10:00 am)

Service Area: Anne Arundel County

Address: 38 West Central Avenue, Edgewater, MD 21037

Phone: 410-956-3142

First Baptist Church of Crofton

Financial assistance Wed 9-12AM

Address: P.O. Box 3425 (1690 Crofton Parkway), Crofton, MD 21114

Phone: 410-721-2790

First Baptist Church of Deale

Financial assistance

Address: P.O. Box 117 (5907 Deale Churchton Rd), Deale, MD 20751

Phone: 410-867-1336

First Baptist Church of Eastport

Assistance with cut off notices and evictions; food pantry; operates on Tuesdays from 10:00 am to 12:00 pm

Service Area: Serves Annapolis Area ONLY; serves ONLY the immediate area of the church **Eligibility Requirements:** Must have referral from DSS or Community Action Agency

Address: 208 Chesapeake Ave, Annapolis, MD 21403

Phone: 410-268-7378

First Baptist Church of Edgewater

Food "Give Away" on Wednesdays (be there by 10:00am)

Address: 38 W. Central Ave., Edgewater, MD 21037

Phone: 410-956-3142

First Call for Help

Connects families and individuals to many community resources, such as financial assistance, emergency food assistance and shelter, affordable housing, abuse/ neglect, child care, disability, education, emergencies, employment, health/medical care, mental health, special transportation needs, substance abuse treatment and prevention services. Also has shelter hotline number that lists shelters in Baltimore with open beds. Assistance is available 24 hours per day, 7 days per week.

Service Area: Six counties in MD, including Anne Arundel

Address: 22 Light Street, Baltimore, MD 21203-1576 Phone: 410-685-0525, 410-531-6677; 800-492-0618

TTY/TTD: 410-685-2159

Website: www.firstcall.org

Other Services: Mental Health; Disabilities; Abuse; Substance Abuse

First Evangelical Church Lutheran (Partner in the **Christian Assistance Program)**

Food pantry support to Christian Assistance Program *CAP, Self-Help Meetings

Address: 8397 Piney Orchard Parkway, Odenton, MD 21113

Phone: 410-551-6077

Food Bank of Anne Arundel County

Free resource bank that gives away: Food, donated appliances, furniture, medical equipment, baby items, clothing, and CARS

Programs Available:

- Operation Food Sharing
- Soup Kitchen
- Nutritional Diet
- Furniture
- · Professional Medical Equipment

Address: PO Box 650, Crownsville, MD 21032

Phone: 410-923-4255

Website: www.aafoodbank.org

Other Services: Ongoing Basic Necessities, Transportation

Food Link, Inc

Offers immediate help directly to families and individuals or by assisting caseworkers, clergy and community activists. Services include emergency baby pantry, wholesale produce, crisis connection, and retail food rescue. Non-profit organization. Donated goods and services allow them to support over 100 recipient agencies and charitable organizations.

Service Area: Anne Arundel County as well as 4 counties on the Eastern Shore.

Address: 2666 Riva Rd, 3rd Floor, MS # 8303 Annapolis, MD 21401

Phone: 410-897-3941

Website: www.foodlinkmaryland.org

Other Services: Teen Issues

Fuel Fund of Maryland

Financial assistance with fuel/energy bill for home -low income, disabilities, and seniors

Address: 305 W. Chesapeake Ave., Towson, MD 21204

410-629-1900; 410-821-3022

Website: www.fuelfundmaryland.org

Glen Burnie Seventh Day Adventist Community Services

Pantry, Soup Kitchen, clothing

Address: 510 Aquahart Rd., Glen Burnie, MD 21061

Phone: 410-760-9172

Gloria Dei Lutheran Church

Christmas baskets; Easter baskets (for Seniors); Gloves, hats and mittens for Seniors; Backpack give-a-way in the Fall for school-age children; Winter Relief Program: house the homeless for 1 week

Service Area: Anne Arundel County

Address: 461 College Parkway, Arnold, MD 21012

Phone: 410-544-3799

Website: www.gloriadei.org

Grace Evangelical Presbyterian Church

Free ESL Classes, Food pantry, financial assistance

Address: 4012 Birdsville Rd., Davidsonville, MD 21035

Phone: 410-798-5300

Harundale Presbyterian Church

Food Pantry, soup kitchen

Address: 1020 Eastway, Glen Burnie, MD

Phone: 410-766-4338

Helping Hand, Inc

Provides food pantry and soup kitchen

Address: 82 Clay Street, Annapolis, MD 21401

Phone: 410-535-4041

Heritage Baptist

Food Pantry

Address: 1740 Forest Dr., Annapolis, MD 21401

Phone: 410-263-6680

Heritage Community Church

Bread Pantry, Food Pantry available by appointment only; Hispanic Mission provides bilingual pastoral counseling; Non-profit organization -Food Distribution

Eligibility Requirements: No criteria for Bread Pantry. A referral from DSS or Salvation Army is needed for Food Pantry.

Address: 8146 Quarterfield Rd, Severn, MD 21144

Phone: 410-551-8500 Fax: 410-551-7729

Website: www.heritagecommchurch.org

Other Services: Language Services; Mental Health

Holy Temple Church

Food pantry

Address: 708 Bestgate Rd., Annapolis, MD 21401

Phone: 410-266-7946

Holy Trinity Catholic Church

Men's Winter Shelter, Supports NCEON, Partners in Care, Meals on Wheels, Sarah's House

Address: 7436 Baltimore & Annapolis Blvd., Glen Burnie, MD 21061

Phone: 410-766-5070

H.O.P.E. (for all)

Assisting families, children, and the homeless in Anne Arundel County with basic needs such as clothing, school supplies, furniture

Address: 329 Double Eagle Drive, Linthicum Heights, MD 21090-2729

Phone: 410-859-1297

Website: www.hopeforallinmd.com

Categories: Ongoing Basic Necessities

Housing Choice Voucher Program or Section 8 Program

Rental assistance program. Assistance is provided to low income families, the elderly, and the disabled. Families are issued a rental voucher and can locate their own housing. The Housing Commission completes and initial and annual inspection. The family pays a percentage of their monthly adjusted income towards rent. The program pays the landlord the balance directly on behalf of the family.

Anne Arundel Housing Commission

Provides information on Section 8 and rental allowance in AA county

Address: 7477 Baltimore-Annapolis Blvd, Suite 303,

Glen Burnie, MD 21060

Phone: 410-222-6200

Anne Arundel County Economic Opportunity Committee

Provides information on Rental Allowance Programs in the city of Annapolis

Address: 251 West Street, PO Box 1951, Annapolis, MD 21401

Phone: 410-626-1900

Multifamily Housing Community Development Administration

Provides information on Rental Allowance Programs in Anne Arundel County

Address: 100 Community Place, Crownsville, MD 21023

Phone: 410-514-7436

Iglesia Hispanic Emmanuel

Food pantry, marriage and individual counseling, spiritual counseling and others

Address: 913 Cedar Park Rd., Annapolis, MD 21401

Phone: 410-295-5003 Other Services: Mental Health

Jenkins Memorial Church

Winter Relief Shelter, Celebrate Recovery

Address: 133 Riviera Drive, Pasadena, MD 21122

Phone: 410-437-2846

Other Services: Substance Abuse

John Wesley United Methodist Church

Food Pantry

Address: 6922 Ritchie Highway, Glen Burnie, MD 21061

Phone: 410-766-6981

Lake Shore Baptist Church

Supports NCEON, Celebrate Recovery

Address: 4613 Mountain Rd., Pasadena, MD 21122

Phone: 410-255-5413

Other Services: Substance Abuse

Langton Green

provides residential services and supported employment services

Address: 3016 Arundel on the Bay Road, Annapolis, MD 21403

Phone: 410-269-1019

Website: www.langtongreen.org

Other Services: Ongoing Basic Necessities

Laurel Advocacy and Referral Services (LARS)

Faith-based group that provides families with support and assistance for mental health issues, utilities, rent, domestic violence, etc. Also provides shelter and transitional housing. The Intake Management Overflow Shelter operates from November to March. *Assists homeless and low-income individuals or families experiencing crisis with emergency and long-term services designed to promote self-sufficiency (Food, BGE, Eviction Prevention, Transitional housing and support services, employment assistance, referrals for drug/alcohol/addiction treatment, budget planning)

Service Area: Greater Laurel Area which includes Beltsville, Savage and Scaggsville Areas. Eligibility Requirements: Individuals must be single to stay at the shelter.

Address: 311 Laurel Ave., Laurel, MD 20707

Phone: 301-776-0442

Website: www.laureladvocacy.org

Other Services: Family and Children's Services; Mental Health

Legal Assistance

Assistance with bankruptcy only. Chapter 13: \$2,740 (covers attorney and court fees). Chapter 7: \$601 (covers attorney and court fees).

Service Area: Baltimore-based, but will take people from other counties through the Baltimore office.

Address: 10 North Calvert St., Suite 500, Baltimore, MD 21201

Phone: 410-332-8000

Other Services: Legal Services

Light Street Housing

Transitional shelter for men and women

Address: 809 Light Street, Baltimore, MD 21230

Phone: 410-539-0134

Lighthouse Shelter

Emergency shelter (up to 30 days); transitional housing; emergency funds to prevent homelessness Service Area: Annapolis and vicinity

Financial Assistance (i.e., eviction prevention, utility turn-off prevention) – Provided on the first and third Monday of every month from 9:00 am to 11:00 am (depending on the availability of funds)

Eligibility Requirements: An individual is eligible to receive assistance once every six months; must bring gas and electric turn-off notice or eviction notice, summons to court, or warrant of restitution

Bag Lunches – One provided per person or two per family. Distributed Mondays through Fridays from 11am-1pm (not available on the weekends). During the school year, lunches are not provided to children; during the summer, children must be accompanied by an adult to receive a lunch

Pantry – Provides emergency food and other grocery items to people in the community. Health kits, baby food, diapers and other personal care items are available as well. Pantry is available Mondays through Fridays from 9am - 3pm; it is not available on the weekends. One bag given per family every 30 days

Eligibility Requirements: a picture ID and two pieces of mail (no more than 30 days old)

Health Kit Program – The health kit program supports the needy on an as requested basis. Items include a travel or regular sized toothbrush, toothpaste, bar of soap, deodorant, and washcloth. Distributed Mondays through Fridays from 11am-1pm (not available on the weekends). One kit per adult.

Address: P.O. Box 6149, 10 Hudson St., Annapolis, MD 21401

Phone: 410-349-5056 Fax: 410-349-5060

Website: www.annapolislighthouse.org/

Linthicum Heights United Methodist Church

Will assist with BGE and court ordered evictions. Will issue a check directly to BGE for the last \$25.00 owed on the bill. Will also help with \$30.00 for evictions. Available Monday to Friday 10:00 am – 12:00 pm. Call the church; applications taken over the phone.

Eligibility Requirements: Must be at least 3 members in the family. Must bring eviction notice in order to receive assistance with evictions. Supports Habitat for Humanity, Donated Medical Equipment, Assists with BGE and court ordered evictions

Address: 200 School Lane, Linthicum, MD 21090

Phone: 410-859-1123

Linthicum Seventh-day Adventist Church

Tutoring and mentoring services; local outreach

901 Andover Rd., Linthicum Heights, MD 21090-3041

Phone: 410-859-0866

Other Services: Educational Supports

Lutheran Mission Society

Food & Clothing pantry; eyeglass assistance

Service Area: Anne Arundel County

Address: 230 West St., Annapolis, MD 21401 Phone: 410-269-5016; 410-539-7322

Website: www.lutheranmissionsociety.org

Other Services: Physical Health

Magothy United Methodist Church

Winter Relief Shelter, Food Pantry, Traditional Service as well as Church for the Deaf

Address: 3703 Mountain Rd., Pasadena, MD 21122

Phone: 410-255-2420

Mariners' Church

Address: 1592 Whitehall Rd., Annapolis, MD 21409

Phone: 410-757-6064

Maryland City Free Methodist Church

Address: 314 Brock Bridge Rd., Laurel, MD 20724

Phone: 301-725-4989

Maryland Church on the Rock

Now called "Freedom Temple"

Food pantry every Tuesday and Thursday from 9 to 11 am

Address: 900 Church Street, Brooklyn, MD 21225

Phone: 410-355-5922

Messiah United Methodist Church

Supports NCEON, Arundel House of Hope

Address: 7401 E. Furnace Branch Rd., Glen Burnie, MD 21060

Phone: 410-761-1944

Metro United Methodist Church

Mentoring, Food Pantry-Friday 10:30

Service Area: Anne Arundel County

Address: 548 Queenstown Rd., Severn, MD21144

Phone: 410-551-0861; 410-768-5443

Website:www.metropolitanumc.net

Other Services: Recreational Programs; Educational Supports

Mt. Zion United Methodist Church

Provides meals for the sick, have special needs, or has undergone surgery

Address: 122 Bayard Rd., Lothian, MD 20711

Phone: 410-867-4035

My Brother's Pantry

Food Pantry- affiliated with churches

Phone: 410-757-5190

Naval Military Support Activity-Annapolis

Address: School Liaison Office, 348 Kincaid Rd., Annapolis, MD 21402

Phone: 410-293-2641

Other Services: Family and Children's Services, Educational supports, Disabilities, Mental

Health

New Hope Baptist Chapel

Financial Assistance

Address: 804 Windsor Rd., Arnold, MD 21012

Phone: 410-315-7755

Nichols Bethel United Methodist Church

(Partner in the Christian Assistance Program) Clothes closet and large furniture when available Hours of Operation: Tuesdays from 11a.m. -1:00pm

CAP, Winter Relief Shelter, Tutoring in Cooperation with Odenton Elementary (Tues

4:00-5:00)

Address: 1239 Murray Road, Odenton, MD 21113

Phone: 410-674-2272

Other Services: Ongoing Basic Necessities

North County Emergency Outreach Network (NCEON)

Assistance with food, prescriptions, BGE cut offs, and evictions provided on Monday, Wednesday, Friday from 10:00am-2:30pm (If coming for food only, please arrive before 1:00 pm); applicant must sign in before 2:30pm

Eligibility Requirements: Must present Picture ID, birth certificate, social security card, and proof of address for all members of household. Financial help provided once a year with applicant attending budget counseling. BGE turn-off notice required for assistance with BGE cut offs. Assistance with evictions must have a disposition found in the last paragraph of the notice from the court and must be signed by the judge)

Service Area: Northern Anne Arundel County (not Brooklyn), including Severn, Linthicum, Hanover, Harmans, Pasadena, Glen Burnie, and Millersville; does not serve Severna Park and Crofton

Address: 304 5th Avenue, Glen Burnie, MD 21061

Phone: 410-766-1826

Other Services: Ongoing Basic Necessities

Oakwood Wesleyan Church

Address: 505 Oakwood Station Rd., Glen Burnie, MD 21061

Phone: 410-761-4530

Our Lady of Perpetual Help

Food Pantry, Financial Assistance

Address: 515 Lock Haven Rd., Edgewater, MD 21037

Phone: 443-203-1002

Our Lady of the Chesapeake

Assistance with: evictions, utility shut-off notices, fuel, medications, special emergency situations, budget counseling, pastoral counseling, shopping assistance, referrals, intervention programs for battered persons, homeless programs; Project Rachel, Mary's Center

Eligibility Requirements: Must participate in a screening process

Address: 8325 Ventnor, Pasadena, MD 21122

Phone: 410-255-3677

Website: www.olchesapeake.org

Other Services: Teen Issues; Mental Health; Abuse

Our Lady of the Sorrows

Meals on Wheels, Financial assistance

Address: 101 Owensville Rd., West River, MD 20778

Phone: 410-867-2059

Pasadena Evangelical Presbyterian Church

Address: 7975 Tick Neck Rd., Pasadena, MD

Phone: 410-255-0003

Pasadena United Methodist Church

Emergency Baby Pantry, Winter Relief Shelter, Teen issues

Address: 61 Ritchie Highway, Pasadena, MD 21122

Phone: 410-647-3090

Payne AME Church

Food Pantry

Address: 7901 Brock Bridge Rd., Jessup, MD 20794

Phone: 410-799-5150

Praise Center Full Gospel

Non-perishable food distribution, Prison ministry, tutorial ministry teaches children/ adults to read

Address: 7521 Connelley Dr, Ste A-C, Hanover, MD 21076

Phone: 410-787-2007

Other Services: Educational Supports

Prince of Peace Presbyterian Church

Food vouchers, Financial Assistance

Address: 1657 Crofton Parkway, Crofton, MD 21114

Phone: 410-721-2313

Redeemer Lutheran Church

Financial Assistance

Address: 655 Doyle Rd., Deale, MD 20751

Phone: 410-867-9797

RESPECT Foundation

Food Pantry

Address: 640 South River Landing, Edgewater MD 21037

Phone: 410-571-7992

Riva Trace Baptist Church

Weekly and monthly food pantries (Friday mornings and first Saturday of each month). Emergency food available during non-food pantry hours. Financial assistance not available. *Food Distribution

Service Area: Anne Arundel County

Address: 2900 Riva Trace Parkway, Davidsonville, MD 21035

Phone: 410-798-4868

Safe Haven Teen Runaway Shelter

A crisis shelter for runaway and homeless youth between 12 and 17 years of age.

Address: Locations in Harundale, Severna Park, Glen Burnie

Phone: 410-922-2100; 410- 222-7423

Fax: 410-544-8208

Website: www.boardofchildcare.org/html/emergency shelter.htm

Other Services: Teen Issues; Emergency Supports

Salvation Army Thrift Store

Mon.-Sat., 9:30-6:30

Address: 8005 Jumpers Hole Road, Pasadena, MD 21122

Phone: 410-766-4841

Other Services: Teen Issues; Educational Supports

Sarah's House (Catholic Charities)

Shelter, case management, child care, transportation and employment services to families

Eligibility Requirements: Referrals must come through the Department of Social Services

Address: 2015 20th St, Fort Meade, MD 20755

Phone: 410-551-7722

Website: www.cc-md.org

Seventh Day Adventist Community Services

Food pantry, soup kitchen and clothing

Eligibility Requirements: Photo ID, Proof of residence, Social security card

Address: 510 Aguahart Rd., Glen Burnie, MD

Phone: 410-760-9172

Severna Park Assistance Network (SPAN)

Provides families assistance with food, holiday assistance, clothing, utility assistance, eviction assistance, etc.

Service Area: Severna Park and surrounding areas. Does not serve Annapolis, Edgewater, Brooklyn Park, and Cape St. Claire

Eligibility Requirements: Must bring utility turn-off notices and/or eviction notices signed by a judge if seeking assistance in these areas

Address: 400 Benfield Rd., Severna Park, MD 21146

Phone: 410-647-0889

Website: www.spanhelps.org

Solley United Methodist Church

Supports Boys and Girls Club, NCEON

Address: 7600 Solley Rd., Glen Burnie, MD 21060

Phone: 410-437-5641

Other Services: Teen issues

South Baltimore Family Health Center

Medical Services for uninsured, underinsured, low income: Call clinic for details and hours

Residency: West River Area

Address: 631 Cherry Hill Rd., Brooklyn MD 21225

Phone: 410-354-2000

Other Services: Physical Health

South County Assistance Network (St. James Episcopal Emergency Center)

Provides a food pantry at the St. James Episcopal Emergency Center on Thursday and Saturday from 9:00 am - noon

Address: 5757 Solomons Island Rd., Lothian, MD 20711

Phone: 410-867-2838; 410-867-7417

South County Faith Network

Serves seniors and disabled adults, care giver relief, energy assistance, grocery shopping, home repair and maintenance, yard work, Sunday Church Transportation, Day Shelter; M-F 9am-1pm

Address: PO Box 529, 6248 Shady Side Rd., Shady Side, MD 20764

Phone: 410-867-1128

South Shore Baptist

Food Pantry

Address: 725 Herald Harbor Rd., Crownsville, MD 21032

Phone: 410-923-6900

SPAN (Severna Park Assistance Network)

Primary Areas: Arnold, Broadneck, Millersville, Severna Park Secondary Areas Served: (smaller grants in aid than primary areas)

Crofton (with CCCC referral)

Crownsville

Ft. Meade

Gambrills (CAP for food)

Glen Burnie/Ferndale (with referral from NCEON)

Linthicum

Odenton (CAP for food)

Pasadena (with referral from NCEON)

Severn (CAP for food)

For all services, clients must provide:

Current Photo ID

SS cards for each household member

Proof of address

Documentation of assistance needed (see below)

Specific Requirements:

Help with utilities: Must have shut-off notice (will help 1x/year)

Eviction: Must have court copy of eviction notice containing judge's determination

(will help 1x/year)

Prescription assistance: Must have written prescription

Address: PO Box 626, Severna Park, MD 21146

Phone: 410-647-0889

St. Alban's Episcopal Church

Supports many organizations and programs

Address: 105 1st Ave SW, Glen Burnie, MD 21061

Phone: 410-766-1455

St. Andrew By The Bay

Assistance with food, BGE cut-offs, evictions (Works with St. Vincent De Paul Society)

Address: 701 College Parkway, Annapolis, MD 21409

Phone: 410-974-4366

St. Anne's Parish

Winter Relief Shelter, Supports many local organizations

Address: 199 Duke of Gloucester St., Annapolis, MD 21401

Phone: 410-267-9333

Other Services: Emergency Supports

St. Athanasius Church

Food assistance Wednesday evenings by appointment

Address: 4708 Prudence Street at Church Street, Brooklyn, MD 21225

Phone: 410-355-5740

St. Elizabeth Ann Seton Parish

CCCC, Food Pantry, Financial assistance; Monday 10am-2pm

Address: 1800 Seton Drive, Crofton, MD 21114

Phone: 410-721-5770

St. James Episcopal Emergency Center (South County Assistance Network)

Provides a food pantry on Thurs. and Sat. from 9:00 am – noon

Address: 5757 Solomons Island Rd., Lothian, MD 20711

Phone: 410-867-2838

St. James Parish

Supports Lighthouse Shelter and SCAN

Address: 5757 Solomons Island Rd., Lothian, MD 20711

Phone: 410-867-2838

St. Jane Frances de Chantal Roman Catholic Parish

Address: 8499 Virginia Ave., Riviera Beach, MD 21122

Phone: 410-255-4646

St. John the Evangelist Roman Catholic Church

Assists with food, financial assistance for eviction prevention, utility bills, fuel/oil, and prescriptions. Also provides short motel stays for the homeless or transients. St. Vincent de Paul Society; Services available Tues and Thurs 10:00am-12pm and 2-4pm; Fri - 10:00am-12pm

Service Area: North Anne Arundel County (Severna Park, Millersville, Arnold, Severn, and Pasadena)

Address: 689 Ritchie Highway, Severna Park, MD 21146

Phone: 410-647-4884

St. John Lutheran Church

Food pantry, soup kitchen, and financial assistance for prescriptions

Service Area: Brooklyn Park area. Services available Monday to Friday 8:30-1:00 pm

Address: 220 Washburn Ave., Baltimore, MD 21225

Phone: 410-355-7295

St. Joseph's Catholic Church (Partner in the Christian **Assistance Program)**

Financial assistance

Eligibility Requirements: Referral from Department of Social Services or Community Action Agency

Address: 1283 Odenton Rd., Odenton, MD 21113

Phone: 410-551-9238

St. Luke's Episcopal Church

Food Pantry Tues/Thur- 10-11:30am

Address: 1101 Bay Ridge Ave., Annapolis, MD

Phone: 410-268-5419

St. Margaret's Episcopal Church

Part of AAMI (Annapolis Area Ministries, Inc.)

Address: 1601 Pleasant Plains Rd., Annapolis, MD 21409

Phone: 410-974-0200

St. Mary's Catholic Church

Birthright-provides resources, counseling and assistance to all pregnant women in need in our communities

Hispanic Outreach Program – 410-266-7700

Gabriel Project – seeks to help women in crisis pregnancies who have nowhere else to go; to help the women keep their babies or put them up for adoption instead of having an abortion; and to help women understand that life is a gift- 410 741-1228

Rachel's Vineyard Ministries – provide weekend retreats for healing for anyone suffering from the emotional and spiritual pain of abortion. All retreats are listed at www.rachelsvineyard.org. 610-354-0555/410-267-0423

St. Vincent de Paul Society – provides emergency financial assistance to Annapolis residents for rent, utilities, medicine, food, work- or medical-related transportation, and funerals. Counseling and coordination of local social services also provided. Through the Holiday Sharing Program, delivers food baskets and presents.

English As A Second Language (ESL) – designed to help newcomers to the Annapolis area meet their everyday English speaking, listening, reading and writing needs 410-800-4717

Address: 102 Duke of Gloucester, Annapolis, MD 21401

Phone: 410-263-9221

Website: www.stmaryschurch.org Other Services: Teen Issues; Language Services

St. Marks

Food pantry- Last Sat of month 8-10am

Address: 1440 Dorsey Road, Hanover, MD 21076

Phone: 410-859-5352

St. Paul's Lutheran Church

Supports many local organizations

Address: 308 Oak Manor Dr., Glen Burnie, MD 21061

Phone: 410-766-2283

St. Paul's Lutheran Church of Crofton

Financial assistance

Address: 1370 Defense Hwy., Crofton, MD 21114

Phone: 410-721-2332

St. Phillips Episcopal Church

Non-Profit, non-denominational organization offering quality, low cost food items. *Angel Food Ministries*

Address: 730 Bestgate Road, Annapolis, MD 21401

Phone: 410-266-9755

Website: www.angelfoodministries.com

St. Vincent de Paul Society

St. Vincent de Paul's core services include: food, clothing, housing, emergency financial assistance, homeless outreach, employment training and job referrals, adult literacy, family support, life skills training, and child and youth services to Annapolis/ AA County residents.

Address: St. Vincent de Paul of Baltimore, 2305 N. Charles Street,

Suite 300, Baltimore, Maryland 21218

Phone: 410-662-0500 Fax: 410-662-0508

Systems of Care

Anne Arundel County Resource Connection

Anne Arundel County Systems of Care is a multi-tiered approach to providing individualized information and support to connect children, youth, and their families to appropriate resources in the community.

Address: 1 Harry S. Truman Parkway, Suite 103, Annapolis, MD 21401

Phone: 1-800-485-0041

Website: www.infoannearundel.org

Other Services: Emergency Support Quick Links

Temple Beth Sholom

Supports Lighthouse Shelter, My Brother's Pantry, Habitat for Humanity

Address: 1461 Baltimore-Annapolis Blvd., Arnold, MD 21012

Phone: 410-757-0552

The Church at Severn Run

Provides financial supports to local needy residents who need food and clothing

Address: 8187 Telegraph Rd., Severn, MD 21144

Phone: 410-551-6654

Union United Methodist Church

Financial assistance

Address: 274 W Bay Front Rd., Lothian, MD 20711

Phone: 410-867-1661

United Way Community Partnership of Anne Arundel County

Provides basic food, clothing, shelter, family safety, domestic violence, child abuse support and referrals, can speak with trained professionals if in crisis, can assist with school readiness and preparation for entering school for children birth to six years of age.

> Address: 6620 Amberton Dr., Elkridge, MD 21075 Phone: 410-379-1319; 866-799-8779; #211 for HELP

Other Services: Abuse; Crisis Intervention

Vineyard Christian Fellowship of Central Maryland

Food Pantry

Address: 255 Najoies Road, Millersvillem MD 21108

Phone: 410-987-3440

Wayman Good Hope AME Church

Food Pantry

Address: 100 Hoyle Lane, Severna Park, MD 21146

Phone: 410-647-0468

Woods Memorial Presbyterian Church

Address: 611 Baltimore Annapolis Blvd. Severna Park, MD 21146

Phone: 410-647-2550

Adams United Methodist Church

Has a food pantry, also provides energy assistance.

Address: 937 Bayard Road, Lothian, MD 20711

Phone: 410-741-1932

All Hallows Episcopal Church

Food Pantry and Energy Assistance are available.

Address: 3604 Solomons Island Rd., Edgewater, MD 21037

Phone: 410-798-0808

American Red Cross of Central Maryland

Address: 4800 Mt Hope Drive, Baltimore, MD 21215

Phone: 410-624-2000

American Rescue Workers of Maryland

Shelter for men, offering meals (to shelter residents), counseling, substnace abuse rehabilitation (1 year program with 3-4 month sub-programs and more.

Address: 11 W Clement St., Baltimore, MD 21230

Phone: 410-566-3300

Anne Arundel County Department of Health: Women, Infants & Children Program (WIC)

Supplemental Nutrition Program helps Pregnant women, breast-feeding, and postpartum women, infants and children up to 5 years of age. WIC provides nutritious foods, nutrition education, breast-feeding support, and referrals to health care and community services.

Servicios en Espanol se llama 41

Address1: North County Health Services, 791 Aquahart Rd., Suite 200,

Glen Burnie, MD 21061

Phone1: 410-222-6797

Address2: 3 Harry S. Truman Parkway, Annapolis, MD 21401

Phone2: 410-222-7095

Anne Arundel County Department of Social Services

Family Crisis Services

Assists the family with crisis, including food and shelter emergencies, and assists the family in overcoming problems of family dysfunction. Offers counseling, parenting skills, and parent aide support. No fees. Serves any family in need of assistance. Must report in person to find out more about se

Food Stamps

Free food benefits provided monthly to eligible public assistance and low-income households to help buy food and improve diets. Benefits can be used like money at participating stores. Expedited Food Stamps: Applicants who are eligible for food stamps can receive them within seven days if their reso

Temporary Cash Assistance (TCA)

TCA is Temporary Cash Assistance. Family units can receive TCA for a total of 60 months (5 years) over a lifetime. The program has a requirement for all applicants to seek employment. Once an applicant begins to receive TCA, they must meet the work requirement within 24 months. People who receive TC

Address: 80 West Street, Annapolis, MD

Phone: 410-269-4500

Anne Arundel County Food and Resource Bank, Inc.

We distribute food to agencies (pantries, soup kitchens etc) to distribute to Anne Arundel County residents. We provide emergency food assistance, furniture, medical equipment and more.

Address: PO Box 650, Crownsville, MD 21032

Phone: 410-923-4255

Website: www.aafoodbank.org

Asbury Broadneck United Methodist Church

Provides emergency food to anyone in Anne Arundel County. Family can self refer. Food available 2nd and 3rd Friday of each month 11:00 AM-1:00PM.

Address: 657 Broadneck Rd., Annapolis, MD 21401

Phone: 410-757-2995

Asbury Church Assistance Network

Provides families assistance with food (on need to need basis), electric cut-off notices (1 time a year), and evictions (1 time a year). During holidays such as Thanksgiving and Christmas they do give out food baskets. Usually receives referrals from other agencies.

Address: 2666 Riva Road, Annapolis, MD 21401

Phone: 410-647-7667

Asbury United Methodist

Family can just show up- no ID required. Food distributed Tues/Wed/Fri 9:30AM-12:00PM

Service Area: Entire Anne Arundel county.

Address: 87 West St., Annapolis, MD 21404

Phone: 410-268-9500

Baltimore Dream Center

Family must call ahead and make an appointment. Limited service area. Food distributed Tuesday-Friday, 9AM-4PM

Address: 901 Pontiac Ave., Baltimore, MD 21225

Phone: 410-355-6707

Brooklyn Church of God

Bags of food every other Saturday from 10AM-Noon and every Friday at 5:30PM. Call for more information.

Address: 3701 9th Street, Brooklyn, MD 21225

Phone: 410-355-6707

Brooklyn Heights United Methodist

Food pantry every Tuesday from 10 AM- 11:30 AM. Every other Tuesday during the summer.

Address: 110 Townsend Avenue, Brooklyn, MD 21225

Phone: 410-789-3688

Brooklyn UMC

Food Pantry. Runs M/W/Th from 9 a.m. to 12:00 p.m.

Address: 4th and Pontiac, Brooklyn Park, MD 21225

Phone: 410-355-8740

Burwood Gardens

Service Area: All of Anne Arundel County

Address: 6652 Shelly Road, Glen Burnie, MD 21061

Phone: 410-222-6226

Calvary Chapel

Family should show up early-line forms at 4PM, food distributed 5:30 PM. Food distributed Tuesday 5:30 PM, no limit on frequency, offer fresh fruit/vegetables, bread, canned food

Service Area: **Entire Anne Arundel County**

Address: 8064 New Cut Road, Severn, MD

Phone: 410-969-5100

Cape Saint Claire United Methodist Church

Address: 855 Chestnut Tree Drive, Annapolis, MD 21409

Phone: 410-757-4896

Cecil Memorial United Methodist Church

Family can self refer, no call needed. Food distributed 4th Friday/month 9AM-10AM

Parole/ Annapolis Area Service Area:

Address: 15 Parole Street, Annapolis, MD 21401

Phone: 410-266-5651

Grove United Methodist Church

Food Pantry, Emergency Assistance

Address: 5965 Deale Churchton Road, Deale, MD 20751

Phone: 410-867-7417

Christ Church West River

Baby Pantry, Supports South County Assistance Network

Address: 220 Owensville Road, West River, MD 20778

Phone: 410-867-0346

Christian Assistance Program of the First Evangelical Lutheran Church

Family can self refer- no income requirement, but need to show WIC, MA, unemployment, or other low income verification- however, IFSP also acceptabale. First time, must show birth certificate for each child in home and photo ID. Family should call ahead.

Severn, Odenton, and Gambrills Service Area:

Phone: 410-551-9189

Christian Assistance Program, Inc. of the First **Evangelical Lutheran Church**

A collection of local churches that help provided assistance to those families in need.

Address: 8397 Piney Orchard Pkwy., Odenton, MD 21113

Phone: 410-551-9189

Christian Workers of Annapolis

Christian Workers of Annapolis is comprised of a small volunteer group which provides meals to the needy, clothing, furniture, spiritual guidance and Holiday food packages. Contact the agency for additional information.

Address: 1340 Fishing Creek Road, Annapolis, MD 21403

Phone: 410-263-8754

Church of Crucifixion

Food Pantry (call first). Eligibility Requirements: Must go through a brief screening process.

Address: 100 Scott Avenue, Glen Burnie, MD 21060

Phone: 410-768-4880

Claiborne Place

Food Pantry

Address: 130 Hearne Road, Annapolis, MD 21401

Phone: 410-266-5730

Community United Methodist Church

Food available at rotating churches in area-call for details. Baby Pantry available Mon-Fri 9AM-12PM at Community United Methodist Church

Service Area: Crofton area

Address: 1690 Riedel Road, Crofton, MD 21114

Phone: 410-721-9129

Cornerstone Church

Free bag of groceries every Tuesday from 5 to 7 PM. No questions asked. No income verification.

Address: 16010 Annapolis Road, Bowie, MD 20715

Phone: 301-262-6266

Eastport United Methodist Church

Food bank distribution program, winter relief shelter.

Address: 926 Bayridge Ave., Annapolis, MD 21403

Phone: 410-263-5490

Empowering Believers Church of the Apostolic Faith

Food Pantry; Mentoring for boys ages 9-17 and girls 18 and under (promarily African American; Wednesdays 6:30 PM-8:30 PM); Youth Anti Tobacco Coalition; Smoke Free Holy Ground

Address: 7566 E. Howard Road, Glen Burnie, MD 21060

Phone: 410-761-9272.

Epiphany Episcopal Church

Food and support for families.

Address: 1419 Odenton Road, Odenton, MD 21113

Phone: 410-674-8819

Evangelical Presbyterian Church of Annapolis

Food pantry; outreach

Address: 710 Ridgely Avenue, Annapolis, MD 21401

Phone: 410-266-8090

Ferndale United Methodist Church

Offers food distribution and assistance in the Ferndale area only. Family can self refer. Call Tuesdays/Thursdays 9AM-2PM to make request, arrangements made for appointment to pick up food

Address: 117 Ferndale Road, Glen Burnie, MD 21061

Phone: 410-761-2880

First Baptist Church

"Give Away" on Wednesdays (be there by 10:00 am)

Address: 38 West Central Avenue, Edgewater, MD 21037

Phone: 410-956-3142

First Baptist Church of Eastport

Assistance with cut off notices and evictions; food pantry; operates on Tuesdays from 10:00 am - 12:00 pm. Service Area: Serves Annapolis Area ONLY; serves ONLY the immediate area of the church.

Eligibility Requirements: Must have referral from DSS or Community Action Agency.

Address: 208 Chesapeake Ave., Annapolis, MD 21403

Phone: 410-268-7378

Food Link

A volunteer program that locates surplus and excess foods such as produce, deli items, dairy products, meats and baked goods which are donated by area grocers, restaurants, caterers, growers and individuals; and transports items to soup kitchens, food pantries, treatment and rehab.

Address: 2666 Riva Rd., 3rd Floor, Annapolis, MD 21401

Phone: 410-897-3942

Glen Burnie Seventh Day Adventist Church: Community Services Center

Offers food and clothing distribution.

Eligibility Requirements: Must live in Anne Arundel County and have photo ID.

Address: 510 Aquahart Road, Glen Burnie, MD 21061

Phone: 410-760-9172

Glen Burnie United Methodist Church

Provides a food pantry that offers a one day supply of emergency food (primarily canned goods) to persons in need. No ID required.

Address: 5 Second Avenue Crain Highway SE, Glen Burnie, MD 21061

Phone: 410-761-4381

Gospel Assembly Church

Food Pantry – Provides emergency food to anyone in need. Monday, 10:00 am to 11:00 am; 2)

Clothing— Clothing and shoes for men, women, and children are also available. Tuesday, 10:00 AM to 12:00 PM

Soup Kitchen – Provides a Sunday breakfast in conjunction with pantry

Address: 3555 4th St., Brooklyn Park, MD 21225

Phone: 410-354-2770

Grace Evangelical Presbyterian Church

Free ESL Classes, Food Pantry, Financial Assistance

Address: 4012 Birdsville Road, Davidsonville, MD 21035

Phone: 410-798-5300

Harundale Presbyterian Church

Provides food and financial assistance for BGE, eviction, etc by appointment only. Clients may need to present photo ID, recent mail to provide address, and proof of each family member residing in home to access the food pantry. Clients may receive food pantry services.

Address: 1020 Eastway, Glen Burnie, MD 21060

Phone: 410-766-4338

Helping Hand

Provides emergency assistance (food, clothing, furniture, temporary shelter) to the needy. Provides food pantry and soup kitchen.

Address: 82 Clay Street, Annapolis, MD 21401

Phone: 410-535-4041

Heritage Baptist

Family can self refer, no need to call/photo ID required. Will serve any area of county. Food available Tuesday/ Thursday 9AM-11AM, limit of 1X month.

Address: 1740 Forest Drive, Annapolis, MD 21401

Phone: 410-263-6680

Heritage Church of God

Bread Pantry, Food Pantry by appointment only; Hispanic Mission provides bilingual pastoral counseling

Address: 8146 Quarterfield Road, Severn, MD 21144

Phone: 410-551-8500 ext226

Heritage Community Church

Family can self refer, no call or ID needed. Will serve entire county.

Food distributed Fridays 9:30-10AM, no limits on frequency-offer bread, canned goods, and fresh fruits/vegetables when available

Address: 8146 Quarterfield Road, Severn, MD

Phone: 410-551-8500

Holy Temple Church

Food Pantry

Address: 708 Bestgate Road, Annapolis, MD 21401

Phone: 410-266-7946

Iglesia Hispanic Emmanuel

Food pantry, marriage and individual counseling, spiritual counseling and others.

Address: 913 Cedar Park Road, Annapolis, MD 21401

Phone: 410-295-5003

John Wesley United Methodist Church

Family can self refer, no call, photo ID needed. Food distributed 1st Friday/month 5PM-6PM -offer canned goods, sometimes frozen meats when available.

Service Area: Serves Glen Burnie Area.

Address: 6922 Ritchie Highway, Glen Burnie, MD

Phone: 410-766-6981

Light House Shelter

Provides an emergency shelter, motel placements, food pantry, bag lunches, service referrals. financial assistance for utility turnoffs and evictions. Shelter has 13 men's beds and 5 women's beds. Transitional housing available for those referred in from other shelters.

Address: 206 West Street, Annapolis, MD 21401

Phone: 410-263-1835; For emergency shelter, 410-349-5056

Website: www.annapolislighthouse.org

Living Water Food Bank and Thrift Shop, Inc.

The Food Bank is open each Tuesday afternoon from 1:30 to 5:30 and the Thrift Shop each Tuesday from 3:00 to 5:30 and Thursday/Saturday from 11:00a.m. to 3:00.

Address: 218 Island Plaza, Stevensville, MD 21666

Phone: 410-604-0450

Lutheran Mission Society Compassion Center: Anne Arundel County Center

Emergency Food & Clothing – Family can self refer. Will service entire Anne Arundel County. Limit one time per month. Food and clothing offered to eligible persons. Housing for pregnant women or single mothers with children.

Address: 230 West St., Annapolis, MD 21401

Phone: 410-269-5016

Magothy United Methodist Church

Winter Relief Shelter, Food Pantry, Traditional Service as well as Church for the Deaf.

Address: 3703 Mountain Road, Pasadena, MD 21122

Phone: 410-255-2420

Maryland Church on the Rock

Food pantry every Tuesday and Thursday from 9 AM- 11 AM

Address: 900 Church Street, Brookyln, MD 21225

Phone: 410-355-5922

Maryland State Department of Human Resources (DHR)

Aggressively pursues opportunities to assist people in economic need, provide prevention services, and protect vulnerable children and adults. Services are offered in the following areas: Abuse & Neglect, Medical Assistance, Children & Parenting

Address: 311 W. Saratoga St., Baltimore, MD 21201

Phone: (800) 332-6347

Mary's Center

Offers free pregnancy testing and pre- and post-abortion counseling. Also, offers formula, diapers, and maternity clothes, baby clothes and cribs which are free to eligible persons.

Eligibility Requirements: Client must have a picture ID and an Independence card to be eligible for baby clothes and crib.

Address: 7567 Ritchie Highway, Glen Burnie, MD

Phone: 410-224-0504

Meals on Wheels: Anne Arundel County

Delivers a cold lunch and a hot dinner, Monday - Friday, between 11 AM and 1:30 PM. Regular, texture-modified and diabetic diets are available. Homebound persons of any age or economic level who are unable to stop or cook for themselves. Volunteers: Adults and youth 14 years and older are needed for

Address: 17 Cypress Creek Rd., Severna Park, MD 21146

Phone: 410-431-5257

My Brother's Pantry

Emergency Food: Residents in need of food are eligible to receive one weeks supply of emergency groceries, the 3rd weekend of each month. Family can self refer. Call to schedule an appointment.

Address: PO Box 223, Arnold, MD 21012

Phone: 410-757-5190

North County Emergency Outreach Network (NCEON)

Provides emergency funds to help prevent utility turn-offs, legal evictions, prescriptions, water bills, and up to 50 gallons of fuel oil or pro

Service Area: Serves Glen Burnie, Linthicum, Pasadena, Millersville, Hanover, Harmon, or Severn. DOES NOT SERVE Brooklyn Park or zip code 21225.

Address: 304 Fifth Ave., S.E., Glen Burnie, MD 21061

Phone: 410-766-1826

Our Lady of Perpetual Help

Food Pantry, Financial Assistance

Address: 515 Lock Haven Road, Edgewater, MD 21037

Phone: 443-203-1002

Pasadena United Methodist Church

Winter Relief Shelter, Baby Pantry

Address: 61 Ritchie Highway, Pasadena, MD 21122

Phone: 410-647-3090

Payne AME Church

Food Pantry

Address: 7901 Brock Bridge Road, Jessup, MD 20794

Phone: 410-799-5150

Praise Center Full Gospel

Non perishable food distribution

Address: 2622 Annapolis Road, Severn, MD 21144

Phone: 410-551-8771

Prince of Peace Presbyterian Church

Food vouchers, Financial Assistance

Address: 1657 Crofton Parkway, Crofton, MD 21114

Phone: 410-721-2313

RESPECT Foundation

Food Pantry

Address: 640 South River, Edgewater, MD 21037

Phone: 410-571-7992

Riva Trace Baptist Church

Family can self refer/ no appointment necessary- Photo ID required.

Food Distribution every Friday 11:15 or 1st Saturday/month 10-12, emergency food also available if needed (limit 1X)/ No limit on Friday or Saturday food distributions.

Service Area: Entire Anne Arundel County.

Address: 475 W Central Avenue, Davidsonsville, MD

Phone: 410-798-4868

Rock Steward Ministry Pantry

Provides emergency food to anyone in need. Family can self refer.

Service Area: Entire Anne Arundel County.

Address: 7566 E. Howard Rd., Glen Burnie, MD 20161

Phone: 410-761-9272

Salvation Army: Annapolis

Emergency Food–Available once every three months to residents of Anne Arundel County. No referral necessary. Photo ID or birth certificate required. Eligible 1X every 2 months.

Financial Assistance—For BG&E turn-off notices and heating oil only. Once every 12 months

Clothing–Occasionally available

Address: 351 Hilltop Lane, Annapolis, MD 21403

Phone: 410-263-4091

Salvation Army: Glen Burnie

Emergency Food-Food baskets as offered four times per year, to residents and homeless individuals/families in need.

Financial Assistance—For eviction prevention and utility assistance. Assistance is given once a year.

Eligibility Requirements: picture ID; Social Security card

Address: 511 South Crain Highway, Glen Burnie, MD 21061

Phone: 410-768-0477

Severna Park Assistance Network (SPAN)

Provides assistance to those people in the community who are facing a crisis situation. Family can self-refer- no appointment necessary. Food available Mon-Thursday 10AM-2Pm and Monday evenings 5PM-7PM.

Service Area: Serves Arnold, Broadneck Peninsula, Millersville, Severna Park (primary area of service).

Address: 400 Benfield Road, Severna Park, MD 21146

Phone: 410-647-0889

South County Assistance Network (SCAN)

Operates a food pantry. Family can self refer/no appointment necessary. Food distributed Thursdays and Saturdays 9AM-Noon. Formula, Ensure, and baby food sometimes available. Clients can use these services once a month.

Service Area: Anne Arundel County south of Rt 214.

Address: 5757 Solomon Island Rd., Lothian, MD 20711

Phone: 410-867-2838

South Shore Baptist

Address: 725 Herald Harbor Road, Crownsville, MD 21032

Phone: 410-923-6900

St. Athanasius Church

Food assistance Wednesday evenings by appointment.

Address: 4708 Prudence Street at Church Street, Brooklyn, MD 21225

Phone: 410-355-5740

St. Elizabeth Ann Seton Parish

Food Pantry, Financial Assistance. Monday 10:00 am to 2 pm

Address: 1800 Seton Drive, Crofton, MD 21114

Phone: 410-721-5770

St. James Episcopal

Provides a food pantry on Thursday and Saturday from 9:00 am to Noon. Also supports Lighthouse Shelter and SCAN.

Address: 5757 Solomon's Island Road, Lothian, MD 20711

Phone: 410-867-2838

St. John Frances de Chantal Roman Catholic Church

Assists with food, financial assistance for eviction prevention, utility bills, fuel/oil, and prescriptions. Also provides short motel stays for the homeless or transients. St. Vincent de Paul Society. Services available Tues and Thurs 10:00 am - 12:00 pm and 2-4 pm; Friday 10:00 am - 12:00 pm.

Address: 689 Ritchie Highway, Severna Park, MD 21146

Phone: 410-647-4884

St. John Lutheran Church

Food pantry, soup kitchen and financial assistance for prescriptions.

Address: 220 Washburn Avenue, Baltimore, MD 21225

Phone: 410-355-7295

St. John's Society

Provides prescriptions, food distribution and financial assistance for residents of the Severna Park -Arnold areas. Clients are screened for need. Call for information about services and eligibility.

Address: 689 Ritchie Highway, Severna Park, MD 21146

Phone: 410-647-4884

St. John's Society of Vincent De Paul

BGE, Evictions, Food help, Prescriptions

Address: 689 Ritchie Highway, Severna Park, MD 21146

Phone: 410-647-4884

St. Luke's Episcopal Church

Family can self refer- no call needed. Food distributed 10 AM- 11:30 AM Tuesdays (frozen, milk, eggs, bakery items, produce) and Thursdays 10AM-11:30AM (bagged canned goods) No limit on frequency.

Service Area: Serves entire county.

Address: 1101 Bay Ridge Avenue, Annapolis, MD 21403

Phone: 410-268-5419

St. Marks

Food Pantry - Last Saturday of the month from 8:00 am to 10:00 am.

Address: 1440 Dorsey Road, Hanover, MD 21076

Phone: 410-859-5352

St. Phillips Episcopal Church

Non-Profit, non-denominational organization offering quality, low cost food items.

Address: 730 Bestgate Road, Annapolis, MD 21401

Phone: 410-266-9755

St. Vincent de Paul Society of **Our Lady of Perpetual Help**

Financial Assistance – Provides financial assistance for eviction prevention, utility turn off, prescriptions, and heating fuel\

Food Pantry – Operates a food pantry. Baby food and formula sometimes available.

Address: 515 Loch Haven Rd., Edgewater, MD 21037

Phone: 410-956-2883

St. Vincent de Paul Society: Anne Arundel County

Offers emergency food. Formula and pampers occasionally are available.

Emergency Financial Assistance-Offered for utilities, eviction prevention, prescriptions, fuel oil and short motel stays.

Address: 689 Ritchie Highway, Severna Park, MD 21146

Phone: 410-647-4884

Teen Challenge International

Address: 13919 Baltimore Avenue, Laurel, MD 20726

Phone: 301-617-4956

Unity Tabernacle of Restoration

Family can self refer. Food distribution Thursdays 9Am-2PM.

Service Area: Gambrills, Odenton, and Crofton.

Address: 750 Route 3 South, Gambrills, MD 21054

Phone: 410-923-1191

Vineyard Christian Fellowship of Central Maryland

Food Pantry

Address: 255 Najoies Road, Milllerville, MD 21108

Phone: 410-987-3440

Wayman Good Hope AME Church

Food Pantry

Address: 100 Hoyle Lane, Severna Park, MD 21146

Phone: 410-647-0468

Anne Arundel County Department of Social Services

Short-term shelter, foster care placement, and referrals to homeless shelters

Service Area: Anne Arundel County

Address1: 80 West Street, Annapolis, MD 21401

Phone: 410-269-4500 Fax: 410-974-8566

Address2: 7500 Ritchie Highway, Glen Burnie, MD 21061-3748

Phone: 410-269-4500

Website: www.dhr.state.md.us/annearundel.htm

Other Services: Emergency Supports

Anne Arundel Medical Center— Abuse and Domestic Violence Center

A language line translator; Sexual Assault Crisis Center; counseling for domestic violence, in connection with YWCA hotline, run safe house with in-home interventionist. Can refer out to other resources.

Service Area: AAC residents only

Address: Annapolis, MD 21401

Phone: 443-481-1209; 800-634-3577

Website: www.aahs.org

Arden House (Run by YWCA)

Arden House is the only domestic violence shelter in Anne Arundel County and it runs the county's only domestic violence hotline. Arden House is a 24-hour, 21-bed crisis facility which is open 365 days per year. Families can reside at the shelter for up to 30 days and can then apply for an extension if they meet certain criteria. Arden House also offers counseling and legal assistance to the residents.

Service Area: Greater Anne Arundel County

Address: 1517 Ritchie Highway, Arnold, MD 21012

Phone: 410-222-6800 Fax: 410-626-7312

Website: www.ywca.org

Other Services: Emergency Supports; Crisis Intervention; Legal Services; Health-Women's

Care

Brooklyn Heights Community Service Center

This is an active substation utilized by the Anne Arundel County Police Department as well as the Division of Parole and Probation. Substance abuse evaluations are available with referrals to local programs. Services are available for victims of domestic violence. Parents in need of assistance with juveniles can receive services through the JIFI program, a pupil personnel worker, and/or the juvenile justice representative affiliated with this center.

