**IMPORTANT INFORMATION FOR**

**1st YEAR COACHES**

*Please think ahead!!!*

In accordance with COMAR, AACPS cannot issue you a coaching contract for a second year unless you complete the CARE and PREVENTION original course. Attached is a list of upcoming courses.

**Please enroll now and inform your AD of which session you will be taking.**

*Note: If you are in a paid position, you must complete this course prior to AACPS issuing your end-of-season check.*

**REGISTRATION Information**

**Care & Prevention of Athletic Injuries**

Anne Arundel County Public Schools Office of Athletics

Professional Improvement Workshops for Coaches

**2024-25 School Year**

1) To Register for Summer class please fill out the form at the below link

Online registration:

**THIS CLASS IS FULL AND REGISTRATION IS CLOSED Please contact your Athletic Director for other options.**

[~~SUMMER CLASS sign up link~~](https://docs.google.com/forms/d/e/1FAIpQLSd3nAoFB09epN0_9-U_GbucCMcFETzOVzehWJ4F-EYmeYNfTQ/viewform)

2) Payment: Credit Card

Must sign up prior to paying for the class.

Information will be at the end of the Google sign up.

* Original (Full) class- $45
* Update class-$15
* CPR $10

**Location for all classes**

All in-person classes will take place

Fall, Winter, & Spring at Old Mill High School

Any questions, please email Krissy Albright [kalbright@aacps.org](mailto:kalbright@aacps.org) or Brian Layman [blayman@aacps.org](mailto:blayman@aacps.org)

**~~SUMMER at Old Mill High School~~**

**~~Care and Prevention (original)~~** **~~with Heart Saver CPR w/AED.~~**

~~(Class for New coaches - MUST ATTEND all 4 classes)~~

~~Fee: $45.00 pre-reg.~~

~~Dates: July 29,31 Aug 5, 7~~

~~Time: 6:00 – 10:00 pm~~

**~~Care and Prevention (update)~~**

~~(refresher course needed every five years, 1 class, Aug 7th only)~~

~~Fee: $15.00 pre-reg., $30.00 on-sit~~

~~Date: August 7, 2024~~

~~Time: 6:00 – 10:00 p.m.~~

**~~Heart Saver CPR~~****~~w/AED~~**

~~$10.00 MUST PRE-REGISTER (no walk-ins!)~~

~~Dates: August 7, 2024~~

~~Time: 6:00 – 10:00 pm~~

**FALL** **at Old Mill High School**

**Care and Prevention (original) with Heart Saver CPR w/AED.**

(Class for New coaches - MUST ATTEND all 4 classes) Fee: $45.00 pre-reg

Dates: October 21, 23, 28, &30

Time: 6:00 – 10:00 pm

**Care and Prevention (update)**

(refresher course needed every five years, 1 class, Oct 30th only)

Fee: $15.00 pre-reg.

Date: October 30, 2024

Time: 6:00 – 10:00 p.m.

**Heart Saver CPR** **w/AED**

$10.00 MUST PRE-REGISTER (no walk-ins!) Dates: October 30, 2024

Time: 6:00 – 10:00 pm

**WINTER** **at Old Mill High School**

**Care and Prevention (original) with Heart Saver CPR w/AED.**

(Class for New coaches - MUST ATTEND all 4 classes) Fee: $45.00 reg.

Dates: January 21, 23, 28, 30

Time: 6:00 – 10:00 pm

**Care and Prevention (update)**

(refresher course needed every five years, 1 class, Jan 30th only)

Fee: $15.00 pre-reg.

Date: January 30, 2025

Time: 6:00 – 10:00 p.m.

**Heart Saver CPR** **w/AED**

Fee: $10.00 MUST PRE-REGISTER (no walk-ins!)

Dates: January 30, 2025

Time: 6:00 – 10:00 pm

**SPRING Class at Old Mill High School**

**Care and Prevention (original) with Heart Saver CPR** **w/AED** (Class for New coaches - MUST ATTEND all 4 classes)

Fee: $45.00 pre-reg

Dates: May 27, 29, June 3 &5

Time: 6:00 – 10:00 pm

**Care and Prevention (update)**

(refresher course needed every five years, 1 class, Jun 5th only)

Fee: $15.00 pre-reg.

Date: June 5, 2025

Time: 6:00 – 10:00 p.m.

**Heart Saver CPR** **w/AED**

Fee: $10.00 MUST PRE-REGISTER (no walk-ins!)

Dates: June 5, 2025

Time: 6:00 – 10:00 pm