Service Area: Brooklyn Heights Community

Address: 5015 Ritchie Highway, Baltimore, MD 21225

Phone: 410-222-0023

Other Services: Mental Health; Substance Abuse; Teen Issues

The Care Clinic/Center for Families, University of Maryland, Baltimore

Free child and family therapy to children and families affected by physical or sexual abuse or exposure to domestic violence. Provides clinical assessment, advocacy services, and psychiatric services.

Address: 520 W. Lombard St. Gray Hall, 1st Floor, Baltimore, MD 21201

Phone: 410-706-4869

Fax: 410-706-1703

Other Services: Mental Health

Child Protective Services

Processes and investigates reports of child abuse and neglect

Address: 7500 Ritchie Hwy., Glen Burnie, MD 21061

Phone: 410-421-8400 (24 hours)

Fax: 410-508-2041

Community Anti-Violence Project (CAVP) TurnAround, Inc.

The Community Anti-Violence Project (CAVP) is a part of TurnAround's mission to reach all victims of sexual assault and domestic violence and to focus on historically under-served communities. Recognizing the impact of domestic violence and sexual violence on the gay and lesbian community, CAVP is committed to creating support for victims and strengthening ties within this community through intervention, education and outreach. With the expertise of trained mental health professionals, CAVP is dedicated to providing sensitive and affirming treatment.

Address: 401 Washington Avenue, Suite 300, Towson, MD 21204

Phone: 410-377-8111

Other Services: Gay, Lesbian, Bisexual, and Transgender Support

Domestic Violence Center

Confidential emergency and transitional shelter; counseling for victims, children, and abusers; legal representation; outreach and community education; and a pet safe program

Address: 5457 Twin Knolls Rd, Suite 310, Columbia, MD 21045

Phone: 410-997-0304

Hotline: 410-997-2272 (24/7 Helpline)

Fax: 410-997-1397

Other Services: Emergency Supports; Legal Services

First Call for Help

Connects families and individuals to many community resources, such as financial assistance, emergency food assistance and shelter, affordable housing, abuse/neglect, child care, disability, education, emergencies, employment, health/medical care, mental health, special transportation needs, substance abuse treatment and prevention services. Also has shelter hotline number that lists shelters in Baltimore with open beds. Assistance is available 24 hours per day, 7 days per week.

Service Area: Six counties in MD, including Anne Arundel

Address: 22 Light Street, Baltimore, MD 21203-1576

Phone: 410-685-0525, 410-531-6677; 800-492-0618

TTY/TTD: 410-685-2159

Website: www.firstcall.org

Other Services: Emergency Supports; Mental Health; Disabilities;

Substance Abuse

Florence Crittenton Services of Baltimore

Provide services to teenage girls as a result of pregnancy, abuse or displacement. They provide prenatal care, continued education services, child development education, and parent preparation services in a residential setting.

Service Area: Statewide

Address: 3110 Crittenton Place, Baltimore, MD 21211

Phone: 410-366-4333

Other Services: Teen Issues; Educational Supports

House of Ruth

Prevention, intervention, and advocacy of domestic violence. Seeks to protect and provide a safe haven for women and their children and to meet their immediate survival needs; to help battered women and their children escape battering situations permanently; to prevent domestic violence from occurring and to facilitate rapid and effective intervention when it does; and to change society's attitudes so that domestic violence is not tolerated. The phone lines are open 24 hours a day, 7 days a week. All calls are confidential.

Phone: 410-889-RUTH (7884); 410-554-8480 (Linea en Espanol

Website: www.hruth.org

Other Services: Crisis Intervention: Health-Women's Care

Institute of Family Centered Services (IFCS) Family Centered Treatment™ (FCT)

Address: Executive Park West, 3102 Lord Baltimore Dr., Suite 212,

Baltimore, MD 21244

Phone: 410-298-9727
Fax: 410-298-9728

Website: www.ifcsinfc.com

Other Services: Mental Health; Family and Children's Services; Disabilities

Kennedy Krieger Institute— Family Center: Community Programs

Mental health and support services for children, adolescents, and families who experience or may be at risk for trauma through the effects of abuse, neglect, and environmental factors. Prevention, early intervention, assessment, and treatment are part of the continuum of services.

Birth to Five Clinic- inter-disciplinary clinic resource for infants, toddlers, and preschoolers to include assessments, evaluations, treatment to address social, emotional, cognitive, speech, or motor concerns

Family Clinic – family focused supports for improving parenting strategies, working through trauma, prevention of out of home placement

Group Clinic – theme centered groups for skill building

Individual Treatment- ages 3-18 years long and short term treatment with emotional and behavioral difficulties

Clinics include: S.M.A.R.T. Clinic; S.T.A.R. Clinic; New Start Clinic; The Unity Clinic; Psychiatric Assessment and Medication Management; Psychological Evaluation Clinic; Case Management Services; Home-Based Therapy

Address: 2901 E. Biddle Street, Baltimore, MD 21213

Phone1: (443) 923-5918 **Phone2:** (443) 923-5980

Other Services: Disabilities; Mental Health; Family and Children's Services

Maryland Coalition against Sexual Assault, Inc. (MCASA)

Statewide organization that seeks to end sexual violence through advocacy, education, community outreach, and technical assistance

Service Area: Statewide

Address: 1517 Ritchie Hwy., Suite 207, Arnold, MD 21012

Phone: 410-974-4507; 800-983-RAPE (7273)

Fax: 410-757-4770

Website: www.mcasa.org

National Institute for the Study, Prevention, and Treatment of Sexual Trauma

Comprehensive psychiatric and forensic evaluations and consultations, individual, group and family therapy, pharmacotherapy, and seminars for professionals and the public. The majority of evaluations are performed on an outpatient basis, but some patients are referred for additional inpatient assessment at Johns Hopkins Hospital. The National Institute is affiliated with the Department of Psychiatry and Behavioral Sciences at Hopkins. A sliding scale is available for victims based upon documentation of financial need.

Address: 104 E. Biddle St., Baltimore, MD 21202

Phone: 410-539-1661

Fax: 410-539-1664

Other Services: Mental Health

Our Lady of the Chesapeake

Eligibility Requirements: Must participate in a screening process

Assistance with: evictions, utility shut-off notices, fuel, medications, special emergency situations, budget counseling, pastoral counseling, shopping assistance, referrals, intervention programs for battered persons, homeless programs; Project Rachel, Mary's Center

Address: 8325 Ventnor, Pasadena, MD 21122

Phone: 410-255-3677

Website: www.olchesapeake.org

Other Services: Emergency Supports; Teen Issues; Mental Health

Sexual Assault Crisis Center

Therapist on call 24-7. Hospital advocacy for victims. Individual and group counseling. First 6 sessions are free.

Address1: 1419 Forest Dr., Suite 100, Annapolis, MD 21401

Address2: 7493 B&A Blvd., Glen Burnie, MD 21061

Phone: 410-222-RAPE

Other Services: Crisis Intervention; Mental Health

United States Naval Academy Fleet and Family Support Center

Supports Navy, Marine Corps and other military personnel, retirees and family members.

The Family Advocacy Program is designed to strengthen families and to help family members stop hurting the ones they love. It involves prevention, education, intervention, and treatment of child and spouse abuse/neglect.

The Sexual Assault Victim Intervention Program aims to reduce the incidence of rape and sexual assault through prevention education. It also provides crisis intervention, advocacy and support for victims, and collects numerical data on such incidents within the Navy.

Crisis Response is the quick response provided for commands, personnel, and families when they are faced with crisis situations, ranging from sexual assault, or loss of life, to natural or Naval disaster, to evacuation or war. In the midst or aftermath of an incident, the FFSC provides command consultation, crisis intervention, coordination of support, resources and volunteers, 24 hour information and referral, Critical Incident Stress Debriefing, and follow-up counseling or referral service.

Employment Assistance addresses spouse's and family member's need to obtain suitable employment, establish career goals, and maintain career progression, despite frequent relocations. Services are self-help, one-on-one, and classroom style covering career planning, resume writing, job search, interview skills, and salary negotiation.

Life Skills Education provides workshops on topics such as: Anger Management, Stress Management, Conflict Resolution, Communication Skills, Marriage Enrichment, Parent Effectiveness, and Child Development to enhance personal and family skills for work and home, reduce marriage/family conflict, and enhance the member's productivity and deployability.

The Exceptional Family Member Program ensures military families with chronic illness or disabilities can receive needed services regardless of the member's duty assignment. The FFSC provides program information, education, and counseling. Personal Financial Management is the Navy's effort to promote good money management skills within its force. Services include individual counseling and workshops which address check writing, managing credit, avoiding debt, and planning for your financial future.

The Transition Assistance Program helps Navy and Marine personnel and their families prepare for separation from active duty.

Address: NSA Annapolis, 348 Kinkaid Rd., Annapolis, MD 21402

Phone: 410-293-2641 Fax: 410-293-5380

Website: www.usna.edu/FamilyServices/homepage.html

Other Services: Mental Health; Disabilities; Family and Children's Services, Leaal Services

United Way Community Partnership of Anne Arundel County

Provides basic food, clothing, shelter, family safety, domestic violence, child abuse support and referrals, can speak with trained professionals if in crisis, can assist with school readiness and preparation for entering school for children birth to six years of age.

Address: 6620 Amberton Dr., Elkridge, MD 21075

Phone: 410-379-1319; 866-799-8779; #211 for HELP

Other Services: Emergency Supports; Crisis Intervention

Victims of Domestic Violence

Representing victims at hearings, assisting victims in contempt proceedings, assisting victims who wish to modify existing protective orders, providing victims with referrals and other safety information, accompanying victims to the Police Commissioner's Office, accompanying victims to criminal proceedings and assisting them through the criminal process, and general domestic violence advocacy.

Victims of domestic violence who need a lawyer

Phone: 410-783-0377

Other Services: Legal Services

YWCA

Individual counseling and referral services to those who have experienced domestic violence, psychological, emotional, physical, and/or sexual abuse in their intimate relationships. Referrals and intakes are offered to those who use, or have been accused of using, abusive behaviors. Sexual assault counseling for children and adolescents ages 6-18; teen parenting program for adolescents ages 14-18. Informational literature and educational programs regarding domestic violence are also available to individuals, community organizations, and businesses.

Career Services: 410-757-5400; 410-974-0084 Counseling Services: 410-757-8300; 410-974-0084

Domestic Violence Program: 410-757-8300; 410-974-0084

Domestic Violence Hotline: 410-222-6800

Education and Recreation Programs: 410-626-7800

Service Area: Anne Arundel County. After school programs for Annapolis Middle,

Lindale Middle and Chesapeake Bay Middle

Address: 1517 Ritchie Hwy (Suite 201), Arnold, MD 21012-2461

Phone: 410-626-7800

Website: www.ywca.org

YWCA Domestic Violence Program — YWCA Building

Information, referrals, support, and emergency shelter provided 24 hrs a day/7 days a week

Address: 1517 Ritchie Highway, Suite 101, Arnold, MD 21012

Phone: 410-757-8300; 410-974-0084

Fax: 410-757-0908 Hotline: 410-222-6800

Other Services: Crisis Intervention; Family and Children's Services

Family Needs

Teen Issues

Disabilities

Social Skills Opportunities

Educational Supports

Family and Children

Annapolis Recreation and Parks

Provides the following services at the Stanton Community Center: after-school homework club, reading tutoring, substance abuse education programs, soccer and basketball leagues, chess clubs, swimming lessons, Friday night field trips, Teen Club, etc. Scholarships available

Address: Stanton Community Center, 92 W. Washington St.,

Annapolis, MD 21012

Phone: 410-263-7958; 410-263-7966

Other Services: Recreational Programs

Anne Arundel Community College, Adult Basic Skills, GED/Step Up To Success Youth Program

Adult basic education for those aged 16-21, who have officially withdrawn from school. For individuals getting their GED, prep classes and practice testing is offered before taking actual test. For Step Up To Success Youth Program, individual must be aged 16-21 and must be economically at a disadvantage. Program works very closely with DORS. This program also offers case management and career preparation.

Service Area: All of MD, but out-of-county fees apply

Address: 101 College Parkway, Arnold, MD 21012-1895

Phone: 410-790-9099 ext 112 or 102

Website: www.aacc.edu

Other Services: Educational Supports

Anne Arundel County Dept. of Health Sexually Transmitted Diseases (STD) Clinical Services Program

The STD Clinical Services provides risk assessment, intervention, treatment and education. Through the Department's STD Program, Anne Arundel County residents who have or think they have an STD, or want to be screened for an STD, can be evaluated and treated by contracted medical providers.

Service Area: Anne Arundel County.

Address: 1 Harry S. Truman Parkway, Annapolis, MD 21401

Phone: 410-222-7382 (Recorded message – will call back within 48 hours)

Website: www.aahealth.org/commdis_std.asp

Other Services: Health – Physical

Anne Arundel County Foster Grandparent Program

Volunteers to work with pregnant or parenting teens

Phone: 410-222-4464 ext 3010

Anne Arundel County Teen Court

Teen Court is a real justice program run by teens for teens. Juveniles aged 12 through 17 who have committed a misdemeanor crime appear before a jury of their peers. The crime is generally a first offense, and the respondent must admit involvement since this is a disposition (sentencing) hearing only. Teen Court is intended to divert a first time teen offender away from a pattern of criminal behavior. Cases heard in Teen Court involve crimes such as shoplifting, disorderly conduct, destruction of property and possession of alcohol. Anne Arundel County students from ages 10 to 17 are needed to volunteer one day a month for six months. Teens who volunteer perform the roles of prosecuting and defense attorney, judge, bailiff, clerk, and jury.

Service Area: Anne Arundel County

Phone: 410-222-0504; (410) 222-0040 Fax: 410-354-1696; (410) 789-0889

Website: www.aacounty.org/police/teencourt.cfm

Other Services: Legal Services

Birthright

Provides free pregnancy testing; counseling; resources for pregnant women including medical and community resources, baby pantry, maternity clothes, baby food

Address: 613 Ridgely Ave, Annapolis, MD 21401

Phone1: 410-266-7700 (Annapolis) **Phone2:** 410-766-5433 (Glen Burnie)

Other Services: Family and Children's Services

Brooklyn Heights Community Service Center

This is an active substation utilized by the Anne Arundel County Police Department as well as the Division of Parole and Probation. Substance abuse evaluations are available with referrals to local programs. Services are available for victims of domestic violence. Parents in need of assistance with juveniles can receive services through the JIFI program, a pupil personnel worker, and/or the juvenile justice representative affiliated with this center.

Service Area: Brooklyn Heights Community

Address: 5015 Ritchie Highway (behind the McDonald's),

Baltimore, MD 21225

Phone: 410-222-0023

Other Services: Mental Health; Substance Abuse; Abuse

Child Welfare Monitoring Program

Year long mentoring program in which vulnerable children from families in crisis are matched with caring adults in order to promote self esteem and provide a stable adult role model.

Address: Department of Social Services, 80 West St.,

Annapolis, MD 21401

Phone: 410-269-4461

Other Services: Educational support

Department of Juvenile Justice (DJJ)

Individualized care and treatment to youth who have violated the law, or who are a danger to themselves or others. Through a variety of programs that reflect the most creative, effective and efficient use of resources, the Department of Juvenile Services strives to help young people, with the involvement of their families, reach their full potential as productive and positive members of society. The Department of Juvenile Services is committed to making youth responsible and accountable for their actions. This is accomplished at the least restrictive level of care consistent with public safety.

Address1: 1623 Forest Drive, Suite 101, Annapolis, MD 21403

Phone1: 410-974-3460

Address2: 7500 Ritchie Highway, Suite 306, Glen Burnie, MD 21061

Phone2: 410-412-7115

Address3: Circuit Court of Annapolis, 7 Church Circle,

Annapolis, MD 21401

Phone3: 410-269-0357

Website: www.djs.state.md.us

Other Services: Legal Services

Eastport Girls Club (ECG)

Eastport Girls Club is a grassroots mentoring program for girls in grades 5-12 who are living in public housing communities in Annapolis, MD. EGC is offered on Wednesdays from 3:30-6:00pm at the Eastport Community Center. Programming includes a tutoring program, youth development, and skill building activities.

Phone: 410-263-3291

Website: www.EastportGirlsClub.org

Evangelical Presbyterian Church of Annapolis

Job Club, supports Strong Towers homeless ministry, Habitat for Humanity, Lighthouse Shelter, Gabriel Network, ESL classes, Mercy Committee (serves both church members and non-members with food needs, physical needs, relational needs, spiritual needs)

Address: 710 Ridgley Ave., Annapolis, MD 21401

Phone: 410-266-8090

Other Services: Emergency Supports

Florence Crittenton Services of Baltimore

Provide services to teenage girls as a result of pregnancy, abuse or displacement. They provide prenatal care, continued education services, child development education, and parent preparation services in a residential setting.

Service Area: Statewide

Address: 3110 Crittenton Place, Baltimore, MD 21211

Phone: 410-366-4333

Other Services: Abuse; Educational Supports

Food Link, Inc

Offers immediate help directly to families and individuals or by assisting caseworkers, clergy and community activists. Services include emergency baby pantry, wholesale produce, crisis connection, and retail food rescue.

Non-profit organization. Donated goods and services allow them to support over 100 recipient agencies and charitable organizations.

Service Area: Anne Arundel County as well as 4 counties on the Eastern Shore.

Address: 2666 Riva Rd, 3rd Floor, MS # 8303 Annapolis, MD 21401

Phone: 410-897-3941

Website: www.foodlinkmaryland.org

Other Services: Emergency Supports

Johns Hopkins University School of Medicine-Eating Disorders Program

The Outpatient and Consultation Clinic provides consultation services, comprehensive clinical evaluation, individual and family psychotherapy, group therapy, and educational outreach programs to schools, the community, and other health-care professionals.

Address: Meyer 101, The Johns Hopkins Hospital,

600 North Wolfe Street, Baltimore, MD 21287

Phone: 410-955-3863

Website: www.hopkinsmedicine.org/Psychiatry/eating_disorders/

index.html

Other Services: Mental Health; Health - Physical

Juvenile Intervention Family Independence (JIFI) Project — Chesapeake Center for Youth Development

JIFI is a voluntary program that provides family and community support services for the juvenile and his/her family as well as coordination with legal representation in court. Support services are not time limited and include the following: An in home family assessment, substance abuse screening, development of a treatment plan, educational advocacy, transportation to court hearings, school, and first time community appointments during daytime hours, referrals to community services and resources such as GED/vocational programs, individual and/or family counseling, mental health evaluations and treatment (including medication management), self-help support groups, medical services, medical insurance for youths (up to age 19), job training and placement services, energy assistance programs, substance abuse treatment, parenting groups and seminars, and monitoring assistance with completion of court-ordered conditions.

Address1: 1700 Margaret Ave., Annapolis, MD 21401

Phone1: 410-974-2201x311; 410-295-8827

Fax1: 410-974-2903

Address2: 5015 Ritchie Highway, Baltimore, MD 21225

Phone2: 410-636-7943

Fax2: 410-789-5864

Website: www.ccyd.org/Default.asp?page=49

Other Services: Mental Health; Family and Children's Services; Legal Services

Kids in Safety Seats

Helps with car seats

Phone: 800-370-7382

Other Services: Family and Children's Services

Lutheran Mission Society Compassion Center: Anne Arundel County Center

Emergency Food & Clothing – Family can self refer. Will service entire Anne Arundel County. Limit one time per month. Food and clothing offered to eligible persons. Housing for pregnant women or single mothers with children.

Address: 230 West St., Annapolis, MD 21401

Phone: 410-269-5016

March of Dimes Maryland Chapter

Course for pregnant teens at Holy Cross Hospital; Healthy Beginnings at Anne Arundel Medical Center; services to the African American and Latino Community

Address: 175 W Ostend Street Suite C, Baltimore, MD 21230

Phone: 410-752-7990

Website: www.marchofdimes.com

Other Services: Language Services; Family and Children's Services

Maryland Children's Health Program (MCHIP) – Department of Social Services

Prenatal and postpartum doctor visits; also covers hospital delivery bills

Eligibility Requirements: Any woman whose countable income is at or below 25% of the Federal Poverty Level. Contact local health department for application

Address: 80 West St., Annapolis, MD 21401

Phone: 800-735-2258

Other Services: Health - Physical

Maryland Department of Health and Mental Hygiene

Information on services for newborns, infants, children, adolescents, and adults, including medical and mental health services. Includes information on WIC, the Medicaid application process, teen pregnancy prevention, children with special health needs, etc.

Service Area: Statewide

Address: 201 West Preston Street, Baltimore, MD 21201

Phone: 410-767-5300; 877-463-3464

TTY: 800-735-2258

Fax: 410-333-7106

Website: www.dhmh.state.md.us/

Other Services: Health - Physical; Mental Health

Maryland Healthy Kids Program/Pregnant Women and Children's Program

Provides medical assistance coverage for pregnant women and children up to 19 years of age. Generous income guidelines.

Phone: 410-222-4792

Other Services: Family and Children's Services; Health – Physical

Maryland Mentoring Partnership

The Maryland Mentoring Partnership (MMP) is an advocate, clearinghouse and expert resource for the advancement of youth mentoring statewide. MMP strategically recruits partnering institutions and individuals from all sectors and offers customized training for building effective programs. MMP is linked to MENTOR/National Mentoring Partnership with a network of 38 state and local mentoring partnerships. This supportive relationship bolsters their work with access to national research, advocacy, replicable models and technical assistance.

Address: 517 North Charles St., Suite 200, Baltimore, MD 21201

Phone: 410-685-8316; 800-741-2687

Fax: 410-752-5016

Website: www.marylandmentors.org

Other Services: Educational Supports

Maryland Youth Leadership Forum (MD-YLF)

(Project of Independence Now, Inc.)

Program for rising juniors and seniors in high schools with any type of disabilities

Address: 12301 Columbia Pike, Suite 101, Silver Spring, MD 20904

Phone: 301-277-2839

Website: www.md-ylf.org

Other Services: Disabilities

National Online Prevention Council

Service Provided: Resource for issues such as cyber bullying, cyber crime, safe communities. Offers active programs, videos, stickers, video learning games for students. Offers suggestions for parents, educators, and students. The website www.McGruff. org offers direct fun learning strategies for students to learn how to negotiate bullying situations and intervene in a safe way.

Address: 2345 Crystal Dr., Suite 500, Arlington, VA 22202

Phone: 202-466-6272

Website: www.ncps.org

Other Services: Educational Supports

Our Lady of the Chesapeake

Assistance with: evictions, utility shut-off notices, fuel, medications, special emergency situations, budget counseling, pastoral counseling, shopping assistance, referrals, intervention programs for battered persons, homeless programs; Project Rachel, Mary's Center

Eligibility Requirements: Must participate in a screening process

Address: 8325 Ventnor, Pasadena, MD 21122

Phone: 410-255-3677

Website: www.olchesapeake.org

Other Services: Emergency Supports; Mental Health; Abuse

Planned Parenthood of Maryland – Annapolis Office

Teen discussion programs, peer support program, counseling, support about reproductive health issues, pregnancy, and abortion

Address: 929 West St., Suite 305, Annapolis, MD

Phone: 410-263-2100; 410-576-2169 (Teen coordinator)

Website: www.plannedparenthoodmd.org

Other Services: Health – Physical

Robert A. Pascal Youth and Family Services, Inc.

Mental health counseling services for children, adolescents, and families residing in AA County. Comprehensive individual, family, and group counseling as well as educational services.

Service Area: Anne Arundel and Queen Anne Counties; Baltimore City

Address: PO Box 1012, 570 H Ritchie Hwy, Severna Park, MD 21146

Phone: 410-975-0067

Fax: 410-975-0204

Website: www.rpascal.org

Other Services: Mental Health: Substance Abuse

Safe Haven Teen Runaway Shelter

A crisis shelter for runaway and homeless youth between 12 and 17 years of age.

Address: Locations in Harundale, Severna Park, Glen Burnie

Phone: 410-222-7423
Phone: 410-922-2100
Fax: 410-544-8208

Website: www.boardofchildcare.org/html/emergency_shelter.htm

Other Services: Emergency Supports

Salvation Army Thrift Store

Mon.-Sat., 9:30-6:30

Address: 8005 Jumpers Hole Road, Pasadena, MD 21122

Phone: 410-766-4841

Other Services: Emergency Support; Educational Supports

Solley United Methodist Church

Supports Boys and Girls Club, NCEON

Address: 7600 Solley Rd., Glen Burnie, MD 21060

Phone: 410-437-5641

Other Services: Emergency Supports

St. Mary's Catholic Church

Birthright-provides resources, counseling and assistance to all pregnant women in need in our communities – 410-266-7700

Hispanic Outreach Program - 410-266-7700

Gabriel Project-seeks to help women in crisis pregnancies who have nowhere else to go; to help the women keep their babies or put them up for adoption instead of having an abortion; and to help women understand that life is a gift-410 741-1228

Rachel's Vineyard Ministries-provide weekend retreats for healing for anyone suffering from the emotional and spiritual pain of abortion. All retreats are listed at www.rachelsvineyard.org. 610-354-0555/410-267-0423

St. Vincent de Paul Society- provides emergency financial assistance to Annapolis residents for rent, utilities, medicine, food, work- or medical-related transportation, and funerals. Counseling and coordination of local social services also provided. Through the Holiday Sharing Program, delivers food baskets and presents.

English As A Second Language (ESL)-designed to help newcomers to the Annapolis area meet their everyday English speaking, listening, reading and writing needs 410-800-4717

Address: 102 Duke of Gloucester, Annapolis, MD 21401

Phone: 410-263-9221

Website: www.stmaryschurch.org

Other Services: Emergency Supports; Language Services

Stanton Community Center

The Stanton Community Center has provided its community with multiple services in the city of Annapolis. The building serves as a community resource for children and adults offering recreational and cultural enrichment opportunities and health, medical, therapeutic, and counseling services.

City of Annapolis Recreation and Parks Department- focusing on physical and social health and community pride

Annapolis Youth Services Bureau- focusing on reducing juvenile delinquency

We Care and Friends- focusing on developing strong families and strengthening communities especially in areas affected by drugs and poverty

Address: 92 West Washington Street, Annapolis, MD 21012

Phone: 410-295-5519

Other Services: Family and Children's Services, Mental Health, Health – Physical

Volunteer Center for Anne Arundel County

Volunteer opportunities for youth and adults with and without disabilities

Service Area: Anne Arundel County

Address: 2666 Riva Road, Suite 130, Annapolis, MD 21401

Phone: 410-897-9207
Fax: 410-222-4589

Website: www.VolunteerAnneArundel.org

Other Services: Family and Children's services, Disabilities

Women, Infants and Children (WIC) Program – Family Health Administration

Supplemental nutrition program for pregnant women, infants and children under 5.

Address: 201 W. Preston St., Rm 306, Baltimore, MD 21201

Phone: 410-767-5300 Fax: 410-333-7106

Other Services: Family and Children's Services; Health – Physical

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YWCA of Annapolis and Anne Arundel County

Offering multiple programs designed to support your family or child. Sliding scale payment fees accepted

Mentoring for Youth – Therapeutic Mentoring program designed for youth 8-18 with social and emotional concerns. Children can build their social skills with the support of a trained mentor. Children participate in group activities, support groups, one to one meetings and field trips. Referrals from Anne Arundel County Mental Health Agency

Transition to Independence – Therapeutic case management services specifically designed for teen mothers. Goal of program is to ensure graduation from high school, positive parenting skills, understanding of child development, and vocational consideration and family support. Ladies 13 through 18 who are pregnant or have a child 0-7 years.

School Based Mentoring for Teen Ladies – Group of high school female students meet after school. Program is designed to enrich the girls in the areas of social life skills, financial planning, higher education, and career options, and exposure to fine arts, employment opportunities, healthy choices, and parental involvement through weekly home visits. Contact Annapolis High School to learn more.

School Based Intervention Program (Middle School)– STAR Academy after school program provides additional assistance to students with social, emotional, and academic challenges. Program focuses on increasing school attendance, improving academic performance, social interaction, health and wellness, and recreational opportunities. Referrals received through their school counselors or administrators.

Address: 1517 Ritchie Highway, Suite 201, Arnold MD 21012

Phone: 410-626-7800

Website: www.annapolisywca.org

Categories: Family and Children's Services, Women's Care, Educational Support

YANA (You Are Never Alone), Inc.

Services include trauma counseling; crisis intervention and referrals to substance abuse treatment, education, and employment. They utilize basic resources including food, clothing, hygiene products, shower and telephones. YANA's mission is to reach out in love to prostituted, sexually exploited women and girls.

Address: 901 Hollins Street, Baltimore, MD 21223

Phone: 410-566-7973

Website: www.yanaplace.org

Categories: Crisis Intervention; Substance Abuse; Mental Health

YES (Youth Empowerment Service) Initiative-Restoration Community Development Corporation

The following strategies are implemented: individual, family, and group counseling, creative recreational activities, homework assistance, financial management, mentoring, etiquette, alcohol/tobacco prevention, field trips, transportation, meals, tutoring on site classroom visits, sun safety, teen pregnancy prevention problem solving, goal setting, building self esteem, and respect. Gems and Jewels Program

Address: 1623 Forest Dr., Suite 101, Annapolis, MD 21403

Phone: 410-267-6351

Fax: 410-974-5565 (referral forms)

Other Services: Educational Supports

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Abilities Network

Employment Partners program assists with transitioning youth with disabilities to the workforce. Provider of rolling access funds. Provides intensive individual support services, family training, and respite care for individuals with autism. Provides individuals, families, and the greater community with epilepsy education, information and referral services, assistance with medical issues, advocacy, support groups and scholarship support. Support Services offers individuals and families services in areas such as financial assistance, support, networking and community based resources. Project ACT (All Children Together) facilitates inclusive childcare for children with special needs through on-site observation and consultation.

Service Area: Anne Arundel County

Address1: 132 Holiday Court, Suite 211, Annapolis, MD 21401

Phone1: 410-266-7941; 800-966-7940

Fax1: 410-841-2476

Address2: 8503 LaSalle Road, Towson, MD 21286

Phone2: 410-828-7700; 800-492-2523

Fax2: 410-828-7708

тту: 711 (MD); 800-735-2258 (anywhere)

Website: www.abilitiesnetwork.org

Other Services: Transition

Access Adventures for Children

Coed residential traditional camp and special needs program. Specific services available for the emotionally challenged, developmentally challenged, learning disabled, and physically challenged.

Address: 9035 Ironsides Road, Nanjemoy, MD 20662

Phone: 301-870-3226

Other Services: Recreation Programs

Active Day of Annapolis Center

Address: 2525 Riva Road, Suite 100, Annapolis, MD 21401

Phone: 410-573-9100

Website: www.activeservices.com

Other Services: Transition

Advanced Behavioral Health

Offering Offsite Counseling Services (OCS)

12 month program to help reduce potential child placement, custody relinquishment, and decline in health and well-being with mentally impaired families struggling with poor choices such as drugs, violence, abuse, defiance, crime, indifference, and run aways.

Population served: mentally impaired families and children, birth to adolescence at high risk for school failure, placement, or hospitalization

- Off-Site Counseling Services (OCS) –
 In-home therapy provided by licensed therapists to children, adolescents and their families who have Medicaid/MA as their health insurance
- Single point of Intake: Fax 301-560-5558
- On-Site Psychiatric Evaluation and Medication Management
- Voluntary service Clients (children and their caregivers) develop and sign treatment plans after meeting with the therapist in their home
- Electronic Medical Record holds all documentation, either signed on tablets or uploaded
- Clients are asked to examine their behavior, reflect of their feelings, explore alternative ways of behaving, coping and experiencing

Goals:

- Reduce risks for out-of-home placement (hospitalization, foster care, detention)
- Reduce the risk of higher intensity school placement
- Improve mental health/well-being of children, adolescents and their caregivers
- Reduce family conflict

- Improve family functioning
- Increase pro-social behaviors in home, school, and community
- Empower individuals and families to explore, define and make better behavioral choices
- Minimum 2 visits per week in the home, school or other client-determined location

**Must fax in referral- 301-560-5558*

Area Directors: Pam Smelser-410-458-3675; Marissa Southwell-443-927-7797

Address: 1302 Concourse Drive, Suite 204, Linthicum, MD 21090

Phone: 301-345-1022 • Intake Coordinator: 301-345-1022

FAX: 301-560-5558

Website: www.sussalpsi.com/homeandcommunity

Other Services: Family & Children, Mental Health

Alliance, Inc.

Supported employment, family and individual support services, community support living arrangement, vocational evaluations, vocational/situational assessments, work adjustment training, transitioning youth, job readiness, accommodations, services for children, respite care, and community outreach.

Address: 7701 Wise Avenue, Baltimore, MD 21222

Phone: 410-282-5900 Fax: 410-282-3083

Website: www.allianceinc.org/

Other Services: Educational Supports

Annapolis Behavioral Consultants

Behavioral supports and interventions for children ages five and up in homes and child-care settings. Assessment, planning, and training offered to address behavior issues, along with parent support groups and social skills training.

Service Area: Anne Arundel County

Address: 813 Bay Hills Drive, Arnold, MD 21012

Phone: 410-271-0776

Website: www.annapolisbc.com

Other Services: Family and Children's Services

Annapolis Children's Therapy Center/ With Kids in Mind

Speech, occupational, and physical therapies for children.

Service Area: Anne Arundel County.

Address: 130 Lubrano Drive, Suite L-13, Annapolis, MD 21401

Phone: 410-573-1064

Website: www.annapolischildrenstherapy.com

Other Services: Health – Physical

Anne Arundel County Asperger Support Group

Support group dedicated to the advocacy and developmental needs of children who have been diagnosed with Asperger Syndrome. Date and Time: Third Wednesday of each month from 7:00 to 9:00 pm.

Address: St. Martin in the Fields Church, 375 Benfield Road,

Severna Park, MD 21146

Phone1: 410-647-9502 Phone2: 310-544-6661

Website: www.aacaps.org

Other Services: Disabilities

Anne Arundel County Chapter of the Autism Society of America

Information, networking, and support for families and professionals affected by autism. Meets the last Tuesday of every month at 7:00 p.m. at Ruth Eason.

Service Area: Anne Arundel County and surrounding areas

Phone: 410-923-8800

Website: www.aaccasa.org

Other Services: Disabilities

Anne Arundel County Department of Aging & Disabilities

National Family Caregivers Support Program. Provides support for grandparents or other family members age 55 and up who are raising grandchildren under age 18.

Respite Care Program provides a list of respite care workers to those needing assistance. Care provided is determined by the individual's needs. Intakes are completed over the phone.

Service Area: Anne Arundel County resident

Address: Heritage Complex, 2666 Riva Road, Annapolis, MD 21401

Phone: 410-222-4464 (Annapolis); 410-222-6707 (Glen Burnie);

800-492-2499

Website: www.aacounty.org/aging

Other Services: Grandparent Supports; Family and Children's Services

Anne Arundel County Down Syndrome Connection

Educational support for children with Down syndrome

Service Area: Anne Arundel County

Address: Anne Arundel Medical Center, Sajak Pavillion, Rm 250,

Annapolis, MD 21401

Phone: 888-279-2279

Website: www.downsyndromeconnection.com

Other Services: Educational Supports

Arc of the Central Chesapeake (formerly the Arc of Anne Arundel County)

Provides individual and family supports for families of children with developmental/intellectual disabilities. Includes subsidies for families for items such as medications, therapies, adaptive equipment, diapers, and respite care. Also, emergency funding available to avoid shut off notices or eviction notices. Additionally, the program provides educational advocacy to school-age children with an IEP.

Service Area: Families in Anne Arundel County and the Eastern Shore

Address: 931 Spa Road, Annapolis, MD 21401

Phone: 410-269-1883

Website: www.thearcccr.org

Other Services: Family and Children's Services

Arc of the Central Chesapeake— Hispanic Family Services

In addition to services provided to all families, The Arc can assist Hispanic families with case management, translational services, information, referral and transportation to and from medical/school appointments.

Service Area: Anne Arundel County and the Eastern Shore

Address: 931 Spa Road, Annapolis, MD 21401

Phone: 410-693-5183

Website: www.thearcccr.org

Other Services: Family and Children's Services; Language Services; Transportation

Arundel Child Care Connections

A list of child care providers that meets family's needs. Parents may then call providers to research options. Families of special-needs children (any kind of behavioral, medical, or physical issue) can request special-needs service. A group of counselors will assist with research to help match families with appropriate child care for the special-needs child and any siblings. Behavioral and Mental Health Specialist will work with families and/or child care providers to address behavior issues.

Service Area: Anne Arundel County

Address: 77 West St. #300, Annapolis, MD 21401

Phone: Locate Child Care 410-222-1728,

South County 410-867-2027 x1728

Website: www.arundelccc.org

Other Services: Family and Children's Services

Arundel Lodge, Inc

Psychosocial rehabilitation, deaf services

Address: 2012 Renard Court, Suite I, Annapolis, MD 21401

Phone: 443-433-5900 Fax: 410-841-6045

Website: www.arundellodge.org

Other Services: Mental Health

Arundel Psychological Associates

Comprehensive services including psychotherapy for children, adolescents, and adults, group and family therapy, cognitive behavioral therapy, relaxation training and stress management, social skills training, separation/divorce counseling, loss/grief counseling, substance abuse/addictions counseling with on site screenings, psychological assessments (intelligence, educational, attention span, social skills, emotional conditions, personality), parenting workshops, educational advocacy, community speakers, and professional development workshops

Service Area: Anne Arundel County

Address: 1110 Benfield Blvd, Millersville, MD 21108

Phone: 410-987-2031

Fax: 410-987-4710

Other Services: Mental Health

The Autism Project

Individual services, family training, recreation and social skills training, school observations and IEP development.

Service Area: Anne Arundel, Prince George's, and Calvert Counties

Phone: 301-938-0339, 410-286-8240

Website: www.theautismproject.net

Other Services Recreational Programs

Autism Waiver Provider Services

List of service providers in Anne Arundel County that offer a self-pay option.

click here for Autism Waiver Chart

Baltimore Adapted Recreation and Sports (BARS)

Water skiing, snow skiing, canoeing, sailing, SCUBA, skeet shooting, wheel chair tennis, racquetball, hand cycling, kayaking, nature walks, rafting, and camping programs offered.

Address: P.O. Box 878, Sparks, MD 21152

Phone: 410-771-4606

Website: barsinfo.org

Other Services: Recreational Programs

Behavioral Emotional Support & Training Program (BEST)

Behavioral support for children from birth to five in child-care settings. Assessments, planning, and training, as well as referrals for further interventions can be provided.

Service Area: Anne Arundel County

Address: Anne Arundel Community College, 101 College Parkway,

Arnold, MD 21012-1895

Phone: 410-777-2041 (North County); 410-777-2042 (South County)

Other Services: Family and Children's Services

Bello Machre

Respite care, supportive housing, and individual and family supports. Administers state rolling access funds.

Service Area: Anne Arundel County

Address: 7765 Freetown Road, Glen Burnie, MD 21060

Phone: 410-255-3805

Website: www.bellomachre.org

Other Services: Family and Children's Services

Best Buddies Maryland

Matches individuals with and without disabilities in one-on-one friendship through five programs: Middle School, High School, Colleges, Citizens and e-Buddies (through the internet).

Service Area: All of Anne Arundel County for Citizens and e-Buddies; 14 Maryland college chapters; programs at Broadneck High School and Corkran and Magothy River Middle Schools

Address: 3500 Boston Street, Baltimore, MD 21224

Phone: 410-327-9812

Website: www.bestbuddiesmaryland.org

Other Services: Family and Children's Services

Boy Scouts of America

The Baltimore Area Council offers a Special Needs Scouting Program for children with special needs.

Service Area: Anne Arundel County, Baltimore City, Baltimore County. The website identifies which zip codes in each county have programs in their area. If your zip code does not, you are encouraged to join the program in the next closest zip code.

Address: 701 Wyman Park Drive, Baltimore, MD 21211

Phone: 443-573-2500 Fax: 443-573-2600

Website: www.baltimorebsa.org

Other Services: Recreational Programs

Brain Injury Association of Maryland

Provides information and sympathetic listeners to brain injury survivors, family members, and service providers. Organizes advocacy efforts for survivors and provides speakers on prevention.

Address: Kernan Hospital, 2200 Kernan Drive, Baltimore, MD 21207

Phone: 410-448-2924; 800-221-6443 (MD)

Website: www.biamd.org

Brain Injury/Traumatic Brain Injury Support Group

Support to individuals age 18 and up who are survivors of a brain injury or family members of a survivor. Meetings take place third Tuesday of the month.

Service Area: Statewide

Address: 820 Ritchie Hwy, Severna Park, MD 21146

Phone: 410-956-0015

Other services: Family and Children's Services

Changing People's Lives (CPL)

Long-term residential and short-term respite care for children and adults with developmental disabilities. These services are provided in private homes licensed by the Department of Health and Mental Hygiene as individual family care homes.

Service Area: Statewide

Address: 500 Redland Court, Suite 204, Owings Mills, MD 21117

Phone: 410-581-7800

Website: www.cplcares.org

Other Services: Family and Children's Services

Children and Adults with Attention Deficit Disorder (CHADD) of Anne Arundel County

Information, networking, and support for families and professionals affected by ADD/ADHD. Meets the second Tuesday of each month at Severna Park United Methodist Church. Parent and adult support groups and social skills groups also are offered.

Service Area: Anne Arundel County

Phone: 410-721-2468

Website: www.aacochadd.org

Other Services: Family and Children's Services

The Chimes, Inc.

Services, supports and employment for people with disabilities, including respite care, family and individual support services, behavioral support services, community-supported living, supported employment, day programs, transportation.

Address: 4814 Seton Drive, Baltimore, MD 21215

Phone: 410-358-6400; 800-CHIMES1

Website: www.chimes.org

Other Services: Family and Children's Services; Transportation

Comfort Keepers #544

Non-medical assistance to individuals age 18 and up. Some of the services provided are companionship, personal care meal prep, laundering, errands, and transportation to doctors appointments and other commitments, just to name a few.

Service Area: Generally Anne Arundel County, but will service in areas where there is not another Comfort Keepers.

Address: 408 Headquarters Drive, Millersville, MD 21108

Phone: 410-729-8404

Website: www.comfortkeepers.com

Other Services: Family and Children's Services

The Coordinating Center

Comprehensive care coordination for individuals with complex medical needs and disabilities, allowing them to be fully included at home and in the community. Model Waiver, Medical Assistance Rare and Expensive (REM) Case Management, Family Resource Fund Committee, and Autism Waiver provider. Service coordination is provided through the Maryland Community Choices for adults with physical disabilities and the Maryland Infants and Toddlers Program.

Service Area: Anne Arundel County

Address: 8258 Veterans Highway, Suite 13, Millersville, MD 21108

Phone: 410-987-1048; 301-621-7830

Website: www.coordinatingcenter.org

Other Services: Health – Physical; Family and Children's Services

Deaf Education Advancement Foundation

A parent support group that offers regular meetings regarding advocacy and topics pertinent to hearing loss.

Address: 2240 Deadora Dr., Bel Air, MD 21015

Phone: 410-790-3619

Website: www.deafoundation.tripod.com

Disability Entitlement Advocacy Program (DEAP)

Provides representation and assistance for families applying for Supplemental Security Income (SSI) for their child and/or children. No attorney is needed.

Service Area: All of MD

Eligibility Requirements: Parent must be receiving temporary cash assistance (TCA) and child must be certified, by a physician, to have a disability that will last for at least 12 months. Must obtain a DEAP referral through the Department of Social Services.

Address: Anne Arundel County Department of Social Services,

80 West Street, Annapolis, MD 21401

Phone: 410-332-0185

Other Services Family and Children's Services

Down Syndrome Connection c/o Arc of Central Chesapeake Region

Encourage, empower, and embrace children and adults who have Down Syndrome and their families.

Address: 931 Spa Road, Annapolis, MD 21401

Phone: 410-269-1883

Down Syndrome Resource Network (DSRN)

DSRN provides information, resources, trainings, and networking opportunities

Address: 11735 Homewood Rd., Ellicott City, MD 21042-1509

Phone: 410-730-0638 ext. 410

Exceptional Family Member Program

Respite care for military families (up to 40 hours per month)

Service Area: Anne Arundel County

Eligibility Requirements: Families must submit an application and a letter from a physician

verifying the disability of the family member.

Phone: 301-677-5590

Website: www.usmc-mccs.org/efmp

Other Services: Family and Children's Services

Fairlee Manor- Easter Seals Camp

Offers services for children and adults with disabilities on the Maryland Shore including summer camps, adventure education, nurturing family camp, respite weekends, and elderhostel.

Address: 22242 Bay Shore Rd., Chestertown, MD 21620

Phone: 410-778-0566

Family Service Foundation, Inc.

Human service agency affiliated with United Way. Mental health and social service programs for deaf and hearing individuals; individuals with persistent and severe mental illness; and individuals with developmental disabilities. Outpatient services, community rehabilitation, and residential programs. Also provides HIV/AIDS outreach.

Address1: 5301 76th Avenue, Landover Hills, MD 20784

Address2: 8101 Sandy Spring Road, Suite 104, Laurel, MD 20707

Phone: 301-317-0114, 1-888-333-7505, 301-731-6141 (TTY)

Other Services: Mental Health; Substance Abuse; Health - Physical

First Call for Help

Connects families and individuals to many community resources, such as financial assistance, emergency food assistance and shelter, affordable housing, abuse/neglect, child care, disability, education, emergencies, employment, health/medical care, mental health, special transportation needs, substance abuse treatment and prevention services. Also has shelter hotline number that lists shelters in Baltimore with open beds. Assistance is available 24 hours per day, 7 days per week.

Service Area: Six counties in MD, including Anne Arundel

Address: 22 Light Street, Baltimore, MD 21203-1576

Phone: 410-685-0525, 410-531-6677; 800-492-0618

TTY/TTD: 410-685-2159

Website: www.firstcall.org

Other Services: Emergency Supports; Mental Health; Abuse; Substance Abuse

Housing and Mortgages Loans

This is a comprehensive guide to housing and mortgages for people with disabilities. This site covers terminology, the process of buying a house, financial assistance, and more.

Website: www.mortgageloan.com/disabilities/

Housing Commission of Anne Arundel County

Housing Choice Voucher- rental assistance to support your housing choice (previously section 8/public housing)

Mainstream Housing Program- assists families with rent for a parent(s) with disabilities

Public Housing application

Service Area: All of Anne Arundel County (except for the City of Annapolis which has its own housing authority)

Address: Corporate Office, 7477 Baltimore-Annapolis Boulevard,

Suite 301, Glen Burnie, MD 21060

Phone: 410-222-6200 Fax: 410-222-6214

Website: www.hcaac.com

Other Services: Ongoing Basic Necessities

Institute of Family Centered Services (IFCS)

Family Centered Treatment[™] (FCT)

Address: Executive Park West, 3102 Lord Baltimore Dr.,

Suite 212, Baltimore, MD 21244

Phone: 410-298-9727
Fax: 410-298-9728

Website: www.ifcsinfc.com

Other Services: Mental Health; Abuse; Family and Children's Services

Kamp-A-Kom-Plish

An inclusive setting where children with a variety of disabilities, including developmental, emotional, and physical disabilities, are supported by an intense staff to camper ratio.

Address: 9035 Ironsides Rd., Nanjemoy, MD 20662

Phone: 301-870-3226 Fax: 301-870-2620

Website: kampakomplish@melwood.org

Kennedy Krieger Institute-

Center for Autism and Related Disorders (CARD)

A multi-faceted, multidisciplinary program for children with autism spectrum disorders and their family members. CARD combines research, clinical (assessment and intervention) services, as well as community outreach and training to help improve the lives of individuals with autism spectrum disorders, their families, and the community who cares for them.

Clinical Program – Team evaluations are conducted for the diagnosis of children with autism and related disorders. These carefully designed evaluation teams include a combination of the following disciplines, depending on the child's needs: Psychiatry, neurology, developmental pediatrics, neuropsychology, speech-language pathology and occupational therapy. Call Main Intake Care Management at 443-923-9400.

Achievements Therapeutic Day Program – Individualized treatment in a small group setting to young children (2 years and 9 months to 5 years and 11 months old) who have difficulties with communication and social interaction. The following skills are emphasized: language, social communication and interaction, and self-regulatory development. For more information call 443-923-7880.

Outreach and Training – CARD provides many outreach and training activities for professionals and parents, including an annual Autism conference and many workshops. They also create outreach and training programs to match the specific needs and requests of the participants, provide student-specific consultations as well as consultations for classroom design and intervention programming.

Address: Greenspring Campus, 3901 Greenspring Ave,

Baltimore, MD 21211

Phone1: (888) 554-2080 or -443-923-9400 (referrals and initial evaluations)

Phone 2: 443-923-7630 (follow up appointments)

Website: www.kennedykrieger.org/kki_cp.jsp?pid=1394

Other Services: Educational Supports; Family and Children's Services

Kennedy Krieger Institute— Child and Family Support Program

Home-based therapy (occupational therapy, physical therapy, speech therapy) to enhance the abilities of the child with a developmental disability; psychotherapy to children and adults with mental health diagnoses; evaluation, adaptation and monitoring of specialized equipment needs in the home; training of parents in the skills that will assist them in caring for their child in the home; informing parents of current information concerning their child's development and assisting them in obtaining needed services; support and counseling for parents and siblings during times of stress; and a toy, book and equipment lending library for use by families.

Address: 2911 E. Biddle Street, Baltimore, MD 21213

Phone: 410-298-7000

Website: www.kennedykrieger.org/kki_cp.jsp?pid=1396

Other Services: Family and Children's Services; Mental Health

Kennedy Krieger Institute-

Family Center: Community Programs

Mental health and support services for children, adolescents, and families who experience or may be at risk for trauma through the effects of abuse, neglect, and environmental factors. Prevention, early intervention, assessment, and treatment are part of the continuum of services.

Birth to Five Clinic – inter-disciplinary clinic resource for infants, toddlers, and preschoolers to include assessments, evaluations, treatment to address social, emotional, cognitive, speech, or motor concerns

Family Clinic – family focused supports for improving parenting strategies, working through trauma, prevention of out of home placement

Group Clinic – theme centered groups for skill building

Individual Treatment – ages 3-18 years long and short term treatment with emotional and behavioral difficulties

Clinics include: S.M.A.R.T. Clinic, S.T.A.R. Clinic, New Start Clinic, The Unity Clinic, Psychiatric Assessment and Medication Management, Psychological Evaluation Clinic, Case Management Services, Home-Based Therapy

Address: 2901 E. Biddle Street, Baltimore, MD 21213

Phone1: 443-923-5918 **Phone2:** 443-923-5980

Other Services: Abuse; Mental Health; Family and Children's Services

Kennedy Krieger Institute-

PACT: Helping Children with Special Needs

PACT is a program that seeks to promote the development of young children with special needs and/or high risk factors for developmental delays through programs that provide comprehensive assessments; early intervention services; family support services; parent education, specialized childcare; and professional training.

Comprehensive Therapy Center (CTC) – The CTC serves children from infancy up to 18 years of age with identified or suspected developmental delays. It offers evaluations; physical, occupational and speech/language therapies; mental health services; and service coordination. In addition, the program offers training and counseling for parents and other caregivers. Call 410- 298-7000

A World of Care – World of Care provides specialized childcare services to children ages six weeks to five years of age with developmental delays and/or medical challenges that require daily nursing interventions. World of Care also offers after-school care for children age three and four who meet the medical eligibility requirements. Daily nursing assessments are provided to all medically fragile children. Physical, occupational, and speech/language therapies are provided as needed, by Comprehensive Therapy Center therapists; mental health services are provided by social workers. World of Care is one of only two medically-based child care centers in Maryland. It serves children and families from the entire Baltimore metropolitan region. Call 410-298-7000

Growing Together – Growing Together is a supported parenting program for mothers and fathers who are cognitively limited and have children under age three. The program has a dual focus: teaching safe, effective, and nurturing parenting techniques while also providing therapy (i.e., physical, occupational and speech/language therapy) to the children, if needed, and parent-child developmental activities to enhance the child's developmental progress. Call 410-298-2645

Address: PACT Building, 7000 Tudsbury Rd., Baltimore, MD 21244

Phone: 410-298-7000 Fax: 410-448-7366

Website: www.kennedykrieger.org/kki_cp.jsp?pid=1571&bl=1

Other Services: Educational Supports; Family and Children's Services; Mental Health

Kennedy Krieger Institute-

Social Work Outpatient Mental Health Program

Mental health services including diagnosis and treatment for children, adolescents, young adults and their families. Community-based treatment services may be developed on a contractual basis at schools and community agencies. Individual, family or group treatment may be provided. Groups addressing the following topics exist or may be developed: Grief and loss; social skills; values clarification; coping with physical disabilities; and self-esteem.

Address1: Fairmount Campus, 1750 E. Fairmount Ave.,

Baltimore, MD, 21231

Phone1: (888) 554-2080 or 443-923-9400 (referrals or requests for initial evaluations)

Address2: 707 N. Broadway, Baltimore, MD 21205

Phone 2: 443-923-2810

Other Services: Mental Health; Bereavement Support

Kennedy Krieger Institute-

Specialized Health Needs Interagency Collaboration (SHNIC)

SHNIC is a community-based program that provides on-site training and technical assistance to parents and to personnel from schools and community service programs. Services include community-based consultation and training on managing a child's specialized health needs, consultations and training on the educational implications of a child's diagnosis, seminars and workshops on specialized health needs, case-by-case consultations for students with traumatic brain injury, referrals to other community and health resources or support services, and a database of publications and educational materials on specific medical conditions. Supporting students with any health condition (e.g., spina bifida, brain injury, dysphagia, spinal cord injury) or technology that requires adaptations, modifications or health procedures in community settings

Address: Fairmount Campus, 1750 E. Fairmount Avenue,

Baltimore, MD 21231

Phone1: (443) 923-4558
Phone2: (443) 923-4555

Website: www.kennedykrieger.org/kki_cp.jsp?pid=1414

Other Services: Educational Supports

Low Intensity Support Services (LISS)

Previously known as Rolling Access funds

A funding source that can be used to pay for experiences or equipment of direct benefit to the person with a disability. These funds need to be applied for using a single page application. Some examples of things that LISS can pay for are: camp experiences, medical treatments not covered by insurance, equipment not covered by insurance (excluding iPads or computers), therapeutic horseback riding, and musical therapy.

Address1: Humanim, Inc., 1708 Gay Street, Baltimore, MD 21213

Phone1: 410-381-7171; 1-877-230-4951

TTY: 711

Fax1: 410-381-0782

Website: www.humanim.com

Address2: Penn-Mar Human Services, 310 Old Freeland Rd.,

Freeland, MD 21053

Phone2: 1-877-282-8202 Fax: 410-357-4767

Website: www.penn-mar.org

Other Services: Family and Children's Services

Maryland Disability Law Center

Defends the legal and human rights of people with disabilities. Priority areas for advocacy include children's mental health, adult mental health, developmental disabilities, education, access to community-based services for individuals with traumatic brain injury, protection of civil rights public programs, and expansion of Medical Assistance programs.

Service Area: Statewide

Address: 1800 N. Charles St., Suite 400, Baltimore, MD 21201

Phone: 410-727-6352; 800-233-7201

TDD: 410-727-6387

Fax: 410-727-6389

Website: www.mdlclaw.org

Other Services: Legal Services; Mental Health

Maryland Fragile X Resource Group

Mutual support and education, promote awareness, and fund research on Fragile X; supporting families who have children with Fragile X Syndrome

Address: PO Box 5255, Laytonsville, MD 20882

Phone: 301-926-0576

Website: www.mdfragilex.org

Maryland School for the Blind

Family Support Services Resource Center for Families and Schools, which provides workshops and programs on topics such as understanding special education, transitioning from school into adult life, an information and referral center, and a multimedia lending library.

Address: 3501 Taylor Ave., Baltimore, MD 21236

Phone: 410-444-5000 ext. 245

Fax: 410-319-5700

Website: www.mdschblind.org

The Instructional Resource Center (IRC)

is the statewide depository for Braille and large print textbooks for blind and visually impaired students attending public and private schools throughout Maryland. For requested books not currently available in inventory, the IRC handles searching, ordering and shipping of materials, including books on tape, for students statewide. The IRC also maintains a Braille production facility to produce needed Braille textbooks that are not available from another source.; Phone: 410-444-5000 x715

Outreach services include diagnostic evaluations, consultations, functional low vision evaluations and training for students, parents and teachers throughout Maryland on issues related to visual impairment and blindness. Specialty areas include audiology, low vision, computer literacy, Braille literacy and skills of daily living. Phone: 410-319-5713

Other Services: Educational Supports

Maryland Technology Assistance Program

Provides tools to help Marylanders with disabilities and seniors enjoy the same opportunities as others

Phone: 800-832-4827

Maryland Therapeutic Riding (MTR)

MTR's year round program includes both traditional Therapeutic Riding as well as Hippotherapy. Instructor training is also offered. MTR is a Premier Operating Center accredited by the North American Riding for the Handicapped Association.

Scholarships available based on financial need.

Address1: P.O. Box 6477, Annapolis, MD 21401

Address2: 1141 Sunrise Beach Rd., Crownsville, MD 21032

Phone: 410-923-1187 Fax: 410-923-1432

Website: horsesthatheal.org; www.mtrinc.org

Other Services: Recreational Programs

Maryland Youth Leadership Forum (MD-YLF)

Project of Independence Now, Inc. Program for rising juniors and seniors in high schools with any type of disabilities.

Address: 12301 Columbia Pike, Suite 101, Silver Spring, MD 20904

Phone: 301-277-2839

Website: www.md-ylf.org

Other Services Teen Issues

Met Desk – Gateway Capitol Financial – Baltimore

An Office of MetLife

Free special needs planning services for families of children with disabilities offered by MetLife's Division of Estate Planning for Special Kids. Legal and financial advice offered, including protecting eligibility for government programs, guardianship issues, and funding vehicles for special needs trusts.

Address: 3700 O'Donnell St., Baltimore, MD 21224

Phone: 443-957-6145

Website: www.gatewaycapitolfinancial.com

Other Services: Legal Services

Mount Washington Pediatric Hospital

Inpatient, outpatient and day programs for infants and children with rehabilitation and/or complex medical needs. Inpatient Services include the Center for Neonatal Transitional Care, Pediatric Chronic Illness Program, Inpatient Diabetes Program, Neuropsychology Program, Physical Rehabilitation Program, and Pulmonary Rehabilitation Program. Outpatient services include asthma/respiratory diseases, adaptive equipment, audiology services, developmental evaluation clinic, diabetes clinic, endocrine clinic, feeding clinic, feeding day treatment, gastroenterology, infusion service, lead treatment program, metabolic disease clinic, neurodevelopment clinic, neurology, neuropsychology, nutrition services, orthopedics, pediatric and adolescent gynecology, pediatric psychology, psychiatry, physical medicine and rehabilitation, pulmonology, pulmonary rehabilitation, rehabilitation day hospital, sleep testing and evaluation, and weigh smart program. Also offers the SIBSHOPS program, which is designed specifically for siblings of children with special needs.

Address: 1708 W. Rogers Ave., Baltimore, MD 21209

Phone: 410-578-8600; 800-999-9442 (referrals)

Fax: 410-466-1715

Website: www.mwph.orgOther Services: Health – Physical

Nathaniel's Hope Buddy Break

Local chapter of national, faith-based outreach program. Free monthly respite for caregivers of children with special needs. Kids are paired one-on-one with a screened, trained volunteer who is at least 14 years old. Families participate in an orientation program.

Service Area: Anne Arundel County

Address: North Arundel Church, 7610 Baltimore & Annapolis Blvd.,

Glen Burnie, MD 21060

Phone: 410-787-9893

Website: www.nathanielshope.orgOther Services: Family and Children's Services

National Alliance for the Mentally III (NAMI)

Support and advocacy organization of family and friends of people with severe mental illness.

Service Area: Statewide

Address1: 804 Landmark Dr. Suite 122, Glen Burnie, MD 21061-4486

Phone1: 410-863-0470; 800-467-0075

Fax1: 410-863-0474

Address2: 711 W. 40th St., Suite 451, Baltimore, MD 21211

Phone2: 410-435-2600

Fax2: 410-467-7100; 410-435-0355

Address3: 600 Broadneck Road, Annapolis, MD 21401

Phone3: 410-974-0373; 410-757-0774

Website: www.nami.org; www.mdnami.org

Other Services: Mental Health

Naval Military Support Activity-Annapolis

Address: School Liaison Office, 348 Kincaid Rd., Annapolis, MD 21402

Phone: 410-293-2641

Other Services: Emergency Supports, Family and Children's Services, Educational Supports, Mental Health

Oasis: The Center for Mental Health

Urgent after hours (5 pm – 12 pm) mental health care 7 days a week, including holidays.

Address: 175 Admiral Cochrane Dr., Annapolis, MD 21401

Phone: 410-571-0888 Fax: 410-571-0889

Website: www.oasismentalhealth.com

Other Services: Crisis Intervention

Obsessive Compulsive Disorder Support Group

Website: www.mdjunction.com

Organization of Hispanic/Latin Americans of Anne Arundel County

Housed in the Anne Arundel County Department of Social Services (DSS) office. Matches individuals with other government agencies according the type of services needed. Offer a mental health support group for women only that meets on Thursdays. Grow Right Grow Bright is a program offered to parents/caretakers teaching them how to better care for their children. Veronica Birch Charitable Foundation has a program that works with children who have autism. They also offer a free video to the families with more information on autism.

Service area: Anne Arundel County resident

Address: 80 West Street, Annapolis, MD 21401

Phone: 410-956-5882

Other Services Mental Health; Family and Children's Services, Language Services

Providence Center

Transportation, basic care, counseling, employment information and referral for adults (age 18 and older) with mental retardation or developmental disabilities

Supports adults with mental retardation or developmental disabilities

Address: 370 Shore Acres Road, Arnold, MD

Phone: 410-757-7800

Other Services: Transportation, Transition

Recording for the Blind and Dyslexic

Accessible audiotapes for students with disabilities such as visual impairment or dyslexia that make reading standard print difficult or impossible. Digitally recorded textbooks, players and accessories, teacher trainings, book catalog etc.

Address: National Headquarters, 20 Roszel Road, Princeton, NJ 08540

Phone: 866-732-3585

Website: www.rfbd.org

Other Services: Educational Supports

Rehabilitation Services Incorporated (RSI)

Physical, speech, and occupational therapy for infants through adults.

Service Area: Anne Arundel County

Address: 14409 Greenview Drive, Suite 102, Laurel, MD 20708

Phone: -301-498-8100: 410-792-7777

Website: www.rsitherapy.net

Other Services: Health - Physical

Respite Care

Navy Exceptional Family Member (EFMP)

Respite care is designed for navy families who have children identified as Exceptional Family Members who are diagnosed with highly specialized medical or educational needs that require long term assignments near major medical facilities or locations that support continuity of care. Up to 40 hours of respite care pre month per EFMP child. No income restrictions and this service in free to eligible Navy families.

Child Care Aware: 800-424-2246 Easter Seals Respite: 301-920-9718

Other Services: Family and Children's Services

Respite Care Referral – Anne Arundel County Department of Aging and Disabilities

Links pre-screened, self employed home care workers with families in need of assistance

Phone: 410-222-4464

Categories Family and Children's Services

The Salvation Army Child Development Center

Licensed child care center; accepts children with special needs

Address: 351 Hilltop Ln., Annapolis, MD 21402

Phone: 410-268-4577

Other Services: Family and Children's Services

Sheppard Pratt Health System—

Neuropsychiatry Outpatient Program

Comprehensive diagnostic assessments of patients whose psychiatric symptoms may be the result of autism; head trauma; neurodevelopmental disorders such as Tourette's syndrome; sleep disorders; AIDS; or epilepsy. Assessments may include physical and neurological examination, neuropsychological testing, psychosocial assessments of patients and families; individual and family counseling; case management services; consultation and referral to related medical specialties; psychopharmacological recommendation; Diagnostic follow-up, ongoing medication management, and referral to appropriate therapy.

Supports children, adolescents, or adults who have experienced neurological, neuro-developmental, neurodegenerative, or similar conditions

Address: 6501 N. Charles St., Towson, MD 21204

Phone: 410-938-4981

Website: www.sheppardpratt.org/sp_htmlcode/sp_locations/

sp_loc_neuro.aspx

Other Services: Educational Supports; Mental Health

Social Security Administration

provides benefits such as Supplemental Security Income (SSI)

Address1: 180 Admiral Cochran Drive, Suite 210, Annapolis, MD 21401

Phone1: 410-897-9217

Address2: 337 Hospital Drive, Suite 1A, Glen Burnie, MD 21061

Phone2: 1-800-772-1213

Website: www.ssa.gov

Other Services: Transition

United Cerebral Palsy of Southern Maryland

Money for apparatus

Eligibility Requirements: Family must submit a copy of tax return

Address: 49 Old Solomons Island Rd., Suite 301, Annapolis, MD 21401

Phone: 410-897-9545; 410-280-2003

Website: www.ucp.org/ucp_local.cfm/83

United Cerebral Palsy (UCP)

Community resource provider that offers case management and supported employment services for individuals with disabilities

Address: 1919A West Street, Annapolis, MD 21401

Phone: 410-224-4205

Website: www.ucpsm.org

United States Naval Academy Fleet and Family Support Center

Supports Navy, Marine Corps and other military personnel, retirees and family members.

The Family Advocacy Program is designed to strengthen families and to help family members stop hurting the ones they love. It involves prevention, education, intervention, and treatment of child and spouse abuse/neglect.

The Sexual Assault Victim Intervention Program aims to reduce the incidence of rape and sexual assault through prevention education. It also provides crisis intervention, advocacy and support for victims, and collects numerical data on such incidents within the Navy.

Crisis Response is the quick response provided for commands, personnel, and families when they are faced with crisis situations, ranging from sexual assault, or loss of life, to natural or Naval disaster, to evacuation or war. In the midst or aftermath of an incident, the FFSC provides command consultation, crisis intervention, coordination of support, resources and volunteers, 24 hour information and referral, Critical Incident Stress Debriefing, and follow-up counseling or referral service.

Employment Assistance addresses spouse's and family member's need to obtain suitable employment, establish career goals, and maintain career progression, despite frequent relocations. Services are self-help, one-on-one, and classroom style covering career planning, resume writing, job search, interview skills, and salary negotiation.

Life Skills Education provides workshops on topics such as: Anger Management, Stress Management, Conflict Resolution, Communication Skills, Marriage Enrichment, Parent Effectiveness, and Child Development to enhance personal and family skills for work and home, reduce marriage/family conflict, and enhance the member's productivity and deployability.

The Exceptional Family Member Program ensures military families with chronic illness or disabilities can receive needed services regardless of the member's duty assignment. The FFSC provides program information, education, and counseling. Personal Financial Management is the Navy's effort to promote good money management skills within its force. Services include individual counseling and workshops which address check writing, managing credit, avoiding debt, and planning for your financial future.

The Transition Assistance Program helps Navy and Marine personnel and their families prepare for separation from active duty.

Address: NSA Annapolis, 348 Kinkaid Rd., Annapolis, MD 21402

Phone: 410-293-2641
Fax: 410-293-5380

Website: www.usna.edu/FamilyServices/homepage.html

Other Services: Abuse; Mental Health; Family and Children's Services, Legal Services

Volunteer Center for Anne Arundel County

Volunteer opportunities for youth and adults with and without disabilities

Service Area: Anne Arundel County

Address: 2666 Riva Road, Suite 130, Annapolis, MD 21401

Phone: 410-897-9207 Fax: 410-222-4589

Website: www.VolunteerAnneArundel.org

Other Services: Teen Issues; Family and Children's Services

Volunteer for Medicaid Engineering

Planning, possible funding, and completion of projects including adapting home equipment. This program will help adapt your house with equipment.

Phone: 410-243-7495

Other Services: Family and Children's Services

Volunteer Foster Grandparent Program

Provides volunteer opportunities to low-income seniors to give ongoing support and supervision to children with special needs

Phone: 410-222-4464

Categories Family and Children's Services

Whole Self Center

Family training, intensive individual support services, respite care, and individualized treatment plans for individuals with autism through the Maryland Medical Assistance Autism Waiver Program.

Service Area: Anne Arundel County

Address: 402 Halsey Road, Annapolis, MD 21401

Phone: 410-990-1230

Website: www.wholeselfcenter.com

Other Services: Family and Children's Services

Potential PROVIDERs of SERVICES FOR ANNE ARUNDEL COUNTY Self Pay Options

	Phone	FAX	Contact Name	Youth	Family	Intensive Individual Support Services	Respite	Therapeutic
Provider				Camp	Training		Care	Integration
								ļ
Abilities Network	410-828-7700	410-828-7708	Michelle Hayes		X	X	X	ļ
American Caregivers	301-408-0100	301-408-0189	Mary Emah		X	X	X	X
Apex Network Consolidated LLC	443-540-3337	443-405-0119	Dr. Chika Monu		X	X	X	X
Behavior Change Incorporated	804-366-6858		Samantha Hardesty		X	X		L
BMA Healthcare Services Inc.	301-421-0044	301-421-4011	Etehl Ngozi Nwanna		X	X	X	X
Breakthrough Developmental Services, LLCnew provider	301-559-7006	301-559-7006	Barbara Erby		X	X	X	I
Brighter, Stronger Foundation	410-485-7555	410-485-9555	Monica Strong		Х	X	X	1
Center for Autism Support and Training new to AA co	301-260-2777	310-260-7643	Karen Kaye-Beall		Х	X	X	
Changing the Lives of Children with Autism new to AA co	240-994-5956	240-599-1201	Noelle Dorment		Х	X	X	
Children Achieving Maximum Potential (CHAMP)	301-591-9776	301-960-4032	Kim Dejong		Х	X	X	
Choice Healthcare Services, LCC	301-577-0660	866-425-1387	Nnenna Ogwo				X	
Co-Evolution Care Management, LCC	301-728-5121		Dr. Anne E. Wagner		Х	X	X	
Connect and Learn Skills for a Lifetime LLC	301-694-6422	301-694-6422	Karen Farrow		X	X	X	
CSAAC	240-912-2220	301-208-7253	Janent Burch/Kim Dennie		Х	X	X	Х
DES-MET Construction	410-357-8183	410-357-0363	Charles Straining III				+	
Easter Seals of Delaware & MD's Eastern Shore	410-778-0566	410-778-0567	Desi Rochester	X			-	
Education in a Box	443-398-0485	443-557-1602	Margaret Shock		Х	X	X	
Georgia Penn Alliance GPA Respite Only	443-535-5655	410-697-6130	Glenda Johnson		~	<u>^</u>	X	
Institute of Professional Practice/Mid-Atlantic	410-497-3000	110 057 0150	Sandra Chilton		X	X	X	
Integrated Care Management	301-386-7888	301-386-8877	Charles Tubman	X	X	X	X	X
Joyful Wisdom Enterprises LLC	240-423-8467	301-270-1965	Kathryn Ann O'Neill-Corle		X	X	X	
Kirsty Maciver	443-847-7246	410-529-1158	Kirsty Maciver		X		- A	
Kliens Educational and Helath Care Services, Inc.	301-879-7980	301-879-7982	Kate Nwosu		X	X	X	X
Melwood' Horticultural Training Center	301-599-4548	301-599-0985	Michael Glanz	X	X	X	X	X
Renoxx Caregivers	301-850-1148	866-250-3233	Nkiruka Uchey		X	X	X	X
L		301-865-3719	Stephen Farmer			^		
SPF Services, LLC	301-865-6473				X	X	X	X
The Autism Project	410-286-8240	410-286-8240	Angela Gaither-Parker	Х	^	^	^	
The League - Camp Greentop	440.000.0500	410-323-3298	Kathy Tingler	X		X	X	X
The League for People with Disabilities	410-323-0500	410-323-1249	Christine Kukis		X	X		
The Samatrem Group Inc	301-637-4534	301-637-4726	Renee Bonifarco		X		X	
The Whole Self Center	410-571-8660	410-571-8668	Stephen Hartman, LCS		X	X	X	
Trellis Services, Inc.	443-622-4955	410-628-0836	Erin Bell		X	X	X	X
Trinity Healthcare Services, Inc. (Bowie)	301-464-9030	301-464-9033	Kathryn Inyang, Esq.	X	X	X	X	X
Trinity Healthcare Services, Inc. (Baltimore)	410-325-1850	410-325-1854	Kathryn Inyang, Esq.	X	Х	X	X	X
W & S Foundation for Family and Children Services Inc.	410-585-1158	410-814-5043	Helen Angwe Achu Tanwe		X	X	X	X
								
Family Training= counseling to include instructions about treat								
Intensive Individual Support Services= 1:1 interventions with in			· · · · · · · · · · · · · · · · · · ·					
Respite Care= supervision and assistance with activities of da	ily living to provide sho	rt term relief to pers	ons normally providing care					
Therapeutic Integration=services working on a treatment plan	for goals specific to no	n education or recre	ations -focused (therapeutic ha	abilitative ore	entation)			i

Social Skills Groups to Support Friendship Navigation

Access Counseling Services

Columbia 410-995-5555 ext. 13

Autism Project

Angel Gaither

Calvert County P.O. Box 1518, North Beach, MD 20714 410-286-8240

www.theautismproject@cs.com

Belcamp, Maryland Groups

Kristen Benzon Taught by a certified Special Education teacher with ABA/VB training and experience

410-272-2510

kristenbenzon@gmail.com

Chesapeake Occupational Therapy Associates and **Chesapeake Speech/Language Associates**

collaborative social skills groups

Annapolis 410-280-8774/410-280-9788

Cisco Center

Severna Park 410-647-1503

Becky Clark

Kent Narrows 410-490-3181

Nancy D'Imperio and Angela Antoniak

Severna Park 410-858-8354

Catherine Deppa

catherine@www.severna-park.com

443-848-8619

Frederick, Maryland area – Social skills group

Led by a speech language pathologist

301-846-4769

Gaming Club Too!!

Joe Dixon

Severna Park Holy Grounds Youth Center 443-690-3560

Greater Baltimore Counseling Centers

Kids Groups to enhance social skills and self esteem

Glen Burnie and Odenton 410-760-9079 x 0

Carolyn Huff – Empowerment Solutions

Severna Park 410-647-6745

Lighthouse Family Counseling Center

John Seaman, LCPC or Linda Lombardo, PhD social skills groups

Catonsville 410-788-5483

Millersville Area

Kate Egolf and Lauri Miller

KEgolf@DynamicCounseling.net LMiller@DynamicCounseling.net

Practical Life Skills for Young Adults with Autism or Asperger's Syndrome

Janet Palmer (ages 15 - late 20's)

Villa Maria, Lutherville 410-343-2153

Social Play Groups

Christine Accardo

Shafer Center, Reisterstown 410-517-1113

Towson Center for Adults with Autism Spectrum Disorders

Pragmatics Skills

410-704-4486

caasd@towson.edu

Alliance, Inc.

Supported employment, family and individual support services, community support living arrangement, vocational evaluations, vocational/situational assessments, work adjustment training, transitioning youth, job readiness, accommodations, services for children, respite care, and community outreach.

Address: 7701 Wise Avenue, Baltimore, MD 21222

Phone: 410-282-5900 Fax: 410-282-3083

Website: www.allianceinc.org/

Other Services: Disabilities

Annapolis Diagnostics and Educational Resources

Evaluations, home and school-based services for children from birth to age six. Also provides parent and professional workshops.

Service Area: Anne Arundel County

Address: 1443 Middleway, Arnold, MD 21012

Phone: 410 757-7321

Annapolis Youth Services Bureau (AYSB)

The AYSB has 24 hour on call referral services for crisis situations or emergencies. AYSB also provides the following services for youth: counseling (individual, family, and group), crisis intervention, tutoring, substance abuse/mental health assessment and referral, community education, employment assistance (youth), referral and information services. Counseling sessions are generally 4- 12 weeks in length and focus on anger management, self esteem, or issues pertaining to family dysfunction.

Service Area: Anywhere in Anne Arundel County

Address: Stanton Community Center, 92 West Washington Street,

Annapolis, MD 21401

Phone: 410-626-1800; 410-626-1801 (Annapolis);

410-269-8060 (Baltimore)

Fax: 410-626-1922 (Fax)

Website: www.aaceoc.com/AYSB.htm

Other Services: Crisis Intervention: Health – Medical: Mental Health

Anne Arundel Community College, Adult Basic Skills, GED/Step Up To Success Youth Program

Adult basic education for those aged 16-21, who have officially withdrawn from school. For individuals getting their GED, prep classes and practice testing is offered before taking actual test. For Step Up To Success Youth Program, individual must be aged 16-21 and must be economically at a disadvantage. Program works very closely with DORS. This program also offers case management and career preparation.

Service Area: All of MD, but out-of-county fees apply

Address: 101 College Parkway, Arnold, MD 21012-1895

Phone: 410-790-9099 ext 112 or 102

Website: www.aacc.edu

Other Services: Teen issues

Anne Arundel County Down Syndrome Connection

Educational support for children with Down syndrome

Service Area: Anne Arundel County

Address: Anne Arundel Medical Center, Sajak Pavillion, Rm 250,

Annapolis, MD 21401

Phone: 888-279-2279

Website: www.downsyndromeconnection.com

Other Services: Disabilities

Anne Arundel County Mental Health Agency

Mental health services for Medicaid recipients and low-income county residents with Axis One diagnoses. Mentoring program.

Service Area: Anne Arundel County

Address: 1 Truman Parkway, Ste 101, Annapolis, MD 21401MD 21401

Phone: 410-222-7858

Website: www.aamentalhealth.org

Other Services: Mental Health

Associated Jewish Community Federation of Baltimore Jewish Big Brother and Big Sister League

Mentoring

Address: 5750 Park Heights Ave, Baltimore, MD 21215

Phone: 410-843-7456

Other Services: Family and Children's Servicess

Behavior Therapy Center of Greater Washington

Behavioral and cognitive behavioral treatment. They are nationally recognized as a leading center for treatment of obsessive-compulsive disorder and other anxiety disorders. Services include individual therapy, group therapy, family therapy, intensive therapy, in vivo (home/out-of-office) therapy, diagnostic evaluation, behavioral assessment, psychological and neuropsychological assessment, parent consultation, school consultation, parent training, social skills training, professional supervision, professional training, and medication referrals. Specialized treatment programs include the Obsessive-Compulsive Disorder (OCD) Treatment Program, Trichotillomania Treatment Program, and the Social Anxiety Treatment Program. They offer groups for hoarding, social anxiety, OCD, trichotillomania and skin picking.

Address: 11227 Lockwood Drive, Silver Spring, MD

Phone: 301-593-4040 Fax: 301-593-9148

Other Services: Mental Health

Big Brothers Big Sisters

Matches at-risk children or children being raised my non-parents with an adult volunteer who will provide additional guidance, support, and company to the child

Service Area: Central Maryland

Phone: 410-243-4000

Website: www.biglittle.org

Box of Rain/Youth on the Bay

Exposes youth to sailing and connects some of the youth participating with one-toone mentors

Service Area: Anne Arundel County

Address: 1000 Moss Haven Court, Annapolis, MD 21403

Phone: 443-254-0024- General line for Box of Rain foundation

410-280-0619 Direct line to Anne Harrington

Other Services: Recreation Programs

Bowie Youth Services Bureau

Crisis intervention; information and referral; counseling; family counseling; parenting education groups; groups for parents, children, and teens; educational/support groups; outreach programs include drug/alcohol-free community events, teen mentoring program, school collaboration, information and referral, teen job bank, community resources and referrals, suicide intervention, child abuse

Address: 2614 Kenhill Drive, Bowie, MD 20715

Phone: 301-809-3033 Fax: 301-809-2303

Website: www.cityofbowie.org

Other Services: Recreation Programs

Building Communities Today for Tomorrow

Mental health services, mentoring, family functional therapy, psychiatric rehabilitation, therapeutic behavioral services, and residential services

Address: 2510 St. Paul St, 2nd floor, Baltimore, MD 21218

Phone: 410-467-6600; 443-324-8938 (emergency);

410-619-1087 (emergency)

Fax: 410-467-7277

Website: www.bcttworks.net

Other Services: Mental Health

Chesapeake Human Resources Association

Pathways to Success Program, a mentoring program for high school students that meets 1x per month

Service Area: Anne Arundel County

Address: 720 Light Street, Baltimore, MD 21230

Phone: 410-752-3318

Website: www.CHRA.com

Child Welfare Monitoring Program

Year long mentoring program in which vulnerable children from families in crisis are matched with caring adults in order to promote self esteem and provide a stable adult role model.

Address: Department of Social Services, 80 West Street,

Annapolis, MD 21401

Phone: 410-269-4461

Other Services: Teen issues

Day Care and Child Providers Arundel Child Care Connections

To find licensed childcare call the Arundel Child Care Connections' Locate number. This service can also assist finding Head Start, early education, and nursery schools.

Phone: 410-222-1728

Categories: Family and Children's Services

Division of Rehabilitation Services (DORS)

Programs and services that help high school students with significant disabilities move into higher education, vocational training and employment

Address1: 2001-A Commerce Park Drive, Suite 1, Annapolis, MD 21401

Phone: 410-974-7608; 443-569-7145

Address2: AACo Henry L. Hein Public Service Bldg.,

7480 Baltimore Annapolis Blvd., Suite 100,

Glen Burnie, MD 21061

Phone2: 410-424-3240

Website: www.dors.state.md.us

Categories: Transition

Education and Therapy Center (Millersville Psychological Services)

The Education & Therapy Center/Millersville Psychological Services is a multidisciplinary mental health and educational practice whose practitioners reflect a full array of psychotherapeutic frameworks. The continuing education program is one of their newer programs and is designed to provide training that focuses strongly on discussion, less on lecture. The Education & Therapy Center is approved by Maryland Board of Social Work Examiners as a provider of Category I continuing education for social workers.

Address: I-97 Business Park, 1110 Benfield Blvd., Suite H-Front,

Millersville, MD 21108

Phone: 410-987-3354 Fax: 410-987-4710

Other Services: Mental Health

EJAL Health Service

Methadone maintenance clinic open between 6:00 am and 11:00 am

Address: 550 Crain Hwy, Unit 8. Glen Burnie, MD 21061

Phone: 410-761-3686

Other Services: Substance Abuse

Employment – One-Stop Career Centers

Provides high quality, innovative workforce solutions for Anne Arundel County residents, free of charge. The Anne Arundel One-Stop Career Center is a partner in the Maryland Workforce Exchange System. Offices have resource areas equipped with internet access, job search resource materials, and resume writing software. Also offered are free faxing, copying, online computer access, and workshops to assist in finding employment. Services are available upon request to individuals with disabilities.

For Anne Arundel County:

Website: www.dllr.maryland.gov/county/anne

For other Maryland counties:

Website: www.dllr.maryland.gov/employment/onestops.shtml

Other services: Family and Children's Services

Empowering Believers Church of the Apostolic Faith/Rock Steward Ministry

Food Pantry; Mentoring for boys ages 9-17 and girls ages 18 and under (primarily African American; Wednesdays 6:30 – 8:30 pm); Youth Anti-Tobacco Coalition; Smoke-Free Holy Ground

Eligibility Requirements: Picture ID

Address: 7566 E. Howard Rd., Glen Burnie, MD 21060

Phone: 410-761-9272

Other Services: Emergency Supports; Substance Abuse

Family Resource Center of AACPS

Community sponsored parenting workshops

Address: Oakwood Elementary School, Portable B

Phone: 410-222-6429 Fax: 410-222-3806

Website: www.aacps.org/aacps/boe/commu/frc/calendar.asp

Other Services: Family and Children's Services

Family Support Centers

Center for young parents with children from birth to three, expectant parents, and community members who want to increase their self-sufficiency skills. Specialized programs focus on education, employment, parenting, life skills, in-home interventions, and child development.

Service Area: Anne Arundel County

Address: Anne Arundel County Department of Social Services,

80 West Street, Annapolis, MD 21401

Phone: 410-269-4480 (Annapolis); 410-421-8560 (Glen Burnie)

Other Services: Family and Children's Services

FIRN, Inc. Resources for the

Foreign-Born Language Connections

Translation services bridge the language gap by providing professional, culturallysensitive interpreting and translation services for public agencies, businesses, and other organizations that work with the foreign-born. Provides translations of text and documents, particularly in the fields of health and human services, including forms, transcripts, marriage records, and birth certificates. Interpreters fluent in more than 50 languages, most of whom specialize in health and human services, also are available.

Human and Social Services - This includes referrals to area human and social service providers; registering children for Head Start, school and other educational programs; accessing insurance and legal aid; and providing assistance with taxes, obtaining/ protecting credit, completion of application forms, etc. Provides social counseling and English tutoring after school to foreign school aged children.

Health - This includes referrals to free or low-cost clinics, hospital programs and government health and mental health services; assistance with major medical bills; referrals for free vision and hearing screenings, glasses, prescription drug programs, dental care, nutrition counseling, and sexual assault and domestic violence centers; crisis counseling; preventive health counseling; and health materials in other lanquages.

Address: 5999 Harpers Farm Rd, Suite E-200, Columbia, MD 21044

Phone: 410-992-1923

Website: www.firnonline.org

Other Services: Language Services; Family and Children's Services; Physical Health; Mental Health

First Presbyterian Church

The following services are available to the community: Grief Share – a ministry to uplift, encourage and walk with those who have, experienced loss of a loved one., ACTS - classical tutorial program for home schooled kids from 2nd to 9th, grade, designed to be a supplement to homeschooling., New Vistas – Provides a confidential and supportive environment to people, going through separation and divorce. Includes many educational resources, to promote emotional, physical, and spiritual healing and recovery. *Winter Relief Shelter, Supports Habitat for Humanity, Lighthouse Shelter, Food Link, and Community Action Agency

Service Area: Anne Arundel County

Address: 171 Duke of Gloucester St., Annapolis, MD 21401

Phone: 410-267-8705

Other Services: Mental Health; Bereavement Supports

Florence Crittenton Services of Baltimore

Provide services to teenage girls as a result of pregnancy, abuse or displacement. They provide prenatal care, continued education services, child development education, and parent preparation services in a residential setting.

Service Area: Statewide

Address: 3110 Crittenton Place, Baltimore, MD 21211

Phone: 410-366-4333

Other Services: Abuse: Teen Issues

Free and Reduced Meals

Division of Food and Nutritional Services, AACPS

Anne Arundel County Public Schools offer healthy meals every school day. Students who have applied and are eligible will receive meals free or at a reduced price

Eligibility: Lives in a household receiving benefits from Supplemental Nutrition Program (SNAP) or TCA is a foster child. In a household participating in Women's, Infant, and Children's (WIC)

Phone: 410-222-5900

Website: www.aacps.org/nutrition/meal.asp

Categories: Family and Children's Services, Educational supports

Humanim

Community resource provider that provides vocational training and employment services to individuals with disabilities upon exiting the school system

Address: 6355 Woodside Court, Columbia, MD 21046

Phone: 410-381-7171

Website: www.humanim.com

Other Services: Transition

Infant and Toddlers Resources

Resources listed include supports for various disabilities, technology, play groups, family/advocacy groups, respite care, preemie supports, sleep disorders, speech, vision, and hearing impairment services, genetic and related disorders, and military family supports. Resources support families and children ages birth to adulthood.

Website: www.aacps.org/infants/resources.asp

Johns Hopkins School of Medicine—

Bay view Community Psychiatry Program (CPP)

Specialty clinics, partial hospitalization programs, mobile treatment, and on-site services in schools. All patients receiving treatment in the Child and Adolescent Psychiatry programs may access an on-call therapist from 5 p.m. to 8:30 a.m. Monday to Friday and 24 hours a day weekends and holidays. A Spanish-speaking therapist is also available.

General Outpatient Services Adolescent Partial Hospitalization Program Child and Adolescent Rehabilitation Program Child Mobile Treatment Services Child Case Management Children's Center Early Childhood/Preschool Clinic Transitional Youth Program

> Address: 4940 Eastern Avenue, Baltimore, MD 21224 Phone: 410-550-0018 or 410-550-0104 (referrals)

Fax: 410-550-1302

Other Services: Mental Health; Substance Abuses

Judy Center

Playgroups, Adult Education Programs, school readiness, Home Visitation programs, resource coordination; 8:00am-4:00pm

Amy Beal, Coordinator – adbeal@aacps.org

Nancy Cahlink-Seidler, Family Services Coordinator – ncahlink-seidler@aacps.org Nancy Garcia, Play and Learn Group Leader – igarcia@aacps.org

Address: Hilltop Elementary School, 415 Melrose Ave.,

Glen Burnie, MD 21061

Phone: 410-562-1606

Other Services: Family & Children's services

Kennedy Krieger Institute-

Center for Autism and Related Disorders (CARD)

A multi-faceted, multidisciplinary program for children with autism spectrum disorders and their family members. CARD combines research, clinical (assessment and intervention) services, as well as community outreach and training to help improve the lives of individuals with autism spectrum disorders, their families, and the community who cares for them.

Address: Greenspring Campus, 3901 Greenspring Ave.,

Baltimore, MD 21211

Phone1: (888) 554-2080 or (443) 923-9400 (referrals and initial evaluations)

Phone 2: (443) 923-7630 (follow up appointments)

Website: www.kennedykrieger.org/kki cp.jsp?pid=1394

Other Services: Disabilities; Family and Children's services

Kennedy Krieger Institute–

Center for Development and Learning

An outpatient program for evaluation and treatment of children from preschool through adolescence for problems in language development, learning, behavior or school adjustment.

Clinical Program – Team evaluations are conducted for the diagnosis of children with autism and related disorders. These carefully designed evaluation teams include a combination of the following disciplines, depending on the child's needs: Psychiatry, neurology, developmental pediatrics, neuropsychology, speech-language pathology and occupational therapy. Call Main Intake Care Management at 443-923-9400.

Achievements Therapeutic Day Program – Individualized treatment in a small group setting to young children (2 years and 9 months to 5 years and 11 months old) who have difficulties with communication and social interaction. The following skills are emphasized: language, social communication and interaction, and self-regulatory development. For more information call 443-923-7880.

Outreach and Training – CARD provides many outreach and training activities for professionals and parents, including an annual Autism conference and many workshops. They also create outreach and training programs to match the specific needs and requests of the participants, provide student-specific consultations as well as consultations for classroom design and intervention programming.

The Preschool Evaluation Services Program The School-Age Evaluation Services Program **Educational Evaluation Services**

Address: Fairmount Campus, 1750 E. Fairmount Avenue,

Baltimore, MD 21231

www.kennedykrieger.org

Other Services: Mental Health

Kennedy Krieger Institute-

Developmental Cognitive Neurology Clinic

Clinical services include diagnosis and treatment of Attention Deficit Hyperactivity Disorder (ADHD) and Learning Disabilities. Diagnostic services include developmental cognitive neurology evaluations; educational evaluations; and neuropsychological evaluations. Treatment services include medication management and academic/ educational therapy.

Address: 707 N. Broadway, Baltimore, MD 21205

Phone1: (888) 554-2080 or

(443) 923-9400 (referrals or requests for initial evaluations)

Phone2: (443) 923-9269; (443) 923-9250 (follow-up appointments)

Other Services: Physical Health

Kennedy Krieger Institute –

Neuropsychology & Developmental Psychology Clinic

Comprehensive assessment services through a Diagnostic Intake Clinic and specialty clinics focused on Developmental Psychological and Neuropsychological assessment.

The Diagnostic Intake Clinic- consultation offering an initial impression of child's functioning and needs

The Developmental Psychology Clinic- primarily a mental health service providing comprehensive psychological assessments and learning disabilities

The Pediatric Neuropsychology Clinic- applies scientific study of brain-behavior relationships to care of children identified with learning disabilities or known brain dysfunction or central nervous system concerns

Address: Fairmount Campus, 1750 E.. Fairmount Avenue,

Baltimore, MD 21231

(888) 554-2080 Phone:

Website: www.kennedykrieger.org/kki_cp.jsp?pid=1405

Other Services: Mental Health; Physical Health

Kennedy Krieger Institute–

PACT: Helping Children with Special Needs

PACT is a program that seeks to promote the development of young children with special needs and/or high risk factors for developmental delays through programs that provide comprehensive assessments; early intervention services; family support services; parent education, specialized childcare; and professional training.

Comprehensive Therapy Center (CTC) – The CTC serves children from infancy up to 18 years of age with identified or suspected developmental delays. It offers evaluations; physical, occupational and speech/language therapies; mental health services; and service coordination. In addition, the program offers training and counseling for parents and other caregivers. Call 410-298-7000

A World of Care – World of Care provides specialized childcare services to children ages six weeks to five years of age with developmental delays and/or medical challenges that require daily nursing interventions. World of Care also offers after-school care for children age three and four who meet the medical eligibility requirements. Daily nursing assessments are provided to all medically fragile children. Physical, occupational, and speech/language therapies are provided as needed, by Comprehensive Therapy Center therapists; mental health services are provided by social workers. World of Care is one of only two medically-based child care centers in Maryland. It serves children and families from the entire Baltimore metropolitan region. Call 410-298-7000

Growing Together – Growing Together is a supported parenting program for mothers and fathers who are cognitively limited and have children under age three. The program has a dual focus: teaching safe, effective, and nurturing parenting techniques while also providing therapy (i.e., physical, occupational and speech/language therapy) to the children, if needed, and parent-child developmental activities to enhance the child's developmental progress. Call 410-298-2645

Address: PACT Building, 7000 Tudsbury Rd., Baltimore, MD 21244

Phone: 410-298-7000 Fax: 410-448-7366

Website: www.kennedykrieger.org/kki_cp.jsp?pid=1571&bl=1

Other Services: Disabilities; Family and Children's Services; Mental Health

Kennedy Krieger Institute-

Pediatric Developmental Disorders Clinic (PDD)

Consultation and intervention to caregivers of children with a wide variety of developmental disorders (e.g., PDD spectrum, mental retardation). The clinic also provides intensive, specialized services to pre-school age children with language delays and associated problematic behaviors (i.e., physical aggression, self-injury, property destruction, etc.) to target increasing basic communication skills and to decrease problematic behaviors. Intervention focuses

on empirically based approaches to behavior management. Services are provided primarily to families and school staff. Sessions are usually conducted in the clinic, but also take place in the school and the child's home when indicated.

Address: 720 Aliceanna Street, 2nd Floor, Baltimore, MD 21202

Phone1: (888) 554-2080 or

(443) 923-9400 (referrals or requests for initial evaluations)

Phone2: (443) 923-7510 (follow up appointments)

Website: www.kennedykrieger.org/kki cp.jsp?pid=1978

Other Services: Mental Health

Kennedy Krieger Institute-

Specialized Health Needs Interagency Collaboration (SHNIC)

SHNIC is a community-based program that provides on-site training and technical assistance to parents and to personnel from schools and community service programs. Services include community-based consultation and training on managing a child's specialized health needs, consultations and training on the educational implications of a child's diagnosis, seminars and workshops on specialized health needs, case-by-case consultations for students with traumatic brain injury, referrals to other community and health resources or support services, and a database of publications and educational materials on specific medical conditions. Supporting students with any health condition (e.g., spina bifida, brain injury, dysphagia, spinal cord injury) or technology that requires adaptations, modifications or health procedures in community settings

Address: Fairmount Campus, 1750 E. Fairmount Avenue,

Baltimore, MD 21231

Phone1: (443) 923-4558 **Phone2:** (443) 923-4555

Website: www.kennedykrieger.org/kki_cp.jsp?pid=1414

Other Services: Disabilities

Linthicum Seventh-day Adventist Church

Tutoring and mentoring services; local outreach

Address: 901 Andover Rd, Linthicum Heights, MD 21090-3041

Phone: 410-859-0866

Other Services: Emergency Supports

Maryland Coalition for Inclusive Education (MCIE)

MCIE is a statewide nonprofit organization dedicated to the inclusion of students with disabilities in their neighborhood schools. They seek to promote the meaningful and successful participation of all students in their neighborhood schools, through partnerships, advocacy, professional development, and public education. In collaboration with the national Professional Development in Autism Center, MCIE helps train and support school districts in their inclusion of students with Autism Spectrum Disorders.

Service Area: Statewide

Address: 7484 Candlewood Road, Suite R., Hanover, MD 21076

Phone: 410-859-5400; 800-899-8837

Fax: 410-859-1509

Website: www.mcie.org/

Other Services: Family and Children's Services

Maryland Mentoring Partnership

The Maryland Mentoring Partnership (MMP) is an advocate, clearinghouse and expert resource for the advancement of youth mentoring statewide. MMP strategically recruits partnering institutions and individuals from all sectors and offers customized training for building effective programs. MMP is linked to MENTOR/National Mentoring Partnership with a network of 38 state and local mentoring partnerships. This supportive relationship bolsters their work with access to national research, advocacy, replicable models and technical assistance.

Address: 517 North Charles St., Suite 200, Baltimore, MD 21201

Phone: 410-685-8316; 800-741-2687

Fax: 410-752-5016

Website: www.marylandmentors.org

Other Services: Teen Issues

Maryland School for the Blind

Family Support Services Resource Center for Families and Schools, which provides workshops and programs on topics such as understanding special education, transitioning from school into adult life, an information and referral center, and a multimedia lending library.

Address: 3501 Taylor Ave., Baltimore, MD 21236

Phone: 410-444-5000 ext. 245

Fax: 410-319-5700

Website: www.mdschblind.org

The Instructional Resource Center (IRC)

is the statewide depository for Braille and large print textbooks for blind and visually impaired students attending public and private schools throughout Maryland. For requested books not currently available in inventory, the IRC handles searching, ordering and shipping of materials, including books on tape, for students statewide. The IRC also maintains a Braille production facility to produce needed Braille textbooks that are not available from another source.

Phone: 410-444-5000 x715

Outreach services include diagnostic evaluations, consultations, functional low vision evaluations and training for students, parents and teachers throughout Maryland on issues related to visual impairment and blindness. Specialty areas include audiology, low vision, computer literacy, Braille literacy and skills of daily living.

Phone: 410-319-5713

Other Services: Disabilities

Men Mentoring Men Abraham's Bosom/ Annapolis Church of God

Mentoring; students meet with their mentors once per month on Mondays or Thursdays from 6-8 pm

Service Area: Anne Arundel County Eligibility Requirements: Low income

Address: 84 Janwal St., Annapolis, MD 21403

Phone: 410-268-4200

Other Services: Recreational Programs

Mental Health Association of Maryland

The Mental Health Association of Maryland is an affiliate of the National Mental Health Association. They offer progressive programs resulting in improved outcomes and recovery, increased research, and greater public understanding and awareness of the needs of children and adults with mental illnesses.

The Kids on the Block puppet troupe- brings lively education and discussion to Maryland schools, teaching children to understand and express their feelings and helping them develop problem-solving skills, and encourages them to express their feelings and concerns.

PEERS: Seniors in Partnership- provides community education, outreach and volunteer support to people age 60 or older living in Baltimore County.

The Mental Health Players- is a troupe of volunteer actors that expands awareness and educates community members about mental health issues, mental illnesses, relationship problems, substance use, and a comprehensive range of societal problems.

The Caring for Every Child's Mental Health Campaign- is an outreach project to educate parents, teachers, caregivers, policy makers and all caring adults about mental health and mental illnesses in children.

The Respite Program- provides short-term temporary care for the caregiver of a child with special needs, offering a break and helping reduce stress for both the parent and the child. The Respite program also provides training about the needs and concerns of families for respite care community workers.

The Mental Health Association of Maryland works with legislators, public policy leaders, consumers, family members and mental health professionals to ensure that humane, effective and affordable services are available and accessible to those who need them.

Service Area: Statewide

Address: 711 W. 40th St., Suite 460, Baltimore, MD 21211

Phone: 410-235-1178; 800-572-MHAM

Fax: 410-2351180

Website: www.mhamd.org

Other Services: Mental Health; Family and Children's Services

Metropolitan United Methodist Church

Mentoring, Food Pantry-Friday 10:30

Service Area: Anne Arundel County

Address: 548 Queenstown Rd., Severn, MD21144

Phone: 410-768-5443

Website: www.metropolitanumc.net

Other Services: Recreational Programs

National Institute on Drug Abuse and National Institute of Health

The National Resource Center for Communities Working to Reduce Substance Abuse and Gun Violence offers resources and supports for direct intervention with parents, students, educators, and communities. They offer programs for systemically monitoring drugs and alcohol. There are identified resources to start evidence-based programs in your school or at home.

Address: 6001 Executive Blvd., Rm 5213, Bethesda, MD 20892-9561

Phone: 617-437-1500

Other Services: Substance Abuse

National Online Prevention Council

Service Provided: Resource for issues such as cyber bullying, cyber crime, safe communities. Offers active programs, videos, stickers, video learning games for students. Offers suggestions for parents, educators, and students. The website www.McGruff. org offers direct fun learning strategies for students to learn how to negotiate bullying situations and intervene in a safe way.

Address: 2345 Crystal Dr., Suite 500, Arlington, VA 22202

Phone: 202-466-6272

Website: www.ncps.org

Other Services: Teen Issues

Naval Military Support Activity-Annapolis

Support system of facilities and programs that meets everyone's needs, whether it's the active duty member, the spouse, or the child

> Address: 58 Bennion Road, Annapolis, MD 24102 **Phone:** 410-293-2641 (Fleet & Family Support Program)

Other Services: Emergency Supports, Family and Children's Services, Disabilities, Mental

Health

Neurobehavioral Associates

Comprehensive neuropsychological consultation and assessment, referral services, and educational consultation.

Address: 5565 Sterrett Place, Suite 320, Columbia, MD 21044

Phone: 410-772-7155 Fax: 410-772-7156

Website: www.nbatests.com

Other Services: Mental Health

Parenting Center at Anne Arundel Community College (Formerly the Family Outreach Network)

Evening and weekend parenting classes at the Arnold Campus and Arundel Mills, Online Courses, Brown Bag Lunchtime Lectures, Online Monthly Parenting Newsletter, Customized training for parents through schools, churches, or community organizations, telecasts on local television, professional consultations about children, parenting, and family life.

Address: 101 College Pkwy., CALT 118, Arnold, MD 21012-1895

Phone: 410-777-2159

Website: www.aacc.edu/parenting

Other Services: Family and Children's Services

Parents' Place of Maryland

Parent-directed resource center dedicated to enhancing the ability of persons with disabilities to participate as fully as possible in home, school and community life through education, information, individual assistance, and support activities for their parents and families.

Address: 801 Cromwell Park Drive, Suite 103, Glen Burnie, MD 21061

Phone: 410-859-5300

Website: www.ppmd.org

Other Services: Family and Children's Services

Praise Center Full Gospel

Non-perishable food distribution, Prison ministry, tutorial ministry teaches children/ adults to read

Address: 7521 Connelley Dr., Ste A-C, Hanover, MD 21076

Phone: 410-787-2007

Other Services: Emergency Supports

Psychological Resource Associates

Psychological and educational evaluation of learning, behavioral, and emotional difficulties in children and adolescents; educational consultation; therapy; parent counseling regarding ways to facilitate children's successes.

Address: 479 Jumpers Hole Rd, Suite 106, Severna Park, MD 21146

Phone: 410-647-8840 Fax: 410-647-1405

Other Services: Mental Health

Recording for the Blind and Dyslexic

Accessible audiotapes for students with disabilities such as visual impairment or dyslexia that make reading standard print difficult or impossible. Digitally recorded textbooks, players and accessories, teacher trainings, book catalog etc.

Supports students with disabilities such as visual impairment or dyslexia

Address: National Headquarters, 20 Roszel Road, Princeton, NJ 08540

Phone: 866-732-3585 Website: www.rfbd.org

Other Services: Disabilities

Regeneration Project – **Community Mental Health Center**

Diagnostic interviews, psychiatric evaluations, group therapy, adult individual and family therapy, child and adolescent individual and family therapy, treatment team meeting coordination, medication management, 24-hour emergency intervention services, referral and recommendation planning. Mentoring for youth with Axis 1 diagnoses. Accepts Medical Assistance

Address: 5301 Harford Rd., Baltimore, MD 21214

Phone: 410-254-6177 Fax: 410-254-0300

Other Services: Mental Health

Sheppard Pratt Health System–

Neuropsychiatry Outpatient Program

Comprehensive diagnostic assessments of patients whose psychiatric symptoms may be the result of autism; head trauma; neurodevelopmental disorders such as Tourette's syndrome; sleep disorders; AIDS; or epilepsy. Assessments may include physical and neurological examination, neuropsychological testing, psychosocial assessments of patients and families; individual and family counseling; case management services; consultation and referral to related medical specialties; psychopharmacological recommendation; Diagnostic follow-up, ongoing medication management, and referral to appropriate therapy.

Supports children, adolescents, or adults who have experienced neurological, neurodevelopmental, neurodegenerative, or similar conditions

Address: 6501 N. Charles St., Towson, MD 21204

Phone: 410-938-4981

www.sheppardpratt.org/sp_htmlcode/sp_locations/

sp loc neuro.aspx

Other Services: Disabilities: Mental Health

Villa Maria Continuum Services (Division of Catholic Charities)

In-patient, in-home and school-based mental health services. Residential treatment programs for students needing restrictive environments, weekend therapeutic respite programs. Child and adolescent crisis unit.

Service area: Anne Arundel and Prince George's Counties

Address1: 320 Cathedral Street, Baltimore, MD 21201

Phone1: 410-538-3388

Address2: 1118 Light St, Baltimore, MD 21230

Phone2: 410-451-0682

Website: www.catholiccharities-md.org/children/villa-maria-

continuum

Other Services: Mental Health; Family and Children's Services, Crisis Intervention

Woods Adult Day Care Center

helps adults stay active and involved in the world around them while remaining with family members in the community

Address: 8227 Cloverleaf Drive, Suite 300, Millersville, MD 21108

Phone: 410-987-0360

Website: www.woodsadultdayservices.com

Other Services: Transition

YES (Youth Empowerment Service) Initiative-**Restoration Community Development Corporation**

The following strategies are implemented: individual, family, and group counseling, creative recreational activities, homework assistance, financial management, mentoring, etiquette, alcohol/tobacco prevention, field trips, transportation, meals, tutoring on site classroom visits, sun safety, teen pregnancy prevention problem solving, goal setting, building self esteem, and respect. Gems and Jewels Program

Address: 1623 Forest Dr., Suite 101, Annapolis, MD 21403

Phone: 410-267-6351

Fax: 410-974-5565 (referral forms)

Other Services: Teen Issues

YWCA of Annapolis and Anne Arundel County

Offering multiple programs designed to support your family or child. Sliding scale payment fees accepted

Mentoring for Youth – Therapeutic Mentoring program designed for youth 8-18 with social and emotional concerns. Children can build their social skills with the support of a trained mentor. Children participate in group activities, support groups, one to one meetings and field trips. Referrals from Anne Arundel County Mental Health Agency

Transition to Independence – Therapeutic case management services specifically designed for teen mothers. Goal of program is to ensure graduation from high school, positive parenting skills, understanding of child development, and vocational consideration and family support. Ladies 13 through 18 who are pregnant or have a child 0-7 years.

School Based Mentoring for Teen Ladies – Group of high school female students meet after school. Program is designed to enrich the girls in the areas of social life skills, financial planning, higher education, and career options, and exposure to fine arts, employment opportunities, healthy choices, and parental involvement through weekly home visits. Contact Annapolis High School to learn more.

School Based Intervention Program (Middle School) – STAR Academy after school program provides additional assistance to students with social, emotional, and academic challenges. Program focuses on increasing school attendance, improving academic performance, social interaction, health and wellness, and recreational opportunities. Referrals received through their school counselors or administrators.

Address: 1517 Ritchie Highway, Suite 201, Arnold MD 21012

Phone: 410-626-7800

Website: www.annapolisywca.org

Categories: Teen Issues, Family and Children's Services, Health – Women's Care

YWCA West County Family Support Center

Center for young parents with children from birth to three, expectant parents, and community members who want to increase their self-sufficiency skills. Specialized programs focus on education, employment, parenting, life skills, in-home interventions, and child development. Some programs have eligibility requirements.

Address: 8379 Piney Orchard Pkwy., Suite F, Odenton, MD 21113

Phone: 410-551-2411

Other Services: Family and Children's Services

Access Counseling Services of Columbia, Inc.

Offers counseling and psychotherapy for children, adolescents, adults, families, and groups; parenting, stress reduction, and relaxation groups; and workshops for women. Runs social skills groups for students during the summer.

Address: 5560 Sterrett Place, Suite 201, Columbia, MD 21044

Phone: 410-995-5555 Fax: 410-995-5556

Website: www.accesscounselingcolumbia.com

Other Services: Mental Health

Advanced Behavioral Health

Offering Offsite Counseling Services (OCS)

12 month program to help reduce potential child placement, custody relinquishment, and decline in health and well-being with mentally impaired families struggling with poor choices such as drugs, violence, abuse, defiance, crime, indifference, and run aways.

Population served: mentally impaired families and children, birth to adolescence at high risk for school failure, placement, or hospitalization

- *In-home therapy provided by licensed* therapists to children, adolescents and their families who have Medicaid/MA as their health insurance
- Single point Intake: Fax 301-560-5558
- On-Site Psychiatric Evaluation and Clients are asked to examine their **Medication Management**
- Off-Site Counseling Services (OCS) • Voluntary service Clients (children and their caregivers) develop and sign treatment plans after meeting with the therapist in their home
 - Electronic Medical Record holds all documentation, either signed on tablets or uploaded
 - behavior, reflect of their feelings, explore alternative ways of behaving, coping and experiencing

Goals:

- Reduce risks for out-of-home place Reduce family conflict ment (hospitalization, foster care, Improve family functioning detention)
- Reduce the risk of higher intensity school placement
- Improve mental health/well-being of children, adolescents and their caregivers

- · Increase pro-social behaviors in home, school, and community
- · Empower individuals and families to explore, define and make better behavioral choices

 Minimum home. school or other client-determined location

**Must fax in referral- 301-560-5558*

Area Directors: Pam Smelser-410-458-3675; Marissa Southwell-443-927-7797

Address: 1302 Concourse Drive, Suite 204, Linthicum, MD 21090

Phone: 301-345-1022 • Intake Coordinator: 301-345-1022

FAX: 301-560-5558

Website: www.sussalpsi.com/homeandcommunity

Other Services: Disabilities, Mental Health

Annapolis Behavioral Consultants

Behavioral supports and interventions for children ages five and up in homes and child-care settings. Assessment, planning, and training offered to address behavior issues, along with parent support groups and social skills training.

Service Area: Anne Arundel County

Address: 813 Bay Hills Drive, Arnold, MD 21012

Phone: 410-271-0776

Website: www.annapolisbc.com

Other Services: Disabilities

Annapolis Mothers of Multiples Club

Support and information for parents of multiples. Semi-annual yard sale offers gently used equipment, clothing, and toys.

Service Area: Anne Arundel County area.

Address: Annapolis Moms, P.O. Box 372, Arnold, MD 21012-0372

Phone: 410-647-3859

Website: www.annapolismoms.org

Anne Arundel Child Care Connections

Information and referral source

Headstart: 410-222-5000

Women, Infants, and Children (WIC): 410-222-6797 Maryland Infants & Toddlers Program: 1-800-535-0182 Child Care Administration: 800-637-5561 or 410-514-7850

Child Care Resource and Referral: 410-222-7856

Service Area: Anne Arundel County

Address: 200 West Street, Suite 201, Annapolis, MD 21401

Phone: 410-222-1712 Fax: 410-222-1723

Website: www.mdchildcare.org

Anne Arundel County Conflict Resolution Center

Conflicts which can be mediated - Neighborhood, Inter-Personal, Employment, Business, Family, Landlord/tenant, Roomate/housemate, School, Neighborhood association, Land use

Address: 2666 Riva Road Suite 130, Annapolis, MD 21401

Phone: 410-266-9033

Website: www.AACRC-MD.us

Other Services: Legal Services

Anne Arundel County Department of Aging & Disabilities

National Family Caregivers Support Program. Provides support for grandparents or other family members age 55 and up who are raising grandchildren under age 18.

Respite Care Program provides a list of respite care workers to those needing assistance. Care provided is determined by the individual's needs. Intakes are completed over the phone.

Service Area: Anne Arundel County resident

Address: Heritage Complex, 2666 Riva Road, Annapolis, MD 21401

Phone: 410-222-4464 (Annapolis); 410-222-6707 (Glen Burnie);

800-492-2499

Website: www.aacounty.org/aging Other Services: Grandparent Supports; Disabilities

Anne Arundel County Manpower Office

Temporary work service

Service Area: Annapolis, Crofton, Severna Park, and lower parts of Prince George's County

Eligibility Requirements: Bring resume

Address: 1907 West Street, Annapolis, MD 21401

Phone: 410-224-6990 Fax: 410-266-6328

Website: www.us.manpower.com

Other Services:

Arc of the Central Chesapeake (formerly the Arc of Anne Arundel County)

Provides individual and family supports for families of children with developmental/ intellectual disabilities. Includes subsidies for families for items such as medications. therapies, adaptive equipment, diapers, and respite care. Also, emergency funding available to avoid shut off notices or eviction notices. Additionally, the program provides educational advocacy to school-age children with an IEP.

Service Area: Families in Anne Arundel County and the Eastern Shore

Address: 931 Spa Road, Annapolis, MD 21401

Phone: 410-269-1883

Website: www.thearcccr.org

Other Services: Disabilities:

Arc of the Central Chesapeake Hispanic Family Services

In addition to services provided to all families, The Arc can assist Hispanic families with case management, translational services, information, referral and transportation to and from medical/school appointments.

Service Area: Anne Arundel County and the Eastern Shore

Address: 931 Spa Road, Annapolis, MD 21401

Phone: 410-693-5183

Website: www.thearcccr.org

Other Services: Disabilities; Language Services; Transportation

Arundel Child Care Connections

A list of child care providers that meets family's needs. Parents may then call providers to research options. Families of special-needs children (any kind of behavioral, medical, or physical issue) can request special-needs service. A group of counselors will assist with research to help match families with appropriate child care for the specialneeds child and any siblings. Behavioral and Mental Health Specialist will work with families and/or child care providers to address behavior issues.

Service Area: Anne Arundel County

Address: 77 West St. #300, Annapolis, MD 21401

Phone: Locate Child Care 410-222-1728, South County 410-867-2027 x1728

Website: www.arundelccc.org

Other Services: Disabilities

Associated Jewish Community Federation of Baltimore Jewish Big Brother and Big Sister League

Mentoring

Address: 5750 Park Heights Ave, Baltimore, MD 21215

Phone: 410-843-7456

Other Services: Educational supports

Behavioral Emotional Support & Training Program (BEST)

Behavioral support for children from birth to five in child-care settings. Assessments, planning, and training, as well as referrals for further interventions can be provided.

Service Area: Anne Arundel County

Address: Anne Arundel Community College, 101 College Parkway,

Arnold, MD 21012-1895

Phone: 410-777-2041 (North Co.) or 410-777-2042 (South Co.)

Other Services: Disabilities

Bello Machre

Respite care, supportive housing, and individual and family supports. Administers state rolling access funds.

Service Area: Anne Arundel County

Address: 7765 Freetown Road, Glen Burnie, MD 21060

Phone: 410-255-3805

Website: www.bellomachre.org

Other Services: Disabilities

Best Buddies Maryland

Matches individuals with and without disabilities in one-on-one friendship through five programs: Middle School, High School, Colleges, Citizens and e-Buddies (through the internet).

Service Area: All of Anne Arundel County for Citizens and e-Buddies; 14 Maryland college chapters; programs at Broadneck High School and Corkran and Magothy River Middle Schools

Address: 3500 Boston Street, Baltimore, MD 21224

Phone: 410-327-9812

Website: www.bestbuddiesmaryland.org

Other Services: Disabilities

Birthright

Provides free pregnancy testing; counseling; resources for pregnant women including medical and community resources, baby pantry, maternity clothes, baby food

Address: 613 Ridgely Ave, Annapolis, MD 21401

Phone1: 410-266-7700 (Annapolis) Phone2: 410-766-5433 (Glen Burnie)

Other Services: Teen Issues

Brain Injury/Traumatic Brain Injury Support Group

Support to individuals age 18 and up who are survivors of a brain injury or family members of a survivor. Meetings take place third Tuesday of the month.

Service Area: Statewide

Address: 820 Ritchie Hwy, Severna Park, MD 21146

Phone: 410-956-0015

Other Services: Disabilities

Care Connection

A unique in home psychiatric rehabilitation service for individuals who have severe and persistent mental illness. This service includes training on daily and community living skills as well as medication monitoring and support in utilizing appropriate treatment services. They will assist clients in negotiating resources such as housing, day program services, services from the Division of Rehabilitation, and educational programs. Individuals must have an Axis 1 diagnosis. Accepts medical assistance

> Address: 1215 Annapolis Rd, #202, Odenton, MD 21113 Phone: 410-519-1209; 301-596-1255; 800-389-5111

Fax: 410-519-1208

Website: www.careconnectioninc.com

Other Services: Transitions

Catholic Charities – Gabriel Project

Volunteers offer practical and emotional support to women and their children at the time of a crisis pregnancy. They also offer babysitting, counseling, limited health care assistance, housing and adoption, material needs, and transportation. Sponsored by the Pro Life Maryland Education Fund.

> Address: PO Box 2116, Bowie, MD 20718 Phone1: 1-800-533-0093 (English) **Phone2:** 1-800-643-5007 (Spanish)

Other Services: Emergency Supports; Transportation

Center for Family Development

Offers mother-daughter and father-son activities, parenting workshops, and a leadership program for young boys and girls. The Clinic serves children, adolescents, adults, married couples, and families in a wide variety of problem areas including mood disorders, anxiety disorders, communication problems, crisis intervention, school problems, personality disorders, relationship conflicts and spiritual direction by providing therapeutic services that respect and foster the psychological and spiritual needs of its clients.

Address: 1134 Bacon Ridge Rd., Crownsville, MD 21032

Phone: 410-923-8900

Other Services: Mental Health

Center of Help (El Centro de Ayuda)

Support and educational services to low-income families. Programs include an after school club, food distribution, referral and assistance programs, adult literacy, health classes, jobseeking assistance, and information on immigration issues/legal rights. Assists the Latino community with insurance, police issues, court, and domestic violence.

Service Area: Anne Arundel

Address: Allen Apartments, 311 Center Street, Annapolis, MD 21401

Phone: 410-266-8013; 410-295-3434

Other Services: Language Services

The Center for Adoption Support and **Education, Inc. (C.A.S.E.)**

Support center for adoptive families, providing specialized therapeutic services as well as numerous educational programs. C.A.S.E. offers several programs for promoting school success for adopted children and teens, particularly those whose learning may be impacted by pre-adoptive experiences.

Address: 11120 New Hampshire Ave., Suite 205,

Silver Spring, MD 20904

Phone: 301-593-9200 Fax: 301-593-9203

Website: www.adoptionsupport.org

Changing Focus

Educational and healing environments to adults, for growth during personal crisis. Programs include support groups for marital separation, divorce or death of a spouse.

Service Area: Central Maryland

Address: 1657 Crofton Pkwy., Crofton, MD 21114

Phone: 410-721-0992

Website: www.changingfocus.org

Changing People's Lives (CPL)

Long-term residential and short-term respite care for children and adults with developmental disabilities. These services are provided in private homes licensed by the Department of Health and Mental Hygiene as individual family care homes.

Service Area: Statewide

Address: 500 Redland Court, Suite 204, Owings Mills, MD 21117

Phone: 410-581-7800

Website: www.cplcares.org

Other Services: Disabilities

Child Parent Counseling

We are located on the second floor in the same building as South River Pediatrics.

Parenting Family conflict **Anxiety**

Mood swings Abuse Adjustment to Depression Temper tantrums parenthood

Behavior problems Separation issues Separation/divorce

Social difficulties **Parenting** Sleep issues Maternal mental health Child-parent conflict Eating issues Attachment Anger Loss/grief Self-injury Trauma Illness

Consultation and counseling at Child Parent Counseling utilizes evidence-based approaches to work with children and families prenatal to early adulthood. Counseling often draws from the following therapies and theories: cognitive behavioral therapy, dialectical behavior therapy, trauma-focused cognitive behavioral therapy, attachment theory and directive and non-directive play therapy and sand tray therapy. Parents can receive specialized consultation through individual sessions. Children and adolescents may benefit from individual, group or family counseling. Upon our initial meeting, Child Parent Counseling will discuss with you the recommendations that may best help your family. We specialize in services provided for the following stages of parenting & development:

Pregnancy & Post-partum Preschoolers-Elementary Pre-teen to Teenagers/ Babies Early Adulthood **Toddlers**

Do you accept my insurance?

At this time, Child Parent Counseling is accepting self-pay clients only. We will work with you and your insurance company to file claims for an out-of-network provider. Your insurance may reimburse a portion of the counseling fee. Please check with your insurance carrier for more information on using an out-of-network provider. Child Parent Counseling may become an in-network provider with your insurance company. Please feel free to contact us for the most up to date information. Keep in mind that insurance companies do collect information on diagnosis and can access your mental health record.

What is your cancellation policy?

Kindly give 24 hours notice if you need to cancel or reschedule your appointment. Cancellations less than 24 hours notice will be charged a \$40 fee, payable prior to your next session.

How do I make an appointment?

continued on next page

Child Parent Counseling has morning, afternoon and evening appointments available on weekdays. Morning and day appointments are also available on the weekends.

How much does counseling cost?

Current self-pay fees for counseling services are as follows:

- Initial assessment \$100 (60 min.)
- Individual/family session \$85 (45-50 min.)
- Group counseling \$35 (45-50 min.)
- Child Parent Relationship Therapy (group) \$45 (90 min.) or a reduced rate for 10 session package

Address: 224 Mayo Road, Suite E, Edgewater, MD 21037

Phone: 410-858-4292 Fax: 410-649-5256

Email: kelly@childparentcounseling.com

Other Services: Mental Health

Child Support Enforcement of Anne Arundel County

Address: 44 Calvert Street, 2nd Floor, Annapolis, MD 21401

Mailing Address: PO Box 1870, Annapolis, MD 21401

Phone: 800-332-6347

Other Services: Legal Issues

Comfort Keepers #544

Non-medical assistance to individuals age 18 and up. Some of the services provided are companionship, personal care meal prep, laundering, errands, and transportation to doctors appointments and other commitments, just to name a few.

Service Area: Generally Anne Arundel County, but will service in areas where there is not another Comfort Keepers.

Address: 408 Headquarters Drive, Millersville, MD 21108

Phone: 410-729-8404

Website: www.comfortkeepers.com

Other Services: Disabilities

Community Services Administration – Office of Community Initiatives

Contact this organization to find out about programs and services for teenage fathers.

Address: 311 W. Saratoga Street, Baltimore, MD 21201

Phone: 410-767-4982

Website: www.FatherhoodMD.org

The Coordinating Center

Comprehensive care coordination for individuals with complex medical needs and disabilities, allowing them to be fully included at home and in the community. Model Waiver, Medical Assistance Rare and Expensive (REM) Case Management, Family Resource Fund Committee, and Autism Waiver provider. Service coordination is provided through the Maryland Community Choices for adults with physical disabilities and the Maryland Infants and Toddlers Program.

Service Area: Anne Arundel County

Address: 8258 Veterans Highway, Suite 13, Millersville, MD 21108

Phone: 410-987-1048; 301-621-7830

Website: www.coordinatingcenter.org

Other Services: Physical Health; Disabilities

Day Care and Child Providers Arundel Child Care Connections

To find licensed childcare call the Arundel Child Care Connections' Locate number. This service can also assist finding Head Start, early education, and nursery schools.

Phone: 410-222-1728

Other Services: Educational supports

Disability Entitlement Advocacy Program (DEAP)

Provides representation and assistance for families applying for Supplemental Security Income (SSI) for their child and/or children. No attorney is needed.

Service Area: All of MD

Eligibility Requirements: Parent must be receiving temporary cash assistance (TCA) and child must be certified, by a physician, to have a disability that will last for at least 12 months.

Must obtain a DEAP referral through the Department of Social Services.

Address: Anne Arundel County Department of Social Services,

80 West Street, Annapolis, MD 21401

Phone: 410-332-0185

Other Services: Disabilities

Employment – One-Stop Career Centers

Provides high quality, innovative workforce solutions for Anne Arundel County residents, free of charge. The Anne Arundel One-Stop Career Center is a partner in the Maryland Workforce Exchange System. Offices have resource areas equipped with internet access, job search resource materials, and resume writing software. Also offered are free faxing, copying, online computer access, and workshops to assist in finding employment. Services are available upon request to individuals with disabilities.

For Anne Arundel County:

Website: www.dllr.maryland.gov/county/anne

For other Maryland counties:

Website: www.dllr.maryland.gov/employment/onestops.shtml

Other Services: Educational Supports

Exceptional Family Member Program

Respite care for military families (up to 40 hours per month)

Service Area: Anne Arundel County

Eligibility Requirements: Families must submit an application and a letter from a physician verifying the disability of the family member.

Phone: 301-677-5590

Website: www.usmc-mccs.org/efmp

Other Services: Disabilities

Family Alliance Counseling and Educational Center

Address: 8028 Ritchie Highway Suite 310, Pasadena MD 21122

Phone: 410-768-3361

Other Services: Mental Health

Family & Children's Services of Central Maryland

General counseling and sexual abuse counseling to children

Service Area: Anne Arundel County, Baltimore City, Baltimore County, Carroll County, Hartford County, and Howard County.

Address1: Arundel Center North, 101 North Crain Highway,

Glen Burnie, MD 21061

Address2: Sigma Business Plaza, Suite 204 45 Old Solomons Island Rd,

Annapolis, MD 21401

Phone: 410-571-8341 Website: www.fcsmd.org

Other Services: Mental Health

Family Resource Center of AACPS

Community sponsored parenting workshops

Address: Oakwood Elementary School, Portable B

Phone: 410-222-6429 Fax: 410-222-3806

Website: www.aacps.org/aacps/boe/commu/frc/calendar.asp

Other Services: Educational Supports

Family Support Centers

Center for young parents with children from birth to three, expectant parents, and community members who want to increase their self-sufficiency skills. Specialized programs focus on education, employment, parenting, life skills, in-home interventions, and child development.

Service Area: Anne Arundel County

Address: Anne Arundel County Department of Social Services,

80 West Street, Annapolis, MD 21401

Phone: 410-269-4480 (Annapolis); 410-421-8560 (Glen Burnie)

Other Services: Educational Supports

FIRN, Inc. Resources for the Foreign-Born Language Connections –

Translation services bridge the language gap by providing professional, culturallysensitive interpreting and translation services for public agencies, businesses, and other organizations that work with the foreign-born. Provides translations of text and documents, particularly in the fields of health and human services, including forms, transcripts, marriage records, and birth certificates. Interpreters fluent in more than 50 languages, most of whom specialize in health and human services, also are available.

Human and Social Services - This includes referrals to area human and social service providers; registering children for Head Start, school and other educational programs; accessing insurance and legal aid; and providing assistance with taxes, obtaining/protecting credit, completion of application forms, etc. Provides social counseling and English tutoring after school to foreign school aged children.

Health - This includes referrals to free or low-cost clinics, hospital programs and government health and mental health services; assistance with major medical bills; referrals for free vision and hearing screenings, glasses, prescription drug programs, dental care, nutrition counseling, and sexual assault and domestic violence centers; crisis counseling; preventive health counseling; and health materials in other languages.

Address: 5999 Harpers Farm Rd, Suite E-200, Columbia, MD 21044

Phone: 410-992-1923

Website: www.firnonline.org

Other Services: Language Services; Physical Health; Educational Supports; Mental Health

Free and Reduced Meals

Division of Food and Nutritional Services, AACPS

Anne Arundel County Public Schools offer healthy meals every school day. Students who have applied and are eligible will receive meals free or at a reduced price

Eligibility: Lives in a household receiving benefits from Supplemental Nutrition Program (SNAP) or TCA is a foster child. In a household participating in Women's, Infant, and Children's (WIC)

Phone: 410-222-5900

Website: www.aacps.org/nutrition/meal.asp

Other Services: Educational supports

Friends of Early Childhood Intervention— **AA County Parent Group**

Parent Group providing support and networking opportunities for Parents of children ages birth- 5 years

Phone: 410-695-2748

Hospice of the Chesapeake Spiritual & Bereavement **Care Center**

Support groups for grieving children and teens (ages 6-17) that usually run for 6 weeks. Parents must accompany child to group. They also have 2 summer camps for children that they hold 2 weekends out of the summer at Arlington Echo. Individual counseling is also available.

Service Area: All of MD

Address: 445 Defense Highway, Annapolis, MD 21401

Phone: 410-987-2129

Website: www.hospicechesapeake.org

Other Services: Bereavement Support; Mental Health

Institute of Family Centered Services (IFCS)

Family Centered Treatment[™] (FCT)

Address: Executive Park West, 3102 Lord Baltimore Dr., Suite 212,

Baltimore, MD 21244

Phone: 410-298-9727 Fax: 410-298-9728

Website: www.ifcsinfc.com

Other Services: Mental Health: Abuse: Disabilities

Isabel's Gift

Supports families with children in the Neonatal Intensive Care Unit at Anne Arundel Medical Center. Small-dollar donations available through Pink Heart Family emergency assistance grants, which can help NICU families with necessities like transportation and car seats.

Phone: 443-562-6303

Website: www.isabelsgift.com

Other Services: Health – Physical

Jill Fox Memorial Fund

Funds used to purchase medical items, orthotics, wheelchairs, and therapy sessions.

Eligibility Requirements: Representative will complete home visit to interview family regarding purchase. Family must disclose income. Families with income above \$80,000.00 will not be considered. The fund does not cover services already provided.

Phone: 410-727-4828 ext. 322 or 272

Fax: 410-752-1177

Website: www.jillfoxfund.org

Other Services: Health - Physical

Judy Center

Playgroups, Adult Education Programs, school readiness, Home Visitation programs, resource coordination; 8:00am-4:00pm

Amy Beal, Coordinator – adbeal@aacps.org

Nancy Cahlink-Seidler, Family Services Coordinator – ncahlink-seidler@aacps.org Nancy Garcia, Play and Learn Group Leader – igarcia@aacps.org

Address: Hilltop Elementary School, 415 Melrose Ave.,

Glen Burnie, MD 21061

Phone: 410-562-1606

Other Services: Educational Supports

Juvenile Intervention Family Independence (JIFI) Project — Chesapeake Center for Youth **Development**

JIFI is a voluntary program that provides family and community support services for the juvenile and his/her family as well as coordination with legal representation in court. Support services are not time limited and include the following: An in home family assessment, substance abuse screening, development of a treatment plan, educational advocacy, transportation to court hearings, school, and first time community appointments during daytime hours, referrals to community services and resources such as GED/vocational programs, individual and/or family counseling, mental health evaluations and treatment (including medication management), selfhelp support groups, medical services, medical insurance for youths (up to age 19), job training and placement services, energy assistance programs, substance abuse treatment, parenting groups and seminars, and monitoring assistance with completion of court-ordered conditions.

Address1: 1700 Margaret Ave., Annapolis, MD 21401

Phone1: 410-974-2201x311:410-295-8827

Fax1: 410-974-2903

5015 Ritchie Highway, Baltimore, MD 21225

Phone2: 410-636-7943 Fax2: 410-789-5864

Website: www.ccyd.org/Default.asp?page=49

Other Services: Mental Health; Teen Issues; Legal Services

Kennedy Krieger Institute-

Center for Autism and Related Disorders (CARD)

A multi-faceted, multidisciplinary program for children with autism spectrum disorders and their family members. CARD combines research, clinical (assessment and intervention) services, as well as community outreach and training to help improve the lives of individuals with autism spectrum disorders, their families, and the community who cares for them.

Clinical Program – Team evaluations are conducted for the diagnosis of children with autism and related disorders. These carefully designed evaluation teams include a combination of the following disciplines, depending on the child's needs: Psychiatry, neurology, developmental pediatrics, neuropsychology, speech-language pathology and occupational therapy. Call Main Intake Care Management at 443-923-9400.

Achievements Therapeutic Day Program – Individualized treatment in a small group setting to young children (2 years and 9 months to 5 years and 11 months old) who have difficulties with communication and social interaction. The following skills are emphasized: language, social communication and interaction, and self-regulatory development. For more information call 443-923-7880.

Outreach and Training – CARD provides many outreach and training activities for professionals and parents, including an annual Autism conference and many workshops. They also create outreach and training programs to match the specific needs and requests of the participants, provide student-specific consultations as well as consultations for classroom design and intervention programming.

Address: Greenspring Campus, 3901 Greenspring Ave,

Baltimore, MD 21211

Phone1: (888) 554-2080 or 443-923-9400 (referrals and initial evaluations)

Phone 2: 443-923-7630 (follow up appointments)

Website: www.kennedykrieger.org/kki_cp.jsp?pid=1394

Other Services: Disabilities; Educational Supports

Kennedy Krieger Institute–

Child and Family Support Program

Home-based therapy (occupational therapy, physical therapy, speech therapy) to enhance the abilities of the child with a developmental disability; psychotherapy to children and adults with mental health diagnoses; evaluation, adaptation and monitoring of specialized equipment needs in the home; training of parents in the skills that will assist them in caring for their child in the home; informing parents of current information concerning their child's development and assisting them in obtaining needed services; support and counseling for parents and siblings during times of stress; and a toy, book and equipment lending library for use by families.

Address: 2911 E. Biddle Street, Baltimore, MD 21213

Phone: 410-298-7000

Website: www.kennedykrieger.org/kki_cp.jsp?pid=1396

Other Services: Disabilities; Mental Health

Kennedy Krieger Institute-

Family Center: Community Programs

Mental health and support services for children, adolescents, and families who experience or may be at risk for trauma through the effects of abuse, neglect, and environmental factors. Prevention, early intervention, assessment, and treatment are part of the continuum of services.

Birth to Five Clinic – inter-disciplinary clinic resource for infants, toddlers, and preschoolers to include assessments, evaluations, treatment to address social, emotional, cognitive, speech, or motor concerns

Family Clinic – family focused supports for improving parenting strategies, working through trauma, prevention of out of home placement

Group Clinic – theme centered groups for skill building

Individual Treatment – ages 3-18 years long and short term treatment with emotional and behavioral difficulties

Clinics include: S.M.A.R.T. Clinic, S.T.A.R. Clinic, New Start Clinic, The Unity Clinic, Psychiatric Assessment and Medication Management, Psychological Evaluation Clinic, Case Management Services, Home-Based Therapy

Address: 2901 E. Biddle Street, Baltimore, MD 21213

Phone1: 443-923-5918 Phone2: 443-923-5980

Other Services: Abuse; Disabilities; Mental Health

Kennedy Krieger Institute-

PACT: Helping Children with Special Needs

PACT is a program that seeks to promote the development of young children with special needs and/or high risk factors for developmental delays through programs that provide comprehensive assessments; early intervention services; family support services; parent education, specialized childcare; and professional training.

Comprehensive Therapy Center (CTC) – The CTC serves children from infancy up to 18 years of age with identified or suspected developmental delays. It offers evaluations; physical, occupational and speech/language therapies; mental health services; and service coordination. In addition, the program offers training and counseling for parents and other caregivers. Call 410-298-7000

A World of Care – World of Care provides specialized childcare services to children ages six weeks to five years of age with developmental delays and/or medical challenges that require daily nursing interventions. World of Care also offers after-school care for children age three and four who meet the medical eligibility requirements. Daily nursing assessments are provided to all medically fragile children. Physical, occupational, and speech/language therapies are provided as needed, by Comprehensive Therapy Center therapists; mental health services are provided by social workers. World of Care is one of only two medically-based child care centers in Maryland. It serves children and families from the entire Baltimore metropolitan region. Call 410-298-7000

Growing Together – Growing Together is a supported parenting program for mothers and fathers who are cognitively limited and have children under age three. The program has a dual focus: teaching safe, effective, and nurturing parenting techniques while also providing therapy (i.e., physical, occupational and speech/language therapy) to the children, if needed, and parent-child developmental activities to enhance the child's developmental progress. Call 410-298-2645

Address: PACT Building, 7000 Tudsbury Rd., Baltimore, MD 21244

Phone: 410-298-7000 Fax: 410-448-7366

Website: www.kennedykrieger.org/kki_cp.jsp?pid=1571&bl=1

Other Services: Disabilities; Educational Supports; Mental Health

Kids in Safety Seats

Helps with car seats

Phone: 800-370-7382 Other Services: Teen Issues

Laurel Advocacy and Referral Services (LARS)

Faith-based group that provides families with support and assistance for mental health issues, utilities, rent, domestic violence, etc. Also provides shelter and transitional housing. The Intake Management Overflow Shelter operates from November to March. *Assists homeless and low-income individuals or families experiencing crisis with emergency and long-term services designed to promote self-sufficiency (Food, BGE, Eviction Prevention, Transitional housing and support services, employment assistance, referrals for drug/alcohol/addiction treatment, budget planning)

Service Area: Greater Laurel Area which includes Beltsville, Savage and Scaggsville Areas. Eligibility Requirements: Individuals must be single to stay at the shelter.

Address: 311 Laurel Ave., Laurel, MD 20707

Phone: 301-776-0442

Website: www.laureladvocacy.org

Other Services: Emergency Supports; Mental Health

Low Intensity Support Services (LISS)

Previously known as Rolling Access funds

A funding source that can be used to pay for experiences or equipment of direct benefit to the person with a disability. These funds need to be applied for using a single page application. Some examples of things that LISS can pay for are: camp experiences, medical treatments not covered by insurance, equipment not covered by insurance (excluding iPads or computers), therapeutic horseback riding, and musical therapy.

Address1: Humanim, Inc., 1708 Gay Street, Baltimore, MD 21213

Phone1: 410-381-7171: 1-877-230-4951

TTY: 711

Fax1: 410-381-0782

Website: www.humanim.com

Address2: Penn-Mar Human Services, 310 Old Freeland Rd.,

Freeland, MD 21053

Phone2: 1-877-282-8202 Fax: 410-357-4767

Website: www.penn-mar.org

Other Services: Disabilities

March of Dimes Maryland Chapter

Course for pregnant teens at Holy Cross Hospital; Healthy Beginnings at Anne Arundel Medical Center; services to the African American and Latino Community

Address: 175 W Ostend Street Suite C, Baltimore, MD 21230

Phone: 410-752-7990

Website: www.marchofdimes.com

Other Services: Teen Issues; Language Services

Maryland Coalition for Inclusive Education (MCIE)

MCIE is a statewide nonprofit organization dedicated to the inclusion of students with disabilities in their neighborhood schools. They seek to promote the meaningful and successful participation of all students in their neighborhood schools, through partnerships, advocacy, professional development, and public education. In collaboration with the national Professional Development in Autism Center, MCIE helps train and support school districts in their inclusion of students with Autism Spectrum Disorders.

Service Area: Statewide

Address: 7484 Candlewood Road, Suite R., Hanover, MD 21076

Phone: 410-859-5400; 800-899-8837

Fax: 410-859-1509

Website: www.mcie.org

Other Services: Educational Supports

Maryland Committee for Children

Resources for child care, respite care, mental health services, transportation, recreation, etc.

Service Area: Statewide

Address: 608 Water St., Baltimore, MD 21202-7588

Phone: 410-625-1113 TTD: 410-385-1042

Website: www.mdchildcare.org

Other Services: Mental Health

Maryland Healthy Kids Program/Pregnant Women and Children's Program

Provides medical assistance coverage for pregnant women and children up to 19 years of age. Generous income guidelines.

Phone: 410-222-4792

Other Services: Teen Issues; Physical Health

Mental Health Association of Maryland

The Mental Health Association of Maryland is an affiliate of the National Mental Health Association. They offer progressive programs resulting in improved outcomes and recovery, increased research, and greater public understanding and awareness of the needs of children and adults with mental illnesses.

The Kids on the Block puppet troupe – brings lively education and discussion to Maryland schools, teaching children to understand and express their feelings and helping them develop problem-solving skills, and encourages them to express their feelings and concerns.

PEERS: Seniors in Partnership – provides community education, outreach and volunteer support to people age 60 or older living in Baltimore County.

The Mental Health Players – is a troupe of volunteer actors that expands awareness and educates community members about mental health issues, mental illnesses, relationship problems, substance use, and a comprehensive range of societal problems.

The Caring for Every Child's Mental Health Campaign – is an outreach project to educate parents, teachers, caregivers, policy makers and all caring adults about mental health and mental illnesses in children.

The Respite Program – provides short-term temporary care for the caregiver of a child with special needs, offering a break and helping reduce stress for both the parent and the child. The Respite program also provides training about the needs and concerns of families for respite care community workers.

The Mental Health Association of Maryland – works with legislators, public policy leaders, consumers, family members and mental health professionals to ensure that humane, effective and affordable services are available and accessible to those who need them.

Service Area: Statewide

Address: 711 W. 40th St., Suite 460, Baltimore, MD 21211

Phone: 410-235-1178; 800-572-MHAM

Fax: 410.235.1180

Website: www.mhamd.org

Other Services: Mental Health; Educational Supports

The Military One Source

A 24/7 resource site for active, reserve, or retired military soldiers, spouses, and their families. Educational, social, emotional, and the physical well being of soldiers within the Army, Marines, Navy, National Guard, and Air Force are targeted. Specifically this site addresses the concerns of family, recreation, health, relationships, financial, and legal services. Assorted links direct you to additional sources more specific to one's individual interest or need.

Website: www.militaryonesource.com

Nathaniel's Hope Buddy Break

Local chapter of national, faith-based outreach program. Free monthly respite for caregivers of children with special needs. Kids are paired one-on-one with a screened, trained volunteer who is at least 14 years old. Families participate in an orientation program.

Service Area: Anne Arundel County

Address: North Arundel Church, 7610 Baltimore & Annapolis Blvd.,

Glen Burnie, MD 21060

Phone: 410-787-9893

Website: www.nathanielshope.org

National Family Resilience Center (NFRC), Inc.

(Formerly Children of Separation and Divorce Center)

The NFRC seeks to help children and adults preserve a sense of family, foster healthy relationships, and constructively adjust to change, especially during times of individual and family transitions. To accomplish these goals, they offer a variety of resources for families and professionals, including individual, family, and multiple family and group clinical programs for children and adults, co-parent counseling, mediation, FamilyConnex(c) on line parenting plan program, marital, reconciliation, separation and divorce programs, community outreach programs and workshops, volunteer peer counseling program, research, professional development and training programs, and an expansive library of NFRC-authored books and training manuals. Some support groups are offered in Spanish, as is some material on the website.

Address: 10632 Little Patuxent Pkwy., 2000 Century Plaza Suite 121,

Columbia, MD 21044

Phone: 410-740-9553; 301-384-0079

301-596-1677

Website: www.divorceabc.com

Other Services: Language Services

Naval Military Support Activity-Annapolis

Address: School Liaison Office, 348 Kincaid Rd., Annapolis, MD 21402

Phone: 410-293-2641

Other Services: Emergency Supports, Educational Supports, Disabilities, Mental Health

Next Step of Maryland, Inc.

Outpatient mental health clinic and therapeutic behavioral service. Provides oneon-one therapeutic aides in the home and school. Children diagnosed with ADHD, bipolar disorder, anxiety disorder, depression, anger management, oppositional defiant disorder, mental retardation, low self-esteem, conduct disorder, academic underachievement, peer and/or sibling conflicts, autism, suicidal ideation and/or attempts. Individual, family, and group therapy. Respite service coming soon. Medical Assistance accepted

Address: 90 Painters Mill Rd., #225, Owings Mills, MD 21117

Phone: 443-394-6442 Fax: 443-394-7955

Other Services: Mental Health

Organization of Hispanic/Latin Americans of Anne Arundel County

Housed in the Anne Arundel County Department of Social Services (DSS) office. Matches individuals with other government agencies according the type of services needed. Offer a mental health support group for women only that meets on Thursdays. Grow Right Grow Bright is a program offered to parents/caretakers teaching them how to better care for their children. Veronica Birch Charitable Foundation has a program that works with children who have autism. They also offer a free video to the families with more information on autism.

Service area: Anne Arundel County resident

Address: 80 West Street, Annapolis, MD 21401

Phone: 410-956-5882

Other Services: Disabilities, Mental Health; Language Services

Parenting Center at Anne Arundel Community College (Formerly the Family Outreach Network)

Evening and weekend parenting classes at the Arnold Campus and Arundel Mills, Online Courses, Brown Bag Lunchtime Lectures, Online Monthly Parenting Newsletter, Customized training for parents through schools, churches, or community organizations, telecasts on local television, professional consultations about children, parenting, and family life.

Popular Topics include:

- Parenting the adolescent
- Dealing with bullies
- Managing anger in the family
- Parenting after separation and divorce
- Balancing work and family life

Address: 101 College Pkwy., CALT 118, Arnold, MD 21012-1895

Phone: 410-777-2159

Website: www.aacc.edu/parenting

Other Services: Educational Supports

Parents' Place of Maryland

Parent-directed resource center dedicated to enhancing the ability of persons with disabilities to participate as fully as possible in home, school and community life through education, information, individual assistance, and support activities for their parents and families.

Address: 801 Cromwell Park Drive, Suite 103, Glen Burnie, MD 21061

Phone: 410-859-5300

Website: www.ppmd.org

Other Services: Educational Supports

Partners for Success Resource Center

Provides families, professionals, and community with information, training, and support.

Address: Oakwood Elementary School, 330 Oak Manor Drive,

Glen Burnie, MD 21061

Phone: 410-222-3805

The Pro Bono Counseling Project

Offers referrals to participating volunteer therapists for outpatient counseling for those who are low income or uninsured.

Supports families and individuals in need of low-cost or free mental health services Free or minimal costs

Address: 110 West Road, Suite 202, Baltimore, MD 21204

Phone: 410-323-5800; 877-323-5800

Website: www.probonocounseling.org

Other Services: Mental Health

Respite Care

Navy Exceptional Family Member (EFMP)

Respite care is designed for navy families who have children identified as Exceptional Family Members who are diagnosed with highly specialized medical or educational needs that require long term assignments near major medical facilities or locations that support continuity of care. Up to 40 hours of respite care pre month per EFMP child. No income restrictions and this service in free to eligible Navy families.

Phone: Child Care Aware 800-424-2246:

Easter Seals Respite - 301-920-9718

Other Services: Disabilities

Respite Care Referral – Anne Arundel County **Department of Aging and Disabilities**

Links pre-screened, self employed home care workers with families in need of assistance

Phone: 410-222-4464

Other Services: Disabilities

The Salvation Army Child Development Center

Licensed child care center; accepts children with special needs

Address: 351 Hilltop Ln., Annapolis, MD 21402

Phone: 410-268-4577

Other Services: Disabilities

Stanton Community Center

The Stanton Community Center has provided its community with multiple services in the city of Annapolis. The building serves as a community resource for children and adults offering recreational and cultural enrichment opportunities and health, medical, therapeutic, and counseling services. Programs include:

City of Annapolis Recreation and Parks Department- focusing on physical and social health and community pride

Annapolis Youth Services Bureau- focusing on reducing juvenile delinquency

We Care and Friends- focusing on developing strong families and strengthening communities especially in areas affected by drugs and poverty

Address: 92 West Washington Street, Annapolis, MD 21012

Phone: 410-295-5519

Other Services: Mental Health, Teen issues, Physical Health

United States Naval Academy Fleet and Family Support Center

Supports Navy, Marine Corps and other military personnel, retirees and family members.

The Family Advocacy Program is designed to strengthen families and to help family members stop hurting the ones they love. It involves prevention, education, intervention, and treatment of child and spouse abuse/neglect.

The Sexual Assault Victim Intervention Program aims to reduce the incidence of rape and sexual assault through prevention education. It also provides crisis intervention, advocacy and support for victims, and collects numerical data on such incidents within the Navy.

Crisis Response is the quick response provided for commands, personnel, and families when they are faced with crisis situations, ranging from sexual assault, or loss of life, to natural or Naval disaster, to evacuation or war. In the midst or aftermath of an incident, the FFSC provides command consultation, crisis intervention, coordination of support, resources and volunteers, 24 hour information and referral, Critical Incident Stress Debriefing, and follow-up counseling or referral service.

Employment Assistance addresses spouse's and family member's need to obtain suitable employment, establish career goals, and maintain career progression, despite frequent relocations. Services are self-help, one-on-one, and classroom style covering career planning, resume writing, job search, interview skills, and salary negotiation.

Life Skills Education provides workshops on topics such as: Anger Management, Stress Management, Conflict Resolution, Communication Skills, Marriage Enrichment, Parent Effectiveness, and Child Development to enhance personal and family skills for work and home, reduce marriage/family conflict, and enhance the member's productivity and deployability.

The Exceptional Family Member Program ensures military families with chronic illness or disabilities can receive needed services regardless of the member's duty assignment. The FFSC provides program information, education, and counseling. Personal Financial Management is the Navy's effort to promote good money management skills within its force. Services include individual counseling and workshops which address check writing, managing credit, avoiding debt, and planning for your financial future.

The Transition Assistance Program helps Navy and Marine personnel and their families prepare for separation from active duty.

Address: NSA Annapolis, 348 Kinkaid Rd., Annapolis, MD 21402

Phone: 410-293-2641 Fax: 410-293-5380

Website: www.usna.edu/FamilyServices/homepage.html

Other Services: Abuse; Mental Health; Disabilities; Legal Services

Vesta, Inc.

Inpatient and outpatient programs for individuals with a wide range of psychological difficulties, including serious mental illness. Services include individual, couple, family, and group therapy; medication management; psychological evaluations; affordable housing with support services; skills training and rehabilitation; substance abuse counseling, supported employment.

Can Therapy Help Me?

- Do you feel sad and hopeless?
- Do you feel detached and distant from loved ones?
- *Is it hard for you to concentrate?*
- Do you feel badly about yourself?
- Do you feel like you worry all the time?
- Do you have panic attacks?
- Could you have trouble controlling your anger?
- Do you have trouble controlling your drinking or drug use?
- Do you have trouble managing your children?

Our Clinics Provide the Following Services

- Individual, Family, Couples and Group Therapy
- Off-site and In-home Therapy
- Psychiatric Assessment and Medication Management
- · Psycho-educational Programs: Parenting, Anger Management, Social Skills, Dealing with difficult Adolescents.

Vesta's Professionals use the following modalities:

- Cognitive-behavioral therapy
- Psychodynamic therapy
- Family systems therapy (structural, strategic, narrative, collaborative, EFT)
- Expressive Therapies (play, art, and recreation)
- Eye Movement Desensitization & Reprocessing (EMDR)
- Psychodrama

Accepted Insurances

- MD Medicaid
- Medicare
- Primary Adult Care (PAC)
- Carefirst Blue Cross Blue Shield (Silver Spring ONLY)
- Carefirst Blue Choice or any Magellan Provider (Silver Spring ONLY)
- Self Pay

• Out of network for any insurance

Uninsured Clients: Vesta accepts uninsured clients in the state of Maryland if you have low-income and a valid social security number and meet any of the following criteria:

- having been released from a psychiatric hospital in the last three months
- having been released from jail in the last three months
- having been treated in the public mental health system in the last two years
- being homeless and seeking refuge in a shelter

Accepts MA, Self-Pay

Address: 1202 Annapolis Rd., Suite F, Odenton, MD 21113

Phone: 410-672-2862 Fax: 240-383-3435 Email: IRC@vesta.org

Website: www.vesta.org

Germantown

Intake interviews: Tuesdays 10am - 5:30pm ONLY

Address: 20410 Observation Dr. Suite 108, Germantown, MD 20876

Phone: 240-296-5862 Fax: 301-528-4315

Silver Spring

Intakes by appointment: Call Monday - Friday 9am - 5pm

Address: 8737 Colesville Rd., Suite #700, Silver Spring, MD 20910

Phone: 240-296-5858 Fax: 240-383-3435

Other Services: Mental Health: Substance Abuse

Villa Maria Continuum Services (Division of Catholic Charities)

In-patient, in-home and school-based mental health services. Residential treatment programs for students needing restrictive environments, weekend therapeutic respite programs. Child and adolescent crisis unit.

Service area: Anne Arundel and Prince George's Counties

Address1: 320 Cathedral Street, Baltimore, MD 21201

Phone1: 410-538-3388

1118 Light St, Baltimore, MD 21230

Phone2: 410-451-0682

Website: www.catholiccharities-md.org/children/villa-maria-

continuum

Other Services: Educational Supports; Mental Health; , Crisis Intervention

Volunteer Center for Anne Arundel County

Volunteer opportunities for youth and adults with and without disabilities

Service Area: Anne Arundel County

Address: 2666 Riva Road, Suite 130, Annapolis, MD 21401

Phone: 410-897-9207 Fax: 410-222-4589

Website: www.VolunteerAnneArundel.org

Other Services: Teen Issues: Disabilities

Volunteer for Medicaid Engineering

Planning, possible funding, and completion of projects including adapting home equipment. This program will help adapt your house with equipment.

Phone: 410-243-7495

Other Services: Disabilities

Volunteer Foster Grandparent Program

Provides volunteer opportunities to low-income seniors to give ongoing support and supervision to children with special needs

Phone: 410-222-4464

Other Services: Disabilities

Whole Self Center

Family training, intensive individual support services, respite care, and individualized treatment plans for individuals with autism through the Maryland Medical Assistance Autism Waiver Program.

Service Area: Anne Arundel County

Address: 402 Halsey Road, Annapolis, MD 21401

Phone: 410-990-1230

Website: www.wholeselfcenter.com

Other Services: Disabilities

Women, Infants and Children (WIC) Program – **Family Health Administration**

Supplemental nutrition program for pregnant women, infants and children under 5.

Address: 201 W. Preston St., Rm 306, Baltimore, MD 21201

Phone: 410-767-5300 Fax: 410-333-7106

Other Services: Teen Issues; Health - Physical

YWCA

Individual counseling and referral services to those who have experienced domestic violence, psychological, emotional, physical, and/or sexual abuse in their intimate relationships. Referrals and intakes are offered to those who use, or have been accused of using, abusive behaviors. Sexual assault counseling for children and adolescents ages 6-18; teen parenting program for adolescents ages 14-18. Informational literature and educational programs regarding domestic violence are also available to individuals, community organizations, and businesses. For more information about the YWCA and its programs, call:

Career Services: 410-757-5400; 410-974-0084 Counseling Services: 410-757-8300; 410-974-0084

Domestic Violence Program: 410-757-8300; 410-974-0084

Domestic Violence Hotline: 410-222-6800

Education and Recreation Programs: 410-626-7800

Service Area: Anne Arundel County. After school programs for Annapolis Middle, Lindale

Middle and Chesapeake Bay Middle

Address: 1517 Ritchie Hwy (Suite 201), Arnold, MD 21012-2461

Phone: 410-626-7800

Website: www.ywca.org

YWCA of Annapolis and Anne Arundel County

Offering multiple programs designed to support your family or child. Sliding scale payment fees accepted

Mentoring for Youth – Therapeutic Mentoring program designed for youth 8-18 with social and emotional concerns. Children can build their social skills with the support of a trained mentor. Children participate in group activities, support groups, one to one meetings and field trips. Referrals from Anne Arundel County Mental Health Agency

Transition to Independence – Therapeutic case management services specifically designed for teen mothers. Goal of program is to ensure graduation from high school, positive parenting skills, understanding of child development, and vocational consideration and family support. Ladies 13 through 18 who are pregnant or have a child 0-7 years.

School Based Mentoring for Teen Ladies – Group of high school female students meet after school. Program is designed to enrich the girls in the areas of social life skills, financial planning, higher education, and career options, and exposure to fine arts, employment opportunities, healthy choices, and parental involvement through weekly home visits. Contact Annapolis High School to learn more.

School Based Intervention Program (Middle School) – STAR Academy after school program provides additional assistance to students with social, emotional, and academic challenges. Program focuses on increasing school attendance, improving academic performance, social interaction, health and wellness, and recreational opportunities. Referrals received through their school counselors or administrators.

Address: 1517 Ritchie Highway, Suite 201, Arnold MD 21012

Phone: 410-626-7800

Website: www.annapolisywca.org

Other Services: Teen Issues, Health – Women's Care, Educational Support

YWCA

Domestic Violence Program

Information, referrals, support, and emergency shelter provided 24 hrs a day/7 days a week

Address: 1517 Ritchie Highway, Suite 101, Arnold, MD 21012

Phone: 410-757-8300; 410-974-0084

Fax: 410-757-0908 410-222-6800 Hotline:

Other Services: Crisis Intervention: Abuse

YWCA

West County Family Support Center

Center for young parents with children from birth to three, expectant parents, and community members who want to increase their self-sufficiency skills. Specialized programs focus on education, employment, parenting, life skills, in-home interventions, and child development. Some programs have eligibility requirements.

Address: 8379 Piney Orchard Pkwy., Suite F, Odenton, MD 21113

Phone: 410-551-2411

Other Services: Educational Supports

Ongoing Needed Resources

Language Services

Resources for Spanish Speaking Community

Ongoing Basic Needs

Recreation Programs

Anne Arundel County Bar Association – Lawyer Referral Service

Provides a great first stop for anyone who needs legal services. Will recommend a course of action and lawyer. Access to bi-lingual lawyers in several legal areas.

Address: P.O. Box 161, Annapolis, MD 21401

Phone: 410-280-6961/6950

Website: www.aabar.org/index.html

Other Services: Legal Services

Anne Arundel County Board of Education

Translation services for parents of county schools.

Address: 2644 Riva Road, Annapolis, MD 21401

Phone: 410-222-5000

Anne Arundel County Crisis Response System

Comprehensive on-site and off-site mental health crisis response services and resources. Bilingual services.

Service Area: Anne Arundel County

Address: 7493 Baltimore Annapolis Blvd., Glen Burnie, MD 21061

Phone: 410-768-1440

Website: www.thesantegroup.org/

Other Services: Mental Health: Crisis Intervention

Anne Arundel County Human Relations Commission

Bilingual information on U.S. legal system. Investigates alleged acts of discrimination.

Service Area: Anne Arundel County

Address: Arundel Center, Room 405, Calvert Street,

Annapolis, MD 21401

Phone: 410-222-1200

Other Services: Legal Services

Anne Arundel Medical Center **Annapolis Outreach Center**

Medical clinic for individuals who have low income or no health insurance and are in need of medical attention. Offers testing, family planning, smoking cessation, and health counseling. Spanish speaking staff; Language Line available for other languages.

Service Area: Anne Arundel County

Address: 92 West Washington Street, Annapolis, MD 21401

Phone: 410-263-1400 Other Services: Health - Physical

Anne Arundel County – Office of Minority Affairs

Current information on county resources, human relations issues (discrimination, racism, etc.), citizenship courses, etc.

Address: 44 Calvert Street, Suite 330, Annapolis, MD 21401

Phone: 410-222-1879 Fax: 410-222-1198

Other Services: Legal Services

Arc of the Central Chesapeake— **Hispanic Family Services**

In addition to services provided to all families, The Arc can assist Hispanic families with case management, translational services, information, referral and transportation to and from medical/school appointments.

Service Area: Anne Arundel County and the Eastern Shore

Address: 931 Spa Road, Annapolis, MD 21401

410-693-5183

Website: www.thearcccr.org

Other Services: Disabilities; Family and Children's Services; Transportation

Association of Latin American Marylanders of Anne Arundel County (ALMAA)

Cultural and social events.

Service Area: Maryland

Address: P.O. Box 1944, Annapolis, MD 21401

Phone: 410-280-5335

Catholic Charities Immigration Legal Services

Provides immigration consultations to people living in Maryland. Can only accept a limited number of cases.

Service Area: Maryland

Address: 320 Cathedral Street, Baltimore, MD 21201

Phone: 410-534-8015

Website: www.catholiccharities-md.org/immigrants/services

Other Services: Legal Services

Center of Help (El Centro de Ayuda)

Support and educational services to low-income families. Programs include an after school club, food distribution, referral and assistance programs, adult literacy, health classes, jobseeking assistance, and information on immigration issues/legal rights. Assists the Latino community with insurance, police issues, court, and domestic violence.

Service Area: Anne Arundel

Address: Allen Apartments, 311 Center Street, Annapolis, MD 21401

Phone: 410-266-8013; 410-295-3434

Other Services: Family and Children's Services

Esperanza Center

Catholic Charity for Immigrants providing Immigration Legal Services and access to healthcare through a host of healthcare providers including four local hospitals.

Address: 430 S Broadway, Baltimore, MD 21231

Phone: 410-522-2668

Website: www.catholiccharities-md.org/immigrants

Other Services: Legal services, Health - Physical

FIRN, Inc. Resources for the Foreign-Born **Language Connections –**

Translation services bridge the language gap by providing professional, culturallysensitive interpreting and translation services for public agencies, businesses, and other organizations that work with the foreign-born. Provides translations of text and documents, particularly in the fields of health and human services, including forms, transcripts, marriage records, and birth certificates. Interpreters fluent in more than 50 languages, most of whom specialize in health and human services, also are available.

Human and Social Services - This includes referrals to area human and social service providers; registering children for Head Start, school and other educational programs; accessing insurance and legal aid; and providing assistance with taxes, obtaining/protecting credit, completion of application forms, etc. Provides social counseling and English tutoring after school to foreign school aged children.

Health - This includes referrals to free or low-cost clinics, hospital programs and government health and mental health services; assistance with major medical bills; referrals for free vision and hearing screenings, glasses, prescription drug programs, dental care, nutrition counseling, and sexual assault and domestic violence centers; crisis counseling; preventive health counseling; and health materials in other languages.

Address: 5999 Harpers Farm Rd, Suite E-200, Columbia, MD 21044

Phone: 410-992-1923

Website: www.firnonline.org

Other Services: Family and Children's Services; Physical Health; Educational Supports; Mental Health

Heritage Community Church

Bread Pantry, Food Pantry available by appointment only; Hispanic Mission provides bilingual pastoral counseling

Eligibility Requirements: No criteria for Bread Pantry. A referral from DSS or Salvation Army is needed for Food Pantry.

Address: 8146 Quarterfield Rd., Severn, MD 21144

Phone: 410-551-8500 Fax: 410-551-7729

Website: www.heritagecommchurch.org

Other Services: Emergency Supports; Mental Health

Hispanic Initiative

Access to health services for substance abuse and violence.

Service Area: Anne Arundel County

Address: 2200 Somerville Road, Annapolis, MD 21401

Phone: 410-222-4514

Other Services: Substance Abuse

Johns Hopkins University School of Medicine-Center for Addiction and Pregnancy (CAP)

A comprehensive, coordinated, and multidisciplinary approach to the treatment of drug-dependent mothers and their drug-affected babies.

Address: The Johns Hopkins Bayview Medical Center,

Mason F. Lord Building, 4940 Eastern Avenue,

Baltimore, MD 21224

Phone: 410-550-3020; 410-550-3066

Fax: 410-550-3027

Website: www.hopkinsbayview.org/pediatrics/peds/cap.html

Other Services: Mental Health

March of Dimes Maryland Chapter

Course for pregnant teens at Holy Cross Hospital; Healthy Beginnings at Anne Arundel Medical Center; services to the African American and Latino Community

Address: 175 W Ostend Street Suite C, Baltimore, MD 21230

Phone: 410-752-7990

Website: www.marchofdimes.com

Other Services: Teen Issues; Family and Children's Services

National Family Resilience Center (NFRC), Inc.

(Formerly Children of Separation and Divorce Center)

The NFRC seeks to help children and adults preserve a sense of family, foster healthy relationships, and constructively adjust to change, especially during times of individual and family transitions. To accomplish these goals, they offer a variety of resources for families and professionals, including individual, family, and multiple family and group clinical programs for children and adults, co-parent counseling, mediation, FamilyConnex(c) on line parenting plan program, marital, reconciliation, separation and divorce programs, community outreach programs and workshops, volunteer peer counseling program, research, professional development and training programs, and an expansive library of NFRC-authored books and training manuals. Some support groups are offered in Spanish, as is some material on the website.

Address: 10632 Little Patuxent Pkwy., 2000 Century Plaza

Suite 121, Columbia, MD 21044 Phone: 410-740-9553; 301-384-0079

Fax: 301-596-1677

Website: www.divorceabc.com

Other Services: Family and Children's Services

National Institute of Mental Health (NIMH)

NIMH is the largest scientific organization in the world dedicated to research focused on the understanding, treatment, and prevention of mental disorders and the promotion of mental health. They disseminate information on current research studies and late breaking news about medication and treatment for various mental health issues. Many of the pamphlets are available in Spanish.

Address: 6001 Executive Boulevard, Bethesda, MD 20892-9663

Phone: 301-443-4279; 301-443-4513; 866-615-6464

TTY: 301-443-8431; 866-415-8051

301-443-4279

Website: www.NIMH.NIH.gov

Other Services: Mental Health

Organization of Hispanic/Latin Americans of Anne Arundel County

Housed in the Anne Arundel County Department of Social Services (DSS) office. Matches individuals with other government agencies according the type of services needed. Offer a mental health support group for women only that meets on Thursdays. Grow Right Grow Bright is a program offered to parents/caretakers teaching them how to better care for their children. Veronica Birch Charitable Foundation has a program that works with children who have autism. They also offer a free video to the families with more information on autism.

Service area: Anne Arundel County resident

Address: 80 West Street, Annapolis, MD 21401

Phone: 410-956-5882

Other Services: Disabilities, Mental Health; Family and Children's Services

People's Community Health Centers

A full-service clinic that provides medical, mental health, and dental services. Counseling services are available to both children and adults, while psychiatric services are available to adults only. People's has the services of World Wide Interpreters, which provides real-time confidential medical interpretation through a portable speaker box available to all staff at all locations. Language competence is therefore insured for 75 languages. People's employs a multi-lingual staff. Spanish is the most frequently needed second language and therefore People's pediatricians, psychiatrists, dentists and family practice providers as well as telephone/reception staff are bilingual in Spanish and English.

Sliding scale available to uninsured and underinsured, also accepts MA and many other insurances.

Eligibility Requirements: Must call to make a requirement. People's is not a walk-in clinic.

Address1: 5517 Ritchie Hwy., Brooklyn Park MD 21225

Phone1: 410-636-8701

Address2: 8341 Pioneer Drive, Severn, MD 21144

Phone2: 410-519-5458

Website: www.peopleschc.org

Other Services: Physical Health; Mental Health

St. Mary's Catholic Church

Birthright - provides resources, counseling and assistance to all pregnant women in need in our communities – 410-266-7700

Hispanic Outreach Program - 410-266-7700

Gabriel Project-seeks to help women in crisis pregnancies who have nowhere else to go; to help the women keep their babies or put them up for adoption instead of having an abortion; and to help women understand that life is a gift- 410 741-1228

Rachel's Vineyard Ministries-provide weekend retreats for healing for anyone suffering from the emotional and spiritual pain of abortion. All retreats are listed at www.rachelsvineyard.org. 610-354-0555/410-267-0423

St. Vincent de Paul Society- provides emergency financial assistance to Annapolis residents for rent, utilities, medicine, food, work- or medical-related transportation, and funerals. Counseling and coordination of local social services also provided. Through the Holiday Sharing Program, delivers food baskets and presents.

English As A Second Language (ESL)-designed to help newcomers to the Annapolis area meet their everyday English speaking, listening, reading and writing needs 410-800-4717

Address: 102 Duke of Gloucester, Annapolis, MD 21401

Phone: 410-263-9221

Website: www.stmaryschurch.org

Other Services: Emergency Supports; Teen Issues

Washington Assessment and Therapy Services

In 15 languages. Evening and weekends hours available.

Address: 5900 Princess Garden Pkwy, #300, Lanham, MD 20706

Phone: 301-588-8881 Fax: 301-577-8863

Other Services: Mental Health

Adolescent and Family Services

For Spanish speaking children. No private insurance accepted; for those with no insurance or MA. All County regions served

> Location: Glen Burnie, MD Phone: 410-222-6785

Website: www.aahealth.org/mha adolservices.asp

Alcoholic Anonymous/Alcoholicos Anonimos

Contact: Bruce Sannino- (English- Spanish)

Phone: 410-703-3112

Annapolis Youth Services Bureau

Can be referred from community agency or can self-refer, offers services a t no cost, low cost or with insurance reimbursement; youth 5-18 and their families. Program staffed with counselors, 3-5 weeks wait to be seen

> Location: Annapolis, MD Phone: 410-626-1800

Website: www.maysb.com

Anne Arundel Counseling

Outpatient treatment and education for children, adolescents, and adults through individual, family and group counseling. Substance abuse programs also available.

Service area: Anne Arundel County

Target Population: Individuals with mental health or substance abuse concerns Fees: Fee-for-service provider. Many insurance plans accepted. Flexible payment plans available.

Address1: 7310 Ritchie Highway, Glen Burnie, MD 21061 Address2: 1298 Bay Dale Drive Suite 216, Arnold, MD 21012

Phone: 410-768-5988

Website: www.annearundelcounseling.com

Anne Arundel County Health Department

The following is a link to the Anne Arundel County "Departamento di Salud" containing information for families and providers written in Spanish.

Website: www.aahealth.org/hispanic/index.asp

Attorneys

Marysabel Rodriquez Nanney, Attorney (English-Spanish)

Address: 140 South St. 2nd Floor, Annapolis, MD 21401

Phone: 410-268-5070

Richard Bittner, Attorney (English-Spanish)

Address: 7 Central Ave. #201, Glen Burnie, MD 21061

Center for Eye and Laser Surgery

Contact: Elba M. Pacheco, M.D. (English-Spanish)

Address: 819 Ritchie Highway, Suite 1020, Severna Park, MD 21146

Phone: 410-647-3374

Center of Help-Centro de Ayuda

Address: 1906 Forest Drive, Suite 2B, Annapolis, Md. 21401

Phone: 410-295-3434/3435

Domestic Violence/Violencia Domestica

Ardenn House Shelter

Contact: Jeanne Chamorro (Spanish- English)

Phone: 410-222-6800

Domestic Violence Counseling & Behavioral Health Services In Anne Arundel County

Nilda Gonzalez-Cruz, Spanish-speaking therapist

YWCA-Domestic Violence

Phone: 410-626-7800

Driving School

Alfredo's Driving School

Contact: William Castillo (English-Spanish)

Address: 2083 West St, Suite 208, Annapolis, MD 21401

Phone: 410-268-8192

Drug/Alcohol Counseling Services

Alcoholic Anonymous

Contact: Joaquin Lopez (Spanish)

Email: brucesannino@yahoo.com

Alcohol and Drug Program Management (ADPM,Inc.)

Luis A. Mantilla, Counselor (Spanish)

Address: 7445 Richie Highway, Glen Burnie, MD 21061

Phone: 410-768-3303

Hispanic Initiative

Access to health services for substance abuse and violence.

Service Area: Anne Arundel County

Address: 2200 Somerville Road, Annapolis, MD 21401

Phone: 410-222-4514

Health Care: Low/Free Cost

Cuidado de 10 Salud 0 Costo Reducido "Gratis:

AAMC Annapolis Outreach Center

Address: 92 West Washington St., Annapolis, Md. 21401

Phone: 4434813599

Outreach Clinic at Allen Apartments

Contact: Sandra Shanahan, CPNP, Inc.

Address: 311 Center St., Annapolis, Md. 21401

Phone: 443-822-6851

People's Community Health Center

Address: 5517 Ritchie Highway, Brooklyn, Md. 21225

Phone: 410-636-8701

The Governor's Wellmobile

Address: Harundale Mall-Value City Parking Lot, Aquahart Road,

Glen Burnie, Md. 21061

Phone: 1-866-228-9668

Owensville Primary Care

Address: 134 Owensville Road, West River, MD 20778

Phone: 410-867-4700

REACH Program

(Dr. Juan Carlos Mir)

Address: AACo. Department of Health, 1 Truman Parkway,

Annapolis, MD 21401

Phone: 410-222-7023

Harbor Hospital

Address: 3100 S. Hanover St., Baltimore, MD 21225

Phone: 410-350-3487

Pioneer City Family Health Center

Address: 8314 Pioneer Drive, Severn, MD 21144

Phone: 410-519-5458

Department of Health/Departamento de Salud

Address: 3 Harry S. Truman Parkway, Annapolis, MD 21401

Phone: Linea Hispana- 410-222-4479

Website: www.aasalud.org

www.aacounty.org/hispanic

Hispanic Health Network/Red de Salus Hispana

A group of 24 hour Hispanic Churches in partnership with the AACo. Department of Health to promote health initiatives for Spanish Speaking individuals

Phone: 410-222-4479

Housing

Action Partnership

Contact: Alberto A. James; Consejero de Vivienda-Housing Counselor

Address: 251 West Street, Annapolis, MD 21401

Phone: 410-626-1900 x 1019 Email: bjames@aaceoc.com

Iglesia Hispanic Emmanuel

Food pantry, marriage and individual counseling, spiritual counseling and others

Pastor Hector Calixto

Address: 913 Cedar Park Rd., Annapolis, MD 21401

Phone: 410-295-5003

Oficina Guadalupana

Address: St. Mary's Catholic Church, 109 Duke of Gloucester St.,

Annapolis, Md. 21401

Phone: 410-990-4032

OHLA

Address: 80 West Street, Annapolis, Maryland 21401

Phone: 410-269-4421

Pastoral Psychological Counseling

Heritage Community Church; Pastor Jose A. Torres

Address: 8146 Quarterfield Rd., Severn, Md. 21144

Phone: 410-551-8500 x222 Fax: 410-551-7729 (Fax) e-mail: jtorres@hcog.org

Police Department – Annapolis

Enlace Hispano, Policia de la Cuidad de Annapolis

Hispanic Liaison- Gustavo Caballero (English-Spanish)

Address: 205 Center St.; Suite 20A, Annapolis, MD 21401

Corporal Redondo

Address: 199 Taylor Avenue, Annapolis, MD 21401

Phone: 410-268-9000

Psychiatric Services

Enrique Olivares, Psychiatrist

Phone1: 410-462-5767 (Baltimore) **Phone2:** 410-480-2488 (*Columbia*)

Phone3: 443-481-3599 (Wellness Clinic-Stanton Ct.)

Luis Flores, Psychiatrist

(Private Practice)

Location: Glen Burnie, MD Phone: 410-768-7744

Manuel Morales, Psychologist

(Private Practice)

Location: Stevensille, MD Phone: 410-643-8077

Pregnant Women, Mom, and Baby Services/Muieres embarazadas y Servicios para la mama y su bebe

Birthright

Contact: Hillevi Flores

Address: 613 Ridgely Avenue, Annapolis, MD 21401

Phone: 410-266-7700 Fax: 410-266-7718

Special Needs

The ARC of Anne Arundel County

In addition to services provided to all families, The Arc can assist Hispanic families with transportation to school meetings or medical appointments in the Baltimore-Annapolis area, and provides translation services. Contact Person: Sandra Aran

Service Area: Anne Arundel County and the Eastern Shore

Target Population: Hispanic families who have children with developmental disabilities

Fees: None

Address: 931 Spa Road, Annapolis, MD 21401

Phone: 410-693-5183

Website: www.thearcccr.org

Women, Infants, and Children (WIC) Program:

WIC offers support, information, guidance, and food and nutrition care for pregnant, breastfeeding, and postpartum women, as well as children ages 0-5. Participants must be residents of Anne Arundel County and be income eligible.

Phone: 410-222-6797

Website: www.aahealth.org/hispanic/information_wic.asp

Annapolis Housing Authority

Affordable housing and rental assistance for families, seniors, and those with disabilities

Housing Choice Voucher Program – rental assistance to help pay up to 60% of your rent based on family income (previously HUD/Sect 8)

Public Housing – provides a free apartment for qualifying families- there may be as much as a one year wait

Service Area: Annapolis

Address: 1217 Madison Street, Annapolis, MD 21401

Phone: 410-267-8000 410-267-8290 Fax:

www.hacamd.org Website:

Anne Arundel Community Development Services, Inc.

Default counseling for families having trouble with mortgage or other financial problems related to housing.

Service Area: Any

Address: 2666 Riva Road, Suite 210, Annapolis, MD 21401

410-222-7600

Website: www.acdsinc.org

Anne Arundel Community Action Agency (CAA)

MD Energy Assistance Program (MEAP) – a one-time benefit to assist county residents with winter home heating bills for electric, natural gas, fuel oil, kerosene, coal, wood, or propane

Fuel Fund – Offers emergency assistance to BGE customers with turn-off notices. Applicants must be able to pay a portion of their bill in order for BGE and CAA to match those funds.

Weatherization Assistance – Weather stripping, caulking, glazing, and home insulation are provided to eligible households for the purpose of prompting energy conservation and cutting down on family heating fuel costs.

Rental Allowance Program (RAP) – Offers a monthly subsidy for 6-12 months to income-eligible individuals, families, and homeless persons.

Service Area: Anne Arundel County (however, RAP is for residents of Annapolis only, as the Anne Arundel County Housing Authority administers RAP for other residents of Anne Arundel County)

Eligibility Requirements: Each program has its own income guidelines and intake process as well as required documentation.

Address: 251 West Street, Annapolis, MD 21401

Website: www.aaceoc.com Other Services: Emergency Supports

Anne Arundel County Food Bank

Appliances, clothing, toys, food, and furniture available through referrals from other agencies.

Service Area: Anne Arundel County residents

Address: PO Box 650, Crownsville, MD 21032

Phone: 410-923-4255

Website: www.aafoodbank.org

Other Services: Emergency Supports

Centerpoint Counseling /Church

Serving single parents and their kids-Mentoring, Financial Relief, Household Donations

Address: 656-C Admiral Dr., #517, Annapolis, MD 21401

Phone: 410-610-2278

Other Services: Emergency Supports

Christian Assistance Program (CAP)

CAP is a multi-denominational Christian outreach program made up of local churches that come together to help serve. Food/Clothing Assistance

Groceries are given out at Severn United Methodist Church, 1215 Old Camp Meade Rd., Severn, MD (enough to last about 4/5 days). Pantry is open on Tuesdays from 11 AM to 1 PM and Thursdays from 3 PM to 5 PM.

Clothing is also available at the Clothes Closet at Nichols Bethel, 1239 Murray Rd, Odenton, MD on Tuesdays from 11 AM to 1 PM and Thursdays from 2 PM to 4 PM.

CAP clients are eligible for food assistance 1x/month.

Eligibility Requirements: a. Live in Severn, Odenton or Gambrills (Ft. Meade or Jessup also acceptable). Others will be referred to assistance in their own areas.

- b. Present a photo ID with current address. If the photo ID does not have the current address, they will accept mail addressed to the client at the current address.
- c. Provide birth certificates/insurance cards for all household members being claimed.
- d. Provide proof of need. Can be unemployment verification, low income proof (last two bank statements). If neither of those applies, they can submit State Medical Assistance cards, enrollment in the WIC program, an Independence Card or proof that they reside in low income housing.
- e. Initial visit may be by referral from any CAP church, Social Services or Anne Arundel Co. Food Bank.

Phone: 410-674-3162

Website: www.nicholsbethel.org/category/

Other services: Emergency Supports, Ongoing Basic Necessities

Food Bank of Anne Arundel County

Free resource bank that gives away: Food, donated appliances, furniture, medical equipment, baby items, clothing, and CARS

Programs Available:

- Operation Food Sharing
- Soup Kitchen
- Nutritional Diet
- Furniture
- Professional Medical Equipment

Address: PO Box 650, Crownsville, MD 21032

Phone: 410-923-4255

Website: www.aafoodbank.org

Other Services: emergency, ongoing basic necessities, Transportation

H.O.P.E. (for all)

Assisting families, children, and the homeless in Anne Arundel County with basic needs such as clothing, school supplies, furniture

Address: 329 Double Eagle Drive, Linthicum Heights, MD 21090-2729

Phone: 410-859-1297

Website: www.hopeforallinmd.com

Other Services: Emergency supports, Ongoing Basic necessities

Housing Commission of Anne Arundel County

Housing Choice Voucher – rental assistance to support your housing choice (previously section 8/public housing)

Mainstream Housing Program – assists families with rent for a parent(s) with disabilities

Public Housing application

Service Area: All of Anne Arundel County (except for the City of Annapolis which has its own housing authority)

Address: Corporate Office, 7477 Baltimore-Annapolis Boulevard,

Suite 301, Glen Burnie, MD 21060

Phone: 410-222-6200 410-222-6214 Fax:

Website: www.hcaac.com/

Other Services: Disabilities

Langton Green

Provides residential services and supported employment services.

Address: 3016 Arundel on the Bay Road, Annapolis, MD 21403

Phone: 410-269-1019

Website: www.langtongreen.org

Other Services: Emergency Supports

Nichols Bethel United Methodist Church

(Partner in the Christian Assistance Program)

Clothes closet and large furniture when available. Hours of Operation: Tuesdays from 11AM to 1:00PM. Winter Relief Shelter, Tutoring in Cooperation with Odenton *Elementary (Tues 4:00-5:00)*

Address: 1239 Murray Road, Odenton, MD 21113

Phone: 410-674-2272

Other Services: Emergency Support

North County Emergency Outreach Network (NCEON)

Assistance with food, prescriptions, BGE cut offs, and evictions provided on Monday, Wednesday, Friday from 10:00 am – 2:30 pm (If coming for food only, please arrive before 1:00 pm); applicant must sign in before 2:30 pm

Eligibility Requirements: Must present Picture ID, birth certificate, social security card, and proof of address for all members of household. Financial help provided once a year with applicant attending budget counseling. BGE turn-off notice required for assistance with BGE cut offs. Assistance with evictions must have a disposition found in the last paragraph of the notice from the court and must be signed by the judge)

Service Area: Northern Anne Arundel County (not Brooklyn), including Severn, Linthicum, Hanover, Harmans, Pasadena, Glen Burnie, and Millersville; does not serve Severna Park and Crofton

Address: 304 5th Avenue, Glen Burnie, MD 21061

Phone: 410-766-1826

Other Services: Emergency Supports

Rebuilding Together/Anne Arundel County Inc. — **PCS Homes Building**

Home repairs and home modifications

Service Area: Anne Arundel County

Eligibility Requirements: Must be a homeowner in Anne Arundel County and currently reside in the home needing repair. Must not have a combined income of over \$30,000 from all sources; must show a legitimate need of repairs and inability to do the repairs yourself; and must be planning to reside in your home for at least a couple more years.

Address: 1516 Jabez Run, Millersville, MD 21108

Phone: 410-923-9992

Website: www.rebuildingtogetheraac.org

Safelink Wireless Phone

Government supported program that provides a free cell phone and airtime each month for income- eligible customers. You are eligible if you receive benefits from one of the following programs

- Electric universal service programs
- Food stamps
- Maryland Energy Assistance Program
- Medical Assistance
- Public Assistance to Adults
- Supplemental Security Income
- Temporary Cash Assistance
- Temporary Disability Assistance Program

Phone: 1-800-977-3768 (Enrollment and Plan Changes Support)

Website: www.safelinkwireless.com/EnrollmentPublic/home.aspx

Tel-life

The Tel-life (Lifeline) program is available to help low-income Marylanders obtain telephone service. The program helps individuals keep local phone rates affordable.

"Safelink" is the wireless phone component of the "Lifeline" program. Eligibility is the same and contact number is 1-800-977-3768.

Eligibility: The Tel-life program can provide savings on hook-up charges and basic monthly telephone bills. People who receive Temporary Cash Assistance (TCA), Public Assistance to Adults (PAA), Food Stamps (FS), Medical Assistance (MA), Temporary Disability Assistance Program (TDAP), Electric Universal Service Program (EUSP), Maryland Energy Assistance Program (MEAP), and Supplemental Security Income (SSI) can apply for this program. The application process takes approximately 30 days. Customers are not charged to change telephone service to Tel-Life service. The service includes reduced telephone rates, and discounts on line connection and wiring charges. Tel-Life is most helpful to people who generally make fewer than 30 calls per month. Additional billing costs are incurred for customers who make more than 30 calls per month. Tel-Life customers also can get reduced rates on installation charges for 1 outlet and can request that installation fees be divided into 6 monthly payments.

Phone: 800-525-0145

Weatherization Assistance Program

Program weatherizes homes, to be energy efficient.

Service Area: Residents of MD

Eligibility Requirements: Must be eligible for Maryland Energy Assistance Program (MEAP) 410-626-1910, which is housed at the Department of Social Services, to participate in program.

Address: 100 Community Pl., Crownsville, MD 21032-2023

Phone: 410-879-2283; 866-879-2283

Website: www.dhcd.state.md.us

Access Adventures for Children

Coed residential traditional camp and special needs program. Specific services available for the emotionally challenged, developmentally challenged, learning disabled, and physically challenged.

Address: 9035 Ironsides Road, Nanjemoy, MD 20662

Phone: 301-870-3226

Other Services: Disabilities

American Music Therapy Association (AMTA), Inc.

AMTA seeks to advance public awareness of the benefits of music therapy and increase access to quality music therapy services. Upon request, the staff can provide a current list of qualified music therapists in a given area. Contact them at findMT@ musictherapy.org.

Service Area: Nationwide

Address: 8455 Colesville Road, Suite 1000, Silver Spring, MD 20910

Phone: 301-589-3300 Fax: 301-589-5175

Website: www.musictherapy.org

Anne Arundel County Recreation and Parks

Provides programs for all ages, aquatic lessons at Arundel Olympic Swim Center and North Arundel Aquatic Center, park programs and special events

Address: 1 Harry S. Truman Parkway, Annapolis, MD 21401

Phone: 410-222-7311

Website: www.aacounty.org/recparks

Anne Arundel County Department of Recreation and Parks

Recreation programs for all ages, including adaptive recreation programs for people with disabilities. Therapeutic Recreation program includes riding, sports skills, Saturday recreation program, teen club, social club, fitness and fun and swimming.

Service Area: Anne Arundel County.

Address: 44 Calvert Street, Annapolis, MD 21401

Phone: 410-222-7311 ext 3554

Website: www.aacounty.org/RecParks

The Autism Project

Individual services, family training, recreation and social skills training, school observations and IEP development.

Service Area: Anne Arundel, Prince George's, and Calvert Counties

Phone: 301-938-0339, 410-286-8240
Website: www.theautismproject.net

Other Services: Disabilities

Box of Rain/Youth on the Bay

Exposes youth to sailing and connects some of the youth participating with one-to-one mentors

Service Area: Anne Arundel County

Address: 1000 Moss Haven Court, Annapolis, MD 21403

Phone: 443-254-0024- General line for Box of Rain foundation

Other Services: Educational Supports

Bowie Youth Services Bureau

Crisis intervention; information and referral; counseling; family counseling; parenting education groups; groups for parents, children, and teens; educational/support groups; outreach programs include drug/alcohol-free community events, teen mentoring program, school collaboration, information and referral, teen job bank, community resources and referrals, suicide intervention, child abuse

Address: 2614 Kenhill Drive, Bowie, MD 20715

Phone: 301-809-3033 Fax: 301-809-2303

Website: www.cityofbowie.org

Other Services: Educational Supports

Boy Scouts of America

The Baltimore Area Council offers a Special Needs Scouting Program for children with special needs.

Service Area: Anne Arundel County, Baltimore City, Baltimore County. The website identifies which zip codes in each county have programs in their area. If your zip code does not, you are encouraged to join the program in the next closest zip code.

Address: 701 Wyman Park Drive, Baltimore, MD 21211

Phone: 443-573-2500 Fax: 443-573-2600

Website: www.baltimorebsa.org

Other Services: Disabilities

Camp Superkids

Resident Camp- Coed -North East, MD; Summer Camp Experience for children with Asthma

Phone: 410-550-0374

Website: campsuperkids@gmail.com

Camp Windward

Day Camp—Coed- Stevensonville, MD; Teaching children with Dyslexia and learning differences since 1994

> Phone: 410-580-5551 Fax: 410-580-5352

Lions Camp Merrick

Summer residential program for children who are deaf, hard of hearing, blind, and/ or diabetic.

3650 Merrick Place, Nanjemoy, MD 20662

Phone: 301-870-5858

Maryland Arts Access, Inc

Making arts, recreational, and cultural activities accessible throughout Maryland for all person regardless of disability. (Accessible – Lyric Opera House, Mechanic Theater, Center Stage, Pumpkin Theater, Trinity Church-Lutherville)

Service Area: Statewide

Address: 1 North Charles Street – Blaustein Building,

Baltimore, MD 21201

Phone: 410-347-1650

Maryland Therapeutic Riding (MTR)

MTR's year round program includes both traditional Therapeutic Riding as well as Hippotherapy. Instructor training is also offered. MTR is a Premier Operating Center accredited by the North American Riding for the Handicapped Association.

Scholarships available based on financial need.

Address1: P.O. Box 6477, Annapolis, MD 21401

Address2: 1141 Sunrise Beach Rd., Crownsville, MD 21032

Phone: 410-923-1187 Fax: 410-923-1432

Website: http://horsesthatheal.org; www.mtrinc.org

Other Services: Disabilities

Men Mentoring Men Abraham's Bosom/Annapolis Church of God

Mentoring; students meet with their mentors once per month on Mondays or Thursdays from 6-8 pm

Service Area: Anne Arundel County Eligibility Requirements: Low income

Address: 84 Janwal St., Annapolis, MD 21403

Phone: 410-268-4200

Other Services: Educational Supports

Milldale Camp

Assists campers with disabilities such as Attention Deficit Disorder, Hearing Impairment/Deaf, Mental Retardation, Speech/Communication Impairment.

\$76 to \$200 per week (sessions run for 2, 4, and 8 weeks). Financial assistance is available.

Service Area: Anne Arundel County

Address: 5425 Mt Gilead Road, Reisterstown, MD 21136

Phone: 410-356-5200 X 315; 410-356-5200 X 572; 410-429-4900

Fax: 410-429-4243

Website: www.campmilldale.org

Police Athletic League - Annapolis

Football and baseball teams for youth

Special Olympics Maryland Athletes

Athletes train year round to be their best. We build sports skills, confidence, strength, motivation, self esteem.. not just for the athletes, but for everyone involved. Sports include: Volleyball, Cross Country skiing, Bowling, Golf, gymnastics, baseball, equestrian, much more!!

Address: 513 Progress Drive, Suite P, Linthicum, MD 21090-2256

Phone: 410-789-6677

Phone1: 410 268-8880

Website: www.somd.org

Special Olympics of Anne Arundel County

Organized sports for children with disabilities. Offering mentoring and training for year round sports.

Address: P.O. Box 553, Crownsville, MD 21032-0553

Phone: 410-923-0383

Special Olympics Maryland Young Athletes Program (YAP)

Young Athletes Program – Currently offered for children with Special Needs ages 3yrs-6yrs

Provide motor skills activities that encourage young children to participate in group athlete exercises, music & movement, and socialization time. Parent Participation is necessary

Address: Ruth Parker Eason School, 648 Old Mills Road,

Millersville, MD 21108

Phone: 410-789-6677 ext 125 or ext 108

Stanton Community Center – Annapolis Recreation and Parks

Provides the following services at the Stanton Community Center: after-school homework club, reading tutoring, substance abuse education programs, soccer and basketball leagues, chess clubs, swimming lessons, Friday night field trips, Teen Club, etc.; Scholarships available

Address: Stanton Community Center, 92 W. Washington St.,

Annapolis, MD 21401

Phone: 410-263-7958; 410-263-7966

Other Services: Teen issues

Summer Sensations Camp

Therapeutic camp for children with special needs and sensory processing difference; Day Camp-Coed-Columbia, MD

Phone: 410-997-8081

Fax: 410-997-8082

The League at Camp GreentopTraditional camp experience to children and adults with disabilities. Our 2:1 camper to counselor ratio allows us to focus on what a camper needs; Resident camp-respite-Coed-Sabillasville, MD

> Phone: 410-323-0500 Fax: 410-323-3298

General Supports

Bereavement

Lesbian, Gay, Bisexual, Transgender

Grandparent Support

Transition

Transportation

Legal Services

Compassionate Friends of MD – Anne Arundel County Chapter

Support group dealing with death of a child.

Address: PO Box 6280, Annapolis, MD 21401

Phone: 410-544-3634

Other services: Bereavement Support

Family Bereavement Center

Support groups for children of those killed by violence in Maryland.

Address: State's Attorney's Office, 10 South St.,

Suite 502, Baltimore, MD 21202

Phone: 410-396-7351- Victims Services

Other services: Bereavement Support

First Presbyterian Church

Grief Share – a ministry to uplift, encourage and walk with those who have, experienced loss of a loved one.

ACTS – classical tutorial program for home schooled kids from 2nd to 9th, grade, designed to be a supplement to homeschooling.

New Vistas – Provides a confidential and supportive environment to people, going through separation and divorce. Includes many educational resources, to promote emotional, physical, and spiritual healing and recovery.

Winter Relief Shelter, Supports Habitat for Humanity, Lighthouse Shelter, Food Link, and Community Action Agency

Service Area: Anne Arundel County

Address: 171 Duke of Glouchester St., Annapolis, MD 21401

Phone: 410-267-8705

Other services: Mental Health; Bereavement Support; Educational Supports

Gilchrist Hospice Center

Grief workshops, many different bereavement support groups, and home care support services for terminal clients

Address: 555 West Towson town Blvd., Towson, MD 21204

Phone: 443-849-8200

Website: www.gilchristhospice.org

Other services: Bereavement Support

Healing Journey — Prince of Peace Presbyterian Church

Support group for dealing with death of a spouse or partner

Address: 1657 Crofton Parkway, Crofton, MD 21114

Phone: 410-721-0992

Other services: Bereavement Support

Hospice of Baltimore

Bereavement support groups and workshops

Address: 6601 North Charles Street, Baltimore, MD 21204

Phone: 443-849-8200

Other services: Bereavement Supports

Hospice of Howard County

Bereavement support groups; Teens, Loss, and Hoping: Group for students 12-17 years old who have experienced the death of a loved one.

Holiday Youth Group: Group for children needing extra support coping with the first December after the death of a loved one.

Address: 5337 Twin Knolls Road, Suite 433, Columbia, MD 21045

Phone: 410-730-5072

Other services: Bereavement Support

Hospice of the Chesapeake Spiritual & Bereavement Care Center

Support groups for grieving children and teens (ages 6-17) that usually run for 6 weeks. Parents must accompany child to group. They also have 2 summer camps for children that they hold 2 weekends out of the summer at Arlington Echo. Individual counseling is also available.

Service Area: All of MD

Address: 445 Defense Highway, Annapolis, MD 21401

Phone: 410-987-2129

Website: www.hospicechesapeake.org

Other Services: Family and Children's Services; Mental Health

Kennedy Krieger Institute-

Social Work Outpatient Mental Health Program

Mental health services including diagnosis and treatment for children, adolescents, young adults and their families. Community-based treatment services may be developed on a contractual basis at schools and community agencies. Individual, family or group treatment may be provided. Groups addressing the following topics exist or may be developed: Grief and loss; social skills; values clarification; coping with physical disabilities; and self-esteem.

Address1: Fairmount Campus, 1750 E. Fairmount Ave.,

Baltimore, MD, 21231

Address2: 707 N. Broadway, Baltimore, MD 21205

Phone1: (888) 554-2080 or 443-923-9400

(referrals or requests for initial evaluations)

Phone 2: 443-923-2810

Other Services: Mental Health; Disabilities

St. Agnes Hospital

Bereavement Outreach Network group meets once a week for six weeks for any adult grieving the death of a loved one. Starlight is a one day workshop for grieving children and teens ages 4-17. Concurrent parent group offered.

Supports children, adolescents, and adults who have experienced the loss of a loved one.

Address: 900 Caton Ave., Baltimore, MD 21229

Phone: 410-368-2840; 410-368-3353

TTY: 410-368-2001

Website: www.stagnes.org

Stella Maris Hospice – Center for Grief and Loss

Grief groups for adolescents

Address: Baltimore

Phone: 410-252-4500 ext 7291

Association for Lesbian, Gay, Bisexual, & Transgender Issues in Counseling

Resources for use during counseling when working with LGBT youth or adults

A therapist listing by state (only one listed for MD, however)

A huge bibliography to support counselors in their work with specific issues pertinent to LGBT youth or adult counseling

Website: www.algbtic.org/index.htm

Association of Gay and Lesbian Psychiatrists

Provides a directory of psychiatrists by zip code that specialize in therapy for LGBT clients

Website: www.aglp.org

Community Anti-Violence Project (CAVP) TurnAround, Inc.

The Community Anti-Violence Project (CAVP) is a part of TurnAround's mission to reach all victims of sexual assault and domestic violence and to focus on historically under-served communities. Recognizing the impact of domestic violence and sexual violence on the gay and lesbian community, CAVP is committed to creating support for victims and strengthening ties within this community through intervention, education and outreach. With the expertise of trained mental health professionals, CAVP is dedicated to providing sensitive and affirming treatment.

Address: 401 Washington Avenue, Suite 300, Towson, MD 21204

Phone: 410-377-8111

Other Services: Abuse

GLSEN (Gay, Lesbian, and Straight Education Network)

Information sorted as relevant to educators and students

For educators: access to bullying surveys, journal articles, handouts, a guide for principals, current research, etc.

For students: information on starting and running a GSA, access to "safe space" kits

Package for schools called "Safe Space Kit" for \$15 (posters, stickers, guide to being an ally)

Information on the Safe Schools Improvement Act and how to take action in your school

Legal Issues

This is a downloadable copy of a booklet that addresses many common legal questions, including dress code, same sex couples at school dances, students forming GSA's, harassment, LGBT and curriculum, etc.

A GREAT resource to have when answering questions that administrators or parents may have about school policies

www.glsen.org/binary-data/GLSEN_ATTACHMENTS/file/424-2.pdf

Website: www.glsen.org

GroundSpark

High quality videos sold on the site as a response to recent suicides of LGBT youth. They are excellent and can be streamed right off the site.

Let's Get Real—about middle school name-calling, bullying, and bias

Straightlaced—How Gender's Got Us All Tied Up—how teens are confronting ourculture's ideas of "male" and "female"

It's Elementary—Talking About Gay Issues in School—shows teachers addressing bias in K-8 classrooms

It's STILL Elementary—a new call to action

A 125 page scripted curriculum quide for educators. Free, and downloadable. groundspark.org/download/LGR_guide.pdf

A guide for using the It's Elementary series for addressing LGBTQ topics in elementary school - groundspark.org/download/IE Guide 08 Final.pdf

Website: groundspark.org/

It Gets Better Project

Very new resource created after the recent suicides of harassed LGBTQ youth

Access to videos created by a huge variety of pop stars, political leaders, and everyday adults who share a message to teens that they are healthy, successful LGBTQ adults

Here's the explanation on the site: "Many LGBT youth can't picture what their lives might be like as openly gay adults. They can't imagine a future for themselves. So let's show them what our lives are like, let's show them what the future may hold in store for them."

Very affirming resource for teenagers. The site is very teen friendly, but also is monitored (videos have to be approved) so you can feel okay about sharing this resource.

Note: videos are currently blocked from school access.

Website: http://www.itgetsbetter.org/

Just The Facts About Sexual Orientation and Youth: A Primer for Principals, Educations, and School Personnel

Free, current, and easily downloaded and printed from pdf

Resource created by the American Psychological Association and endorsed by NASP, NASW, NEA, etc.

Reviews current research on Sexual Orientation Development, Relevant Legal Principles, and the APA's stance on therapies to change sexual orientation

Also includes a current list of resources

www.naswdc.org/pressroom/media/justthefacts.pdf

National Association of School Psychologists

Dozens of articles and resources for working with sexual minority youth in schools. *Some examples to follow:*

Safe and Affirmative Schools for Sexual Minority Youth

www.nasponline.org/resources/principals/nasp_smy.pdf

Making School Safe for Sexual Minority Students

www.nasponline.org/resources/principals/GLBQT%20Safety%20 NASSP%20December%2003.pdf

Suicidality Among Sexual Minority Youth

www.nasponline.org/publications/cg/mocg361smy.aspx

Website: www.nasponline.org

Parents, Families, and Friends of Lesbians and Gays (PFLAG)

Support group that meets the second Tuesday of each month beginning at 7:30 PM at the Owen Brown Interfaith Center (7246 Cradlerock Way, Columbia).

Address: 7303 Swan Point Way, Columbia, MD 21045

Phone: 410-290-8292

Website: www.pflagmd.org

Rainbow Youth Alliance

Support group for Gay, Lesbian, Bisexual, & Transgendered (GLBT) adolescents and young adults. Meetings are 7:30pm on the 2nd & 4th Tuesday of the month, at Owen Brown Interfaith Center, 7426 Cradlerock Way in Columbia.

Supports youth (up to age 22) who are Gay, Lesbian, Bisexual, & Transgendered (GLBT), as well as their allies.

Address: 7426 Cradlerock Way, Columbia, MD 21045

Phone: 410-290-8292

Website: www.pflagmd.org/rya

St. Bernadette's Roman Catholic Church

Offering Gay/Lesbian Ministries and faith based links

Address: 801 Stevenson Road, Severn MD 21144

Phone: 410-969-2783

Think Before you Speak

Site divided into for parents/for students sections

Access to commercial quality PSA's (public service announcements) that address the damaging use of the words Gay, Dyke, and Faggot.

A free "Educators Guide" (PDF) to using the PSA's and poster series to teach tolerance in a small group or school setting. The guide also includes talking points for the use of this curriculum.

Downloadable posters that promote the "think before you speak" message and use of homophobic terms. (I also received larger ones for free simply by emailing in asking for them).

Website: www.thinkb4youspeak.com

American Association of Retired Persons (AARP)

Information for grandparents raising grandchildren, including online resources such as www.giclocalsupport.org.

Service Area: Statewide

Address: 200 Saint Paul Place, Suite 2510, Baltimore, MD 21202

Phone: 866-542-8163; 866-554-5384

Fax: 410-837-0269

Website: www.aarp.org

Anne Arundel County Department of Aging & Disabilities

National Family Caregivers Support Program. Provides support for grandparents or other family members age 55 and up who are raising grandchildren under age 18.

Respite Care Program provides a list of respite care workers to those needing assistance. Care provided is determined by the individual's needs. Intakes are completed over the phone.

Service Area: Anne Arundel County resident

Address: Heritage Complex, 2666 Riva Road, Annapolis, MD 21401

Phone: 410-222-4464 (Annapolis); 410-222-6707 (Glen Burnie);

800-492-2499

Website: www.aacounty.org/aging

Categories: Family and Children's Services; Disabilities

Grandparents Resource Directory

Maryland Department of Human Resources and the Department of Aging Statewide information about social services, support groups, educational programs, legal services, childcare, health services, recreational activities

Website: www.mdoa.state.md.us/gpintro.html

Abilities Network

Employment Partners program assists with transitioning youth with disabilities to the workforce. Provider of rolling access funds. Provides intensive individual support services, family training, and respite care for individuals with autism. Provides individuals, families, and the greater community with epilepsy education, information and referral services, assistance with medical issues, advocacy, support groups and scholarship support. Support Services offers individuals and families services in areas such as financial assistance, support, networking and community based resources. Project ACT (All Children Together) facilitates inclusive childcare for children with special needs through on-site observation and consultation.

Service Area: Anne Arundel County

Address1: 132 Holiday Court, Suite 211, Annapolis, MD 21401

Phone1: 410-266-7941; 800-966-7940

Fax1: 410-841-2476

Address2: 8503 LaSalle Road, Towson, MD 21286

Phone2: 410-828-7700; 800-492-2523

Fax2: 410-828-7708

TTY: 711 (MD); 800-735-2258 (anywhere)

Website: www.abilitiesnetwork.org

Other Services: Disabilities

Active Day of Annapolis Center

Address: 2525 Riva Road, Suite 100, Annapolis, MD 21401

Phone: 410-573-9100

Website: www.activeservices.com

Other Services: Disabilities

Care Connection

A unique in home psychiatric rehabilitation service for individuals who have severe and persistent mental illness. This service includes training on daily and community living skills as well as medication monitoring and support in utilizing appropriate treatment services. They will assist clients in negotiating resources such as housing, day program services, services from the Division of Rehabilitation, and educational programs. Individuals must have an Axis 1 diagnosis. Accepts medical assistance

Address: 1215 Annapolis Rd, #202, Odenton, MD 21113

Phone: 410-519-1209; 301-596-1255; 800-389-5111

Fax: 410-519-1208

Website: www.careconnectioninc.com

Other Services: Families and Children' Services

Developmental Disabilities Administration (DDA) — Central Maryland Regional Office

Provides a coordinated service delivery system so that individuals with developmental disabilities receive appropriate services oriented toward the goal of integration into the community

Address: 1401 Severn St., Baltimore, MD 21230

Phone: 410-234-8200

Website: www.ddamaryland.org

Division of Rehabilitation Services (DORS)

Programs and services that help high school students with significant disabilities move into higher education, vocational training and employment

Address1: 2001-A Commerce Park Drive, Suite 1, Annapolis, MD 21401

Phone: 410-974-7608: 443-569-7145

Address2: AACo Henry L. Hein Public Service Bldg.,

7480 Baltimore Annapolis Blvd., Suite 100,

Glen Burnie, MD 21061

Phone2: 410-424-3240

Website: www.dors.state.md.us

Categories: Educational Supports

Emergency Services to Adults & Families

Anne Arundel County Department of Social Services

See brochure on page 128.

Humanim

Community resource provider that provides vocational training and employment services to individuals with disabilities upon exiting the school system

Address: 6355 Woodside Court, Columbia, MD 21046

Phone: 410-381-7171

Website: www.humanim.com

Other Services: Educational Supports

Opportunity Builders, Inc. (OBI)

Community resource provider that provides vocational training and employment services to individuals with disabilities upon exiting the school system

Address: 8855 Veterans Highway, Millersville, MD 21108

Phone: 410-787-0700

Website: www.oppbuildinc.org

Providence Center

Transportation, basic care, counseling, employment information and referral for adults (age 18 and older) with mental retardation or developmental disabilities

Supports adults with mental retardation or developmental disabilities

Address: 370 Shore Acres Road, Arnold, MD

Phone: 410-757-7800

Other Services: Disabilities; Transportation

Service Coordination

Private, nonprofit organization dedicated t serving people with intellectual and developmental disabilities who are receiving and who are applying for services by DDA.

Address: 801 Cromwell Park Drive, Suite 111-117,

Glen Burnie, MD 21061

Phone: 410-863-0360

Website: www.servicecoordination.org

Other Services: Disabilities

Social Security Administration

Provides benefits such as Supplemental Security Income (SSI)

Address1: 180 Admiral Cochran Drive, Suite 210, Annapolis, MD 21401

Phone1: 410-897-9217

Address2: 337 Hospital Drive, Suite 1A, Glen Burnie, MD 21061

Phone2: 1-800-772-1213

Website: www.ssa.gov

Other Services: Disabilities

Woods Adult Day Care Center

Helps adults stay active and involved in the world around them while remaining with family members in the community.

Address: 8227 Cloverleaf Drive, Suite 300, Millersville, MD 21108

Phone: 410-987-0360

Website: www.woodsadultdayservices.com

Other Services: Educational Supports

Emergency Assistance to Adults (EAA)

Walk-In Services

Emergency Assistance to Adults (EAA) provides assistance to income-eligible adults during times of critical need and crisis. To access services, applicants are required to provide information about expenses and all sources of income and financial support. Applicants must also detail the nature of the crisis, describe all efforts made to address the crisis, and provide documentation of the emergency need. Applicants may be asked to seek other sources of help in addition to the "emergency" grant they may receive. Once eligibility is determined, Emergency Assistance to Adults may provide assistance for the following:

- **Court-Ordered Eviction**
- **Utility Cut-off**
- **Life Sustaining Medications**
- **Shelter Referrals**
- Referrals for furniture, food, clothing
- Referrals for services to address **Domestic Violence**

Emergency Assistance for Adults (EAA) grants can only be issued once in a twelve (12) month period.

Emergency Assistance to Families with Children (EAFC)

Walk-In Services

Emergency Assistance to Families with Children is a "walk-in" service for families who are experiencing a crisis. It is only available to families with children under the age of 21 who are not applying for any other agency services, such as SNAP (food stamps), Medical Assistance, or Temporary Cash Assistance. Services case workers work with the applicant to help resolve the immediate crisis and assist with plans to avoid future crisis situations. Adult heads-ofhousehold must detail the nature of the crisis, describe all efforts made to address the crisis, and provide documentation of the emergency need. Upon determination of eligibility, the following assistance may be provided:

- **Court-Ordered Eviction**
- **Utility Cut-off**
- **Shelter Referrals**
- Referrals for furniture, food, and clothing
- Referrals for services to address Domestic Violence
- **Burial Assistance** (restricted eligibility)
- Advocacy

State policy requires that Emergency Assistance to Families with Children (EAFC) grants can only be provided once every two (2) years.

Services to



Families with Children (SFC-Intake)

Services to Families with Children (SFC-I) is a voluntary service for families requesting assistance to prevent a breakdown in functioning. A case worker will work with the household to complete a comprehensive family assessment within 30 days. The case worker, along with the family, will develop a plan to help with the family's needs, as well as make referrals to appropriate community resources. Should the family need additional assistance beyond 30 days, a referral will be made to the Department's In-Home Family Services program for further intervention.

State policy requires that Services to Families with Children (SFC-I) be made available to families without regard to income.

Offices

Anne Arundel County Department of Social Services has two offices to serve you. To make application or learn more about our programs, please contact:

Annapolis Office

80 West Street Annapolis, MD 21401 410-269-4745

Glen Burnie Office

7500 Ritchie Highway **Multi-Purpose Courts Building** Glen Burnie, MD 21061 410-421-8410

Annapolis Parking and Transportation

Transportation services to children accompanied by adults. Bus fare based on destination. Discount program available.

Service Area: Annapolis area

Address: 308 Chinquapin Round Road, Annapolis, MD 21401

Phone: 410-263-6011 Buses, 410-263-7270 Parking

Website: www.ci.annapolis.md.us

Arc of the Central Chesapeake— **Hispanic Family Services**

In addition to services provided to all families, The Arc can assist Hispanic families with case management, translational services, information, referral and transportation to and from medical/school appointments.

Service Area: Anne Arundel County and the Eastern Shore

Address: 931 Spa Road, Annapolis, MD 21401

410-693-5183

Website: www.thearcccr.org

Other Services: Disabilities; Family and Children's Services; Language Services

Catholic Charities – Gabriel Project

Volunteers offer practical and emotional support to women and their children at the time of a crisis pregnancy. They also offer babysitting, counseling, limited health care assistance, housing and adoption, material needs, and transportation.

Sponsored by the Pro Life Maryland Education Fund.

Address: PO Box 2116, Bowie, MD 20718 **Phone1:** 1-800-533-0093 (English)

Phone2: 1-800-643-5007 (Spanish)

Other services: Emergency Supports; Family and Children's Services

The Chimes, Inc.

Services, supports and employment for people with disabilities, including respite care, family and individual support services, behavioral support services, community-supported living, supported employment, day programs, transportation.

Address: 4814 Seton Drive, Baltimore, MD 21215

Phone: 410-358-6400; 800-CHIMES1

Website: www.chimes.org

Other services: Disabilities; Family and Children's Services

Food Bank of Anne Arundel County

Free resource bank that gives away: Food, donated appliances, furniture, medical equipment, baby items, clothing, and CARS

Programs Available:

- Operation Food Sharing
- Soup Kitchen
- Nutritional Diet
- Furniture
- Professional Medical Equipment

Address: PO Box 650, Crownsville, MD 21032

Phone: 410-923-4255

Website: www.aafoodbank.org

Other services: Emergency Supports, Ongoing Basic Necessities

Medical Assistance Transportation

Free transportation for people receiving Medicare/Medical Assistance for their doctor, therapy, and substance abuse treatment services. The agency needs 24 business hours advance notice to schedule transportation.

In order to receive a ride you must have:

- · A medically necessary medical appointment,
- Full Medical Assistance/Health Choice coverage,
- · Live in Anne Arundel County, and
- Have no other means of transportation available (Medical Assistance Transportation is a last resort)
 - no car or unable to drive,
 - no family/friends who can drive you,
 - do not live on a bus route or Mobility transport route, and
 - not eligible to ride with Department of Aging Transportation (410-222-4464). **Service Area:** Anne Arundel County

Address: Anne Arundel County Department of Health,

3 Harry S. Truman Parkway, Annapolis, MD 21401

Phone: 410-222-7152;877-792-4005;800-442-2858

Website: www.aahealth.org/commhlth_medtrans.asp

Providence Center

Transportation, basic care, counseling, employment information and referral for adults (age 18 and older) with mental retardation or developmental disabilities

Supports adults with mental retardation or developmental disabilities

Address: 370 Shore Acres Road, Arnold, MD

Phone: 410-757-7800

Other services: Disabilities: Transition

Vehicles for Change

If you do not own a car, and there is no other vehicle in your household, you may qualify to purchase a car for as little as \$700. If you meet our income criteria and other restrictions, you'll be guaranteed a 12-month loan that is backed by VFC.

Address: 5230 Washington Blvd., Halethorpe, MD 21227

Phone: 410-242-9674; 1-800-835-3821

Fax: 410-242-9677

Website: www.vehiclesforchange.org

Yellow Transportation/Connect-A-Ride

Runs Intercounty Connector Bus System, provides transportation for special populations (seniors, disabled, etc.)

Phone: 1-877-792-8005

Anne Arundel County Bar Association – Lawyer Referral Service

Provides a great first stop for anyone who needs legal services. Will recommend a course of action and lawyer. Access to bi-lingual lawyers in several legal areas.

Address: P.O. Box 161, Annapolis, MD 21401

Phone: 410-280-6961/6950

Website: www.aabar.org/index.html

Other Services: Language Services

Anne Arundel County Conflict Resolution Center

Conflicts which can be mediated – Neighborhood, Inter-Personal, Employment, Business, Family, Landlord/tenant, Roomate/housemate, School, Neighborhood association, Land use

Address: 2666 Riva Road Suite 130, Annapolis, MD 21401

Phone: 410-266-9033

Website: www.AACRC-MD.us

Categories: Family and Children's Services

Anne Arundel County Human Relations Commission

Bilingual information on U.S. legal system. Investigates alleged acts of discrimination.

Service Area: Anne Arundel County

Address: Arundel Center, Room 405, Calvert Street,

Annapolis, MD 21401

Phone: 410-222-1200

Other Services: Language Services

Anne Arundel County – Office of Minority Affairs

Current information on county resources, human relations issues (discrimination, racism, etc.), citizenship courses, etc.

Address: 44 Calvert Street, Suite 330, Annapolis, MD 21401

Phone: 410-222-1879 Fax: 410-222-1198

Other Services: Language Services

Anne Arundel County Teen Court
Teen Court is a real justice program run by teens for teens. Juveniles aged 12 through 17 who have committed a misdemeanor crime appear before a jury of their peers. The crime is generally a first offense, and the respondent must admit involvement since this is a disposition (sentencing) hearing only. Teen Court is intended to divert a first time teen offender away from a pattern of criminal behavior. Cases heard in Teen Court involve crimes such as shoplifting, disorderly conduct, destruction of property and possession of alcohol. Anne Arundel County students from ages 10 to 17 are needed to volunteer one day a month for six months. Teens who volunteer perform the roles of prosecuting and defense attorney, judge, bailiff, clerk, and jury.

Service Area: Anne Arundel County

Phone: 410-222-0504; (410) 222-0040 Fax: 410-354-1696; (410) 789-0889

Website: www.aacounty.org/police/teencourt.cfm

Other Services: Teen Issues

Arden House (Run by YWCA)

Arden House is the only domestic violence shelter in Anne Arundel County and it runs the county's only domestic violence hotline. Arden House is a 24-hour, 21-bed crisis facility which is open 365 days per year. Families can reside at the shelter for up to 30 days and can then apply for an extension if they meet certain criteria. Arden House also offers counseling and legal assistance to the residents.

Service Area: Greater Anne Arundel County

Address: 1517 Ritchie Highway, Arnold, MD 21012

Phone: 410-222-6800 Fax: 410-626-7312

Website: www.ywca.org

Other Services: Abuse; Emergency Supports; Crisis Intervention

Catholic Charities Immigration Legal Services

Provides immigration consultations to people living in Maryland. Can only accept a limited number of cases.

Service Area: Maryland

Address: 320 Cathedral Street, Baltimore, MD 21201

Phone: 410-534-8015

Website: www.catholiccharities-md.org/immigrants/services

Other Services: Language Services

Child Support Enforcement of Anne Arundel County

Address: 44 Calvert Street, 2nd Floor, Annapolis, MD 21401

Mailing Address: PO Box 1870, Annapolis, MD 21401

Phone: 800-332-6347

Other Services: Family and Children's Services

Department of Juvenile Justice (DJJ)

Individualized care and treatment to youth who have violated the law, or who are a danger to themselves or others. Through a variety of programs that reflect the most creative, effective and efficient use of resources, the Department of Juvenile Services strives to help young people, with the involvement of their families, reach their full potential as productive and positive members of society. The Department of Juvenile Services is committed to making youth responsible and accountable for their actions. This is accomplished at the least restrictive level of care consistent with public safety.

Address1: 1623 Forest Drive, Suite 101, Annapolis, MD 21403

Phone1: (410) 974-3460

Address2: 7500 Ritchie Highway, Suite 306, Glen Burnie, MD 21061

Phone2: (410) 412-7115

Address3: Circuit Court of Annapolis, 7 Church Circle,

Annapolis, MD 21401

Phone3: (410) 269-0357

Website: www.djs.state.md.us

Other Services: Teen Issues

Domestic Violence Center

Confidential emergency and transitional shelter; counseling for victims, children, and abusers; legal representation; outreach and community education; and a pet safe program.

Address: 5457 Twin Knolls Rd, Suite 310, Columbia, MD 21045

Phone: 410-997-0304

Hotline: 410-997-2272 (24/7 Helpline)

Fax: 410-997-1397

Other Services: Abuse; Emergency Supports

Esperanza Center

Catholic Charity for Immigrants providing Immigration Legal Services and access to healthcare through a host of healthcare providers including four local hospitals.

Address: 430 S Broadway, Baltimore, MD 21231

Phone: 410-522-2668

Other Services: Physical Health, Language Services

Family Law Hotline

Calls to the hotline are answered by an attorney. Eligibility is based on income and is determined by a telephone screening. For eligible callers, legal advice, resources, and referrals are provided. Legal representation is not provided.

Service Area: Anne Arundel County

Phone: 800-845-8550

Family Law Pro Se Project

Provides assistance and forms for individuals representing themselves in the following situations: divorce, custody/visitation, child support, modifications of custody or support, and name changes. Telephone Hours: Monday –Friday, 9:00 am – 12:00 pm; Walk-in Hours: Monday, Wednesday, Thursday, 9:00 – 4:30 pm; Tuesday, Friday 9:00 – 1:00 pm. For walk-in service: no appointments necessary; assistance is provided on a first-come, first-served basis.

Address: Circuit Court for Anne Arundel County, 2nd floor,

7 Church Circle, Room 2I-38, Annapolis, MD, 21401

Phone: 410-280-5374

Family Law Self Help Center

Provides free legal information and forms to assist pro se individuals in matters of divorce, custody/visitation, child support, and name changes.

Address: Circuit Court for Anne Arundel County,

7 Church Circle, Room 21-38, Annapolis, MD 21401

Phone: 410-280-5374

Website: www.courts.state.md.us/family/selfhelp

Federal Emergency Management Agency (FEMA)

Provides many different services, including shelters, trailers, and money for motels; help paying for rent after a disaster; help for medical, dental, funeral and transportation costs; free help from an attorney; counseling and mental health services

Phone: 800-621-FEMA (800-621-3362)

Website: www.fema.gov

Other Services: Emergency Supports; Physical Health; Mental Health

Juvenile Intervention Family Independence (JIFI) Project — Chesapeake Center for Youth Development

JIFI is a voluntary program that provides family and community support services for the juvenile and his/her family as well as coordination with legal representation in court. Support services are not time limited and include the following: An in home family assessment, substance abuse screening, development of a treatment plan, educational advocacy, transportation to court hearings, school, and first time community appointments during daytime hours, referrals to community services and resources such as GED/vocational programs, individual and/or family counseling, mental health evaluations and treatment (including medication management), self-help support groups, medical services, medical insurance for youths (up to age 19), job training and placement services, energy assistance programs, substance abuse treatment, parenting groups and seminars, and monitoring assistance with completion of court-ordered conditions.

Address1: 1700 Margaret Ave., Annapolis, MD 21401

Phone1: 410-974-2201x311; 410-295-8827

Fax1: 410-974-2903

Address2: 5015 Ritchie Highway, Baltimore, MD 21225

Phone2: 410-636-7943 Fax2: 410-789-5864

Website: www.ccyd.org/Default.asp?page=49

Other Services: Mental Health; Teen Issues; Family and Children's Services

Legal Aid Bureau

Free civil legal services for low-income clients. Criminal cases not handled. Chief Attorney reviews cases to establish whether they fit their guidelines for certain services. Supporting workers who have been denied disability claims.

Service Area: Anne Arundel County

Address1: 229 Hanover St., Annapolis, MD 21401

Phone1: 410-266-0002

Address2: 500 East Lexington St., Baltimore, MD 21202

Phone2: 410-539-5340

Website: www.mdlab.org

Legal Assistance

Assistance with bankruptcy only. Chapter 13: \$2,740 (covers attorney and court fees). Chapter 7: \$601 (covers attorney and court fees).

Service Area: Baltimore-based, but will take people from other counties through the Baltimore office.

Address: 10 North Calvert St., Suite 500, Baltimore, MD 21201

Phone: 410-332-8000

Other Services: Emergency Supports

Legal Help Line

Over-the-telephone assistance to help Maryland residents (callers) complete the domestic relations legal forms distributed by Maryland Circuit Courts, and explains instructions. Operators are available Tues. & Fri. 9:00AM - 12:30PM; Wed. 4:00PM - 7:00PM; Thurs. 9:00A - 4:00PM

Phone: 800-818-9888

Maryland Disability Law Center

Defends the legal and human rights of people with disabilities. Priority areas for advocacy include children's mental health, adult mental health, developmental disabilities, education, access to community-based services for individuals with traumatic brain injury, protection of civil rights public programs, and expansion of Medical Assistance programs.

Service Area: Statewide

Address: 1800 N. Charles St., Suite 400, Baltimore, MD 21201

Phone: 410-727-6352; 800-233-7201

TDD: 410-727-6387 Fax: 410-727-6389

Website: www.mdlclaw.org

Other Services: Disabilities; Mental Health

Maryland Volunteer Lawyers Service

Legal representation to individuals and non-profits throughout Maryland who have civil legal problems, including school suspensions or expulsions.

Free legal assistance to all Maryland residents with limited income

Service Area: Statewide

Address: One North Charles St., Suite 222, Baltimore, MD 21201

Phone: 410-547-6537; 800-510-0050

Fax: 443-451-4081

Website: www.mvlslaw.org

Met Desk – Gateway Capitol Financial – Baltimore; An Office of MetLife

Free special needs planning services for families of children with disabilities offered by MetLife's Division of Estate Planning for Special Kids. Legal and financial advice offered, including protecting eligibility for government programs, quardianship issues, and funding vehicles for special needs trusts.

Address: 3700 O'Donnell St., Baltimore, MD 21224

Phone: 443-957-6145

Website: www.gatewaycapitolfinancial.com

Other Services: Disabilities

Self Help Resource Center

Staffed by Legal Aid attorneys who can offer full legal advice designed to help self represent litigants navigate the Maryland District Court system. They cannot appear with someone in court proceedings but can offer assistance to them working through the process. They can assist with landlord-tenant disputes, small claims lawsuits, debtor-creditor actions, protective orders, and other legal actions. Hours: Monday-Friday, 8:30AM-4:30PM.

Address: George M. Taylor Multi-Service Center,

7500 Ritchie Highway, 2nd Fl., Glen Burnie, MD 21061-3756

Phone: 410-260-1845

Website: www.courts.state.med.us/district/selfhelpcenter/home.

html

Senior Law Project

This program provides legal consultation and referral as well as representation in certain cases.

> Phone: 410-263-8330 Fax: 410-269-8916

Service Coordination

Private, nonprofit organization dedicated t serving people with intellectual and developmental disabilities who are receiving and who are applying for services by DDA.

Address: 801 Cromwell Park Drive, Suite 111-117,

Glen Burnie, MD 21061

Phone: 410-863-0360

Website: www.servicecoordination.org

Other Services: Transition, Disabilities

Tax Services (Free)

Available to the elderly, disabled, non-English speaking, and limited income households; AARP TAX-AIDE

Phone: 800-492-0618

United States Naval Academy Fleet and Family Support Center

Supports Navy, Marine Corps and other military personnel, retirees and family members.

The Family Advocacy Program is designed to strengthen families and to help family members stop hurting the ones they love. It involves prevention, education, intervention, and treatment of child and spouse abuse/neglect.

The Sexual Assault Victim Intervention Program aims to reduce the incidence of rape and sexual assault through prevention education. It also provides crisis intervention, advocacy and support for victims, and collects numerical data on such incidents within the Navy.

Crisis Response is the quick response provided for commands, personnel, and families when they are faced with crisis situations, ranging from sexual assault, or loss of life, to natural or Naval disaster, to evacuation or war. In the midst or aftermath of an incident, the FFSC provides command consultation, crisis intervention, coordination of support, resources and volunteers, 24 hour information and referral, Critical Incident Stress Debriefing, and follow-up counseling or referral service.

Employment Assistance addresses spouse's and family member's need to obtain suitable employment, establish career goals, and maintain career progression, despite frequent relocations. Services are self-help, one-on-one, and classroom style covering career planning, resume writing, job search, interview skills, and salary negotiation.

Life Skills Education provides workshops on topics such as: Anger Management, Stress Management, Conflict Resolution, Communication Skills, Marriage Enrichment, Parent Effectiveness, and Child Development to enhance personal and family skills for work and home, reduce marriage/family conflict, and enhance the member's productivity and deployability.

The Exceptional Family Member Program ensures military families with chronic illness or disabilities can receive needed services regardless of the member's duty assignment. The FFSC provides program information, education, and counseling. Personal Financial Management is the Navy's effort to promote good money management skills within its force. Services include individual counseling and workshops which address check writing, managing credit, avoiding debt, and planning for your financial future.

The Transition Assistance Program helps Navy and Marine personnel and their families prepare for separation from active duty.

Address: NSA Annapolis, 348 Kinkaid Rd., Annapolis, MD 21402

Phone: 410-293-2641

Fax: 410-293-5380

Website: www.usna.edu/FamilyServices/homepage.html

Other Services: Abuse; Mental Health; Disabilities; Family and Children's Services

Victims of Domestic Violence

Representing victims at hearings, assisting victims in contempt proceedings, assisting victims who wish to modify existing protective orders, providing victims with referrals and other safety information, accompanying victims to the Police Commissioner's Office, accompanying victims to criminal proceedings and assisting them through the criminal process, and general domestic violence advocacy.

Victims of domestic violence who need a lawyer

Phone: 410-783-0377

Other Services: Abuse

YWCA of Annapolis and Anne Arundel County Legal Services

Places contested custody cased for low income clients with private attorneys in reduced-fee program. Representation for domestic violence cases.

Address: 1517 Ritchie Highway, Arnold, MD 21012

Phone: 410-757-8300

Website: www.annapolisywca.org

Health

Physical

Dental

Vision

Prescription

Women's Care

Substance Abuse

Mental Health

Anger Management

AAMC Community Health Center

Designed to be a primary care medical home offering continuous, comprehensive, and coordinated are throughout a patient's lifetime. Sliding fee scale, Medical assistance, REACH program, self pay. Bilingual-Spanish/Arabic Speaking Staff

Address: 1419 Forest Drive, Suite 101, Annapolis, MD 21403

Phone: 410-990-0050

Website: www.aahs.org/healthcare/

Annapolis Children's Therapy Center/ With Kids in Mind

Speech, occupational, and physical therapies for children.

Service Area: Anne Arundel County.

Address: 130 Lubrano Drive, Suite L-13, Annapolis, MD 21401

Phone: 410-573-1064

Website: www.annapolischildrenstherapy.com

Other Services: Disabilities

Annapolis Outreach Center

Hours: Tuesday 12:30PM-5:00PM, Wednesday 1:00PM-5:00PM

Services: Medical Services Residency: Annapolis Area

Address: 92 West Washington Street, Annapolis MD 21401

Phone: 443-481-3599

Annapolis Youth Services Bureau (AYSB)

The AYSB has 24 hour on call referral services for crisis situations or emergencies. AYSB also provides the following services for youth: counseling (individual, family, and group), crisis intervention, tutoring, substance abuse/mental health assessment and referral, community education, employment assistance (youth), referral and information services. Counseling sessions are generally 4- 12 weeks in length and focus on anger management, self esteem, or issues pertaining to family dysfunction.

Service Area: Anywhere in Anne Arundel County

Address: Stanton Community Center, 92 West Washington Street,

Annapolis, MD 21401

Phone: 410-626-1800; 410-626-1801 (Annapolis);

410-269-8060 (Baltimore)

Fax: 410-626-1922 (Fax)

Website: www.aaceoc.com/AYSB.htm

Other Services: Crisis Intervention; Educational Supports; Mental Health

Anne Arundel County Department of Health Sexually Transmitted Diseases (STD) Clinical Services Program

The STD Clinical Services provides risk assessment, intervention, treatment and education. Through the Department's STD Program, Anne Arundel County residents who have or think they have an STD, or want to be screened for an STD, can be evaluated and treated by contracted medical providers.

Service Area: Anne Arundel County.

Address: 1 Harry S. Truman Parkway, Annapolis, MD 21401

410-222-7382 (Recorded message – will call back within 48 hours)

Website: www.aahealth.org/commdis_std.asp

Other Services: Teen Issues

Anne Arundel Medical Center

Annapolis Outreach Center

Medical clinic for individuals who have low income or no health insurance and are in need of medical attention. Offers testing, family planning, smoking cessation, and health counseling. Spanish speaking staff; Language Line available for other languages.

Service Area: Anne Arundel County

Address: 92 West Washington Street, Annapolis, MD 21401

Phone: 410-263-1400

Other Services: Language Services

Brooklyn Family Health Centers

Uninsured, Underinsured, Insurance, Medicare, Medicaid, Low income; Sliding scale based on income

Services: Pediatric, Dental, Women's Health, Mental Health, Medical Services Hours: Monday-Friday 8:30 AM-5:00 PM; Every other Saturday 9:00 AM-1:00 PM

Residency: Baltimore Area

Address: 4115 Ritchie Hwy., Baltimore MD 21225

Phone: 410-355-0343

Other Services: Dental, Women's Care

Chase Brexton Health Services

Provide health services and support to persons with HIV/AIDS

Address: 1001 Cathedral Street, Baltimore, MD Phone: 410-837-2050 (Mt. Vernon Center)

Website: www.chasebrexton.org

The Coordinating Center

Comprehensive care coordination for individuals with complex medical needs and disabilities, allowing them to be fully included at home and in the community. Model Waiver, Medical Assistance Rare and Expensive (REM) Case Management, Family Resource Fund Committee, and Autism Waiver provider. Service coordination is provided through the Maryland Community Choices for adults with physical disabilities and the Maryland Infants and Toddlers Program.

Service Area: Anne Arundel County

Address: 8258 Veterans Highway, Suite 13, Millersville, MD 21108

Phone: 410-987-1048; 301-621-7830

Website: www.coordinatingcenter.org

Other Services: Family and Children's Services; Disabilities

Esperanza Center

Catholic Charity for Immigrants providing Immigration Legal Services and access to healthcare through a host of healthcare providers including four local hospitals.

Address: 430 S Broadway, Baltimore, MD 21231

Phone: 410-522-2668

Website: www.catholiccharities-md.org/immigrants

Other Services: Legal Services, Language Services

Family Service Foundation, Inc.

Human service agency affiliated with United Way. Mental health and social service programs for deaf and hearing individuals; individuals with persistent and severe mental illness; and individuals with developmental disabilities. Outpatient services, community rehabilitation, and residential programs. Also provides HIV/AIDS outreach.

Address1: 5301 76th Avenue, Landover Hills, MD 20784

Address2: 8101 Sandy Spring Road, Suite 104, Laurel, MD 20707

Phone: 301-317-0114, 1-888-333-7505, 301-731-6141 (TTY)

Other Services: Mental Health; Substance Abuse; Disabilities

Federal Emergency Management Agency (FEMA)

Provides many different services, including shelters, trailers, and money for motels; help paying for rent after a disaster; help for medical, dental, funeral and transportation costs; free help from an attorney; counseling and mental health services

Phone: 800-621-FEMA (800-621-3362)

Website: www.fema.gov

Other Services: Emergency Supports; Legal Services; Mental Health

FIRN, Inc. Resources for the Foreign-Born Language Connections —

Translation services bridge the language gap by providing professional, culturallysensitive interpreting and translation services for public agencies, businesses, and other organizations that work with the foreign-born. Provides translations of text and documents, particularly in the fields of health and human services, including forms, transcripts, marriage records, and birth certificates. Interpreters fluent in more than 50 languages, most of whom specialize in health and human services, also are available.

Human and Social Services - This includes referrals to area human and social service providers; registering children for Head Start, school and other educational programs; accessing insurance and legal aid; and providing assistance with taxes, obtaining/protecting credit, completion of application forms, etc. Provides social counseling and English tutoring after school to foreign school aged children.

Health - This includes referrals to free or low-cost clinics, hospital programs and government health and mental health services; assistance with major medical bills; referrals for free vision and hearing screenings, glasses, prescription drug programs, dental care, nutrition counseling, and sexual assault and domestic violence centers; crisis counseling; preventive health counseling; and health materials in other languages.

Address: 5999 Harpers Farm Rd, Suite E-200, Columbia, MD 21044

Phone: 410-992-1923

Website: www.firnonline.org

Other Services: Language Services; Family and Children's Services; Educational Supports; Mental Health

Health Care for the Homeless–Baltimore

Primary health care, preventive health care, mental health, addictive services, dental care, vision (e.g., glasses)

Phone: 443-703-1398

Website: www.hchnd.org/service

Other Services: Mental Health; Substance Abuse

Isabel's Gift

Supports families with children in the Neonatal Intensive Care Unit at Anne Arundel Medical Center. Small-dollar donations available through Pink Heart Family emergency assistance grants, which can help NICU families with necessities like transportation and car seats.

Phone: 443-562-6303

Website: www.isabelsgift.com/

Other Services: Family and Children's Services

Jill Fox Memorial Fund

Funds used to purchase medical items, orthotics, wheelchairs, and therapy sessions.

Eligibility Requirements: Representative will complete home visit to interview family regarding purchase. Family must disclose income. Families with income above \$80,000.00 will not be considered. The fund does not cover services already provided.

Phone: 410-727-4828 ext. 322 or 272

Fax: 410-752-1177

Website: www.jillfoxfund.org

Other Services: Family and Children's Services

Johns Hopkins School of Medicine—

Eating Disorders Program

The Outpatient and Consultation Clinic provides consultation services, comprehensive clinical evaluation, individual and family psychotherapy, group therapy, and educational outreach programs to schools, the community, and other health-care professionals.

Address: Meyer 101, The Johns Hopkins Hospital,

600 North Wolfe Street, Baltimore, MD 21287

Phone: 410-955-3863

Website: www.hopkinsmedicine.org/Psychiatry/eating_disorders/

index.html

Other Services: Mental Health; Teen Issues

Johns Hopkins University School of Medicine-Sleep Disorders Clinic

The Sleep Disorders Center is comprised of an interdisciplinary team of health care providers including pulmonologists, neurologists, psychologists, anesthesiologists and otolaryngologists, who are all board-certified in their own specialty and most of whom are board certified or board-eligible in sleep medicine. The staff strives to provide outstanding clinical care for all patients with a wide variety of sleep disorders, as well as education for patients and their families, other physicians and physicians-intraining.

Department of Neurology, 601 N. Caroline Street,

Baltimore, MD 21287

Phone: 443-287-3313

Website: www.hopkinsneuro.org/sleep/index.cfm

Kennedy Krieger Institute–

Developmental Cognitive Neurology Clinic

Clinical services include diagnosis and treatment of Attention Deficit Hyperactivity Disorder (ADHD) and Learning Disabilities. Diagnostic services include developmental cognitive neurology evaluations; educational evaluations; and neuropsychological evaluations. Treatment services include medication management and academic/ educational therapy.

Address: 707 N. Broadway, Baltimore, MD 21205

Phone1: (888) 554-2080 or

(443) 923-9400 (referrals or requests for initial evaluations) **Phone2:** (443) 923-9269; (443) 923-9250 (follow-up appointments)

Other Services: Educational Supports

Kennedy Krieger Institute – **Neuropsychology & Developmental**

Psychology Clinic

Comprehensive assessment services through a Diagnostic Intake Clinic and specialty clinics focused on Developmental Psychological and Neuropsychological assessment.

The Diagnostic Intake Clinic- consultation offering an initial impression of child's functioning and needs

The Developmental Psychology Clinic- primarily a mental health service providing comprehensive psychological assessments and learning disabilities

The Pediatric Neuropsychology Clinic- applies scientific study of brain-behavior relationships to care of children identified with learning disabilities or known brain dysfunction or central nervous system concerns

Address: Fairmount Campus, 1750 E. Fairmount Avenue,

Baltimore, MD 21231

Phone: (888) 554-2080

Website: www.kennedykrieger.org/kki_cp.jsp?pid=1405

Other Services: Educational Supports; Mental Health

Kennedy Krieger Institute-

Pediatric Psychology Clinic and Consultation Service

Behavior analysis and therapy to teach children skills for cooperating and participating at a developmentally appropriate level with medical care. Therapists also provide consultation to allied health professionals in inpatient and outpatient pediatric settings, schools and community health care facilities.

Licensed psychologists and affiliated staff with special expertise in pediatric psychology and behavior analysis coordinate services with multidisciplinary health care, rehabilitation and educational teams.

Direct clinical services are provided to children and adolescents with a wide range of medical problems, along with their families and caregivers.

Address: 707 N. Broadway, Baltimore, MD 21205

Phone1: (888) 554-2080 or

(443) 923-9400 (referrals or requests for initial evaluations)

Phone2: (443) 923-2900 (follow-up appointments)

Fax: (443) 923-2835

Website: www.kennedykrieger.org/kki_cp.jsp?pid=1412

Other Services: Mental Health

Kimbrough Ambulatory Care Center-Military Families

Primary care, selected specialty care and same day surgery. Outpatient services include physical exams, community mental health, general surgery (gynecology), audiology, optometry, ophthalmology, pediatric and well baby, immunization/allergy, physical therapy, social services, substance abuse, and many others.

Service Area: Fort Meade

Address: 2480 Llewellyn Avenue, Ft. Meade, MD 20755-5800

Phone: 301-677-8606

Website: www.narmc.amedd.army.mil/kacc/MP_KACC.htm

Other Services: Mental Health; Substance Abuse

Lutheran Mission Society

Food & Clothing pantry; eyeglass assistance

Service Area: Anne Arundel County

Address: 230 West St., Annapolis, MD 21401 Phone: 410-269-5016; 410-539-7322

Website: www.lutheranmissionsociety.org

Other Services: Emergency Supports

Maryland Children's Health Program (MCHIP) — **Department of Social Services**

Prenatal and postpartum doctor visits; also covers hospital delivery bills

Eligibility Requirements: Any woman whose countable income is at or below 25% of the Federal Poverty Level. Contact local health department for application

Address: 80 West St., Annapolis, MD 21401

Phone: 800-735-2258

Other Services: Teen Issues

Maryland Department of Health and Mental Hygiene

Information on services for newborns, infants, children, adolescents, and adults, including medical and mental health services. Includes information on WIC, the Medicaid application process, teen pregnancy prevention, children with special health needs, etc.

Service Area: Statewide

Address: 201 West Preston Street, Baltimore, MD 21201

Phone: 410-767-5300; 877-463-3464

TTY: 800-735-2258 Fax: 410-333-7106

Website: www.dhmh.state.md.us/

Other Services: Mental Health; Teen Issues

Maryland Healthy Kids Program/ **Pregnant Women and Children's Program**

Provides medical assistance coverage for pregnant women and children up to 19 years of age. Generous income guidelines.

Phone: 410-222-4792

Other Services: Teen Issues; Family and Children's Services

Mount Washington Pediatric Hospital

Inpatient, outpatient and day programs for infants and children with rehabilitation and/or complex medical needs. Inpatient Services include the Center for Neonatal Transitional Care, Pediatric Chronic Illness Program, Inpatient Diabetes Program, Neuropsychology Program, Physical Rehabilitation Program, and Pulmonary Rehabilitation Program. Outpatient services include asthma/respiratory diseases, adaptive equipment, audiology services, developmental evaluation clinic, diabetes clinic, endocrine clinic, feeding clinic, feeding day treatment, gastroenterology, infusion service, lead treatment program, metabolic disease clinic, neurodevelopment clinic, neurology, neuropsychology, nutrition services, orthopedics, pediatric and adolescent gynecology, pediatric psychology, psychiatry, physical medicine and rehabilitation, pulmonology, pulmonary rehabilitation, rehabilitation day hospital, sleep testing and evaluation, and weigh smart program. Also offers the SIBSHOPS program, which is designed specifically for siblings of children with special needs.

> Address: 1708 W. Rogers Ave., Baltimore, MD 21209 Phone: 410-578-8600; 800-999-9442 (referrals)

Fax: 410-466-1715

Website: www.mwph.org

Other Services: Disabilities

New Beginning Pediatric Rehab

Rehabilitation for infant-to-adolescent aged children with orthopedic issues, neurological disorders, and developmental diagnoses, including sensory, coordination, and neuromuscular disorders. Also treats sports injuries. Adult rehabilitation for cerebral palsy, Parkinson's, and multiple sclerosis. Services are provided in both home and office settings.

Supporting children and adolescents with cerebral palsy, genetic disorders, muscular dystrophy, scoliosis, and spina bifida

Address: 8965 Guilford Road, Suite 160, Columbia, MD 21046

Phone: 410-796-8499

Website: www.newbeginningpediatric.com/

Owensville Primary Care

Primary health services without regard for ability to pay; All in need have access to quality care. Call for income quidelines.

Address: 134 Owensville Rd., West River MD 20778

Phone: 410-867-4700; 301-261-5130

People's Community Health Centers

A full-service clinic that provides medical, mental health, and dental services. Counseling services are available to both children and adults, while psychiatric services are available to adults only. People's has the services of World Wide Interpreters, which provides real-time confidential medical interpretation through a portable speaker box available to all staff at all locations. Language competence is therefore insured for 75 languages. People's employs a multi-lingual staff. Spanish is the most frequently needed second language and therefore People's pediatricians, psychiatrists, dentists and family practice providers as well as telephone/reception staff are bilingual in Spanish and English.

Sliding scale available to uninsured and underinsured, also accepts MA and many other insurances.

Eligibility Requirements: Must call to make a requirement. People's is not a walk-in clinic.

Address1: 5517 Ritchie Hwy., Brooklyn Park MD 21225

Phone1: 410-636-8701

Address2: 8341 Pioneer Drive, Severn, MD 21144

Phone2: 410-519-5458

Website: www.peopleschc.org

Other Services: Mental Health; Language Services

Physician Center for Weight Management and Eating Disorders

Outpatient services for the treatment of eating disorders, weight management, anxiety, depression, substance abuse, bipolar disorder, attention deficit hyperactivity disorder (ADHD) and more. The staff includes psychiatrists, psychotherapists, dieticians, and fitness counselors.

Address1: Rivers Business Commons, 8965 Guilford Road Suite 150,

Columbia, MD 21046

Phone1: 410-992-3960; 410-290-8800

Fax1: 410-290-8860

Address2: 1831 B Forest Drive, Suite 4, Annapolis, MD 21401

Phone2: 410-990-1811

Website: www.committedtochange.com

Other Services: Mental Health: Substance Abuse

Planned Parenthood of Maryland – Annapolis Office

Teen discussion programs, peer support program, counseling, support about reproductive health issues, pregnancy, and abortion

Address: 929 West St., Suite 305, Annapolis, MD

Phone: 410-263-2100; 410-576-2169 (Teen coordinator)

Website: www.plannedparenthoodmd.org

Other Services: Teen Issues

Primary Adult Care Program PAC

With PAC, you will get to see a health care provider who knows you and your health concerns. When you get tests and treatment you need, you can get healthy and stay healthy. Program for low income adults that offers health services to people age 19 and over who make a limited amount of \$ per year. Provides the following services:

- Free office visits to a primary care provider
- Free office visits to a counselor or psychiatrist for mental health services
- Prescription drugs. You may need to pay a co-pay for some prescriptions

Phone: 1-800-226-2142.

Reach Health Care Program

The REACH health care program is for uninsured adults. REACH is provided by the Anne ArundelCounty Department of Health in partnership with the County Medical Society. REACH offers County residents low-cost doctor visits, checkups, prescription medicine, lab work and tests, radiology services and dental services.

Phone: 410-222-4531

Rehabilitation Services Incorporated (RSI)

Physical, speech, and occupational therapy for infants through adults.

Service Area: Anne Arundel County

Address: 14409 Greenview Drive, Suite 102, Laurel, MD 20708

Phone: 301-498-8100; 410-792-7777

Website: www.rsitherapy.net

Other Services: Disabilities

Shanahan Children's Clinic

Clinic is for children with no medical insurance from birth to 18 years of age. Sick visits and physical exams. Donation: \$35.00 is asked for, but whatever you can afford is ok. Hours: Tuesdays 9:30-6:30

Address: 2 Hicks Ave- Mt Olive Church, Annapolis, MD 21401

Website: www.shanahachildrensclinic.com

South Baltimore Family Health Center

Uninsured, underinsured; Low income; Call clinic for details

Services: Medical Services **Hours:** Call clinic for hours **Residency:** West River Area

Address: 631 Cherry Hill Rd., Brooklyn MD 21225

Phone: 410-354-2000

Other Services: Emergency Services

Stanton Community Center

The Stanton Community Center has provided its community with multiple services in the city of Annapolis. The building serves as a community resource for children and adults offering recreational and cultural enrichment opportunities and health, medical, therapeutic, and counseling services.

City of Annapolis Recreation and Parks Department- focusing on physical and social health and community pride

Annapolis Youth Services Bureau- focusing on reducing juvenile delinquency

We Care and Friends- focusing on developing strong families and strengthening communities especially in areas affected by drugs and poverty

Address: 92 West Washington Street, Annapolis, MD 21012

Phone: 410-295-5519

Other Services: Family and Children's Services, Mental Health, Teen issues

Women, Infants and Children (WIC) Program – **Family Health Administration**

Supplemental nutrition program for pregnant women, infants and children under 5.

Address: 201 W. Preston St., Rm 306, Baltimore, MD 21201

Phone: 410-767-5300 Fax: 410-333-7106

Other Services: Teen Issues; Family and Children's Services

Annapolis Outreach Dental Clinic

Provides dental services to children and adults.

Address: 92 W. Washington Street, Annapolis, MD 21401

Phone: 443-481-3599

Anne Arundel County Department of Health Dental Health Services

Annapolis

Address: J. Howard Beard Health Services Building,

3 Harry S. Truman Parkway, Annapolis, Maryland 21401

Phone: 410-222-7138

Monday, 9:30 a.m. - 5:00 p.m.; Tuesday - Friday, 8:30 a.m. - 4:00 p.m.

Glen Burnie

Address: North County Health Services Center, 791 Aquahart Road,

2nd Floor, Glen Burnie, Maryland 21061

Phone: 410-222-6861

Monday, 9:30 a.m. - 5:00 p.m.; Tuesday - Friday, 8:30 a.m. - 4:00 p.m.

Brooklyn Family Health Centers

Uninsured, Underinsured, Insurance, Medicare, Medicaid, Low income; Sliding scale based on income

Services: Pediatric, Dental, Women's Health, Mental Health, Medical Services Hours: Monday-Friday 8:30 AM-5:00 PM; Every other Saturday 9:00 AM-1:00 PM **Residency:** Baltimore Area

Address: 4115 Ritchie Hwy., Baltimore MD 21225

Phone: 410-355-0343

Other Services: Health – Physical, Women's Care

Dental Treatments for Special Needs Children

Address: Kernan Hospital, 2200 Kernan Drive, Baltimore, MD 21207

Phone: 410-448-6290 Fax: 410-448-6883

Grey Area Dental Access Program

Routine cleaning/fluoride, no orthodontics. Allow 4-5 months for scheduling. MA or no insurance (self pay on sliding scale)

Service Area: Anne Arundel County

Address1: Anne Arundel Department of Health,

3 Harry S Truman Pkwy, Annapolis, MD 21401

Phone1: 410-222-7138.

Address2: 791 Aquahart Road, Suite 200, Glen Burnie, MD 21061

Phone2: 410-222-6861

Website: www.aahealth.org

Oral Health Resources

Assists Maryland residents find affordable dental care services

Phone: 410-767-5300

University of Maryland Dental School

Complete dental care by student dentists.

Accepts many insurance plans and MA. Some individual payment plans available.

Service Area: Multiple counties

Address: 650 West Baltimore St., Baltimore, MD 21201

Phone: 410-706-4213; 410-706-4213 – Pediatric;

410-706-7101 – General:

410-706-7039; 410-706-7803 – Special Care Program

Website: www.dental.umaryland.edu

Lens Crafters

Will provide service to the population of students who fall under the "free and reduced meal programs." Look for the closest location near you.

Website: www.lenscrafters.com

Low Vision Center

Talking devices, magnifiers, low optical and optical devices available for trial periods.

Service Area: Clients must come to Bethesda location; staff not able to come to home or other location.

Address: 7701 Woodmont Avenue, Suite 604, Bethesda, MD 20814

Phone: 301-951-4444

Website: www.lowvisioninfo.org

VISION USA – American Optometric Assn.

If you do not qualify for government aid or private health care assistance that covers the cost of routine eye or vision care, VISION USA can help. VISION USA provides basic eye health and vision care services free of charge to uninsured, low-income people and their families. VISION USA was established in 1991 by AOA doctors of optometry who donate their services.

VISION USA is open to children and adults. General eligibility requirements vary by state. To receive free services, you must:

- Have no vision insurance (this may include Medicare/Medicaid)
- Have income below an established level based on household size
- Not have had an eye exam within two years
- Must be a U.S. Citizen or Legal resident

Applications also are available by writing, calling or email

Address: 243 North Lindbergh Blvd., St. Louis, MO 63141

Phone: 1-800-766-4466, 8:30 AM - 4:30 PM, CST (M-F)

Fax: 314/991-4101

Website: www.aoa.org/visionusa.xml

Maryland Pharmacy Assistance Program

Provides pharmacy benefits to low-income individuals not eligible for Medicaid who need help paying for prescription drugs. MPAP is only available to children under the age of 19 who have been denied by MCHP. Any child eligible for MCHP is ineligible for MPAP.

Phone: 800-226-2142

Website: www.dhmh.state.md.us/mma/mpap

Partnership for Prescription Assistance

This is a network of pharmacy companies and medical organizations that can match people up to more the 475 drug assistance programs and offer drugs at reduced rates or at no charge

Phone: 1-888-477-2669

Website: www.pparx.org

Prescription Drug Assistance Program

NeedyMeds is a 504(c)(3) nonprofit with the mission of helping people who cannot afford medicine or healthcare costs. The information is available anonymously and free of charge

Website: www.needymeds.com

ScriptSave® Prescription Assistance

Any Anne Arundel County resident who wants help with the cost of prescription medications or supplies can apply. There is no cost to obtain the discount card, and the entire process takes only minutes to complete over the phone or by visiting the ScriptSave® website.

What are the benefits of the Prescription Discount Program?

- Average prescription discounts of 22%, with potential savings of up to 50% on both brand name and generic prescriptions
- Savings for you and your entire household
- · No enrollment fee or other monthly fees
- No claim forms or paperwork to complete just present your card at the pharmacy to receive instant savings
- No income requirements or age restrictions
- A nationwide network of more than 53,000 participating pharmacies, with many local chain and independent pharmacy locations
- Mail order option available for maintenance prescriptions
- Discounts on home medical equipment and supplies
- Network of providers and savings on vision exams, eyewear and contact lenses
- · Discounts on hearing exams and supplies
- Convenient mail order service available for diabetic and respiratory supplies
- Quality customer service from knowledgeable Customer Care Representatives

Phone: 410-222-4531 (Customer Service Line – mention Group # 586)

Website: www.scriptsave.com – log in using group # 586

Anne Arundel County Department of Health

Breast and Cervical Cancer Program

You can receive free breast exams, mammograms and Pap tests through the Anne Arundel County Department of Health's Breast and Cervical Cancer Program. Eligible women receive coupons for free care. A network of highly skilled, private County health care providers honor these coupons.

You may be eligible for the Anne Arundel County Department of Health's FREE exam. For more information, call 410-222-6180. You Can Get FREE Services If You ...

- are 40 years or older,
- · have a limited yearly income,
- have no health insurance or have an insurance program that does not cover mammograms or Pap tests, and
- are a resident of Anne Arundel County.

Phone: 410-222-6180

En Español: 410-222-6071

Anne Arundel County Department of Health

Colorectal Cancer

Call the LifeScreen program if you are 50 to 64 years old and uninsured to see if you are eligible for a free colorectal screening.

Phone: 410-222-6640

En Español: 410-222-6071

Brooklyn Family Health Centers

Uninsured, Underinsured, Insurance, Medicare, Medicaid, Low income; Sliding scale based on income

Services: Pediatric, Dental, Women's Health, Mental Health, Medical Services
Hours: Monday-Friday 8:30 AM-5:00 PM; Every other Saturday 9:00 AM-1:00 PM

Residency: Baltimore Area

Address: 4115 Ritchie Hwy., Baltimore MD 21225

Phone: 410-355-0343

Other Services: Health - Physical, Dental

Gynecological Care

Harbor Family Care

Phone: 410-350-8250

Planned Parenthood

Phone: 410-269-1020

Stanton Outreach Center

Phone: 410-263-1400

FREE Housecleaning for women

For women undergoing chemotherapy. This service provides 1x/month for 4 months. Just need to sign up and fax a note from her Dr. This service serves the entire USA.

Website: www.cleaningforareason.org

Mammograms – Low Cost

Advanced Radiology

If patient pays at time of service, she will get a 20% discount. Screening mammogram is \$91 minus the 20% for a total of \$72.80

Phone: 410-918-3260

American Radiology

Option1: Pay 50% up front with a payment schedule for remaining balance Option2: Pay full amount up front and receive a 10% discount

Phone: 410-582-9729

Harbor Family Care (Radiology) - sliding scale

Phone: 410-350-8215

University of Maryland – free

Phone: 410-328-3215

Maryland Healthy Kids Program/ Pregnant Women and Children's Program

Provides medical assistance coverage for pregnant women and children up to 19 years of age. Generous income guidelines.

Phone: 410-222-4792

Other Services: Teen Issues; Family and Children's Services; Health – Physical

Women, Infants and Children (WIC) Program – Family Health Administration

Supplemental nutrition program for pregnant women, infants and children under 5.

Address: 201 W. Preston St., Rm 306, Baltimore, MD 21201

Phone: 410-767-5300 Fax: 410-333-7106

Other Services: Teen Issues; Family and Children's Services; Health – Physical

YWCA of Annapolis and Anne Arundel County

Offering multiple programs designed to support your family or child. Sliding scale payment fees accepted

Mentoring for Youth – Therapeutic Mentoring program designed for youth 8-18 with social and emotional concerns. Children can build their social skills with the support of a trained mentor. Children participate in group activities, support groups, one to one meetings and field trips. Referrals from Anne Arundel County Mental Health Agency

Transition to Independence – Therapeutic case management services specifically designed for teen mothers. Goal of program is to ensure graduation from high school, positive parenting skills, understanding of child development, and vocational consideration and family support. Ladies 13 through 18 who are pregnant or have a child 0-7 years.

School Based Mentoring for Teen Ladies – Group of high school female students meet after school. Program is designed to enrich the girls in the areas of social life skills, financial planning, higher education, and career options, and exposure to fine arts, employment opportunities, healthy choices, and parental involvement through weekly home visits. Contact Annapolis High School to learn more.

School Based Intervention Program (Middle School)– STAR Academy after school program provides additional assistance to students with social, emotional, and academic challenges. Program focuses on increasing school attendance, improving academic performance, social interaction, health and wellness, and recreational opportunities. Referrals received through their school counselors or administrators.

Address: 1517 Ritchie Highway, Suite 201, Arnold MD 21012

Phone: 410-626-7800

Website: www.annapolisywca.org

Categories: Teen Issues, Family and Children's Services, Educational Support

A New Way Clinic

Outpatient Substance Abuse Treatment

Address: 2135 Espey Ct., Crofton, MD 21114

Phone: 410-451-7323
Fax: 410-451-8205

Abundant Life Church

Our celebrations happen every Sunday at 9am and 10:30am. They are much different than most church experiences. The atmosphere at our celebrations is designed so you may comfortably connect at your own pace. With rocking music and a coffee bar, this weekly connection is designe to include your story and ours. Informal attire is the norm, and our celebrations are organized so you can be comfortably on your way in a little over an hour.

Available evening programs include Celebrate Recovery Weekly Meeting and Narcotics Anonymous

Address: 7305 E. Furnace Branch Rd., Glen Burnie, MD 20160

Phone: 410-761-9075

Website: abundantlifechurch.us/about-us/leadership/

ADEPT

Outpatient Substance Abuse Treatment

Address: The Horizons, 8028 Ritchie Highway, Suite 313,

Pasadena, MD 21122

Phone: 410-761-0725

Fax: 410-761-2412

Adventist Behavioral Health Services at Crownsville

Child abuse counseling; Drug education treatment program for adolescents ages 14-17

Address: 14 Romig Drive, Crownsville, MD 21032

Phone: 410-729-2135

Other Services: Mental Health

Alcohol & Drug Recovery (ADR)

Alcohol and Drug Outpatient Treatment and Education

Address1: 929 West St., Annapolis, MD 21401

Phone1: 410 268-6800 Fax1: 410 268-8637

Address2: 221 Fifth Ave S.E., Glen Burnie, MD 21061

Phone2: 410-768-3526

Fax2: 410-787-1942

Alcohol and Drug Intervention (ADI), Inc.

Substance abuse treatment; anger management

Address: 7458 B&A Blvd, 2nd floor, Glen Burnie, MD 21061

Phone: 410-787-2288

Fax: 410-787-9479

American Rescue Workers of Maryland

Shelter for men, offering meals (to shelter residents), counseling, substance abuse rehabilitation (1 year program with 3-4 month sub-programs) and more

Address: 11 W. Clement St., Baltimore, MD 21230

Phone: 410-566-3300

Other Services: Emergency Supports; Mental Health

Anne Arundel Counseling

Outpatient treatment and education for children, adolescents, and adults through individual, family and group counseling. Substance abuse programs also available.

Service area: Anne Arundel County

Address1: 7310 Ritchie Highway, Glen Burnie, MD 21061
Address2: 1298 Bay Dale Drive Suite 216, Arnold, MD 21012

Phone: 410-768-5988

Website: www.annearundelcounseling.com

Other Services: Mental Health; Family and Children's Services

Anne Arundel County Department of Health Addiction Services

Methadone Maintenance

Address: 2200 Somerville Rd., Annapolis, MD 21401

Phone: 410-222-7428 Fax: 410-222-7655

Anne Arundel Department of Health:

Behavioral Health Bureau

Promotes the emotional health and physical well being of county residents by assessing the problems, needs and resources of the county and promoting behavioral health through education preventions and treatment.

Adolescent and Family Services- 410-222-6785 (addictions treatment) Mental Health- 410-222-6725 Adult Addictions- 410-222-0100

Address: 3 Harry S Truman Parkway, Annapolis, MD 21401

Phone: 410-222-7095

Website: www.aahealth.org/mentalhealth.asp

Categories: Mental Health

Arundel House of Hope

Address: 6401 Ritchie Highway, Glen Burnie, MD 21061-1608

Phone: 410-863-4888; 443-804-3410

Seasonal Emergency Temporary Shelter – Hosted at different Anne Arundel County Churches each week from late October through April. Each church provides services, meals, and spiritual guidance to the guests during their week. The Winter Relief Program provides meals, limited case management, and other support services as needed for up to 60 men and women each night.

Safe Haven Supportive Housing Program; WISH (Women in Safe Haven) – The first permanent affordable housing program for single adult homeless women in Anne Arundel County. A single family home in Brooklyn Park will house up to five chronically homeless women and a resident manager.

The Fouse Center

The first and only Transitional Housing program for homeless men in Anne Arundel County. Clients suffer from substance abuse, mental illness, heath issues, and/or unemployment. As a transitional facility, The Fouse Center generally provides shelter and comprehensive services to these clients for a period of six months to one year. Support services include counseling, job preparedness, employment assistance, adult education, health referrals, substance abuse and mental health support, and general community support.

Address: The Fouse Center, 6401 Ritchie Hwy, Glen Burnie, MD 21061

Phone: 410-609-1224

Fax: 410-609-1226

The Homeless Resource and Day Center

Provides services and referrals for the homeless and those at risk of being homeless. Services include telephone, internet, mail, showers, clothing, transportation assistance, housing and shelter referrals, medical and health assistance, and employment assistance.

Address: Day and Resource Center, 514 N. Crain Highway,

Suite K, Glen Burnie, MD 21061

Phone: 410-863-4888
Fax: 410-863-7235

Other Services: Emergency Supports; Mental Health

Baltimore Station

Long term substance abuse

Address: 140 W. West St., Baltimore, MD 21230

Phone: 410-752-5917

Bay Area Community Church

Celebrate Recovery (Monday nights); 12 Step Christian recovery program

Mercy Ministries provides financial assistance for emergencies, food

Address: 884 Chesterfield Road, Annapolis, MD 21401

Phone: 410-544-2222

Other Services: Mental Health, Emergency Supports

Brooklyn Heights Community Service Center

This is an active substation utilized by the Anne Arundel County Police Department as well as the Division of Parole and Probation. Substance abuse evaluations are available with referrals to local programs. Services are available for victims of domestic violence. Parents in need of assistance with juveniles can receive services through the JIFI program, a pupil personnel worker, and/or the juvenile justice representative affiliated with this center.

Service Area: Brooklyn Heights Community

Address: 5015 Ritchie Highway (behind the McDonald's),

Baltimore, MD 21225

Phone: 410-222-0023

Other Services: Mental Health; Teen Issues; Abuse

Center of Addiction Medicine

7 day outpatient detox program; clients are detoxed with either methadone or buprenorphine every day for 5 to 7 days with free counseling on Tuesdays and Thursdays

Address: 827 Linden Ave., Baltimore, MD

Phone: 410-225-8240

Comprehensive Treatment Center of MD

Outpatient mental health and substance abuse services, including urinalysis

Service Area: Anne Arundel County and surrounding areas

Address: 1110 Benfield Blvd., Suite H, Millersville, MD 21108

Phone: 410-987-3615
Fax: 410-729-7302

Damascus House

Outpatient substance abuse treatment

Address: 4203 Ritchie Highway., Brooklyn, MD 21225

Phone: 410-789-7446

EJAL Health Service

Methadone maintenance clinic open between 6:00 am and 11:00 am

Address: 550 Crain Hwy, Unit 8, Glen Burnie, MD 21061

Phone: 410-761-3686

Empowering Believers Church of the Apostolic Faith/Rock Steward Ministry

Food Pantry; Mentoring for boys ages 9-17 and girls ages 18 and under (primarily African American; Wednesdays 6:30 – 8:30 pm); Youth Anti-Tobacco Coalition; Smoke-Free Holy Ground

Eligibility Requirements: Picture ID

Address: 7566 E. Howard Rd., Glen Burnie, MD 21060

Phone: 410-761-9272

Other Services: Emergency Supports; Educational Supports

Epoch Counseling Center

Alcohol and Drug Free Outpatient Treatment and Education; Adolescent Program

Address: 3902 Annapolis Rd., Landsdowne, MD 21227

Phone: 410-789-2647 Fax: 410-789-8364

Family Service Foundation, Inc.

Human service agency affiliated with United Way. Mental health and social service programs for deaf and hearing individuals; individuals with persistent and severe mental illness; and individuals with developmental disabilities. Outpatient services, community rehabilitation, and residential programs. Also provides HIV/AIDS outreach.

Address1: 5301 76th Avenue, Landover Hills, MD 20784

Address2: 8101 Sandy Spring Road, Suite 104, Laurel, MD 20707

Phone: 301-317-0114, 1-888-333-7505

TTY: 301-731-6141

Other Services: Mental Health; Disabilities; Physical Health

Father Martin's Ashley

Inpatient treatment program including group and individual therapy

Address: 800 Tydings Ln., Havre De Grace, MD 21078

Phone: 800-799-4673 ext 213 (Crisis Department)

Ferry Point

Outpatient substance abuse treatment

Address: 8379 Piney Orchard Pkwy, Suite F, Odenton, MD 21113

Phone: 410-674-8500 Fax: 410-519-9762

First Call for Help

Connects families and individuals to many community resources, such as financial assistance, emergency food assistance and shelter, affordable housing, abuse/neglect, child care, disability, education, emergencies, employment, health/medical care, mental health, special transportation needs, substance abuse treatment and prevention services. Also has shelter hotline number that lists shelters in Baltimore with open beds. Assistance is available 24 hours per day, 7 days per week.

Service Area: Six counties in MD, including Anne Arundel

Address: 22 Light Street, Baltimore, MD 21203-1576

Phone: 410-685-0525, 410-531-6677; 800-492-0618

TTY/TTD: 410-685-2159

Website: www.firstcall.org

Other Services: Emergency Supports; Mental Health; Disabilities; Abuse

First Step Recover Center, Inc.

Intensive outpatient substance abuse treatment; outpatient treatment

Address: 914 Forest Dr., Suite 103, Annapolis, MD 21403

Phone: 410-280-2333

Fax: 410-280-9866

Hawkes Counseling Services

Outpatient substance abuse treatment and anger management

Address: 4109 Ritchie Highway, 2nd floor, Brooklyn, MD 21225

Phone: 410-298-8046

Other Services: Mental Health

Health Care for the Homeless—Baltimore

Primary health care, preventive health care, mental health, addictive services, dental care, vision (e.g., glasses)

Phone: 443-703-1398

Website: www.hchnd.org/service

Other Services: Physical Health; Mental Health

Hispanic Initiative

Access to health services for substance abuse and violence.

Service Area: Anne Arundel County

Address: 2200 Somerville Road, Annapolis, MD 21401

Phone: 410-222-4514

Other Services: Language Services

Hope House

Inpatient substance abuse treatment; long term residential treatment; detoxification; can prescribe buprenorphine for opiate addiction; counseling and vocational help

Eligibility Requirements: Must participate in a telephone screening interview

Address: PO Box 546, Marbury Dr. Bldg. 26, Crownsville, MD 21034

Phone: 410-923-6700 Fax: 410-923-6213

Jenkins Memorial Church

Winter Relief Shelter, Celebrate Recovery

Address: 133 Riviera Drive, Pasadena, MD 21122

Phone: 410-437-2846

Other Services: Emergency Supports

Johns Hopkins School of Medicine— Addiction Treatment Services

Services range from standard outpatient care (1-3 hours per week) to intensive outpatient care (10 hours per week). Individuals receive a medical evaluation upon admission and ongoing medical consultation, screening, and referral for primary and specialty care. An individualized treatment plan is developed for each patient by the treatment team and is reviewed and revised as needed. Specific clinical interventions may include routine and specialized individual and group therapies, behavioral interventions to motivate therapy attendance, and a broad range of medications that reduce the use of alcohol and other drugs.

Address: The Johns Hopkins Bayview Medical Center,

4940 Eastern Avenue, Baltimore, MD 21224

Phone: 410-550-0363; 410-550-0051

Other Services: Mental Health

Johns Hopkins School of Medicine-

Bay view Community Psychiatry Program (CPP)

Specialty clinics, partial hospitalization programs, mobile treatment, and on-site services in schools. All patients receiving treatment in the Child and Adolescent Psychiatry programs may access an on-call therapist from 5 p.m. to 8:30 a.m. Monday to Friday and 24 hours a day weekends and holidays. A Spanish-speaking therapist is also available.

General Outpatient Services
Adolescent Partial Hospitalization Program
Child and Adolescent Rehabilitation Program
Child Mobile Treatment Services
Child Case Management
Children's Center
Early Childhood/Preschool Clinic
Transitional Youth Program

Address: 4940 Eastern Avenue, Baltimore, MD 21224 **Phone:** 410-550-0018 or 410-550-0104 (referrals)

Fax: 410-550-1302

Other Services: Mental Health; Educational Supports

Kimbrough Ambulatory Care Center-Military Families

Primary care, selected specialty care and same day surgery. Outpatient services include physical exams, community mental health, general surgery (gynecology), audiology, optometry, ophthalmology, pediatric and well baby, immunization/allergy, physical therapy, social services, substance abuse, and many others.

Service Area: Fort Meade

Address: 2480 Llewellyn Avenue, Ft. Meade, MD 20755-5800

Phone: 301-677-8606

Website: www.narmc.amedd.army.mil/kacc/MP_KACC.htm

Other Services: Mental Health; Physical Health

Lake Shore Baptist Church

Supports NCEON, Celebrate Recovery

Address: 4613 Mountain Rd., Pasadena, MD 21122

Phone: 410-255-5413

Other Services: Emergency Supports

Laurel Youth and Family Services Center

Family counseling; substance abuse treatment; supporting children 13 to 18 years old (however, accepts children as young as 6 years old)

Address: Laurel Lakes Corporate Center, 13992 Baltimore Ave.,

Suite 203, Laurel, MD 20707

Phone: 301-527-6126 Fax: 301-498-4502

Other Services: Mental Health

Mountain Manor Treatment Center (Adolescent)

Offers a full continuum of adolescent care including a residential program for substance abusing and dual diagnosis adolescents, a partial hospitalization/day treatment program, an intensive outpatient program, standard outpatient services, and buprenorphine treatment. Also offers the Baltimore

Academy, a special education day school for drug-involved adolescents and Health Quest, a mental health clinic for outpatient psychiatric treatment of adolescents with co-occurring disorders and their families. The residential program provides medical, psychiatric and detoxification services as needed, and specializes in the management of very high severity adolescents including those with comorbid disorders. A Spanish language track, a short-term managed care track, and a girl's step-down group home are under development. Accepts Medical Assistance

Address: 3800 Frederick Ave, Baltimore, MD 21229

Phone: 410-233-1400

Website: www.mactn.vcu.edu/mountain.htm

Mountain Manor Women's Program

Short term, high intensity adult residential substance abuse treatment. Its 12-step based program includes a detox track, relapse prevention, full medical and nursing services, and psychiatric support for dual diagnosis patients. The program also features a long-term residential track for pregnant and post-partum substance abusing women who may keep their young children and infants with them. Accepts Medical Assistance (Priority Partners). Offers a few beds for women with no insurance or income to pay

Address: 9701 Keysville Road, Emmitsburg, MD 21727

Phone: 301-447-2361; 800-537-3422

Website: www.mactn.vcu.edu/mountain.htm

Other Services: Mental Health

National Institute on Drug Abuse and National Institute of Health

The National Resource Center for Communities Working to Reduce Substance Abuse and Gun Violence offers resources and supports for direct intervention with parents, students, educators, and communities. They offer programs for systemically monitoring drugs and alcohol. There are identified resources to start evidence-based programs in your school or at home.

Address: 6001 Executive Blvd., Room 5213, Bethesda, MD 20892-9561

Phone: 617-437-1500

Other Services: Educational Supports

New Life Addiction Counseling Services

Outpatient substance abuse treatment services

Address: 2528 Mountain RD # 204, Pasadena, MD 21122

Phone: 410-255-4475
Fax: 410-255-6277

New Life

Outpatient substance abuse treatment services

Address: 2528 Mountain Rd., Pasadena, MD 21122

Phone: 410-255-4475

Open Door

Therapy and screening when drug/alcohol use/abuse suspected; outpatient substance abuse treatment; methadone maintenance

Address: 407 S. Crain Hwy., 2nd Floor, Suite B, Glen Burnie, MD 21061

Phone: 410-222-6725 – *adults only*; 410-222-0199 – *5-18 year olds*

Pathways

Inpatient, outpatient, and detox treatment. Supports adolescents and adults with substance abuse difficulties

Address: 2620 Riva Rd., Annapolis, MD 21401

Phone: 410-573-5400; 410 573-5402

Fax: 410 573-5401

Website: www.pathwaysprogram.org

Physician Center for Weight Management and Eating Disorders

Outpatient services for the treatment of eating disorders, weight management, anxiety, depression, substance abuse, bipolar disorder, attention deficit hyperactivity disorder (ADHD) and more. The staff includes psychiatrists, psychotherapists, dieticians, and fitness counselors.

Address1: Rivers Business Commons, 8965 Guilford Road Suite 150,

Columbia, MD 21046

Phone1: 410-992-3960; 410-290-8800

Fax1: 410-290-8860

Address2: 1831 B Forest Drive, Suite 4, Annapolis, MD 21401

Phone2: 410-990-1811

Website: www.committedtochange.com

Other Services: Mental Health; Physical Health

Primary Adult Care Program PAC

With PAC, you will get to see a health care provider who knows you and your health concerns. When you get tests and treatment you need, you can get healthy and stay healthy. Program for low income adults that offers health services to people age 19 and over who make a limited amount of \$ per year. Provides the following services:

- Free office visits to a primary care provider
- Free office visits to a counselor or psychiatrist for mental health services
- Prescription drugs. You may need to pay a co-pay for some prescriptions

Phone: 1-800-226-2142.

Other Services: Health – Physical

Recover Resources

Outpatient substance abuse treatment

Address: 2B Crain Hwy, SW, Glen Burnie, MD 21061

Phone: 410-787-0964 Fax: 410-787-4210

Robert A. Pascal Youth and Family Services

Family, individual, and group counseling for ages 4 and up. Sister agency to Annapolis Youth Services Bureau (AYSB).

Service Area: Anne Arundel and Queen Anne Counties; Baltimore City

Address: PO Box 1012, 570 H Ritchie Hwy., Severna Park, MD 21146

Phone: 410-975-0067
Fax: 410-975-0204

Website: www.rpascal.org

Other Services: Mental Health

Second Genesis

Inpatient, long term residential program for men and women

Address: 107 Circle Dr., Crownsville, MD 21032

Phone: 410-923-0401 Fax: 301-621-0744

Other Services: Mental Health

Sheppard Pratt Health System— Crisis Intervention Programs

Support children, adolescents, and adults who are experiencing an urgent behavioral health or addictions problem and are in need of an immediate evaluation or who are in crisis.

Urgent Assessments – Provides a scheduled, face-to-face urgent assessment appointment with an experienced psychiatrist who will prescribe medication where appropriate and communicate the assessment outcome with the referral source and case managers to arrange access to the next appropriate treatment setting. Call 410-938-HELP (4357); TDD 410-938-3075

Scheduled Crisis Intervention Program (SCIP) – A crisis intervention program for patients requiring psychiatric evaluation in anticipation of imminent hospitalization or direct admission to day hospital. Call 410-938-5302; TDD 410-938-3075

Emergency Room Behavioral Consultation Services – Sheppard Pratt provides on-site mental health emergency room coverage at many hospitals in Maryland, including GBMC Call 443-849-2225

Crisis Stabilization Adolescent Units – Two gender specific units comprising 36 beds providing multidisciplinary assessment, evaluation and treatment, crisis intervention and stabilization primarily for adolescents. Call 410-938-3800; TDD 410-938-3075

Address: 6501 N. Charles Street, Towson, MD 21204

Website: www.sheppardpratt.org

Other Services: Crisis Intervention; Mental Health

Sheppard Pratt Health System–

Office of Substance Abuse Education & Prevention

A variety of programs for youth, their families, professionals, and the community, including Drug-free Kids: substance abuse education classes for youth and parents; school and faith-based education programs for students and staff; alternative education and consultation program for suspended and/or expelled students; parent education programs; peer leadership conferences; Drive to Survive traffic safety education program for teens and young adults; student athlete programs for players and coaches; drugs in the workplace education; and speaking engagements

Phone: 410-938-3100

Website: www.sheppardpratt.org

Shoemaker Center

28 day detoxification program. Offers a few beds for women with no insurance or income to pay.

Eligibility Requirements: May need a referral from an outpatient program, health department, or your doctor

Address: 6655 Sykesville Road Sykesville, MD 21784

Phone: 410-876-1990

Substance Abuse Community Intervention Services

Outpatient substance abuse treatment

Address: 2200 Sommerville Road, Annapolis, MD 21401

Phone: 410-222-7265

Tuerk House Alcohol and Drug Treatment Program Tuerk House Inc.

Drug rehab and substance abuse treatment services, detoxification, short term residential treatment, and outpatient services. Self pay with some assistance.

Address: P.O. Box 31419, Baltimore, MD 21216

Phone: 410-233-0684 ext 104

Website: www.tuerkhouse.com

Vesta, Inc.

Inpatient and outpatient programs for individuals with a wide range of psychological difficulties, including serious mental illness. Services include individual, couple, family, and group therapy; medication management; psychological evaluations; affordable housing with support services; skills training and rehabilitation; substance abuse counseling, supported employment.

Can Therapy Help Me?

- Do you feel sad and hopeless?
- Do you feel detached and distant from loved ones?
- *Is it hard for you to concentrate?*
- Do you feel badly about yourself?
- Do you feel like you worry all the time?
- Do you have panic attacks?
- Could you have trouble controlling your anger?
- Do you have trouble controlling your drinking or drug use?
- Do you have trouble managing your children?

Our Clinics Provide the Following Services

- Individual, Family, Couples and Group Therapy
- Off-site and In-home Therapy
- Psychiatric Assessment and Medication Management
- Psycho-educational Programs: Parenting, Anger Management, Social Skills, Dealing with difficult Adolescents.

Vesta's Professionals use the following modalities:

- Cognitive-behavioral therapy
- Psychodynamic therapy
- Family systems therapy (structural, strategic, narrative, collaborative, EFT)
- Expressive Therapies (play, art, and recreation)
- Eye Movement Desensitization & Reprocessing (EMDR)
- · Psychodrama

Accepted Insurances

- MD Medicaid
- Medicare
- Primary Adult Care (PAC)
- Carefirst Blue Cross Blue Shield (Silver Spring ONLY)
- Carefirst Blue Choice or any Magellan Provider (Silver Spring ONLY)
- Self Pay

• Out of network for any insurance

Uninsured Clients: Vesta accepts uninsured clients in the state of Maryland if you have low-income and a valid social security number and meet any of the following criteria:

- having been released from a psychiatric hospital in the last three months
- having been released from jail in the last three months
- having been treated in the public mental health system in the last two years
- being homeless and seeking refuge in a shelter

Accepts MA, Self-Pay

Address: 1202 Annapolis Rd., Suite F, Odenton, MD 21113

Phone: 410-672-2862
Fax: 240-383-3435
Email: IRC@vesta.org

Website: www.vesta.org

Germantown

Intake interviews: Tuesdays 10am - 5:30pm ONLY

Address: 20410 Observation Dr. Suite 108, Germantown, MD 20876

Phone: 240-296-5862 Fax: 301-528-4315

Silver Spring

Intakes by appointment: Call Monday - Friday 9am - 5pm

Address: 8737 Colesville Rd., Suite #700, Silver Spring, MD 20910

Phone: 240-296-5858

Fax: 240-383-3435

Other Services: Mental Health; Family and Children's Services

We Care – Glen Burnie

Methadone maintenance clinic open from 6:00 am to 11:00 am

Address: 13 Aquahart Rd, Suite A, Glen Burnie, MD 21061

Phone: 410-766-9668 Fax: 410-766-9673

YANA (You Are Never Alone), Inc.

Services include trauma counseling; crisis intervention and referrals to substance abuse treatment, education, and employment. They utilize basic resources including food, clothing, hygiene products, shower and telephones. YANA's mission is to reach out in love to prostituted, sexually exploited women and girls.

Address: 901 Hollins Street, Baltimore, MD 21223

Phone: 410-566-7973

Website: www.yanaplace.org

Categories: Crisis Intervention; Teen Issues; Mental Health

Access Counseling Services of Columbia, Inc.

Offers counseling and psychotherapy for children, adolescents, adults, families, and groups; parenting, stress reduction, and relaxation groups; and workshops for women. Runs social skills groups for students during the summer.

Address: 5560 Sterrett Place, Suite 201, Columbia, MD 21044

Phone: 410-995-5555 Fax: 410-995-5556

Website: www.accesscounselingcolumbia.com

Other Services: Family and Children's Services

Advanced Behavioral Health

Offering Offsite Counseling Services (OCS)

12 month program to help reduce potential child placement, custody relinquishment, and decline in health and well-being with mentally impaired families struggling with poor choices such as drugs, violence, abuse, defiance, crime, indifference, and run aways.

Population served: mentally impaired families and children, birth to adolescence at high risk for school failure, placement, or hospitalization

- Off-Site Counseling Services (OCS) –
 In-home therapy provided by licensed therapists to children, adolescents and their families who have Medicaid/MA as their health insurance
- Single point of Intake: Fax 301-560-5558
- On-Site Psychiatric Evaluation and Medication Management
- Voluntary service Clients (children and their caregivers) develop and sign treatment plans after meeting with the therapist in their home
- Electronic Medical Record holds all documentation, either signed on tablets or uploaded
- Clients are asked to examine their behavior, reflect of their feelings, explore alternative ways of behaving, coping and experiencing

Goals:

- Reduce risks for out-of-home placement (hospitalization, foster care, detention)
- Reduce the risk of higher intensity school placement
- Improve mental health/well-being of children, adolescents and their caregivers
- · Reduce family conflict
- · Improve family functioning
- Increase pro-social behaviors in home, school, and community
- Empower individuals and families to explore, define and make better behavioral choices

 Minimum 2 visits per week in the home, school or other client-determined location

**Must fax in referral- 301-560-5558*

Area Directors: Pam Smelser-410-458-3675; Marissa Southwell-443-927-7797

Address: 1302 Concourse Drive, Suite 204, Linthicum, MD 21090

Phone: 301-345-1022 • Intake Coordinator: 301-345-1022

FAX: 301-560-5558

Website: www.sussalpsi.com/homeandcommunity

Other Services: Disabilities, Family & Children

Adventist Behavioral Health Services at Crownsville

Child abuse counseling; Drug education treatment program for adolescents ages 14-17

Address: 14 Romig Drive, Crownsville, MD 21032

Phone: 410-729-2135

Other Services: Substance Abuse

American Red Cross, Central Maryland Chapter

Help with food, water, and short-term shelter. 24-hour disaster relief to victims of natural and man-made disasters (e.g., financial assistance for food, clothing, shelter, emergency medical needs, household furnishings and occupational supplies). Also provides counseling support.

Address: 4800 Mt. Hope Dr., Baltimore, MD 21215

Phone: 410-624-2000 Fax: 410-764-4914

Website: www.redcross-cmd.org

Other Services: Emergency Supports

American Rescue Workers of Maryland

Shelter for men, offering meals (to shelter residents), counseling, substance abuse rehabilitation (1 year program with 3-4 month sub-programs) and more

Address: 11 W Clement St., Baltimore, MD 21230

Phone: 410-566-3300

Anchor Behavioral Health

Marriage and family counseling

Address: 200 Forbes Street, Suite 303, Annapolis, MD 21401

Phone: 410-268-8188

Annapolis Youth Services Bureau (AYSB)

The AYSB has 24 hour on call referral services for crisis situations or emergencies. AYSB also provides the following services for youth: counseling (individual, family, and group), crisis intervention, tutoring, substance abuse/mental health assessment and referral, community education, employment assistance (youth), referral and information services. Counseling sessions are generally 4- 12 weeks in length and focus on anger management, self esteem, or issues pertaining to family dysfunction.

Service Area: Anywhere in Anne Arundel County

Address: Stanton Community Center, 92 West Washington Street,

Annapolis, MD 21401

Phone: 410-626-1800; 410-626-1801 (Annapolis);

410-269-8060 (Baltimore)

Fax: 410-626-1922 (Fax)

Website: www.aaceoc.com/AYSB.htm

Other Services: Crisis Intervention; Health – Medical; Educational Supports

Anne Arundel Counseling

Outpatient treatment and education for children, adolescents, and adults through individual, family and group counseling. Substance abuse programs also available.

Service area: Anne Arundel County

Address1: 7310 Ritchie Highway, Glen Burnie, MD 21061
Address2: 1298 Bay Dale Drive Suite 216, Arnold, MD 21012

Phone: 410-768-5988

Website: www.annearundelcounseling.com

Other Services: Substance Abuse; Family and Children's Services

Anne Arundel Counseling

Outpatient treatment and education for children, adolescents, and adults through individual, family and group counseling. Substance abuse programs also available.

Service area: Anne Arundel County

Address1: 7310 Ritchie Highway, Glen Burnie, MD 21061
Address2: 1298 Bay Dale Drive Suite 216, Arnold, MD 21012

Phone: 410-768-5988

Website: www.annearundelcounseling.com

Other Services: Substance Abuse; Family and Children's Services

Anne Arundel County Crisis Response System

Comprehensive on-site and off-site mental health crisis response services and resources. Bilingual services.

Service Area: Anne Arundel County

Address: 7493 Baltimore Annapolis Blvd., Glen Burnie, MD 21061

Phone: 410-768-1440

Website: www.thesantegroup.org/

Other Services: Crisis Intervention; Language Services

Anne Arundel Department of Health Behavioral Health Bureau

Promotes the emotional health and physical well being of county residents by assessing the problems, needs and resources of the county and promoting behavioral health through education preventions and treatment.

Adolescent and Family Services- 410-222-6785 (addictions treatment)
Mental Health- 410-222-6725

Adult Addictions- 410-222-0100

Address: 3 Harry S Truman Parkway, Annapolis, MD 21401

Phone: 410-222-7095

Website: www.aahealth.org/mentalhealth.asp

Categories: Substance Abuse

Anne Arundel County Mental Health Agency

Mental health services for Medicaid recipients and low-income county residents with Axis One diagnoses. Mentoring program.

Service Area: Anne Arundel County

Address: 1 Truman Parkway, Ste 101, Annapolis, MD 21401MD 21401

Phone: 410-222-7858

Website: www.aamentalhealth.org

Other Services: Educational Supports

Anne Arundel County Mental Health Agency Crisis Response

24-hour crisis assistance, including mobile crisis unit, sexual assault clinic, urgent care clinic.

Service Area: Anne Arundel County

Address: 1 Truman Parkway, Suite 101, Annapolis, MD 21401

Phone: 410-768-5522

Website: www.aamentalhealth.org

Other Services: Crisis Intervention

The Anxiety and Stress Disorders Institute of Maryland, LLP

Individualized assessment, group therapy, individual therapy, cognitive therapy, intensive behavior therapy, couples/family therapy, meditation training, in vivo exposure work, stress management, public lectures, medication management, consultation to inpatient treatment, second opinion consultations, clinical supervision, customized workshops, biofeedback, and executive coaching.

Address: 6501 N. Charles St., Towson, MD 21204

Phone: 410-938-8449

Website: www.anxietyandstress.com

Arundel House of Hope

Address: 6401 Ritchie Highway, Glen Burnie, MD 21061-1608

Phone: 410-863-4888; 443-804-3410

Seasonal Emergency Temporary Shelter – Hosted at different Anne Arundel County Churches each week from late October through April. Each church provides services, meals, and spiritual guidance to the guests during their week. The Winter Relief Program provides meals, limited case management, and other support services as needed for up to 60 men and women each night.

Safe Haven Supportive Housing Program; WISH (Women in Safe Haven) – The first permanent affordable housing program for single adult homeless women in Anne Arundel County. A single family home in Brooklyn Park will house up to five chronically homeless women and a resident manager.

The Fouse Center

The first and only Transitional Housing program for homeless men in Anne Arundel County. Clients suffer from substance abuse, mental illness, heath issues, and/or unemployment. As a transitional facility, The Fouse Center generally provides shelter and comprehensive services to these clients for a period of six months to one year. Support services include counseling, job preparedness, employment assistance, adult education, health referrals, substance abuse and mental health support, and general community support.

Address: The Fouse Center, 6401 Ritchie Hwy, Glen Burnie, MD 21061

Phone: 410-609-1224

Fax: 410-609-1226

The Homeless Resource and Day Center

Provides services and referrals for the homeless and those at risk of being homeless. Services include telephone, internet, mail, showers, clothing, transportation assistance, housing and shelter referrals, medical and health assistance, and employment assistance.

Address: Day and Resource Center, 514 N. Crain Highway,

Suite K, Glen Burnie, MD 21061

Phone: 410-863-4888 Fax: 410-863-7235

Other Services: Emergency Supports; Substance Abuse

Arundel Lodge, Inc

Psychosocial rehabilitation, deaf services

Address: 2012 Renard Court, Suite I, Annapolis, MD 21401

Phone: 443-433-5900 Fax: 410-841-6045

Website: www.arundellodge.org

Other Services: Disabilities

Arundel Psychological Associates

Comprehensive services including psychotherapy for children, adolescents, and adults, group and family therapy, cognitive behavioral therapy, relaxation training and stress management, social skills training, separation/divorce counseling, loss/grief counseling, substance abuse/addictions counseling with on site screenings, psychological assessments (intelligence, educational, attention span, social skills, emotional conditions, personality), parenting workshops, educational advocacy, community speakers, and professional development workshops

Service Area: Anne Arundel County

Address: 1110 Benfield Blvd, Millersville, MD 21108

Phone: 410-987-2031 Fax: 410-987-4710

Other Services: Disabilities

Bay Area Community Church

Celebrate Recovery (Monday nights); 12 Step Christian recovery program

Mercy Ministries provides financial assistance for emergencies, food

Address: 884 Chesterfield Road, Annapolis, MD 21401

Phone: 410-544-2222

Other Services: Substance Abuse; Emergency Supports

Behavior Therapy Center of Greater Washington

Behavioral and cognitive behavioral treatment. They are nationally recognized as a leading center for treatment of obsessive-compulsive disorder and other anxiety disorders. Services include individual therapy, group therapy, family therapy, intensive therapy, in vivo (home/out-of-office) therapy, diagnostic evaluation, behavioral assessment, psychological and neuropsychological assessment, parent consultation, school consultation, parent training, social skills training, professional supervision, professional training, and medication referrals. Specialized treatment programs include the Obsessive-Compulsive Disorder (OCD) Treatment Program, Trichotillomania Treatment Program, and the Social Anxiety Treatment Program. They offer groups for hoarding, social anxiety, OCD, trichotillomania and skin picking.

Address: 11227 Lockwood Drive, Silver Spring, MD

Phone: 301-593-4040 **Fax:** 301-593-9148

Other Services: Educational Supports

Board of Child Care Outpatient Clinic

Behavioral and mental health services for children ages 3 to 18.

Service Area: All of Anne Arundel County.

Address: 8028 Ritchie Highway Suite 312, Pasadena, MD 31122

Phone: 410-590-9011

Brooklyn Heights Community Service Center

This is an active substation utilized by the Anne Arundel County Police Department as well as the Division of Parole and Probation. Substance abuse evaluations are available with referrals to local programs. Services are available for victims of domestic violence. Parents in need of assistance with juveniles can receive services through the JIFI program, a pupil personnel worker, and/or the juvenile justice representative affiliated with this center.

Service Area: Brooklyn Heights Community

Address: 5015 Ritchie Highway (behind the McDonald's),

Baltimore, MD 21225

Phone: 410-222-0023

Other Services: Substance Abuse; Teen Issues; Situational Abuse

Building Communities Today for Tomorrow

Mental health services, mentoring, family functional therapy, psychiatric rehabilitation, therapeutic behavioral services, and residential services

Address: 2510 St. Paul St, 2nd floor, Baltimore, MD 21218

Phone: 410-467-6600; 443-324-8938 (emergency);

410-619-1087 (emergency)

Fax: 410-467-7277

Website: www.bcttworks.net Other Services: Educational Supports

The Care Clinic/Center for Families, University of Maryland, Baltimore

Free child and family therapy to children and families affected by physical or sexual abuse or exposure to domestic violence. Provides clinical assessment, advocacy services, and psychiatric services.

Address: 520 W. Lombard St. Gray Hall, 1st Fl., Baltimore, MD 21201

Phone: 410-706-4869 Fax: 410-706-1703

Other Services: Abuse

Center for Family Development

Offers mother-daughter and father-son activities, parenting workshops, and a leadership program for young boys and girls. The Clinic serves children, adolescents, adults, married couples, and families in a wide variety of problem areas including mood disorders, anxiety disorders, communication problems, crisis intervention, school problems, personality disorders, relationship conflicts and spiritual direction by providing therapeutic services that respect and foster the psychological and spiritual needs of its clients.

Address: 1134 Bacon Ridge Rd., Crownsville, MD 21032

Phone: 410-923-8900

Other Services: Family and Children's Services

Child Parent Counseling

We are located on the second floor in the same building as South River Pediatrics.

Parenting Family conflict Anxiety Mood swings Abuse Adjustment to Depression Temper tantrums parenthood Behavior problems Separation issues Separation/divorce Social difficulties **Parenting** Sleep issues Maternal mental health Child-parent conflict Eating issues Attachment Anger Loss/grief Self-injury Trauma

Consultation and counseling at Child Parent Counseling utilizes evidence-based approaches to work with children and families prenatal to early adulthood. Counseling often draws from the following therapies and theories: cognitive behavioral therapy, dialectical behavior therapy, trauma-focused cognitive behavioral therapy, attachment theory and directive and non-directive play therapy and sand tray therapy. Parents can receive specialized consultation through individual sessions. Children and adolescents may benefit from individual, group or family counseling. Upon our initial meeting, Child Parent Counseling will discuss with you the recommendations that may best help your family. We specialize in services provided for the following stages of parenting & development:

Illness

Pregnancy & Post-partum Preschoolers-Elementary Pre-teen to Teenagers/ Babies Early Adulthood **Toddlers**

Do you accept my insurance?

At this time, Child Parent Counseling is accepting self-pay clients only. We will work with you and your insurance company to file claims for an out-of-network provider. Your insurance may reimburse a portion of the counseling fee. Please check with your insurance carrier for more information on using an out-of-network provider. Child Parent Counseling may become an in-network provider with your insurance company. Please feel free to contact us for the most up to date information. Keep in mind that insurance companies do collect information on diagnosis and can access your mental health record.

What is your cancellation policy?

Kindly give 24 hours notice if you need to cancel or reschedule your appointment. Cancellations less than 24 hours notice will be charged a \$40 fee, payable prior to your next session.

How do I make an appointment?

Child Parent Counseling has morning, afternoon and evening appointments available on weekdays. Morning and day appointments are also available on the weekends.

How much does counseling cost?

Current self-pay fees for counseling services are as follows:

- Initial assessment \$100 (60 min.)
- *Individual/family session \$85 (45-50 min.)*
- Group counseling \$35 (45-50 min.)
- Child Parent Relationship Therapy (group) \$45 (90 min.) or a reduced rate for 10 session package

Address: 224 Mayo Road, Suite E, Edgewater, MD 21037

Phone: 410-858-4292 Fax: 410-649-5256

Email: kelly@childparentcounseling.com

Other Services: Family & Children

Christian Counseling Center of Annapolis

Psychotherapy, diagnostic testing, seminars, workshops, etc.

Accepts MA

Address: 108 Old Solomons Island Road, Annapolis, MD 21401 **Phone:** 410-841-5088; Emergency: 443-994-8770; 443-288-8289

Fax: 410-266-6278

Website: www.counselcenter.org

Community Mental Health Service

Individual, marital, and family treatment for active and retired military personnel, and their family members. Military families identified for spouse and child maltreatment to receive crisis intervention evaluation, treatment, and follow-up through coordination with appropriate Department of Social Services for the State of Maryland. Nursing home placement, psychiatric evaluations and information and referral for other community resources.

Address: Building 2478, 5th Street, Fort Meade, MD 20755

Phone: 410-677-6895

Other Services: Crisis Intervention

Community Residences, Inc

Community Residences-Child and Adolescent, **Psychiatric Rehabilitation Program**

Community Residences provides community based case management services to individuals with mental health concerns, individuals with dual diagnoses, and/or individuals with mental illness who are chronically homeless.

Programs for kids ages 5-17. Programs for adults ages 18 and up

Must have a diagnoses mental illness and be homeless or at risk for being homeless. Program open to individuals who have active Medicaid, PAC coverage or uninsured eligibility

Address: 7477 Baltimore Annapolis Boulevard, Suite 203

Glen Burnie, Maryland 21061

Phone: 410-760-2250 Fax: 410-760-6670

Contact: Meghan Koehler, LCSW-C 410-760-2250

Contemporary Therapeutic Services Inc.

Address: 6525 Belcrest Rd, Suite G40, Hyattsville, MD 20782

Phone: 301-779-8345

Cornerstone Pastoral Care and Counseling

Counseling; offers evening and weekend appointments

Address: 8 Carvel Center, Edgewater, MD 21037

Website: www.counselingmaryland.org

Crownsville Hospital Center

Provides full range of services and therapies to chronically ill adolescents and adults. Provides all medical and dental services, individual and group therapy, family therapy, rehabilitation, and vocational therapy.

Service Area: Anne Arundel County, Prince George's County, Charles County, Calvert County, and St. Mary's County.

Address: Route 178 and Crownsville Road, Crownsville, MD 21032

Phone: 410-897-6200

Website: www.hospital-data.com/hospitals/

CROWNSVILLE-HOSPITAL-CENTER-CROWNSVI980.html

Education and Therapy Center (Millersville Psychological Services)

The Education & Therapy Center/Millersville Psychological Services is a multidisciplinary mental health and educational practice whose practitioners reflect a full array of psychotherapeutic frameworks. The continuing education program is one of their newer programs and is designed to provide training that focuses strongly on discussion, less on lecture. The Education & Therapy Center is approved by Maryland Board of Social Work Examiners as a provider of Category I continuing education for social workers.

Address: I-97 Business Park, 1110 Benfield Blvd., Suite H-Front,

Millersville, MD 21108

Phone: 410-987-3354 Fax: 410-987-4710

Other Services: Educational Supports

Family Alliance Counseling and Educational Center

Address: 8028 Ritchie Highway Suite 310, Pasadena MD 21122

Phone: 410-768-3361

John Bechill, LCSW-C

Address: 8082 Ritchie Highway Suite 310, Pasadena, MD 21122

Phone: 410-571-8341

** Accepts MA**

Other Services: Family and Children's Services

Family & Children's Services of Central Maryland

General counseling and sexual abuse counseling to children

Service Area: Anne Arundel County, Baltimore City, Baltimore County, Carroll County, Hartford County, and Howard County.

Address1: Arundel Center North, 101 North Crain Highway,

Glen Burnie, MD 21061

Address2: Sigma Business Plaza, Suite 204,

45 Old Solomons Island Road, Annapolis, MD 21401

Phone: 410-571-8341

Website: www.fcsmd.org

Other Services: Family and Children's Services

Family Service Foundation, Inc.

Human service agency affiliated with United Way. Mental health and social service programs for deaf and hearing individuals; individuals with persistent and severe mental illness; and individuals with developmental disabilities. Outpatient services, community rehabilitation, and residential programs. Also provides HIV/AIDS outreach.

Address1: 5301 76th Avenue, Landover Hills, MD 20784

Address2: 8101 Sandy Spring Road, Suite 104, Laurel, MD 20707

Phone: 301-317-0114, 1-888-333-7505, 301-731-6141 (TTY)

Other Services: Substance Abuse; Disabilities; Health - Physical

Federal Emergency Management Agency (FEMA)

Provides many different services, including shelters, trailers, and money for motels; help paying for rent after a disaster; help for medical, dental, funeral and transportation costs; free help from an attorney; counseling and mental health services

Phone: 800-621-FEMA (800-621-3362)

Website: www.fema.gov

Other Services: Emergency Supports; Legal Services; Health – Physical

FIRN, Inc. Resources for the Foreign-Born Language Connections

Translation services bridge the language gap by providing professional, culturally-sensitive interpreting and translation services for public agencies, businesses, and other organizations that work with the foreign-born. Provides translations of text and documents, particularly in the fields of health and human services, including forms, transcripts, marriage records, and birth certificates. Interpreters fluent in more than 50 languages, most of whom specialize in health and human services, also are available.

Human and Social Services – This includes referrals to area human and social service providers; registering children for Head Start, school and other educational programs; accessing insurance and legal aid; and providing assistance with taxes, obtaining/ protecting credit, completion of application forms, etc. Provides social counseling and English tutoring after school to foreign school aged children.

Health - This includes referrals to free or low-cost clinics, hospital programs and government health and mental health services; assistance with major medical bills; referrals for free vision and hearing screenings, glasses, prescription drug programs, dental care, nutrition counseling, and sexual assault and domestic violence centers; crisis counseling; preventive health counseling; and health materials in other languages.

Address: 5999 Harpers Farm Rd, Suite E-200, Columbia, MD 21044

Phone: 410-992-1923

Website: www.firnonline.org

Other Services: Language Services; Family and Children's Services; Health – Physical; Educational Supports;

First Call for Help

Connects families and individuals to many community resources, such as financial assistance, emergency food assistance and shelter, affordable housing, abuse/neglect, child care, disability, education, emergencies, employment, health/medical care, mental health, special transportation needs, substance abuse treatment and prevention services. Also has shelter hotline number that lists shelters in Baltimore with open beds. Assistance is available 24 hours per day, 7 days per week.

Service Area: Six counties in MD, including Anne Arundel

Address: 22 Light Street, Baltimore, MD 21203-1576

Phone: 410-685-0525, 410-531-6677; 800-492-0618

TTY/TTD: 410-685-2159

Website: www.firstcall.org

Other Services: Emergency Supports; Disabilities; Situational Abuse; Substance Abuse

First Presbyterian Church

The following services are available to the community: Grief Share – a ministry to uplift, encourage and walk with those who have, experienced loss of a loved one., ACTS - classical tutorial program for home schooled kids from 2nd to 9th, grade, designed to be a supplement to homeschooling., New Vistas – Provides a confidential and supportive environment to people, going through separation and divorce. Includes many educational resources, to promote emotional, physical, and spiritual healing and recovery. *Winter Relief Shelter, Supports Habitat for Humanity, Lighthouse Shelter, Food Link, and Community Action Agency

Service Area: Anne Arundel County

Address: 171 Duke of Gloucester St., Annapolis, MD 21401

Phone: 410-267-8705

Other Services: Bereavement Support; Educational Supports

Hawkes Counseling Services

Outpatient substance abuse treatment and anger management

Address: 4109 Ritchie Highway, 2nd floor, Brooklyn, MD 21225

Phone: 410-298-8046

Other Services: Substance Abuse

Health Care for the Homeless–Baltimore

Primary health care, preventive health care, mental health, addictive services, dental care, vision (e.g., glasses)

Phone: 443-703-1398

Website: www.hchnd.org/service

Other Services: Health – Physical; Substance Abuse

Heritage Community Church

Bread Pantry, Food Pantry available by appointment only; Hispanic Mission provides bilingual pastoral counseling; Non-profit organization -Food Distribution

Eligibility Requirements: No criteria for Bread Pantry. A referral from DSS or Salvation Army is needed for Food Pantry.

Address: 8146 Quarterfield Rd, Severn, MD 21144

Phone: 410-551-8500 Fax: 410-551-7729

Website: www.heritagecommchurch.org

Other Services: Emergency Supports; Language Services

Hospice of the Chesapeake Spiritual & Bereavement Care Center

Support groups for grieving children and teens (ages 6-17) that usually run for 6 weeks. Parents must accompany child to group. They also have 2 summer camps for children that they hold 2 weekends out of the summer at Arlington Echo. Individual counseling is also available.

Service Area: All of MD

Address: 445 Defense Highway, Annapolis, MD 21401

Phone: 410-987-2129

Website: www.hospicechesapeake.org

Other Services: Bereavement Support; Family and Children's Services

Iglesia Hispanic Emmanuel

Food pantry, marriage and individual counseling, spiritual counseling and others

Address: 913 Cedar Park Rd., Annapolis, MD 21401

Phone: 410-295-5003

Other Services: Emergency Supports

Institute of Family Centered Services (IFCS)

Family Centered Treatment[™] (FCT)

Address: Executive Park West, 3102 Lord Baltimore Dr., Suite 212,

Baltimore, MD 21244

Phone: 410-298-9727 Fax: 410-298-9728

Website: www.ifcsinfc.com

Other Services: Situational Abuse; Family and Children's Services; Disabilities

Johns Hopkins School of Medicine—

Addiction Treatment Services

Services range from standard outpatient care (1-3 hours per week) to intensive outpatient care (10 hours per week). Individuals receive a medical evaluation upon admission and ongoing medical consultation, screening, and referral for primary and specialty care. An individualized treatment plan is developed for each patient by the treatment team and is reviewed and revised as needed. Specific clinical interventions may include routine and specialized individual and group therapies, behavioral interventions to motivate therapy attendance, and a broad range of medications that reduce the use of alcohol and other drugs.

Address: The Johns Hopkins Bayview Medical Center,

4940 Eastern Avenue, Baltimore, MD 21224

Phone: 410-550-0363; 410-550-0051

Other Services: Substance Abuse

Johns Hopkins School of Medicine-

Bay view Community Psychiatry Program (CPP)

Specialty clinics, partial hospitalization programs, mobile treatment, and on-site services in schools. All patients receiving treatment in the Child and Adolescent Psychiatry programs may access an on-call therapist from 5 p.m. to 8:30 a.m. Monday to Friday and 24 hours a day weekends and holidays. A Spanish-speaking therapist is also available.

General Outpatient Services
Adolescent Partial Hospitalization Program
Child and Adolescent Rehabilitation Program
Child Mobile Treatment Services
Child Case Management
Children's Center
Early Childhood/Preschool Clinic
Transitional Youth Program

Address: 4940 Eastern Avenue, Baltimore, MD 21224

Phone: 410-550-0018 or 410-550-0104 (referrals)

Fax: 410-550-1302

Other Services: Substance Abuse; Educational Supports

Johns Hopkins School of Medicine— Behavioral Sleep Medicine Clinic

The Behavioral Sleep Medicine Center is a multidisciplinary outpatient clinic dedicated to the behavioral and psychological treatment of sleep disorders and their consequences. Services consist of assessment, diagnosis, and treatment of sleep disorders. Treatment may include cognitive-behavioral therapy, medication management, light therapy, sleep hygiene, sleep pattern monitoring, and standardized assessment of how sleep may impact mood and function

Address: The Johns Hopkins Hospital, 600 N. Wolfe Street,

Meyer, 1-108, Baltimore, MD, 21287

Phone: 410-614-3396 ext 1
Fax: 410-614-3366

Website: www.hopkinsmedicine.org/Psychiatry/sleep/clinic.html

Johns Hopkins School of Medicine—

Center for Addiction and Pregnancy (CAP)

A comprehensive, coordinated, and multidisciplinary approach to the treatment of drug-dependent mothers and their drug-affected babies.

Address: The Johns Hopkins Bayview Medical Center,

Mason F. Lord Bldg., 4940 Eastern Ave., Baltimore, MD 21224

Phone: 410-550-3020; 410-550-3066

Fax: 410-550-3027

Website: www.hopkinsbayview.org/pediatrics/peds/cap.html

Other Services: Language Services

Johns Hopkins School of Medicine— Eating Disorders Program

The Outpatient and Consultation Clinic provides consultation services, comprehensive clinical evaluation, individual and family psychotherapy, group therapy, and educational outreach programs to schools, the community, and other health-care professionals.

Address: Meyer 101, The Johns Hopkins Hospital,

600 North Wolfe Street, Baltimore, MD 21287

Phone: 410-955-3863

Website: www.hopkinsmedicine.org/Psychiatry/eating_disorders/

index.html

Other Services: Health – Physical: Teen Issues

Juvenile Intervention Family Independence (JIFI) Project – Chesapeake Center for Youth Development

JIFI is a voluntary program that provides family and community support services for the juvenile and his/her family as well as coordination with legal representation in court. Support services are not time limited and include the following: An in home family assessment, substance abuse screening, development of a treatment plan, educational advocacy, transportation to court hearings, school, and first time community appointments during daytime hours, referrals to community services and resources such as GED/vocational programs, individual and/or family counseling, mental health evaluations and treatment (including medication management), self-help support groups, medical services, medical insurance for youths (up to age 19), job training and placement services, energy assistance programs, substance abuse treatment, parenting groups and seminars, and monitoring assistance with completion of court-ordered conditions.

Address1: 1700 Margaret Ave., Annapolis, MD 21401

Phone1: 410-974-2201x311; 410-295-8827

Fax1: 410-974-2903

Address2: 5015 Ritchie Highway, Baltimore, MD 21225

Phone2: 410-636-7943 Fax2: 410-789-5864

Website: www.ccyd.org/Default.asp?page=49

Other Services: Teen Issues; Family and Children's Services; Legal Services

Kennedy Krieger Institute-

Center for Development and Learning

An outpatient program for evaluation and treatment of children from preschool through adolescence for problems in language development, learning, behavior or school adjustment.

The Preschool Evaluation Services Program
The School-Age Evaluation Services Program
Educational Evaluation Services.

Address: Fairmount Campus, 1750 E. Fairmount Avenue,

Baltimore, MD 21231

Website: www.kennedykrieger.org

Other Services: Educational Supports

Kennedy Krieger Institute— Child and Family Support Program

Home-based therapy (occupational therapy, physical therapy, speech therapy) to enhance the abilities of the child with a developmental disability; psychotherapy to children and adults with mental health diagnoses; evaluation, adaptation and monitoring of specialized equipment needs in the home; training of parents in the skills that will assist them in caring for their child in the home; informing parents of current information concerning their child's development and assisting them in obtaining needed services; support and counseling for parents and siblings during times of stress; and a toy, book and equipment lending library for use by families.

Address: 2911 E. Biddle Street, Baltimore, MD 21213

Phone: 410-298-7000

Website: www.kennedykrieger.org/kki_cp.jsp?pid=1396

Other Services: Disabilities; Family and Children's Services

Kennedy Krieger Institute-

Family Center: Community Programs

Mental health and support services for children, adolescents, and families who experience or may be at risk for trauma through the effects of abuse, neglect, and environmental factors. Prevention, early intervention, assessment, and treatment are part of the continuum of services.

Now in Columbia:

Website: http://www.kennedykrieger.org/kki_news.jsp?pid=9210

Birth to Five Clinic – inter-disciplinary clinic resource for infants, toddlers, and preschoolers to include assessments, evaluations, treatment to address social, emotional, cognitive, speech, or motor concerns

Family Clinic – family focused supports for improving parenting strategies, working through trauma, prevention of out of home placement

Group Clinic – theme centered groups for skill building

Individual Treatment – ages 3-18 years long and short term treatment with emotional and behavioral difficulties

Clinics include: S.M.A.R.T. Clinic, S.T.A.R. Clinic, New Start Clinic, The Unity Clinic, Psychiatric Assessment and Medication Management, Psychological Evaluation Clinic, Case Management Services, Home-Based Therapy

Address: 2901 E. Biddle Street, Baltimore, MD 21213

Phone1: 443-923-5918 **Phone2:** 443-923-5980

Other Services: Situational Abuse; Disabilities; Family and Children's Services

Kennedy Krieger Institute-

Neuropsychology and Developmental Psychology Clinic

Comprehensive assessment services through a Diagnostic Intake Clinic and specialty clinics focused on Developmental Psychological and Neuropsychological assessment.

The Diagnostic Intake Clinic – consultation offering an initial impression of child's functioning and needs

The Developmental Psychology Clinic – primarily a mental health service providing comprehensive psychological assessments and learning disabilities

The Pediatric Neuropsychology Clinic – applies scientific study of brain-behavior relationships to care of children identified with learning disabilities or known brain dysfunction or central nervous system concerns

The Behavior Teratology Clinic – provides services to children over 6 years of age who have been prenatally exposed to alcohol with or without exposure to other toxins, and who often have multiple disabilities.

The Affective and Anxiety Disorders Clinic – provides services to children 6 years and older who are experiencing difficulties with mood and anxiety.

Address: Fairmount Campus, 1750 E. Fairmount Avenue,

Baltimore, MD 21231

Phone: 888-554-2080

Website: www.kennedykrieger.org/kki_cp.jsp?pid=1405

Other Services: Educational Supports; Health – Physical

Kennedy Krieger Institute – Outpatient Psychiatry Clinic

Diagnostic evaluation, medication evaluation/consultation, medication management, and individual/family/group therapy

Address: 3901 Greenspring Avenue, Baltimore, MD 21211

Phone1: 888-554-2080 or

443-923-9400 (referrals or requests for initial evaluations)

Phone 2: 443-923-7620 (follow up appointments)

Website: www.kennedykrieger.org/kki_cp.jsp?pid=1409

Kennedy Krieger Institute-

PACT: Helping Children with Special Needs

PACT is a program that seeks to promote the development of young children with special needs and/or high risk factors for developmental delays through programs that provide comprehensive assessments; early intervention services; family support services; parent education, specialized childcare; and professional training.

Comprehensive Therapy Center (CTC) – The CTC serves children from infancy up to 18 years of age with identified or suspected developmental delays. It offers evaluations; physical, occupational and speech/language therapies; mental health services; and service coordination. In addition, the program offers training and counseling for parents and other caregivers. Call 410-298-7000

A World of Care – World of Care provides specialized childcare services to children ages six weeks to five years of age with developmental delays and/or medical challenges that require daily nursing interventions. World of Care also offers after-school care for children age three and four who meet the medical eligibility requirements. Daily nursing assessments are provided to all medically fragile children. Physical, occupational, and speech/language therapies are provided as needed, by Comprehensive Therapy Center therapists; mental health services are provided by social workers. World of Care is one of only two medically-based child care centers in Maryland. It serves children and families from the entire Baltimore metropolitan region. Call 410-298-7000

Growing Together – Growing Together is a supported parenting program for mothers and fathers who are cognitively limited and have children under age three. The program has a dual focus: teaching safe, effective, and nurturing parenting techniques while also providing therapy (i.e., physical, occupational and speech/language therapy) to the children, if needed, and parent-child developmental activities to enhance the child's developmental progress. Call 410-298-2645

Address: PACT Building, 7000 Tudsbury Rd., Baltimore, MD 21244

Phone: 410-298-7000 Fax: 410-448-7366

Website: www.kennedykrieger.org/kki_cp.jsp?pid=1571&bl=1

Other Services: Disabilities; Educational Supports; Family and Children's Services

Kennedy Krieger Institute–

Pediatric Developmental Disorders Clinic (PDD)

Consultation and intervention to caregivers of children with a wide variety of developmental disorders (e.g., PDD spectrum, mental retardation). The clinic also provides intensive, specialized services to pre-school age children with language delays and associated problematic behaviors (i.e., physical aggression, self-injury, property destruction, etc.) to target increasing basic communication skills and to decrease problematic behaviors. Intervention focuses on empirically based approaches to behavior management. Services are provided primarily to families and school staff. Sessions are usually conducted in the clinic, but also take place in the school and the child's home when indicated.

Address: 720 Aliceanna Street, 2nd Floor, Baltimore, MD 21202

Phone1: (888) 554-2080 or

(443) 923-9400 (referrals or requests for initial evaluations)

Phone2: (443) 923-7510 (follow up appointments)

Website: www.kennedykrieger.org/kki_cp.jsp?pid=1978

Other Services: Educational Supports

Kennedy Krieger Institute–

Pediatric Psychology Clinic and Consultation Service

Behavior analysis and therapy to teach children skills for cooperating and participating at a developmentally appropriate level with medical care. Therapists also provide consultation to allied health professionals in inpatient and outpatient pediatric settings, schools and community health care facilities.

Licensed psychologists and affiliated staff with special expertise in pediatric psychology and behavior analysis coordinate services with multidisciplinary health care, rehabilitation and educational teams. Direct clinical services are provided to children and adolescents with a wide range of medical problems, along with their families and caregivers.

Address: Baltimore, MD 21205

Phone1: (888) 554-2080 or

(443) 923-9400 (referrals or requests for initial evaluations)

Phone2: (443) 923-2900 (follow-up appointments)

Fax: (443) 923-2835

Website: www.kennedykrieger.org/kki_cp.jsp?pid=1412

Other Services: Health – Physical

Kennedy Krieger Institute-

Social Work Outpatient Mental Health Program

Mental health services including diagnosis and treatment for children, adolescents, young adults and their families. Community-based treatment services may be developed on a contractual basis at schools and community agencies. Individual, family or group treatment may be provided. Groups addressing the following topics exist or may be developed: Grief and loss; social skills; values clarification; coping with physical disabilities; and self-esteem.

Address1: Fairmount Campus, 1750 E. Fairmount Ave.,

Baltimore, MD, 21231

Phone1: (888) 554-2080 or

(443) 923-9400 (referrals or requests for initial evaluations)

Address2: 707 N. Broadway, Baltimore, MD 21205

Phone 2: (443) 923-2810

Other Services: Bereavement Support; Disabilities

Kimbrough Ambulatory Care Center— Military Families

Primary care, selected specialty care and same day surgery. Outpatient services include physical exams, community mental health, general surgery (gynecology), audiology, optometry, ophthalmology, pediatric and well baby, immunization/allergy, physical therapy, social services, substance abuse, and many others.

Service Area: Fort Meade

Address: 2480 Llewellyn Ave., Fort George G. Meade, MD 20755-5800

Phone: 301-677-8606

Website: www.narmc.amedd.army.mil/kacc/MP_KACC.htm

Other Services: Substance Abuse; Health – Physical

Laurel Advocacy and Referral Services (LARS)

Faith-based group that provides families with support and assistance for mental health issues, utilities, rent, domestic violence, etc. Also provides shelter and transitional housing. The Intake Management Overflow Shelter operates from November to March. *Assists homeless and low-income individuals or families experiencing crisis with emergency and long-term services designed to promote self-sufficiency (Food, BGE, Eviction Prevention, Transitional housing and support services, employment assistance, referrals for drug/alcohol/addiction treatment, budget planning)

Service Area: Greater Laurel Area which includes Beltsville, Savage and Scaggsville Areas. **Eligibility Requirements:** Individuals must be single to stay at the shelter.

Address: 311 Laurel Ave., Laurel, MD 20707

Phone: 301-776-0442

Website: www.laureladvocacy.org

Other Services: Family and Children's Services; Emergency Supports

Laurel Youth and Family Services Center

Family counseling; substance abuse treatment; Supporting children 13 to 18 years old (however, accepts children as young as 6 years old)

Address: Laurel Lakes Corporate Center, Suite 203,

13992 Baltimore Ave. Laurel, MD 20707

Phone: 301-527-6126
Fax: 301-498-4502

Other Services: Substance Abuse

Maryland Centers for Psychiatry

Psychiatric evaluation and consultation; Self-pay. No insurance accepted.

Address1: 13454 Ellicott Center Drive, Suite 106, Ellicott City, MD 21043

Phone1: 410-461-3760

Fax1: 410-461-0526

Address2: 2568A Riva Road, Suite 204, Annapolis, MD 21401

Phone2: 410-841-5063 Fax2: 410-841-5064

Maryland Coalition of Families for Children's Mental Health

A grassroots coalition of family and advocacy organizations dedicated to improving services for children with mental health needs and their families and building a network of information and support for families across Maryland.

Address: 10632 Little Patuxent Pkwy., Suite 119, Columbia, MD 21044

Phone: 410-730-8267; 888-607-3637

Fax: 410-730-8331

Website: www.mdcoalition.org

Maryland Committee for Children

Resources for child care, respite care, mental health services, transportation, recreation, etc.

Service Area: Statewide

Address: 608 Water St., Baltimore, MD 21202-7588

Phone: 410-625-1113 **TTD:** 410-385-1042

Website: www.mdchildcare.org

Other Services: Family and Children's Services

Maryland Department of Health and Mental Hygiene

Information on services for newborns, infants, children, adolescents, and adults, including medical and mental health services. Includes information on WIC, the Medicaid application process, teen pregnancy prevention, children with special health needs, etc.

Service Area: Statewide

Address: 201 West Preston Street, Baltimore, MD 21201

Phone: 410-767-5300; 877-463-3464

TTY: 800-735-2258
Fax: 410-333-7106

Website: www.dhmh.state.md.us/

Other Services: Health - Physical; Teen Issues

Maryland Disability Law Center

Defends the legal and human rights of people with disabilities. Priority areas for advocacy include children's mental health, adult mental health, developmental disabilities, education, access to community-based services for individuals with traumatic brain injury, protection of civil rights public programs, and expansion of Medical Assistance programs.

Service Area: Statewide

Address: 1800 N. Charles St., Suite 400, Baltimore, MD 21201

Phone: 410-727-6352; 800-233-7201

TDD: 410-727-6387 **Fax:** 410-727-6389

Website: www.mdlclaw.org

Other Services: Legal Services; Disabilities

Maxim Healthcare – Maryland Behavioral Support Services Division

Therapeutic behavioral services (i.e., Behavioral Aides placed in the home to assist parents in implementing new behavioral tools and techniques to manage their child's maladaptive behaviors. The Behavioral Aides are supervised by independent licensed clinicians).

Supporting children between the ages of 5-21 with Emotional or Developmental Disabilities that put them at risk of out of home placement due to the intensity of the behaviors in the home.

Service Area: Anne Arundel County, Baltimore County, Baltimore City, Montgomery County, Harford County, Fredrick County, Howard County, Prince George's County

Address: 40 York Rd., Suite 200, Towson, MD 21204

Phone: 410-494-0680 Fax: 410-494-0288

Website: www.maximhealthcare.com

Mental Health Association of Maryland

The Mental Health Association of Maryland is an affiliate of the National Mental Health Association. They offer progressive programs resulting in improved outcomes and recovery, increased research, and greater public understanding and awareness of the needs of children and adults with mental illnesses.

The Kids on the Block puppet troupe brings lively education and discussion to Maryland schools, teaching children to understand and express their feelings and helping them develop problem-solving skills, and encourages them to express their feelings and concerns.

PEERS: Seniors in Partnership provides community education, outreach and volunteer support to people age 60 or older living in Baltimore County.

The Mental Health Players is a troupe of volunteer actors that expands awareness and educates community members about mental health issues, mental illnesses, relationship problems, substance use, and a comprehensive range of societal problems.

The Caring for Every Child's Mental Health Campaign is an outreach project to educate parents, teachers, caregivers, policy makers and all caring adults about mental health and mental illnesses in children.

The Respite Program provides short-term temporary care for the caregiver of a child with special needs, offering a break and helping reduce stress for both the parent and the child. The Respite program also provides training about the needs and concerns of families for respite care community workers.

The Mental Health Association of Maryland works with legislators, public policy leaders, consumers, family members and mental health professionals to ensure that humane, effective and affordable services are available and accessible to those who need them.

Service Area: Statewide

Address: 711 W. 40th St., Suite 460, Baltimore, MD 21211

Phone: 410-235-1178; 800-572-MHAM

Fax: 410.235.1180

Website: www.mhamd.org

Other Services: Family and Children's Services; Educational Supports

Millersville Psychological Services

The Education and Therapy Center. Also found at Millersville Psychological Services is The Education and Therapy Center. The Education and Therapy Center provides additional psychological and educational services.

Address: 1110 Benfield Boulevard, Millersville, MD 21108-2639

Phone: (410) 987-3448

Mountain Manor Women's Program

Short term, high intensity adult residential substance abuse treatment. Its 12-step based program includes a detox track, relapse prevention, full medical and nursing services, and psychiatric support for dual diagnosis patients. The program also features a long-term residential track for pregnant and post-partum substance abusing women who may keep their young children and infants with them. Accepts Medical Assistance (Priority Partners). Offers a few beds for women with no insurance or income to pay

Address: 9701 Keysville Road, Emmitsburg, MD 21727

Phone: 301-447-2361; 800-537-3422

Website: www.mactn.vcu.edu/mountain.htm

Other Services: Substance Abuse

National Alliance for the Mentally III (NAMI)

Support and advocacy organization of family and friends of people with severe mental illness.

Service Area: Statewide

Address1: 804 Landmark Dr. Suite 122, Glen Burnie, MD 21061-4486

Phone1: 410-863-0470; 800-467-0075

Fax1: 410-863-0474

Address2: 711 W. 40th St., Suite 451, Baltimore, MD 21211

Phone2: 410-435-2600

Fax2: 410-467-7100: 410-435-0355

Address3: 600 Broadneck Road, Annapolis, MD 21401

Phone3: 410-974-0373; 410-757-0774

Website: www.nami.org; www.mdnami.org

Other Services: Disabilities

National Institute for the Study, Prevention, and Treatment of Sexual Trauma

Comprehensive psychiatric and forensic evaluations and consultations, individual, group and family therapy, pharmacotherapy, and seminars for professionals and the public. The majority of evaluations are performed on an outpatient basis, but some patients are referred for additional inpatient assessment at Johns Hopkins Hospital. The National Institute is affiliated with the Department of Psychiatry and Behavioral Sciences at Hopkins. A sliding scale is available for victims based upon documentation of financial need.

Address: 104 E. Biddle St., Baltimore, MD 21202

Phone: 410-539-1661 Fax: 410-539-1664

Other Services: Abuse

National Institute of Mental Health (NIMH)

NIMH is the largest scientific organization in the world dedicated to research focused on the understanding, treatment, and prevention of mental disorders and the promotion of mental health. They disseminate information on current research studies and late breaking news about medication and treatment for various mental health issues. Many of the pamphlets are available in Spanish.

Address: 6001 Executive Boulevard, Bethesda, MD 20892-9663

Phone: 301-443-4279; 301-443-4513; 866-615-6464

TTY: 301-443-8431; 866-415-8051

Fax: 301-443-4279

Website: www.NIMH.NIH.gov

Other Services: Language Services

Naval Military Support Activity-Annapolis

Address: School Liaison Office, 348 Kincaid Road, Annapolis, MD 21402

Phone: 410-293-2641

Other Services: Emergency Supports, Family and Children's Services, Educational Supports, Disabilities

Next Step of Maryland, Inc.

Outpatient mental health clinic and therapeutic behavioral service. Provides oneon-one therapeutic aides in the home and school. Children diagnosed with ADHD, bipolar disorder, anxiety disorder, depression, anger management, oppositional defiant disorder, mental retardation, low self-esteem, conduct disorder, academic underachievement, peer and/or sibling conflicts, autism, suicidal ideation and/or attempts. Individual, family, and group therapy. Respite service coming soon.

Medical Assistance accepted

Address: 90 Painters Mill Rd., #225, Owings Mills, MD 21117

Phone: 443-394-6442
Fax: 443-394-7955

Other Services: Family and Children's Services

Neurobehavioral Associates

Comprehensive neuropsychological consultation and assessment, referral services, and educational consultation.

Address: 5565 Sterrett Place, Suite 320, Columbia, MD 21044

Phone: 410-772-7155

Fax: 410-772-7156

Website: www.nbatests.com

Other Services: Educational Supports

North Baltimore Center Inc.

Offsite Counseling Services; Offering outpatient behavioral health services in the greater Baltimore City area. Serving children, adolescents, adults, and seniors with a wide range of mental health concerns and emotional issues. We meet the needs of HIGH RISK clients where they live, work, and are schooled.

Address: 2225 North Charles Steet, Baltimore, MD 21218

Phone: 443-573-8677

Omni House

Mental health services, including outpatient services, a residential treatment/supported living program, and a day treatment/supported employment program

Service Area: Anne Arundel County

Address: 1419 Madison Park Dr., Second Fl., Glen Burnie, MD 21061

Phone: 410-768-2719
Fax: 410-424-2983

Website: www.omnihouse.org

On Our Own of Anne Arundel County, Inc.

A self-help group for current or former recipients of mental health services. They are a fellowship, mutual support and human rights group working with others to seek alternative for those living with mental illnesses. They have also joined together to advocate for the rights of people with mental illness.

Address: 1819 Bay Ridge Ave., Annapolis, MD 21403

Phone: 410-295-1224 Fax: 410-295-1226

Organization of Hispanic/Latin Americans of Anne Arundel County

Housed in the Anne Arundel County Department of Social Services (DSS) office. Matches individuals with other government agencies according the type of services needed. Offer a mental health support group for women only that meets on Thursdays. Grow Right Grow Bright is a program offered to parents/caretakers teaching them how to better care for their children. Veronica Birch Charitable Foundation has a program that works with children who have autism. They also offer a free video to the families with more information on autism.

Service area: Anne Arundel County resident

Address: 80 West Street, Annapolis, MD 21401

Phone: 410-956-5882

Other Services: Disabilities; Family and Children's Services, Language Services

Our Lady of the Chesapeake

Assistance with: evictions, utility shut-off notices, fuel, medications, special emergency situations, budget counseling, pastoral counseling, shopping assistance, referrals, intervention programs for battered persons, homeless programs; Project Rachel, Mary's Center

Eligibility Requirements: Must participate in a screening process

Address: 8325 Ventnor, Pasadena, MD 21122

Phone: 410-255-3677

Website: www.olchesapeake.org

Other Services: Emergency Supports; Teen Issues; Abuse

People's Community Health Centers

A full-service clinic that provides medical, mental health, and dental services. Counseling services are available to both children and adults, while psychiatric services are available to adults only. People's has the services of World Wide Interpreters, which provides real-time confidential medical interpretation through a portable speaker box available to all staff at all locations. Language competence is therefore insured for 75 languages. People's employs a multi-lingual staff. Spanish is the most frequently needed second language and therefore People's pediatricians, psychiatrists, dentists and family practice providers as well as telephone/reception staff are bilingual in Spanish and English.

Sliding scale available to uninsured and underinsured, also accepts MA and many other insurances.

Eligibility Requirements: Must call to make a requirement. People's is not a walk-in clinic.

Address1: 5517 Ritchie Hwy., Brooklyn Park MD 21225

Phone1: 410-636-8701

Address2: 8341 Pioneer Drive, Severn, MD 21144

Phone2: 410-519-5458

Website: www.peopleschc.org

Other Services: Health – Physical; Language Services

Physician Center for Weight Management and Eating Disorders

Outpatient services for the treatment of eating disorders, weight management, anxiety, depression, substance abuse, bipolar disorder, attention deficit hyperactivity disorder (ADHD) and more. The staff includes psychiatrists, psychotherapists, dieticians, and fitness counselors.

Address1: Rivers Business Commons, 8965 Guilford Road Suite 150,

Columbia, MD 21046

Phone1: 410-992-3960; 410-290-8800

Fax1: 410-290-8860

Address2: 1831 B Forest Drive, Suite 4, Annapolis, MD 21401

Phone2: 410-990-1811

Website: www.committedtochange.com

Other Services: Substance Abuse; Health – Physical

Primary Adult Care Program PAC

With PAC, you will get to see a health care provider who knows you and your health concerns. When you get tests and treatment you need, you can get healthy and stay healthy. Program for low income adults that offers health services to people age 19 and over who make a limited amount of \$ per year. Provides the following services:

· Free office visits to a primary care provider

• Free office visits to a counselor or psychiatrist for mental health services

• Prescription drugs. You may need to pay a co-pay for some prescriptions

Phone: 1-800-226-2142.

Other Services: Health – Physical

The Pro Bono Counseling Project

Offers referrals to participating volunteer therapists for outpatient counseling for those who are low income or uninsured. Supports families and individuals in need of low-cost or free mental health services; Free or minimal costs

Address: 110 West Road, Suite 202, Baltimore, MD 21204

Phone: 410-323-5800; 877-323-5800

Website: www.probonocounseling.org

Other Services: Family and Children's Services

Psychiatric Rehabilitation Program

- Increasing independence
- *Improving self esteem*
- · Enriching lives

Service: ages 5- adulthood; Individual and group sessions. Case management as needed. Offering after school and evening appointments; Medicaid, PAC coverage

Address: 7477 B & A Blvd., Suite 203, Glen Burnie, MD 21061

Phone: 410-760-2250

Provider: Meghan Koehler, LCSW-C

Psychological Resource Associates

Psychological and educational evaluation of learning, behavioral, and emotional difficulties in children and adolescents; educational consultation; therapy; parent counseling regarding ways to facilitate children's successes.

Address: 479 Jumpers Hole Rd, Suite 106, Severna Park, MD 21146

Phone: 410-647-8840 Fax: 410-647-1405

Other Services: Educational Supports

Psychologist - Peter Grube

Supports younger children

Address: 819 Ritchie Highway, Severna Park MD 21146

Phone: 410-647-6005

Psychologist - Joshua Paul Werblin, M.D.

a Child Psychiatrist new to the Annapolis area (specifically, Edgewater). His primary focus is on patients from 4-25 years of age. He provides medication management, individual, family, group and parenting therapy services.

He has specialized training in group therapy, eating disorders, personality disorders, telepsychiatry, and cross-cultural psychiatry. His treatment modalities include cognitive behavioral therapy for all ages (in addition to strictly cognitive and behavioral therapies), parent training using both Collaborative Problem Solving and Barkely's systemic therapy.

• Years in Practice: 5 Years

Avg Cost (per session): \$130+

· Sliding Scale: Yes

Accepts Credit Cards: Yes

· Accepts Insurance: No

· School: University of Washington

Year Graduated: 2008

License No. and State: D67017 Maryland

Board Certification: ABPN

Hospital Practice: No Specialties

Address: Lifeworks Therapeutics, 2806 Apple Cinnamon Pl.,

Edgewater, Maryland 21037

Phone: 443-440-6013 Fax: 443-440-6014

Website: www.psychiatrists.psychologytoday.com/rms/mywebsite-

verify.php?profid=91239>

Psychotherapeutic Services – Anne Arundel County Case Management

Psychotherapeutic Services of Southern Maryland (PSoSM) provides intensive, brokerage case management services. Services are delivered wherever they are most effective for the client: in our offices, in the client's home, in the community, in treatment programs, or other appropriate locations.

Supports children and adolescents if they have a DSM-IV diagnosis indicating psychiatric disabilities. There is no charge to the client for Psychotherapeutic Services case management services. Psychotherapeutic Services is compensated on a fee-for-service basis by Maryland Health Partners.

Address: 2021 Research Drive, Annapolis, MD 21401

Phone: 410-571-6645

Fax: 410-571-6642

Website: www.pssmaaco@ps-corp.net

Regeneration Project – Community Mental Health Center

Diagnostic interviews, psychiatric evaluations, group therapy, adult individual and family therapy, child and adolescent individual and family therapy, treatment team meeting coordination, medication management, 24-hour emergency intervention services, referral and recommendation planning. Mentoring for youth with Axis 1 diagnoses. Accepts Medical Assistance

Address: 5301 Harford Rd., Baltimore, MD 21214

Phone: 410-254-6177 **Fax:** 410-254-0300

Other Services: Educational Supports

Robert A. Pascal Youth and Family Services, Inc.

Mental health counseling services for children, adolescents, and families residing in AA County. Comprehensive individual, family, and group counseling as well as educational services.

Accepts MA, BC/BS /Self-Pay

Service Area: Anne Arundel and Queen Anne Counties; Baltimore City

Address: PO Box 1012, 570 H Ritchie Hwy, Severna Park, MD 21146

Phone: 410-975-0067
Fax: 410-975-0204

Website: www.rpascal.org

Other Services: Substance Abuse; Teen Issues

Safe Journey House

Safe Journey is a community based crisis residential program. The purpose of Safe Journey House is to serve as an alternative to hospitalization of individuals experiencing Psychiatric crisis, or to shorten the length of inpatient stays when appropriate. Program services include treatment planning, assessment and stabilization, case management, medication monitoring, group sessions, family intervention, crisis management, suicide prevention and relapse prevention.

Safe Journey accepts clients with Medicaid, Medicare, and uninsured (self pay). They do not accept clients with private insurance.

Address1: 6915 Annapolis, Rd., Hyattsville, MD 20784

Phone1: 301-925-9120 Fax1: 301-925-4328

Address2: 4607 69th Avenue, Hyattsville, MD 20784

Phone2: 301-386-0014 Fax2: 301-386-0018

Website: http://safejourneyhouse.com

Other Services: Crisis Intervention

Second Genesis

Inpatient, long term residential program for men and women

Address: 107 Circle Dr., Crownsville, MD 21032

Phone: 410-923-0401 **Fax:** 301-621-0744

Other Services: Substance Abuse

Sexual Assault Crisis Center

Therapist on call 24-7. Hospital advocacy for victims. Individual and group counseling. First 6 sessions are free.

Address1: 1419 Forest Dr., Suite 100, Annapolis, MD 21401

Address2: 7493 B&A Blvd., Glen Burnie, MD 21061

Phone: 410-222-RAPE

Other Services: Abuse; Crisis Intervention

Sheppard Pratt Health System— Crisis Intervention Programs

Support children, adolescents, and adults who are experiencing an urgent behavioral health or addictions problem and are in need of an immediate evaluation or who are in crisis.

Urgent Assessments – Provides a scheduled, face-to-face urgent assessment appointment with an experienced psychiatrist who will prescribe medication where appropriate and communicate the assessment outcome with the referral source and case managers to arrange access to the next appropriate treatment setting. Call 410-938-HELP (4357); TDD 410-938-3075

Scheduled Crisis Intervention Program (SCIP) – A crisis intervention program for patients requiring psychiatric evaluation in anticipation of imminent hospitalization or direct admission to day hospital. Call 410-938-5302; TDD 410-938-3075

Emergency Room Behavioral Consultation Services – Sheppard Pratt provides on-site mental health emergency room coverage at many hospitals in Maryland, including GBMC Call 443-849-2225

Crisis Stabilization Adolescent Units – Two gender specific units comprising 36 beds providing multidisciplinary assessment, evaluation and treatment, crisis intervention and stabilization primarily for adolescents. Call 410-938-3800; TDD 410-938-3075

Address: 6501 N. Charles Street, Towson, MD 21204

Website: www.sheppardpratt.org

Other Services: Crisis Intervention; Substance Abuse

Sheppard Pratt Health System— Day Hospital Programs

Designed as an alternative to inpatient or residential care, the child and adolescent day hospital programs provide the structure and intensity of an inpatient program for patients who do not require 24 hr. treatment. Additional services available through the day hospital include family, group, and individual therapy; art and recreation therapy; pharmacotherapy; substance abuse counseling; psychoeducational groups; and aftercare groups.

Supports children (ages 4 to 12) and adolescents ages 13 to 18 with serious psychiatric problems

Address: 6501 N. Charles Street, Towson, MD 21204

Phone: 410-938-5090

Website: www.sheppardpratt.org

Sheppard Pratt Health System– Inpatient Psychiatric Units

Inpatient hospitalization of children and adolescents; Supports children and/or adolescents whose psychiatric conditions are so severe that they require the structure and safety of an inpatient hospitalization setting

Child Unit – Rapid assessment and stabilization of children ages 4 to 12 who require the structure and safety of an inpatient setting because of the severity of their condition or for safe medication management

Adolescent Unit – Multidisciplinary assessment, evaluation and treatment, crisis intervention and stabilization primarily for adolescents.

Child and Adolescent Neuropsychiatry – Assessment and treatment of developmentally disabled or neurologically impaired adolescents and children with psychiatric conditions. Towson location only

Adolescent Dual Diagnosis Track – Specialized programming designed to treat adolescent inpatients with co-existing psychiatric and substance abuse problems.

Address1: 6501 N. Charles St., Towson, MD 21204

Phone1: 410-938-3800 TDD1: 410-938-3075

Address2: 4100 College Ave., Ellicott City, MD 21041

Phone2: 410-938-3800 **TDD2:** 410-461-8264

Website: www.sheppardpratt.org

Other Services: Crisis Intervention

Sheppard Pratt Health System—

Neuropsychiatry Outpatient Program

Comprehensive diagnostic assessments of patients whose psychiatric symptoms may be the result of autism; head trauma; neurodevelopmental disorders such as Tourette's syndrome; sleep disorders; AIDS; or epilepsy. Assessments may include physical and neurological examination, neuropsychological testing, psychosocial assessments of patients and families; individual and family counseling; case management services; consultation and referral to related medical specialties; psychopharmacological recommendation; Diagnostic follow-up, ongoing medication management, and referral to appropriate therapy.

Supports children, adolescents, or adults who have experienced neurological, neurodevelopmental, neurodegenerative, or similar conditions

Address: 6501 N. Charles St., Towson, MD 21204

Phone: 410-938-4981

Website: www.sheppardpratt.org/sp_htmlcode/sp_locations/

sp_loc_neuro.aspx

Other Services: Disabilities; Educational Supports

Sheppard Pratt Health System-

Therapy Referral Service

Referral to a therapist within the Sheppard Pratt Health System

Phone: 410-938-5000; 888-938-4207

TDD: 410-938-3075

South County Psychological Services

Address: 4485 Old Solomon's Island Rd., Harwood, MD 20776

Phone: 410-867-7246

Spectrum Behavioral Health

Individual, family, and group psychotherapy, medication management, behavioral therapy, marital therapy, psychological and neuropsychological testing, educational assessment, and learning disability and attention deficit disorder evaluations. Accepts Medicare as well as many other insurance plans.

Address1: 49 Old Solomons Island Rd., Annapolis, MD 21401

Phone1: 410-573-1944 Fax1: 410-573-1972

Address2: 1509 Ritchie Hwy., Suite F, Arnold, MD 21012

Phone2: 410-757-2077; call this number to schedule an initial appointment

at either office. **Fax2:** 410-757-5184

Website: www.spectrum-behavioral.com

Stanton Community Center

The Stanton Community Center has provided its community with multiple services in the city of Annapolis. The building serves as a community resource for children and adults offering recreational and cultural enrichment opportunities and health, medical, therapeutic, and counseling services. Programs include: City of Annapolis Recreation and Parks Department- focusing on physical and social health and community pride

Annapolis Youth Services Bureau – focusing on reducing juvenile delinquency

We Care and Friends- focusing on developing strong families and strengthening communities especially in areas affected by drugs and poverty

Address: 92 West Washington Street, Annapolis, MD 21012

Phone: 410-295-5519; 410-481-3599

Other Services: Family and Children's Services; Teen issues; Health – Physical

United States Naval Academy Fleet and Family Support Center

Supports Navy, Marine Corps and other military personnel, retirees and family members.

The Family Advocacy Program is designed to strengthen families and to help family members stop hurting the ones they love. It involves prevention, education, intervention, and treatment of child and spouse abuse/neglect.

The Sexual Assault Victim Intervention Program aims to reduce the incidence of rape and sexual assault through prevention education. It also provides crisis intervention, advocacy and support for victims, and collects numerical data on such incidents within the Navy.

Crisis Response is the quick response provided for commands, personnel, and families when they are faced with crisis situations, ranging from sexual assault, or loss of life, to natural or Naval disaster, to evacuation or war. In the midst or aftermath of an incident, the FFSC provides command consultation, crisis intervention, coordination of support, resources and volunteers, 24 hour information and referral, Critical Incident Stress Debriefing, and follow-up counseling or referral service.

Employment Assistance addresses spouse's and family member's need to obtain suitable employment, establish career goals, and maintain career progression, despite frequent relocations. Services are self-help, one-on-one, and classroom style covering career planning, resume writing, job search, interview skills, and salary negotiation.

Life Skills Education provides workshops on topics such as: Anger Management, Stress Management, Conflict Resolution, Communication Skills, Marriage Enrichment, Parent Effectiveness, and Child Development to enhance personal and family skills for work and home, reduce marriage/family conflict, and enhance the member's productivity and deployability.

The Exceptional Family Member Program ensures military families with chronic illness or disabilities can receive needed services regardless of the member's duty assignment. The FFSC provides program information, education, and counseling. Personal Financial Management is the Navy's effort to promote good money management skills within its force. Services include individual counseling and workshops which address check writing, managing credit, avoiding debt, and planning for your financial future.

The Transition Assistance Program helps Navy and Marine personnel and their families prepare for separation from active duty.

Address: NSA Annapolis, 348 Kinkaid Rd., Annapolis, MD 21402

Phone: 410-293-2641

Fax: 410-293-5380

Website: www.usna.edu/FamilyServices/homepage.html

Other Services: Situational Abuse; Disabilities; Family and Children's Services, Legal Services

Vesta, Inc.

Inpatient and outpatient programs for individuals with a wide range of psychological difficulties, including serious mental illness. Services include individual, couple, family, and group therapy; medication management; psychological evaluations; affordable housing with support services; skills training and rehabilitation; substance abuse counseling, supported employment.

Can Therapy Help Me?

- Do you feel sad and hopeless?
- Do you feel detached and distant from loved ones?
- Is it hard for you to concentrate?
- Do you feel badly about yourself?
- Do you feel like you worry all the time?
- Do you have panic attacks?
- Could you have trouble controlling your anger?
- Do you have trouble controlling your drinking or drug use?
- Do you have trouble managing your children?

Our Clinics Provide the Following Services

- Individual, Family, Couples and Group Therapy
- Off-site and In-home Therapy
- Psychiatric Assessment and Medication Management
- Psycho-educational Programs: Parenting, Anger Management, Social Skills, Dealing with difficult Adolescents.

Vesta's Professionals use the following modalities:

- Cognitive-behavioral therapy
- Psychodynamic therapy
- Family systems therapy (structural, strategic, narrative, collaborative, EFT)
- Expressive Therapies (play, art, and recreation)
- Eye Movement Desensitization & Reprocessing (EMDR)
- Psychodrama

Accepted Insurances

- MD Medicaid
- Medicare
- Primary Adult Care (PAC)
- Carefirst Blue Cross Blue Shield (Silver Spring ONLY)
- Carefirst Blue Choice or any Magellan Provider (Silver Spring ONLY)
- Self Pay

• Out of network for any insurance

Uninsured Clients: Vesta accepts uninsured clients in the state of Maryland if you have low-income and a valid social security number and meet any of the following criteria:

- having been released from a psychiatric hospital in the last three months
- having been released from jail in the last three months
- having been treated in the public mental health system in the last two years
- being homeless and seeking refuge in a shelter

Accepts MA, Self-Pay

Address: 1202 Annapolis Rd., Suite F, Odenton, MD 21113

Phone: 410-672-2862
Fax: 240-383-3435
Email: IRC@vesta.org

Website: www.vesta.org

Germantown

Intake interviews: Tuesdays 10am - 5:30pm ONLY

Address: 20410 Observation Dr. Suite 108, Germantown, MD 20876

Phone: 240-296-5862 Fax: 301-528-4315

Silver Spring

Intakes by appointment: Call Monday - Friday 9am - 5pm

Address: 8737 Colesville Rd., Suite #700, Silver Spring, MD 20910

Phone: 240-296-5858 Fax: 240-383-3435

Other Services: Substance Abuse; Family and Children's Services

Villa Maria Continuum Services (Division of Catholic Charities)

In-patient, in-home and school-based mental health services. Residential treatment programs for students needing restrictive environments, weekend therapeutic respite programs. Child and adolescent crisis unit.

Service area: Anne Arundel and Prince George's Counties

Address1: 320 Cathedral Street, Baltimore, MD 21201

Phone1: 410-538-3388

Address2: 1118 Light St, Baltimore, MD 21230

Phone2: 410-451-0682

Website: www.catholiccharities-md.org/children/villa-maria-

continuum

Other Services: Educational Supports; Family and Children's Services, Crisis Intervention

Walter P. Carter/Carruthers Clinic - Part of the University of Maryland Medical System

An outpatient community mental health clinic that offers psychiatric treatment which includes individual therapy, family/couples therapy/counseling, group therapy, medication management, psychiatric assessment, and dual diagnosis services

Service Area: Baltimore residents

Address: 601 S. Charles Street 4th Floor, Baltimore, MD 21230

Phone: 410-328-2293
Fax: 410-328-5895

Washington Assessment and Therapy Services

In 15 languages. Evening and weekends hours available.

Address: 5900 Princess Garden Pkwy, #300, Lanham, MD 20706

Phone: 301-588-8881 Fax: 301-577-8863

Other Services: Language Services

YANA (You Are Never Alone), Inc.

Services include trauma counseling; crisis intervention and referrals to substance abuse treatment, education, and employment. They utilize basic resources including food, clothing, hygiene products, shower and telephones. YANA's mission is to reach out in love to prostituted, sexually exploited women and girls.

Address: 901 Hollins Street, Baltimore, MD 21223

Phone: 410-566-7973

Website: www.yanaplace.org

Categories: Crisis Intervention; Teen Issues; Substance Abuse

Anger Management Workshop

\$250.00

Address: 9A Central Avenue, Glen Burnie, MD 21061

Phone: 410-766-7729

Website: www.angermanagementworkshop.org/index_files/

curriculum.htm

Annapolis Lighthouse

Does family counseling

Website: www.annapolislighthouse.org/resources/html

Anne Arundel Conflict Resolution Center, Inc.,

Address: The Heritage Center, 2666 Riva Road, Suite 130,

Annapolis, MD 21401

Phone: 410-266-9033 Fax: 410-573-5391

Anger Management Training is designed to be an opportunity for individuals to experience both concepts and skills to help them better manage the often-overpowering emotion of anger. Six sessions include exercises, assignments, discussions and readings mixed with directed instruction. The focus of the class is on personal responsibility for one's own feelings and assertive communication techniques to foster better relationships with others.

Topics Include:

- Definition of Anger
- Identifying & Capping Anger
- Triggers
- Conflict & Conflict Styles
- Effective Communication Skills
- Whose Problem Is It?
- Your Personal Anger Sequence
- Coping Strategies
- Taking Responsibility
- Incentives for Change

FEES: \$180.00 includes materials. Mail check or money order to address below. We also accept VISA or MasterCard. Payment must be received 2 weeks prior to beginning of class.

LOCATION: All sessions meet in the AACRC conference room,

2666 Riva Road, Suite 130, Annapolis, Maryland 21401

Phone: 410-266-9033 (registration)

Website: www.aacrc-md.us/Services.html

Anne Arundel Counseling

Classes offered all over AA County

Phone: 410-768-5988

Website: annearundelcounseling.com

AVACA

4hour class - \$29; 8hour class - \$79

Website: www.avaca.net/State-of-Maryland.html

Starfish Anger Mediation & Anger Management Groupoffered in Severna Park \$250.00. Call 410-987-5484 or register on-line or email

Website: www.starfishmediation.com/aac_anger.html

YWCA – Annapolis

Counseling provided for a fee schedule

Website: www.annapolisywca.or/programs-family.php

Appendix

A – Hotlines

B – Helpful Websites

Hotlines

Anne Arundel County Sexual Assault Crisis/ General Crisis Hotline

410-222-RAPE (410-222-7273)

24 hour hotline offering information, referrals, and support. Will use language line if bilingual staff member is not available

Alateen

410-766-1984

Alcohol and Drug Hotline

800-234-0420

Information and Referral

Alcoholics Anonymous and Alcoholics Anonymous Teens

1-888-425-2666

Al-Anon Family Groups for Families of Alcoholics

410-766-1984

Alcoholics Anonymous

Baltimore 410-433-4843 Annapolis 410-268-5441

Anne Arundel County Domestic Violence Coordinating Council

410-590-2225

Anne Arundel County Domestic Violence Hotline 410-222-6800

Anne Arundel County Mental Health Agency Crisis Response

410-768-5522

www.aamentalhealth.org/warmline

The Crisis Response System known as the "Community Warmline" is a service that provides Anne Arundel County Residents in crisis with supportive assistance and linkages to resources within the community. The "Community Warmline" can receive calls 24 hours a day, 7 days a week. Non-emergency calls are handled by staff and will provide the caller with information, support and referrals. The Crisis Response System Staff intervene with callers who are experiencing a mental health emergency. Also, the Crisis Response System "Community Warmline" coordinates calls with the police, fire and community agencies that are requesting information on crisis matters.

Anne Arundel County Police Department Missing Persons Unit

410-222-3588 (Detective Robert Tice)

Abuse Intervention Program via YWCA

410-626-7800 ext. 325 or 225

Anne Arundel County Police – Western District

410-222-6155 (main); 410-222-8610

Center of Help/Centro de Ayuda

410-295-3434

Annapolis; Latino community – insurance, police issues, court, domestic violence and will help in schools when able

Chemical Dependents Anonymous

410-631-4596

www.cdaweb.org

Co-Dependents Anonymous

410-956-0370

Crisis Response Hotline

410-768-5522

Domestic Violence Crisis and Referral Services

1-800-MDHELPS

Domestic Violence Shelter

410-222-6800

Completes screening over the phone, gives resources, legal information, and refers to shelter when appropriate. 24 hour hotline offering information, referrals, screening for shelter, safety planning and support. Will use language line if bilingual staff member is not available

Domestic Violence Hotline

410-889-7884

Family Tree Family Stress Line (24 hours)

1-800-243-7337

Recognizing families have primary responsibility for their children's development and well being, The Family Tree offers a range of programs providing structured support and home based education to parents and their children including:

Positive Parenting Program Parent Assistance in the Home (PATH) Family Life Workshops and Groups

First Call for Help

410-685-2159, Toll Free: 1-800-492-0618, tty/ttd 410-685-2159

Available to anyone, refer out to various programs in the state of MD, assistance available 24 hours

Gay & Lesbian National Hotline

1-888-843-4564

Hispanic Women's Mental Health Support Groups

410-975-5882

National Abuse Hotline

1-800-422-4453

National Domestic Violence Hotline

1-800-799-SAFE (1-800-799-7233)

24 hour hotline offering information, referrals, and support. Will use language line if bilingual staff member is not available

National Strategy for Suicide Prevention

800-273-8255

National Suicide Prevention Lifeline

1-800-273-TALK (1-800-273-8255)

National Youth Crisis Hotline

1-800-448-4663

Hispanic Women's Mental Health Support Groups

410-956-5882

Maryland Youth Crisis Hotline

410 - 422 - 0009

The vision of Community Crisis Services, Inc. is to provide comprehensive crisis services that are efficient, accessible, responsive, and fully integrated into the community.

Mommy and Me Classes

443-481-4000

Nar-Anon

Family and friends

410-876-4316

Narcotics Anonymous

800-317-3222

National Strategy for Suicide Prevention

800-273-8255

Poison Center

800-492-2414

Postpartum Depression Support Group (must preregister)

443-481-4000

Shepard Pratt No Hang-ups Teen Tape Library

410-938-3993; 1-800-627-0330 ext. 3993

Depressed? Anxious? Confused about drinking, drugs, sex? Can't talk to parents, teachers, friends?

Statewide drug Tips Hotline

800-492-TIPS

Student Safety Hotline

1-877-676-9854

A 24 Hour Anonymous Reporting Hotline

If you see it

If you hear it

Have the courage

And pick up the phone and call

Suicide Prevention

410-222-7273

24-hr line provided through the Sexual Assault Crisis Center

Suicide Prevention Hotline

410-531-6677

Tot's Line

1-877-817-TOTS

www.totsline.org

Toll free help-line for parents and child care providers for infants and toddler

The Trevor Project

1-866-4-u-Trevor (1-866-488-7386)

www.thetrevorproject.org

The Trevor Project operates the only nationwide, around-the-clock crisis and suicide prevention helpline for gay and questioning youth. If you or a friend are feeling lost or alone call The Trevor Helpline. There is hope, there is help.

YMCA Domestic Violence Shelter

410-222-6800

Youth Sexual Crisis Hotline

410-222-7273

Helpful Websites

www.1800ppdmoms.org

Perinatal/Postpartum Depression

www.achenet.org

American Council for Headache Education 1-856-423-0258

www.adaptivemall.com

adaptive equipment for children with special needs including strollers, seating, toileting, gait trainers, standers, bath and shower chairs, etc.

www.advocatesforyouth.org

Advocates for Youth is dedicated to creating programs and advocating for policies that help young people make informed and responsible decisions about their reproductive and sexual health ...

www.afsp.org

American Foundation for Suicide Prevention (AFSP)

www.autism-society.com

Autism Society of America 1-800-3AUTISM (1-800-328-8476)

www.autismtoday.com

on-line magazine and information center where families can connect with professionals and resources.

www.bpkids.org

Information for children and adolescents with bipolar disorders, including links to other sites and support groups in the area.

www.childrenwithdisabilities.ncjrs.org

wide range of information on federal, state, local and national resources.

www.clubdrugs.org

important information and resources on club drugs and health risks

www.consortiumnrrtc.org

a newly funded national rehab, research and training center for children and youth with disabilities and special health care needs.

www.copecaredeal.org

program of the Annenberg Foundation Trust at Sunnylands, which is administered with the assistance of the Annenberg Public Policy Center at the University of Pennsylvania. Provides valuable mental health information for adolescents and parents.

www.CUREepilepsy.org

Citizens United for Research in Epilepsy (CURE) 312-255-1801

www.deafchilddren.org

American Society for Deaf Children.

www.disabilityresources.org

a nonprofit organization that provides information about resources for independent living with links to additional resources.

www.drugabuse.gov

Parent and teacher resource for education, resources, and materials on drugs of abuse such as marijuana, smoking, ecstasy

www.drugfreeamerica.org

facts and research on drug prevention, abuse, intervention, treatment

www.eparent.com/toys

toys for children with a disability or special healthcare need.

www.Epilepsyfoundation.org

Epilepsy foundation offers new research topics, strategies for living with Epilepsy, advocacy, foundations for reference 1-800-332-1000

www.family-friendly-fun.com

resources to enhance the quality and enjoyment of life for families with children with special needs.

www.fathersnetwork.org

website designed especially for Dads.

www.freevibe.com

quick facts reference to drugs

www.headaches.org

National Headache Foundation

1-888-NHF-5552 (1-888-643-5552)

www.healthynewmoms.org

Perinatal/Postpartum Depression

www.kidsource.com

early childhood language activities for children birth through age five through U.S. Dept. of Education.

www.maps-md.com

can search for a variety of medical and mental health providers in Maryland who accept Medical Assistance (can call 800-888-1965 for same information)

www.marylandpsychology.org

Maryland Psychological Association

Provides a listing of licensed psychologists; can search by languages spoken, theoretical orientation, areas of expertise, services offered, patient age range, location, etc.

Referral line also available at 410-955-0499

www.mdpsych.org

Maryland Psychiatric Society; 410-625-0232

Provides a listing of psychiatrists that practice in Maryland; can search database by languages spoken, insurance accepted, availability outside regular business hours (evenings and weekends), treatment modalities, specialty areas, location, etc.

www.mdcsl.org

Maryland Community Service Locator site contains information and links to Maryland resources websites and directories – also contains links to Maryland **Public Transportation**

www.migraineresearchfoundation.org

Migraine Research Foundation 212-249-5402

www.monitoringthefuture.org

continuing study of American youth –hot topics, publications

www.msde.state.md.us

Maryland Infants and Toddlers Program website.

www.naehcy.org

National Association for the Education of Homeless Children and Youth

www.nida.nih.gov

National Institute on Drug Awareness- trials, resources, information 1-888-NIH-NIDA

www.nimh.nih.gov

National Institute of Mental Health: National Institute of **Neurological Disorders**

www.nlchp.org

National Law Center on Homelessness and Poverty (NLCHP)

www.pedianet.com

special needs information including adapted activities and health information.

www.postpartum.net

Perinatal/Postpartum Depression

www.samhsa.gov

Substance abuse and mental health services-grants, publications, evidence based practices

www.serve.org/nche

National Center for Homeless Education (NCHE)

PO Box 2367, Greensboro, NC 27435; 800-308-2145; homeless@serve.org

www.serve.org/nche/states/ state resources.php

to find State Coordinator for Homeless Education; McKinney-Vento Homeless Assistance Program; US Department of Education Student Achievement and School Accountability *Programs (SASA); Office of the Elementary and Secondary* Education Act (ESEA); Phone: 202-260-0826

www.sprc.org

Suicide Prevention Resource Center (SPRS)

www.speakforthem.org

SPEAK (Suicide Prevention Education and Awareness for Kids)

www.specialednew.com/families/famlinks

website for families of students with special needs.

www.streetdrugs.org

teen drug interactions, dangerous drugs, and a drug information quide

www.teencentral.net

teen and parent site which addresses self esteem, stop smoking, weight topics, nutrition, expressing feelings, recognizing signs of depression, and highlights the need to have someone to talk to about problems.

www.tendercare4kids.com

information of toys, medical, feeding, reflux, and play time for children with special needs.

www.theantidrug.com

Wonderful site for parents to gather skills in raising teens. Topics include school issues, ongoing parent skills to avoid drug use, parent newsletters, discussions from specialist, free downloads from national publication

www.thebrainmatters.org

AAN (American Academy of Neurology) patient website

www.thecoolspot.org

fun web site created for teens to address peer pressure and the use of alcohol. Includes facts and strategies to assist teens in saying no

www.ucp.org

this site offers information regarding cerebral palsy to include grants, updated conference news, educational updates, email contacts, and current newsletters

www.whitehousedrugpolicy.gov

web site focuses on data related to National drug use and policy. Focuses on media related topics, drugs and the effects on sports programs, the role of media with national related discussions; 1-800-666-3332

www.zerotothree.org

website for Zero to Three, National Center for Infants, Toddlers and Families Maryland Community Service Locator